

# STUDENT RECREATION AND LEADERSHIP

College of Health and Human Services

Department of Kinesiology

**Director:** Rita Hayes

**Office:** PE 1, Rm 15

Telephone: 562-985-7351

Website: [www.csulb.edu/recsports](http://www.csulb.edu/recsports)

## Faculty:

Rita Hayes, Director, Club Sports and Recreation

Ken Kelly, Director, Student Transition and Retention Services

Valerie Bordeaux, Director, University Outreach and School Relations

Betty Schmicker-Black, Career Development Center

## Introduction

The Kinesiology Department and the Division of Student Services oversee a broad range of educational and student support service programs to assist students in achieving their academic goals and enhancing their personal, intellectual and social development. The division provides oversight and direction for more than 35 university programs and service areas that support students outside the classroom.

Through cooperation between the Department of Kinesiology, and the Division of Student Services, Student Recreation and Leadership courses are offered to students participating in intramural sports competition, club sports and student leadership.

Students may participate in any of the club sports activities which are partially funded by the Associated Students, Inc., and administered through the Club Sports and Recreation Office. Sports are:

Aikido	alpine ski-snowboard
archery	baseball
bowling	breakdancing
bellydancing	crew
cheer	cycling
field hockey	gymnastics
fishing	jiu jitsu
ice hockey	lacrosse
Kung Fu	longboard
paintball	rollerhockey
rugby	running
sailing	salsa
Shotokan Karate	soccer
surfing	Sword Club
tennis	triathlon
ultimate Frisbee	volleyball
water polo	water ski/wakeboard
wheelchair sports	wrestling

Students registering for SRL 210 must attend regular practices and competitions, assist the club with fund raisers and adhere to club rules and regulations. For information on practice times and meeting locations, contact the individual club coach or president. Visit the Club Sports and Recreation website ([www.csulb.edu/recsports](http://www.csulb.edu/recsports)) or visit the Recreational Sports Office (KIN Building, Rm 20A). In addition to participation in club sport activities, students may receive credit for leadership training and service performed with some university-sponsored programs by registering in SRL 210L.

Students may apply no more than four (4) semester units of lower-division SRL courses toward the baccalaureate degree within the 20-unit maximum on activity units.

The California State University is committed to providing equal opportunities to men and women in all campus programs, including intercollegiate athletics. For a listing of Intercollegiate Athletic teams, visit [longbeachstate.com](http://longbeachstate.com).

---

## Courses (SRL)

---

### 200. Intramural Activities (1)

Repeatable credits include previous credits from SAR 200.

### 210 A-W. Sport Clubs/Leadership (1)

Prerequisite: Participation/competition in sport clubs/leadership. Enrollment subject to consent of instructor or Director of Club Sports and Recreation.

Athletes enrolled who fail to qualify for squad must withdraw from the course. It is the student's responsibility to contact teams regarding practice times and eligibility requirements.

May be repeated to a maximum of 4 units, including previously earned credits from SAR 210. Credit/No Credit grading only.

- A. Archery
- B. Crew
- D. Ice Hockey
- E. Martial Arts
- F. Rugby
- G. Sailing
- H. Ski and Snowboard
- I. Soccer
- J. Water Ski
- L. Leadership
- N. Lacrosse
- O. Wakeboard and Waterski
- P. Paintball
- Q. Racquetball
- R. Roller Hockey
- S. Cultural Dances
- T. Ultimate Frisbee
- U. Volleyball
- V. Running
- W. Bowling