

# RECREATION AND LEISURE STUDIES

College of Health and Human Services

**Department Chair:** Katherine James

**Department Office:** Health and Human Services (HHS) 2 - 118  
Telephone: (562) 985-4071

**Faculty:** Michael A. Blazey, Melissa H. D'Eloia, Keith Fulthorp, Katherine James, Maridith Janssen, Marilyn A. Jensen (Emerita)

**Department Coordinator:** Seyha Chea

**Graduate Advisor:** Katherine James

## Career Possibilities

Recreation Leader • Recreation Therapist • Senior Center Director • Recreation Supervisor • Camp Director • Recreation Facility or Club Manager • Park Ranger • Hotel or Resort Manager • Municipal Supervisor • Employee Services Specialist • Social Director • Travel Guide • Volunteer Services Manager • Park Naturalist • Intramural Director • City Manager • Community Services Director (For more information, see [www.careers.csulb.edu](http://www.careers.csulb.edu).)

## Introduction

The Department exists to promote a broader and deeper understanding of the role of leisure and recreation in the lives of all people and to enhance the quality of experiences available to each person.

The department is accredited by the Accreditation Council of the National Recreation and Park Association (National Recreation and Park Association, Council on Accreditation for Parks, Recreation, Tourism and Related Professions, 22377 Belmont Ridge Road, Ashburn, VA 20148, phone: 703-858-0784).

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## Undergraduate Programs

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### Bachelor of Arts in Recreation (120 units)

This program is designed to accommodate the needs of new college students, continuing students, transferring students, and experienced recreation professionals.

Students intending to transfer from community colleges to this University are advised to complete general education requirements while attending the community college. Other recreation courses taken at community colleges cannot be substituted for upper-division recreation courses.

Student must maintain a cumulative 2.0 GPA on all units attempted and achieve a "C" or better in each course of the Recreation major to progress in the sequence of study. Students earning less than a "C" grade in a course required in the major must repeat that course.

Students wishing to substitute courses or deviate in any way from department requirements must submit a letter of request to the Department faculty. No more than six units of Recreation prefix courses may be taken by contract. The Internship is "Letter grade only (A-F)." The Internship is taken the last semester before graduation. No other courses may be taken concurrently with the Internship.

## Requirements

Major Core Courses:

Take all of the following:

REC 141 Introduction to Leisure Services (3)  
Prerequisite/Corequisite: One GE Foundation course.

REC 225 Programming Recreation Activities (3)  
Prerequisites: None

REC 341 Evaluation and Research in Leisure Services (3)  
Prerequisites: A grade of "C" or better in REC 141, 225.

REC 351 Foundations of Inclusive Recreation and Recreation Therapy (3)  
Prerequisites: A grade of "C" or better in REC 141, 225.

REC 480 Philosophy of Recreation and Leisure (3)  
Prerequisites: A grade of "C" or better in REC 341, 351, and three 400 level REC classes. Open to recreation majors only.

Take all of the following:

REC 325 Advanced Program & Event Management (3)  
Prerequisites: A grade of "C" or better in REC 141, 225.

REC 421 Supervisory and Administrative Practices (3)  
Prerequisite: A grade of "C" or better in REC 325, 341.

REC 423 Facility Design and Operations (3)  
Prerequisites: A grade of "C" or better in REC 325, 341.

REC 425 Financing Leisure Services (3)  
Prerequisite: A grade of "C" or better in REC 325.

REC 427 Legal Aspects of Leisure Services (3)  
Prerequisite: A grade of "C" or better in REC 325.

REC 431 Recreation Resource Management (3)  
Prerequisites: A grade of "C" or better in REC 141, 225.

REC 498 Internship in Leisure Services (6)  
Prerequisites: Completion of all major requirements; 1000 hours of verified paid or volunteer leadership experience approved by faculty advisor, or 500 hours of experience and fluency in both English and a second language consistent with CSULB Language Proficiency Requirements; and consent of internship coordinator.

Take one of the following courses:

ANTH 120 Introduction to Cultural Anthropology (3)  
Prerequisites/Corequisites: Any GE Foundation course.

CDFS 211 Guiding Young Children (3)  
Prerequisites: A grade of "C" or better in PSY 100 or SOC 100 or CDFS 111.

HDEV 180 Lifespan Human Development (3)  
Prerequisites: ENGL 100 or equivalent.

PSY 100 General Psychology (3)  
Prerequisites/Corequisite: GE A1 requirement.

SOC 100 Principles of Sociology (3)  
Prerequisite/Corequisite: A GE Foundation course.

Complete one of the following four concentration areas:

**A. Community Recreation Concentration:**

Take all of the following courses

REC 321 Leadership in Recreation and Leisure Studies (3)  
Prerequisite: None.

REC 371 Human Services Programming in Urban Areas (3)  
Prerequisite: GE Foundations requirements.

REC 428 Principals of Nonprofit/Volunteer Management (3)  
Prerequisite: None.

REC 437 Access and Equity of Park Resources (3)  
Prerequisite: A grade of "C" or better in REC 431.

Take one of the following courses

REC 433 Management of Organized Camps (3)  
Prerequisite: None.

REC 469 Disability, Culture, and Society (3)  
Prerequisite: None.

REC 473 Leisure and Aging (3)  
Prerequisite: None.

**B. Parks and Outdoor Recreation Resource Management Concentration:**

Take all of the following courses

REC 337 Environmental and Cultural Interpretation (3)  
Prerequisite: None.

REC 437 Access and Equity of Park Resources (3)  
Prerequisite: A grade of "C" or better in REC 431.

Take two of the following courses

REC 430 Recreation in the Ocean Environment (3)  
Prerequisite: Consent of Instructor.

REC 432 Wildlife and Wildfire Management in Urban Proximate Areas (3)  
Prerequisite: None.

REC 490 Sustainable Coastal Resource Management (3)  
Prerequisite: None.

Take an additional upper-division recreation course (3)

**C. Campus Recreation and Student Services Concentration:**

Take all of the following courses

REC 321 Leadership in Recreation and Leisure Studies (3)  
Prerequisite: None.

REC 322 Recreational Sports Supervision (3)  
Prerequisite: None.

REC 324 Campus Recreation Services (3)  
Prerequisite: None.

REC 428 Principals of nonprofit/Volunteer Management (3)  
Prerequisite: None.

Take an additional upper-division recreation course (3)

**D. Tourism Management Concentration:**

Take all of the following courses

REC 462 Travel, Tourism, and Resort Recreation Management (3)  
Prerequisite: A grade of "C" or better in REC 325.

REC 468 Tourism Planning and Development (3)  
Prerequisite: A grade of "C" or better in REC 325.

Take two of the following courses

REC 465 Convention and Conference Planning (3)  
Prerequisite: A grade of "C" or better in REC 325.

REC 467 Principals of Ecotourism Development (3)  
Prerequisite: A grade of "C" or better in REC 325.

REC 490 Belize Ecotourism (3)  
Prerequisite: None.

HFHM 170 Introduction to Hospitality Food Service and Hotel Management (3)  
Prerequisite: None.

GEOG 352 Geography of Tourism (3)  
Prerequisite: None.

Take an additional upper-division recreation course (3)

## Minor In Recreation

A minimum of 21 units approved by the departmental minor advisor which must include:

Take all of the following:

REC 141 Introduction to Leisure Services (3)  
Prerequisite/Corequisite: One GE Foundation course.

REC 225 Programming Recreation Activities (3)  
Prerequisites: None

REC 321 Leadership in Recreation and Leisure Studies (3)  
Prerequisites: None

REC 340 Leisure in Contemporary Society (3)  
Prerequisites: GE Foundations requirements; one or more Exploration courses; upper division standing.

REC 351 Foundations of Inclusive Recreation and Recreation Therapy (3)  
Prerequisites: A grade of "C" or better in REC 141, 225.

Take two of the following:

REC 220, 322, 324, 337, 371, 428, 430, 431, 433, 462, 473, or 490 with consent of advisor.

## Minor In Event Planning and Management

The Event Planning and Management minor provides students with expertise for careers in event planning and management. Curriculum covers skills and knowledge including negotiation, event planning, programming, promotion, budget and legal issues.

### Requirements

Core (18 units):

HFHM 170 Introduction to Hospitality Management (3)  
Prerequisites: None

HFHM 274 International Hospitality Development (3)  
Prerequisites: ENGL 100 or equivalent.

HFHM 374 Meeting Planning in Hotels and

Restaurants (3)  
Prerequisites: HFHM 170.

REC 325 Advanced Program & Event Management (3)  
Prerequisites: REC 141, 225 with a grade of "C" or better.

REC 462 Travel, Tourism, and Resort Recreation Management (3)  
Prerequisite: A grade of "C" or better in REC 325.

REC 465 Convention and Conference Planning (3)  
Prerequisites: A grade of "C" or better in REC 325.

Take 6 units of electives from the following courses:

ACCT 201; CECS 110, 200; COMM 334; HFHM 372, 376; HFHM 378 or REC 427; HFHM 476 or REC 425;

REC 468, 490.

## Certificate Programs

The certificate programs are available to undergraduate and graduate students, and students who already possess a baccalaureate degree and are enrolling in a certificate program, unless otherwise noted. Students pursuing a degree may complete the certificate concurrently with or subsequent to their degree by enrolling as a certificate student. Courses taken for

certificate requirements may be used, where appropriate, to meet the General Education or degree requirements of cooperating departments. Extension and/or transfer credit may comprise no more than one-fourth of the course work used to meet baccalaureate certificate requirements. Students should contact the department to schedule a meeting with the certificate advisor.

### **Certificate in Recreation Therapy**

This certificate prepares students for the California Board of Recreation and Park Certification exam and for the National Council for Therapeutic Recreation Certification exam. A baccalaureate degree, which may be awarded concurrently, is required for completion of this certificate program.

This certificate program is eligible for Financial Aid. Please see the department web site for required Federal disclosure information.

Take all of the following:

REC 351 Foundations of Inclusive Recreation and Recreation Therapy (3)  
Prerequisites: REC 141, 225.

REC 451 Management and Administration of Recreation Therapy Services (3)  
Prerequisite: A grade of "C" or better in REC 351, 452.

REC 452 Assessment and Documentation in Recreation Therapy (3)  
Prerequisite: A grade of "C" or better in REC 351.

REC 453 Comprehensive Programming and Evaluation in Recreation Therapy (3)  
Prerequisite: A grade of "C" or better in REC 351.

REC 454 Counseling Techniques in Recreation Therapy (3)  
Prerequisite: A grade of "C" or better in REC 351.

REC 458 Clinical Techniques in Recreation Therapy (3)  
Prerequisite: A grade of "C" or better in REC 351.

HSC 150 Medical Terminology (1)  
Prerequisite: None.

PSY 100 General Psychology (3)  
Prerequisite/Corequisite: GE A1 requirement.

PSY 370 Abnormal Psychology (3)  
Prerequisites: PSY 100, GE Foundation requirements, upper-division standing.

ANTH 319 Human Growth and Development (3)  
Prerequisite: BIOL 205 or 207.

REC 498 Internship in Leisure Services (6-9)  
Prerequisites: Completion of all major requirements; 1000 hours of verified paid or volunteer leadership experience approved by faculty advisor, or 500 hours of experience and fluency in both English and a second language consistent with CSULB Language Proficiency Requirements; and consent of internship coordinator.

Take six units of advisor-approved Recreation courses.

Take both of the following courses:

BIOL 207 Human Physiology (4)  
Prerequisite: One GE Foundation course.

BIOL 208 Human Anatomy (4)  
Prerequisite: One GE Foundation course.

Take 9 units of approved elective courses from:

Anthropology, Biology, Communication, Dance, Educational Psychology, Gerontology, Health Science, Human Development, Psychology, Social Work, or Sociology.

### **Certificate in Administration of Campus Recreation and Student Service Programs**

This certificate is for those looking to be Certified Recreation Sports Specialist through NIRSA. It will prepare them for the certification examination.

Students may only pursue the certificate program in combination with a CSULB degree program.

#### **Requirements**

Twenty-four (24) units of core requirements including:

Take all of the following courses:

REC 321 Leadership in Rec and Leisure Studies (3)

Prerequisites: None

REC 322 Recreational Sports Supervision (3)

Prerequisites: None

REC 324 Campus Recreation Services (3)

Prerequisites: None.

REC 325 Adv Program and Event Management (3)

Prerequisites: REC 141, 225 with a grade of "C" or better.

REC 421 Supervisory and Administrative Practices (3)

Prerequisite: A grade of "C" or better in REC 325, 341.

REC 427 Legal Aspects of Leisure Services (3)

Prerequisites: A grade of "C" or better in REC 325.

REC 485 Field Work (3)

Prerequisites: Consent of instructor.

Take one (3 unit) evaluation course from the following:

REC 341 Eval and Research in Leisure Services (or equivalent) (3)

Prerequisites: REC 141, 225 with a grade of "C" or better.

The remaining 6 units are electives which must be taken with approval of certificate advisor. These may include REC, KIN, HDEV, or HRM courses.

### **Certificate in Management of Nonprofit and Volunteer Services**

Students may only pursue the certificate program in combination with a CSULB degree program.

#### **Core Requirements**

Take off of the following:

REC 325 Adv Program and Event Management (3)

Prerequisites: REC 141, 225 with a grade of "C" or better.

REC 421 Supervisory and Administrative Practices (3)

Prerequisite: A grade of "C" or better in REC 325, 341.

REC 425 Financing Leisure Services (3)

Prerequisite: A grade of "C" or better in REC 325.

REC 427 Legal Aspects of Leisure Services (3)

Prerequisite: A grade of "C" or better in REC 325.

REC 428 Principles of Nonprofit and Volunteer Management (3)

Prerequisites: None

REC 498 Internship in Leisure Services (6-9)

Prerequisites: Completion of all major requirements; 1000 hours of verified paid or volunteer leadership experience approved by faculty advisor, or 500 hours of experience and fluency in both English and a second language consistent with CSULB Language Proficiency Requirements; and consent of internship coordinator.

Additional courses:

Take 6 units of elective courses addressing youth development, communication skills, marketing, evaluation, or working with diverse populations which must be taken with approval of certificate advisor.

## Certificate in Administration of Outdoor Recreation Resources

Students may only pursue the certificate program in combination with a CSULB degree program.

### Core Requirements

Take all of the following:

REC 427 Legal Aspects of Leisure Services (3)

Prerequisites: A grade of "C" or better in REC 325.

REC 430 Recreation in the Ocean Environment (3)

Prerequisites: Consent of instructor.

REC 431 Recreation Resource Management (3)

Prerequisite: A grade of "C" or better in REC 141, 225.

Take six units of the following:

REC 337, 490 or 590 [approved by certificate advisor 3-6 units], 499

Additional courses:

Take 6 units of elective courses from biology, geology, geography or environmental science and policy which must be taken with approval of certificate advisor.

## Certificate in Administration of Travel and Tourism

Students may only pursue the certificate program in combination with a CSULB degree program.

### Core Requirements

Take all of the following:

REC 462 Travel, Tourism, and Resort Recreation Management (3)

Prerequisites: A grade of "C" or better in REC 325.

REC 468 Tourism Planning and Development (3)

Prerequisites: A grade of "C" or better in REC 325.

GEOG 352 Geography of Travel and Tourism (3)

Prerequisites: None

HFHM 170 Introduction to Hospitality Management (3)

Prerequisites: None

Take one of the following:

REC 485 Field Work (3)

Prerequisites: Consent of instructor.

REC 498 Internship in Leisure Services (6-9)

Prerequisites: Completion of all major requirements; 1000 hours of verified paid or volunteer leadership experience approved by faculty advisor, or 500 hours of experience and fluency in both English and a second language consistent with CSULB Language Proficiency Requirements; and consent of internship coordinator.

Additional courses:

Take 6 units of upper division courses listed in the catalog under the Regional category in the Department of Geography or 6 units of a foreign language; plus 3 additional upper division units selected in consultation with certificate advisor.

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## Graduate Programs

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### Master of Science in Recreation Administration

This program helps prepare professional personnel who are managers leading private and public agencies and programs, and who can conduct research and evaluation of recreation services.

### Admission

Students seeking admission to the Department of Recreation and Leisure Studies Graduate Program should have an undergraduate degree and a desire for graduate study. Applicants must apply for admission to the Recreation and Leisure Studies Department in addition to being admitted by Enrollment Services/Admissions. Admission requires:

1. Applicants must meet the criteria for acceptance by the University as a graduate student as outlined in this catalog;
2. Every applicant (new or continuing) must apply by submitting a Graduate/Post-Baccalaureate Admission Application to the Office of Admissions and Records, to obtain admission to the University with graduate standing. Applications are available on line (at the CSU Mentor website);
3. Every applicant must also apply to the Department of Recreation and Leisure Studies, by sending the following to the Graduate Coordinator in the Department of Recreation and Leisure Studies:
  - A. A copy of the CSULB Graduate/Post-Baccalaureate Admissions Application (The original must be sent to Enrollment Services/Admissions on line via CSUMentor).
  - B. Official transcripts of all undergraduate course work, including work done at all community colleges attended. Each applicant must request that official transcripts be sent to both the Graduate Advisor in the Department of Recreation and Leisure Studies and Enrollment Services.
  - C. A current resume and a letter of intent that includes a summary of the applicant's reasons for wanting to pursue a master's degree in Recreation Administration. Both documents must be sent to the Department of Recreation and Leisure Studies Graduate Advisor.
  - D. Three letters of recommendation from persons able to testify to the applicant's academic ability, preferably from former professors. These letters must be sent to the Department of Recreation and Leisure Studies Graduate Advisor.
  - E. Official test scores on the Graduate Record Exam (GRE) General test. While no specific cut off scores are required on either the verbal or the quantitative section, applicants must score a "4" or higher on the analytic writing section of the GRE.

Admitted graduate students must contact the Department of Recreation and Leisure Studies Graduate Coordinator for advisement early in their first semester of enrollment in order to develop an approved program of study.

### Prerequisites

Graduate students must complete the following prerequisites:

1. A bachelor's degree with a major in recreation; or
2. A bachelor's degree with a minimum of 24 units of upper division courses comparable to those required in the undergraduate recreation major at this University. (Students deficient in undergraduate preparation must take courses approved by the department Graduate Coordinator to remove these deficiencies.)

## Advancement to Candidacy

The following are required for student to advance to candidacy:

1. Enrollment in the semester or summer session in which advancement takes place;
2. Completion of the general University requirements for advancement to candidacy, as specified in this bulletin.
3. Fulfillment of the Graduation Writing Assessment Requirement (GWAR);
4. Satisfactory completion of REC 571 and 696 with a minimum grade of "B" in each of the courses.
5. After consultation with the student's graduate advisor, determination of whether the student will complete the thesis option or project option.
6. Approval of the student's graduate program by the Department Graduate Advisor and Associate Dean for the College of Health and Human Services.

## Requirements

The core requirements for a master of science in recreation administration are REC 521, 571, 591, 595, and 696. In addition to the core classes, students are required to complete elective units and thesis or project units. The thesis option requires four units of REC 698 plus 11 units of electives. The project option requires three units of REC 698 plus 18 units of electives. Elective courses are to be selected after consultation with the graduate advisor. A maximum of 6 units may be taken from 400-level courses in Recreation. Up to six units of graduate work may be transferred from another accredited university or another department in CSULB. Transfer credit must be a "B" or better. All students must earn a grade of "A" or "B" for each required course. Advancement to candidacy is necessary before REC 698 can be taken.

## Thesis or Project

The thesis or project is a supervised experience in the application of theory and analytical tools to an issue in recreation and leisure services.

The thesis should prepare students for further graduate work or research in the field. The project should provide an experience that is directly applicable to an occupation in recreation and leisure services. The thesis is a written product of the systematic study of a significant problem. It clearly identifies the problem, states the major assumptions, explains the significance of the undertaking, sets forth the sources for and methods of gathering information, analyzes the data, and offers a conclusion or recommendation. The finished product evidences originality, critical and independent thinking, appropriate organization and format, and thorough documentation. The thesis is supervised by a committee of three, including the Thesis Chair, who must be a full-time tenure-track or tenured faculty member in the Recreation and Leisure Studies Department, and two other faculty members.

The project is a significant undertaking appropriate to the professional field. It evidences originality and independent thinking, appropriate form and organization, and a rationale. It is described and summarized in a written report that includes the project's significance, a review of the literature, objectives, methodology, and a conclusion or

recommendation. The finished product evidences originality, critical and independent thinking, appropriate organization and format, and thorough documentation. The coursework is supervised by a committee of three, including the Project Chair, who must be a full-time tenure-track or tenured faculty member in the Recreation and Leisure Studies Department, and two other faculty members.

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## Courses (REC)

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### LOWER DIVISION

#### 100./300. Orientation to the Recreation Major (3)

Orientation to the professional roles in the field of leisure services; the philosophy, academic requirements, standards, documentation, procedures of followed in the Department of Recreation and Leisure Studies; and computer applications required of all majors.

Letter grade only (A-F). (Discussion, 3 hours) Not open to students with credit in REC 300.

#### 141. Introduction to Leisure Services (3)

Prerequisite/Corequisite: One GE Foundation course.

Survey of public, private and non-profit agencies engaged in leisure services. Examination of populations served. Organizing principles of the recreation and leisure services profession.

Not open to students who have completed REC 241.

#### 220. Universality of Play (3)

Prerequisites: GE Foundation requirements.

Exploration of ethnic origins of play from international perspective. Influence of play on creativity, drive and self image of society.

(Theory and practicum)

#### 225. Programming Recreation Activities (3)

Methods and materials used in planning and leading organized recreation programs in public and private agencies. Analysis of interpersonal and group skills necessary for effective leadership of recreation activities. Special emphasis on supervised programming field experiences.

Letter grade only (A-F).

### UPPER DIVISION

#### 300./100. Orientation to the Recreation Major (3)

Orientation to the professional roles in the field of leisure services; the philosophy, academic requirements, standards, documentation, procedures of followed in the Department of Recreation and Leisure Studies; and computer applications required of all majors.

Letter grade only (A-F). (Discussion, 3 hours) Not open to students with credit in REC 100.

#### 321. Leadership in Recreation and Leisure Studies (3)

Theory and application of leadership as it pertains to leisure service agencies. In depth analysis of interaction between leadership styles and group dynamics. Facilitation techniques necessary for effective group leadership.

#### 322. Recreational Sports Supervision (3)

Organization and supervision of recreational sports for community-wide participation.

(Lecture 2 hours, Activity 2 hours.)

#### 324. Campus Recreation Services (3)

Principles and practices in provision of recreation services on college, secondary, and elementary school campuses

### **325. Advanced Program and Event Management (3)**

Prerequisites: A grade of "C" or better in REC 141, 225.

Advanced management of recreation and leisure service programs with special emphasis on event planning and promotion. Includes interpretations of needs assessments and market analysis; analysis and selection of prospective client bases; program design, marketing, promotion, implementation and evaluation.

Letter grade only (A-F).

### **337. Environmental and Cultural Interpretation (3)**

Principles and practices of environmental and cultural interpretation of outdoor recreation resources, including tours, brochures, slide shows and exhibits.

(Discussion, 3 hours)

### **340. Leisure in Contemporary Society (3)**

Prerequisites: GE Foundations requirements; one or more Exploration courses; upper division standing.

Enhancing the understanding of leisure in contemporary society by examining beliefs, values, and social structures of one's own leisure and comparing and contrasting them with individual and social influences such as race/ethnicity, gender, sexuality, age, economic status, ability and religion.

### **341. Evaluation and Research in Leisure Services (3)**

Prerequisites: A grade of "C" or better in REC 141, 225.

Foundations of current methods and practices of evaluation and research about leisure and in leisure services. Includes the critical need for evaluation and research in leisure services; research and evaluation concepts, types, and designs; sampling; and information/data collection, analysis, interpretation, and presentation.

Letter grade only (A-F).

### **351. Foundations of Inclusive Recreation and Recreation Therapy (3)**

Prerequisites: A grade of "C" or better in REC 141, 225.

The role of inclusion in programming recreation services in society. Philosophical and historical foundations of recreation therapy, and principles of planning, implementing, and evaluating inclusive leisure services for individuals with disabilities.

(Lecture/Activity 3 hours)

### **371. Human Services Programming in Urban Areas (3)**

Prerequisites: GE Foundation requirements.

Exploration of the community diversity, social issues, and community resources of urban areas in relationship to the concerns of recreation and human service needs. Examination of planning, development, and agency collaborations required to insure recreation services development meets community needs.

### **421. Supervisory and Administrative Practices (3)**

Prerequisites: A grade of "C" or better in REC 325, 341.

Concepts and techniques of supervision and administration in recreation agencies; emphasis on recruitment, assignment, evaluation and in-service training of recreation personnel.

### **423. Facility Design and Operations (3)**

Prerequisites: A grade of "C" or better in REC 325, 341.

Theories and practical experience in the design, development, operation, maintenance and administration of various recreational facilities.

Letter grade only (A-F).

### **425. Financing Leisure Services (3)**

Prerequisite: A grade of "C" or better in REC 325.

Financing and budgeting in public and private sector leisure service agencies; management by objectives as related to fiscal elements.

### **427./527. Legal Aspects of Leisure Services (3)**

Prerequisite: A grade of "C" or better in REC 325.

Political, policy making, and legal aspects underlying the establishment, operation, and termination of public and private leisure services.

Letter grade only (A-F). (Discussion, 3 hours.)

### **428./528. Principles of Nonprofit/Volunteer Management (3)**

Survey of the principles of nonprofit and volunteer services management. The philosophical, historical and social context of the volunteer movement; funding, governance, organization and management of nonprofit organizations and volunteer services; trends and issues; professional development and employment.

### **430. Recreation in the Ocean Environment (3)**

Prerequisite: Consent of instructor.

Study of the skills and techniques of administration of an ocean-oriented recreational resource, including management and trip planning. Will be supplemented with a week long field trip to Santa Barbara Island.

### **431. Recreation Resource Management (3)**

Prerequisites: A grade of "C" or better in REC 141, 225.

Review of the techniques of recreation resource management; the role of citizens, government and private agencies in acquisition and development of these resources; development of resource management policies.

### **432. Wildlife and Wildfire Management in Urban Proximate Areas (3)**

Study of the skills and techniques of managing wildlife and wildfires to improve public safety. Examination of management and visitor information services in city parks, national parks, national forests, and state parks surrounding the L.A. metro area.

### **433. Management of Organized Camps (3)**

Management of organized camps, with particular emphasis on the role and responsibility of the on-site director; practical experience in all phases of camping. Topics include camp philosophies, job responsibilities, staff dynamics, campers' characteristics and needs, program development and facility management.

### **437. Access and Equity of Park Resources (3)**

Prerequisite: A grade of "C" or better in REC 431.

Examination of distribution and management of city parks, county parks, and special park districts in the L.A. metro area. Analysis of historical and contemporary opportunity and access based on economic status, cultural background, gender, and mobility.

### **451. Management and Administration of Recreation Therapy Services (3)**

Prerequisites: A grade of "C" or better in REC 351, 452.

Comprehensive recreation therapy program development, operation, and management. Administration of recreation therapy services and personnel. Advanced principles, issues, and trends in recreation therapy.

Letter grade only (A-F).

### **452. Assessment and Documentation in Recreation Therapy (3)**

Prerequisite: A grade of "C" or better in REC 351.

Introduction to the theories, concepts, and techniques used in client assessment and documentation for recreation therapy programs and treatments. Students learn to assess the physical, cognitive, emotional, social, and leisure functioning of clients; develop measurable objectives; and document client progress.

(Lecture 2 hours, Activity 1 hour)

### **453. Comprehensive Programming and Evaluation in Recreation Therapy (3)**

Prerequisite: A grade of "C" or better in REC 351.

Examination of treatment programs for a variety of populations and settings in Recreation Therapy. Students learn to develop comprehensive treatment plans based on client objectives, select appropriate program content, modify activities to meet client needs, and evaluate program effectiveness.

Letter grade only (A-F).

### **454./554. Counseling Techniques in Recreation Therapy (3)**

Prerequisite: A grade of "C" or better in REC 351.

Current practices and procedures in recreation therapy using counseling techniques. Includes techniques of leisure needs assessments, leisure counseling, and leisure education methods. Covers recreation therapy practice perspectives using counseling/leisure education as a treatment.

Letter grade only (A-F).

### **457./557. Legislative Action in Recreation Therapy (3)**

Prerequisite: A grade of "C" or better in REC 351.

Overview of Recreation Therapy as related to national healthcare issues. Includes examination of various legislative issues/bills introduced in congress with a direct effect on the profession. This non-required course includes travel to a midyear conference in Washington D.C.

Letter grade only (A-F).

### **458./558. Clinical Techniques in Recreation Therapy (3)**

Prerequisite: A grade of "C" or better in REC 351.

Examination of clinical techniques and practices in recreation therapy. Includes theoretical background to clinical treatment, facilitation techniques, and treatment modalities for individuals with disabilities.

Letter grade only (A-F). (2 hours lecture, 1 hour lab)

### **462. Travel, Tourism, and Resort Recreation Management (3)**

Prerequisite: A grade of "C" or better in REC 325.

Current procedures and processes in managing travel, tourism and resort recreation organizations. Discussion includes the organization and management of human resources in the marketing of travel, tourism and resort recreation enterprises.

### **465. Convention and Conference Planning (3)**

Prerequisite: A grade of "C" or better in REC 325.

Organizing, planning and managing conferences and conventions. Analysis of site and facility selection, scheduling, theme development, programming, affiliated events, exhibit management, registration and overall services.

Letter grade only (A-F).

### **467./567. Principles of Ecotourism Development (3)**

Prerequisite: A grade of "C" or better in REC 325.

Principles and practices of ecotourism development from a socio-cultural, environmental, economic, and political perspective. Implementation of tourism development including certification issues, management of resources, and community choices. Ecotourism planning that benefits locals and travelers.

Letter grade only (A-F).

### **468. Tourism Planning and Development (3)**

Prerequisite: A grade of "C" or better in REC 325.

Analysis of elements which are included in a community development plans. Assessment of the touristic potential of a region or site, enabling legislation, organization, and administration of a tourism development plans, identification of sources of resistance and support.

### **469./569. Disability, Culture and Society: Issues and Intervention (3)**

Prerequisite: Senior or graduate standing.

Disability as a social construct. Examines policies and practices to understand the experience of disability. Includes historical and contemporary perspectives as well as future issues. Emphasis on social and clinical intervention methods as well as programs and resources.

Letter grade only (A-F). Same course as GERN 469. Not open for credit to students with credit in GERN 469 or SW 469.

### **473./573. Aging and Leisure (3)**

Theories, concepts and influences on satisfaction with retirement focusing on leisure-related issues. Overview of the continuum of services, emphasizing leisure services available to older people.

### **480. Philosophy of Recreation and Leisure (3)**

Prerequisites: A grade of "C" or better in REC 341, 351, and three 400-level REC classes. Open to recreation majors only.

Exploration of the philosophical and ethical basis for current practices in recreation and leisure service organizations.

(Discussion, 3 hours.)

### **485. Field Work (3)**

Prerequisites: Consent of instructor.

Supervised experience in recreation leadership, supervision or administration approved by faculty advisor or consent of instructor.

Credit/No credit grading only. May be repeated to a maximum of 6 units in different semesters.

### **490. Selected Topics in Recreation (1-3)**

Identification and critical analysis of current problems in selected areas of recreation.

May be repeated to a maximum of 6 units with different topics in different semesters. Topics announced in the *Schedule of Classes*.

### **498. Internship in Leisure Services (6-9)**

Prerequisites: Completion of all major requirements; 1000 hours of verified paid or volunteer leadership experience approved by faculty advisor, or 500 hours of experience and fluency in both English and a second language consistent with CSULB Language Proficiency Requirements; and consent of internship coordinator.

This internship will involve a minimum of 400 hours of supervised experience in an approved leisure service agency jointly supervised by university and agency personnel.

Letter grade only (A-F). (Field work) Course fee may be required.

### **499. Independent Study (1-3)**

Prerequisites: Consent of department and department chair.

Individual projects in areas of special interest areas. Independent study under the direct supervision of a faculty member.

May be repeated to a maximum of 6 units in different semesters with consent of instructor.

## **GRADUATE LEVEL**

### **521. Recreation Administration (3)**

Organizational theory; planning, staffing and budgeting of recreation programs in governmental and voluntary agencies.

Letter grade only (A-F).

### **527./427. Legal Aspects of Leisure Services (3)**

Prerequisite: A grade of "C" or better in REC 325 or graduate student status.

Political, policy making, and legal aspects underlying the establishment, operation, and termination of public and private leisure services.

Letter grade only (A-F). (Discussion, 3 hours.)

**528./428. Principles of Nonprofit/Volunteer Management (3)**

Survey of the principles of nonprofit and volunteer services management. The philosophical, historical and social context of the volunteer movement; funding, governance, organization and management of nonprofit organizations and volunteer services; trends and issues; professional development and employment.

**532. Wildlife and Wildfire Management in Urban Proximate Areas (3)**

Study of the skills and techniques of managing wildlife and wildfires to improve public safety. Examination of management and visitor information services in city parks, national parks, national forests, and state parks surrounding the L.A. metro area.

**537. Access and Equity of Park Resources (3)**

Prerequisite: A grade of "C" or better in REC 431.

Examination of distribution and management of city parks, county parks, and special park districts in the L.A. metro area. Analysis of historical and contemporary opportunity and access based on economic status, cultural background, gender, and mobility.

**554./454. Counseling Techniques in Recreation Therapy (3)**

Prerequisites: A grade of "C" or better in REC 351.

Current practices and procedures in recreation therapy using counseling techniques. Includes techniques of leisure needs assessments, leisure counseling and leisure education methods. Covers recreation therapy practice perspectives using counseling/leisure education as a treatment.

Letter grade only (A-F).

**557./457. Legislative Action in Recreation Therapy (3)**

Prerequisite: A grade of "C" or better in REC 351.

Overview of Recreation Therapy as related to national healthcare issues. Includes examination of various legislative issues/bills introduced in congress with a direct effect on the profession. This non-required course includes travel to a midyear conference in Washington D.C.

Letter grade only (A-F).

**558./458. Clinical Techniques in Recreation Therapy (3)**

Prerequisite: A grade of "C" or better in REC 351.

Examination of clinical techniques and practices in recreation therapy. Includes theoretical background to clinical treatment, facilitation techniques, and treatment modalities for individuals with disabilities.

Letter grade only (A-F). (2 hours lecture and 1 hour lab)

**567./467. Principles of Ecotourism Development (3)**

Prerequisite: A grade of "C" or better in REC 325 or graduate student status.

Principles and practices of ecotourism development from a socio-cultural, environmental, economic, and political perspective. Implementation of tourism development including certification issues, management of resources, and community choices. Ecotourism planning that benefits locals and travelers.

Letter grade only (A-F).

**569./469. Disability, Culture and Society: Issues and Intervention (3)**

Prerequisite: Senior or graduate standing.

Disability as a social construct. Examines policies and practices to understand the experience of disability. Includes historical and contemporary perspectives as well as future issues. Emphasis on social and clinical intervention methods as well as programs and resources.

Letter grade only (A-F). Same course as GERN 569. Not open for credit to students with credit in GERN 569.

**571. Philosophy, Issues and Trends (3)**

Exploration of the current philosophy, trends and issues in the field of recreation.

Letter grade only (A-F).

**573./473. Aging and Leisure (3)**

Theories, concepts and influences on satisfaction with retirement focusing on leisure-related issues. Overview of the continuum of services, emphasizing leisure services available to older people.

**590. Selected Topics in Recreation (1-3)**

Prerequisite: Consent of instructor.

In-depth investigation of topics of current interest and concern to students experienced in recreation.

Letter grade only (A-F). May be repeated to a maximum of 6 units with different topics. Topics announced in the *Schedule of Classes*.

**591. Research Proposal Writing (3)**

Prerequisite: REC 571, 595, and 696.

Addresses variations in research design and methodology. Completion of a thesis or project proposal is a requirement.

Letter grade only (A-F).

**595. Data Analysis in Recreation Administration (3)**

Prerequisites: REC 571 and 696.

Analysis of administrative studies and surveys; procedures for conducting and analyzing appraisals of recreation programs and facilities.

Letter grade only (A-F).

**599. Independent Study (1-3)**

Prerequisites: Consent of graduate advisor and department chair. Independent research under the supervision of a Recreation and Leisure Faculty member.

May be repeated to a maximum of 6 units. Letter grade only (A-F).

**696. Research Methodology (3)**

Research methodology in recreation. To be completed within the first 12 units of the 500/600 series of courses.

Letter grade only (A-F).

**697. Directed Studies (1-3)**

Prerequisites: REC 698, advancement to candidacy.

Independent investigation of field research problems in recreation.

Letter grade only (A-F). May be repeated to a maximum of 3 units in different semesters

**698. Thesis (1-4)**

Prerequisites: REC 591, 696, advancement to candidacy.

Planning, preparation and completion of an approved thesis.

May be repeated to a maximum of 4 units in different semesters.