



Tiffanye M. Vargas, Ph.D.

Biography: Tiffanye M. Vargas recently joined the Department of Kinesiology at California State University, Long Beach as an Assistant Professor. A native Texan, she joins us from the University of Texas at San Antonio where she was an Associate Professor of Sport Psychology. Dr. Vargas received her B.A. in Plan II and Psychology at the University of Texas at Austin before earning her M.A. in Counseling and Ph.D. in Sport Psychology from Michigan State University. She is an AASP Certified Consultant and is listed on the United States Olympic Committee Sport Psychology and Mental Training Registry. At CSULB, she teaches undergraduate and graduate courses in sport and coaching psychology. Her research interests focus on improving coaches' and athletes' confidence through improved coaching education. Dr. Vargas' firm belief in the need to bridge research and practice guides her community service as she uses her research findings to develop coaching curriculum and seminars; one of her recent endeavors was the creation of a website, www.hidden-disabilities-in-sport.org, designed to help coaches, parents and researchers interested in hidden disabilities. She also serves on the Editorial Board for the International Journal of Sport Science and Coaching and is the current President of the National Council for the Accreditation of Coaching Education.

Contact Information

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Employment Information

Position Level: Assistant Professor

Year Hired: 2012

Dept. Position(s):

Classes Taught: KIN 339i, 472/572, 475/575, 512

1st Degree: B.A., The University of Texas at Austin

2nd Degree: M.A., Michigan State University

3rd Degree: Ph.D., Michigan State University

Recent Published Works:

- Flores, M.M., Beyer, R., & **Vargas, T.M.** (2012). An examination of coaching educators' and administrators' attitudes towards including information about athletes with hidden disabilities in coaching education. *Paleastra*, 26, 5-7.
- Oswalt, S.B. & **Vargas, T.M.** (2012). Coaches' attitudes towards working with gay, lesbian, and bisexual athletes. *Sport in Society Cultures, Commerce, Media, Politics*, DOI:10.1080/17430437.2012.690407.
- Umhoefer, D., Beyer, R., & **Vargas, T.M.** (2012). Enhancing general physical educators' teacher efficacy when working with all students. *Strategies*, 25, 32-34.
- Vargas, T. M.** (2012). Contemplations regarding assessment efficacy in sports coaching. *International Journal of Sport Sciences and Coaching*, 7, 203-205.
- Vargas, T.M.**, Beyer, R., & Flores, M.M. (2012). Coaching athletes with hidden disabilities. *Strategies*, 25, 32.
- Vargas, T.M.** & Short, S.M. (2011). Athletes' perceptions of coaches' pre-game speeches. *International Journal of Coaching Science*, 5, 27-43.
- Flores, M.M., Beyer, R., & **Vargas, T.M.** (2011). Interacting with your child's coach: How parents of children with ADHD can communicate their child's needs. *Attention Magazine*, 18(3), 24-28.
- Vargas, T.M.** (2011). Enhancing coach-parent relationships in youth sports: Increasing harmony and minimizing hassle. *International Journal of Sport Sciences and Coaching*, 6, 43-44.