2-Step (PPD/Mantoux) TB Test and Chest X-Ray Instructions

How do I Get the 2-Step TB Test?

Essentially, these are Two TB Tests completed at least a week apart. Here’s the breakdown of the timeline of how your medical provider visits will go:

1. **First Visit:**
   - Get the TB shot (make sure you get documentation for this – date and signature

2. **Second Visit:**
   - 2 days after visit #1 you go back to get the TB Test Reading (results) – this should be given in millimeters (mm), which will determine whether the test is positive or negative.

3. **Third Visit:**
   - No sooner than one week after visit #1 TB shot, no later than one month after visit #1 (only acceptable if you are also getting vaccinations). You will get the whole process done over again. This visit you get your 2nd TB shot.

4. **Fourth (Final) Visit:**
   - 2 days after visit #3 you will get the 2nd TB shot reading. Again, you need documentation stating the results in millimeters (mm) and whether the result is positive or negative.

**Note of Caution:** You do not want to make the mistake of thinking that because a normal TB Test has 2 components (TB shot and TB reading) that it will fulfill the 2-Step TB Test requirement. You must actually have 2 “separate” TB Tests.

When Should I Start the Process?

- TB testing is an annual requirement that you will have to renew each year throughout your time in the program. Therefore, refer to your New Student To-Do Checklist (on the School of Nursing website) for specific fall and spring 2-Step TB deadlines which determine when to start the process.

What if I get a Positive TB Test Result?

- If you receive a positive TB Test result, you need to get a Chest X-Ray to determine whether or not you actually have Tuberculosis. You can do this the same day as your positive TB Test.
- If you’ve previously tested positive for TB, and have a Chest X-Ray that has been completed within the past 4 years, you can turn in the documentation for the Chest X-Ray (see directions below).

**Note:** Once a positive TB Test is received, you will always test positive for TB. Therefore, from that point on, you will need to get a Chest X-Ray every four years.

What 2-Step TB/Chest X-Ray Documentation Will I Need to Provide the Nursing Program?

- **For a Negative 2-Step TB Test:**
  1. The Screening of TB/Vaccine Preventable Diseases form (see sample form below, blank form is on website)
  2. Any additional TB documentation given to you by your healthcare provider (ex. 1/4 sheets of proof from CSULB SHS for both TB tests).
3. For both text answers: list date of reading, mm, immune for each reading (example: 7/16/2012, 0mm, negative).

2. For a Positive TB Test and Chest X-Ray:
   - If you have the documentation for the positive TB Test, you will need to turn in a copy of it. If you don’t have any documentation for the positive 2-Step TB Test, you will receive further instructions further down the line.
   - For the Chest X-Ray: you will need the actual radiology lab result (see sample in this packet). You will also need to fill out the Screening of TB/Vaccine Preventable Diseases form (sections 1, 2 and 7 only) and attach it to the Chest X-Ray lab results.
   - On the first text answer: list date of reading, mm, immune (example: 7/16/2012, 15mm, negative) for first reading.
   - On the second text answer: list the date you had the chest x-ray and the results (example: 7/22/2012, cleared)

3. The Following Year (s) for TB Negative students:
   - After the first year in our program, if you are negative, you will only need to provide a “one-step” TB test.