

**Adapted Physical Education Added Authorization Program (APEAA)  
Course Description, Requirements, & Signatures**

Student \_\_\_\_\_ Email \_\_\_\_\_ Student ID# \_\_\_\_\_  
(Last Name, First Name)

Address (Street) \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

Degree School \_\_\_\_\_ Date of Degree \_\_\_\_\_ Credential Type \_\_\_\_\_ Issue Date \_\_\_\_\_

Candidates must hold either a Single Subject in Physical Education (SSPE), Multiple Subject (MS), or Education Specialist (ES) Credential, authorizing the teaching of physical education K-12 with subject matter competency as determined by the CTC & **APE Coordinator**. Candidates with a teaching credential other than a SSPE are required to meet subject matter competence (i.e., prerequisite PE core courses determined by the APE Coordinator or pass all parts of the CSET PE subject matter exam and complete EDSS 450P. Check with APE Coordinator.

Required Courses	Offered	CSULB Completed Semester	Equivalent Course	Grade	Signature
<b>KIN 320</b> - 3 units Introduction to Adapted PE	Fall, Spring, Summer				
<b>KIN 427/527</b> - 3 units Physical and Motor Assessment	Fall				
<b>*KIN 387</b> - 3 units (substitute <b>KIN 537</b> ) Physical Activity for the Disabled	Fall				
<b>*KIN 388</b> - 3 units (substitute <b>KIN 638</b> ) Program Planning & Instruction in APE	Spring				
<b>KIN 489 A</b> - 3 units per semester, 6 total units Fieldwork in APE	Fall Spring				
<b>EDSP 355 B</b> - 3 units Collaborative Models of Inclusive Education in Secondary Schools	All Semesters				
<b>Select two from any of the following 3-unit courses:</b>					
<ul style="list-style-type: none"> <li>• <b>KIN 526</b> – Applied Behavior Analysis in PE</li> <li>• <b>EDP 405</b> – Classroom Management</li> <li>• <b>EDSP 577</b> – Methods – Mild/Moderate</li> <li>• <b>EDSP 578</b> – Methods - Moderate/Severe</li> <li>• <b>ASLD 101</b> – American Sign Language</li> <li>• <b>REC 469/569</b> Disability Culture &amp; Society</li> </ul>					

**\*Candidates who hold a SSPE, MS or ES may substitute KIN 537 & 638, with professor permission. These courses are offered at night every 3<sup>rd</sup> semester on a rotational basis, along with KIN 526.**

CSULB FEE \_\_\_\_\_ NO FEE \_\_\_\_\_

APE Coordinator Signature \_\_\_\_\_

Check with APE Coordinator for additional course permissions needed.

Department of Kinesiology  CSU Long Beach

## Adapted Physical Education Added Authorization Program (APEAA)

Candidates seeking a California Commission on Teacher Credentialing (CTC) **APEAA** must complete the following 27 units of coursework:

**KIN 320** Adapted Physical Education (3) Prerequisites: BIOL 208

**KIN 427/527** Physical and Motor Assessment (3) Prerequisites: KIN 315, 320.

**KIN 387\*** Physical Activity for the Disabled (3) Prerequisites: KIN 320, **Corequisite:** KIN 489A (3)

**KIN 388\*** Program Planning and Instruction in Adapted Physical Education (3) Prerequisite: KIN 387. **Corequisite:** KIN 489A

**KIN 489A Fieldwork in APE** (6) includes usually teaching in the ASAPP and arranging hours in the public schools for a total of 6 units (usually in conjunction with KIN 387 and 388) \***Please note:** Candidates who hold a SSPE, MS or ES credential may substitute Graduate Courses KIN 537 for KIN 387 and KIN 638 for KIN 388; KIN 489 A fieldwork arranged in public schools with APE Coordinator approval.

**EDSP 355 B** Collaborative Models of Inclusive Ed: Partnerships & Strategies for Teaching All Students in Secondary Schools (3)

**Select two courses from the following courses with professor permission:**

**KIN 526** Applied Behavior Analysis in Physical Education (3)

**EDP 405** Positive Strategies for Classroom Management (3)

**EDSP 577** Instructional Methods and Strategies for Individuals with Mild/Moderate Disabilities (3)

**EDSP 578** Instructional Methods and Strategies for Individuals with Moderate/Severe Disabilities (3)

**ASLD 101** Fundamentals of American Sign Language I (3)

**REC 469/569** Disability, Culture and Society: Issues and Intervention (3)

**APEAA Additional Program Requirements:**

- Application with the Kinesiology Department APE program and the Single Subject Credential Program
- Hold a teaching credential- Single Subject in Physical Education (SS), Multiple Subject (MS), or Education Specialist (ES) Credential, authorizing the teaching of physical education K-12 with subject matter competency as determine by APE Coordinator. Candidates with a current teaching credential other than a Single Subject PE credential (MS, ES) are required to meet subject matter competence. This can be accomplished by taking a series of prerequisite PE core courses (12 units) as determined by the APE Coordinator or successfully passing all parts of the CSET PE subject matter exam (See candidate road map for APEAA).
- Successful completion of the Basic Skills Requirements (i.e., CBEST).
- An overall GPA of 2.75 and a 3.0 in courses in the APE Program.

**For More Information on the APEAA Program Contact:**

**Dr. Barry Lavay**

Professor, CSU, Long Beach, Kinesiology Department  
Adapted Physical Education Coordinator  
1250 Bellflower Blvd., Long Beach, CA 90840  
[blavay@csulb.edu](mailto:blavay@csulb.edu) or (562) 985-4077  
[www.csulb.edu/APE](http://www.csulb.edu/APE), see APE downloads at bottom

**Dr. E. Williams**

Professor, CSU, Long Beach, Kinesiology Department  
Physical Education Single Subject Credential Advisor  
HHS2 – 216, [ewilliams@csulb.edu](mailto:ewilliams@csulb.edu) or (562) 985-4088  
<http://www.ced.csulb.edu/single-subject/program/kpe>

**Adapted Physical Education Added Authorization Program (APEAA)  
Course Descriptions**

**KIN 320 Adapted Physical Education (3):** Prerequisites: BIOL 208.

An introductory course designed to prepare KIN majors (primarily in the pedagogy option) to effectively implement a variety of physical activity programs based on the unique needs of individuals with disabilities. The course primarily covers physical activity programming considerations and the characteristics of individuals with developmental, physical, emotional, sensory, health, learning and/or multiple disabilities. (Lecture 2 hours, Activity 2 hours.)

**KIN 427/527 Physical and Motor Assessment (3):** Prerequisites: KIN 315, 320. The selection, administration, and interpretation of tests used in the physical and motor assessment practices of individuals with disabilities. (Lecture 2 hours, Activity 2 hours).

**KIN 387\* Physical Activity for the Disabled (3):** Prerequisites: KIN 320. Corequisite: **KIN 489A (3)**. A lecture/laboratory format that includes planning effective and comprehensive physical education programs for individuals with disabilities across the lifespan. The course includes information on adaptation of physical activities, equipment and facilities.

**KIN 388\* Program Planning and Instruction in Adapted Physical Education (3):** Prerequisite: KIN 387. Corequisite: **KIN 489A (3)**. A lecture/laboratory format with an emphasis on program administration and development of effective teaching skills for providing APE services to individuals with various types of disabilities.

**KIN 489A Fieldwork in APE** 3 x 2 hrs. total (6) hours (check with APE Advisor). Includes teaching children with disabilities in the CSULB ASAPP and/or field work arranging hours in the public schools, usually in conjunction with KIN 387 and 388 for a total of 6 units

**\*Graduate students and candidates who already hold a SSPE, MS, or ES credential may substitute KIN 537 for KIN 387 and KIN 638 for KIN 388; KIN 489 A** fieldwork arranged in public schools with approval from the Adapted Physical Education Credential Coordinator. Each course is offered every third semester on rotational basis.

**\*KIN 537 Adapted Physical Education for Special Populations (3): Prerequisite:** APE Coordinator Permission. The foundations and issues in the organization and implementation of physical education programs for individuals with disabilities. Primarily a graduate course designed to examine the evidence based best physical education instructional programming practices for individuals with disabilities. **KIN 537 can substitute for KIN 387.**

**\*KIN 638 Seminar in Adapted Physical Education (3). Prerequisite:** APE Coordinator Permission. Designed to develop critical analysis, synthesis, and discussion of applied research and literature pertaining to adapted physical education. **KIN 638 can substitute for KIN 388.**

**Required (3 units)**

**355B Collaborative Models of Inclusive Education: Partnerships and Strategies for Teaching All Students in Secondary Schools (3) or equivalent course:** Overview of collaborative educational models; family, school, community partnership models; access, equity, historical, legal, social, political perspectives for diverse students with special needs; roles and responsibilities of the general educator as a team member at the secondary level.

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**Select two courses from any of the following courses for a total of 6 units:**

**KIN 526 Applied Behavior Analysis in Physical Education (3):** Prerequisite: APE Coordinator Permission. The application of using applied behavior analysis principles in physical education with a particular emphasis on single subject research design and behavior analysis. Methods for managing student behavior in the physical education setting are examined.

**EDP 405 Positive Strategies for Classroom Management (3):** The application of existing models and strategies of classroom management to promote student prosocial behaviors and academic growth and development. Includes information regarding functional analysis, hypothesis testing, instruction of alternative behaviors, crisis management and program modification in school settings.

**EDSP 577 Instructional Methods and Strategies for Individuals with Mild/Moderate Disabilities (3): Prerequisite:** check with professor. Instructional methods, teaching strategies, and curricular adaptations for students with mild/moderate disabilities from kindergarten to age 22, Research based interventions, using data for program planning, and use of technology are emphasized.

**EDSP 578 Instructional Methods and Strategies for Individuals with Moderate/Severe Disabilities (3): Prerequisite:** check with professor. Instructional methods, teaching strategies, and curricular adaptations for students with moderate/severe disabilities, including those with autism, from kindergarten to age 22, including evaluation, program planning, and use of technology for instruction and communication; knowledge related to movement, mobility, and sensory needs addressed.

**ASLD 101 Fundamentals of American Sign Language I (3):** for those who are beginning American Sign Language (ASL) or who have less than two years of HS ASL or equivalent. Introduction to pronunciation, receptive and expressive conversational skills without voice, and grammatical structures of ASL. Development of appropriate linguistic cultural behaviors and awareness of the Deaf Culture.

**REC 469/569 Disability, Culture and Society: Issues and Intervention (3):** Prerequisite: Senior or graduate standing, check with professor. Disability as a social construct, examines policies and practices to understand the experience of disability. The course includes historical and contemporary perspectives as well as future issues, emphasis on social and clinical intervention methods as well as programs and resources.

The APEAA **Program Candidates Signature Contract form** from Page 1 is a contract between the candidate and APE Coordinator regarding the course work needed to successfully meet all course work requirements to receive the California APEAA. This is the signature form that candidates will provide to the CSULB Credential office upon successfully completing the APEAA program.