FAMILY LIFE EDUCATION OPTION WORKSHEET  
CALIFORNIA STATE UNIVERSITY, LONG BEACH  
BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES  
Code: FCS_BA12  
Catalog Year: 2008-2009

Student: _____________________________  Anticipated Graduation Date: _____________  
Last Name  First Name  Maiden/Middle Name  Student ID Number: _____________________  
Address: __________________________________________________________  Telephone No.: _________________________  
No.  Street  Apt. No.  Email Address: _________________________  
City  State  ZIP  Advisor: ______________________________

Date Entered CSULB: _______________________________________________  Standing: ______________________________

Transfer From:  1)____________________  2) ____________________  3) _____________________  4) ____________________

<table>
<thead>
<tr>
<th>CSULB Unit Value</th>
<th>CSULB Grade</th>
<th>Course Number</th>
<th>Course Name</th>
<th>Need to Take</th>
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<td>4</td>
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<td>BIOL 205 or</td>
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<td>Approaches to Adulthood through Aging</td>
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Advising Sessions:
Advisor: _____________________________  Date: __________  Advisor: _____________________________  Date: __________
Advisor: _____________________________  Date: __________  Advisor: _____________________________  Date: __________
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Advisor: _____________________________  Date: __________  Advisor: _____________________________  Date: __________
Family and Consumer Sciences Core Requirements

<table>
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<tr>
<td>3</td>
<td>CAFF 321</td>
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<td>FCSE 499</td>
<td>Professionalism and Leadership in FCS</td>
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Approved Electives for Professional Enhancement (9 units chosen in consultation with an advisor)

Recommended Electives Include:
- CAFF 223 Personal and Family Financial Management
- CAFF 322 Family Housing and the Urban Community
- EDSP 350 Education of Exceptional Individuals
- EDSP 355 Collaborative Models of Inclusive Educ.: Partnerships and Strategies for Teaching All Students
- ENGL 481 Children’s Literature
- ENGL 482 Literature for Adolescents
- FMD 251 Professional and Personal Apparel Selection
- GERN 4001 Perspectives on Gerontology
- HDEV 250 Elementary Statistics in Social and Behavioral Sciences
- HDEV 307I Approaches to Childhood Through Adolescence
- HDEV 320 Research Methods in Human Devel.
- HDEV 340 Families and Work: Life Course Processes
- HDEV 357I Approaches to Adulthood Through Aging
- HFHM 173 Applied Foodservice Sanitation
- H SC 425I Human Sexuality & Sex Education
- MATH 108 Statistics for Everyday Life
- MUS 385 Children’s Music
- NRS 481I Parenting
- NUTR 433 Nutrition in the Life Cycle
- PROF 457I Working Around the World
- PSY 100 Introductory Statistics
- PSY 200 Research Methods
- PSY 310 Intermediate Statistics
- PSY 314 Psychological Assessment
- PSY 333 Psychology of Learning
- PSY 342 Psychopharmacology
- PSY 350I Psychology & Contemp. Social Issues
- PSY 352 Psychology of Male Roles
- PSY 354 Psychology of Women
- PSY 365 Psychology of Adult Devel. & Aging
- PSY 366/CDFS 358 Fathers & Fathering: A Psychosocial View
- PSY 475/575 Clinical Interviewing
- REC 220 Universality of Play
- REC 322 Recreational Sports Supervision
- SOC 250 Elementary Statistics
- SOC 325 Sociology of Women
- SOC 335I Social Psychology
- SOC 345 Juvenile Delinquency
- SOC 423 Child Abuse & Prevention
- SOC 464 Aging and Society
- SW 331 Human Behavior & Social Environ.
- Young Adulthood Through Old Age
- SW 350 Social Policy : Law & Court Decisions
- SW 351 Social Policy : Formation & Analysis
- SW 423 Child Abuse and Prevention
- SW 480 Social Work with Families & Children
- W/ST 102 Women in Contemporary Society
- W/ST 420 Mothers & Daughters

Additional Requirements for Certification in Family Life Education

After completion of the recommended coursework, provisional certification may be obtained from the National Council on Family Relations. Two years of practical work experience in the field of family life education is needed before the student can apply to the National Council on Family Relations for full certification as a family life educator.

It is recommended that students who are interested in careers in Child Development take CDFS 211, 214 and 414 or 215 and 415 as their 9 units of approved electives.

Additional Information

1. This worksheet is an aid to planning your program of study; however, you also should check your plans against the 2008-2009 CSULB Catalog which is the authoritative source for guidelines.
2. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements posted on www.assist.org and meet with an advisor for verification of transfer equivalent and substitute courses.
3. Some of the courses required in this degree option may also satisfy General Education requirements. Refer to the 2008-2009 CSULB Catalog for G.E. requirements.
4. Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).

“C” or Better Requirement:
Child Development and Family Studies students must complete all option courses with a grade of “C” or better.

Minimum Units for the Degree:
BA: 120 total units, 40 upper division units, 48 general education units, 40 units in the major, 24 upper division units in the major.
The Writing Proficiency Examination must be taken by the 1st semester of the junior year and passed prior to the graduation date.

▲ = GE Capstone Course; ♦ = GE Human Diversity Course; ● = GE Global Issues Course