FAMILY LIFE TRACK (CFLE) WORKSHEET
PART OF THE CHILD DEVELOPMENT AND FAMILY STUDIES OPTION
CALIFORNIA STATE UNIVERSITY, LONG BEACH
BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES
Code: 2-1012
Catalog Year: 2001-2002

Anticipated Graduation Date: __________________________
Student: __________________________________________________________
Social Security Number: __________________________
Last   First   Maiden/Middle
Address: __________________________________________________________
No. Street Apt. No. Telephone No.: __________________________
City     State    ZIP
Date Entered CSULB: __________________________
Standing: __________________________
Transfer From: 1) __________________________ 2) __________________________ 3) __________________________ 4) __________________________

<table>
<thead>
<tr>
<th>CSULB Unit Value</th>
<th>CSULB Grade</th>
<th>Course Number</th>
<th>Course Name</th>
<th>Need to Take</th>
<th>Transfer or Substitute</th>
<th>Transfer From</th>
<th>Transfer Units/Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td></td>
<td>BIOL 205 or BIOL 207</td>
<td>Human Biology</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>SOC 100 or ANTH 120</td>
<td>Principles of Sociology</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>PSY 100</td>
<td>General Psychology</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>FCS 111</td>
<td>The Preschool Child</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>H SC 425I</td>
<td>Human Sexuality</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>GERN 400I or HDEV 357I</td>
<td>Perspectives on Gerontology</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>FCS 132</td>
<td>Introductory Nutrition</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>FCS 312I</td>
<td>Family &amp; Personal Development</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>FCS 411</td>
<td>Individual Child Study &amp; Guidance</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>FCS 311 or FCS 314</td>
<td>Prenatal Development &amp; Infancy</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>FCS 412</td>
<td>Family Interaction</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>SW 350 or SOC 423</td>
<td>Social Policy: Law &amp; Court Decisions</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>FCS 492 or FCS 497</td>
<td>Internship in FCS</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Family and Consumer Sciences Core Requirements

<table>
<thead>
<tr>
<th>CSULB Unit Value</th>
<th>CSULB Grade</th>
<th>Course Number</th>
<th>Course Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td>FCS 299</td>
<td>Themes &amp; Issues in FCS</td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>FCS 321*</td>
<td>Family &amp; Consumer Resource Mgmt.</td>
</tr>
</tbody>
</table>

Advising Sessions:
Advisor: __________________________ Date: __________
Advisor: __________________________ Date: __________
Advisor: __________________________ Date: __________
Advisor: __________________________ Date: __________
### 15 Units of Additional Course Requirements (Must be taken to obtain CFLE certification.)

<table>
<thead>
<tr>
<th>Units</th>
<th>Course Number</th>
<th>Course Name</th>
<th>Need to Take</th>
<th>Transfer or Substitute</th>
<th>Transfer From</th>
<th>Transfer Units/Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>FCS 319*</td>
<td>Family Stress &amp; Coping</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>FCS 410</td>
<td>International Families: Families in Cross-cultural Perspectives</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>FCS 413</td>
<td>Child &amp; Family in the Community</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>FCS 418</td>
<td>Parent Education</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>FCS 419</td>
<td>Family Life Education</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Approved Electives for Professional Enhancement (9 units chosen in consultation with an advisor)

Recommended Electives Include:

- ANTH 315 Human Variation
- ANTH 323 Peoples of Mexico & Central Amer.
- ANTH 329 Cultural Diversity in California
- ASAM 200 Asian Amer. Inter-Ethnic Relations
- ASAM 290 Special Topics in Asian Amer. Studies
- ASAM 346 Asian Americans & the Law
- B/ST 325 Psychology of Minorities
- GERN 400I Perspectives on Gerontology
- HDEV 307I Human Development:
- Childhood – Adolescence
- HDEV 320 Research Methods in Human Dev.
- HDEV 401 Cultural Influences on Human Dev.
- HDEV 434B,C Interpersonal Skills in Human Resource Development
- H SC 425I* Human Sexuality & Sex Ed.
- H SC 427 Drugs & Health
- MUS 385 Children’s Music
- NRSG 481I Parenting
- PHIL 330 Philosophy of Religion
- PHIL 354 Feminism & Philosophy
- PSY 200 Research Methods
- PSY 314 Psychological Assessment
- PSY 315 Principles of Psych. Testing
- PSY 310 Intermediate Statistics
- PSY 352 Psychology & Male Roles
- PSY 353 Humanistic Psychology
- PSY 354 Psychology of Women
- PSY 365 Psychology of Adult Dev.
- PSY 350I Psychology & Contemp.
- PSY 351 Psychological Assessment
- PSY 366/FCS 358 Fathers & Fathering
- PSY 370 Abnormal Psychology
- PSY 475 Clinical Viewing
- SW 331 Human Behavior & Social Environ.
- Young Adulthood – Old Age
- SW 351 Social Policy: Formation & Analysis
- SW 350 Social Policy: Law & Court Decisions
- SW 423 Child Abuse/Prevention
- SW 480 Social Work with Families & Children
- SOC 250 Elementary Statistics
- SOC 325 Sociology of Women
- SOC 335 Social Psychology
- SOC 345 Juvenile Delinquency
- SOC 423 Child Abuse & Prevention
- SOC 464 Aging & Society
- W/ST 102 Women in Contemporary Society
- W/ST 308 Women & the Law
- W/ST 420 Mothers & Daughters

### Additional Requirements for Certification in Family Life Education

After completion of the recommended coursework, provisional certification may be obtained from the National Council on Family Relations. Two years of practical work experience in the field is needed before the student can apply to the National Council on Family Relations for full certification as a family life educator.

It is recommended that students who are interested in careers in Child Development take FCS 211, 214 and 414 or 415 as their 9 units of approved electives.

### Additional Information

1. Use this worksheet as a guide to plan your academic schedule and refer to the 2001-2002 CSULB Catalog for further details.

2. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements distributed in FCS 299 and meet with an advisor for verification of substitute courses.

3. Some of the courses required in this degree option may also satisfy General Education requirements. Refer to the 2001-2002 CSULB Catalog for G.E. requirements.

4. Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).

“C” or Better Requirement:
Child Development and Family Studies students must complete all option courses with a grade of “C” or better.

### Minimum Units for the Degree:

BA: 124 total units, 40 upper division units, 51 general education units, 40 total FCS units, 24 upper division FCS units.

The Writing Proficiency Examination must be taken by the 1st semester of the junior year and passed prior to the graduation date.

*Indicates Human Diversity (HD) course.