# FAMILY LIFE EDUCATION OPTION WORKSHEET

CALIFORNIA STATE UNIVERSITY, LONG BEACH

BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES

Code: FCS_BA12

Catalog Year: 2006-2007

<table>
<thead>
<tr>
<th>Student: ___________________________________________</th>
<th>Anticipated Graduation Date: _______________</th>
<th>Student ID Number: ______________________</th>
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<thead>
<tr>
<th>CSULB Unit Value</th>
<th>CSULB Grade</th>
<th>Course Number</th>
<th>Course Name</th>
<th>Need to Take</th>
<th>Transfer or Substitute</th>
<th>Transfer From</th>
<th>Transfer Units/Grade</th>
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<tbody>
<tr>
<td>3</td>
<td></td>
<td>BIOL 205 or BIOL 207</td>
<td>Human Biology</td>
<td>Human Physiology</td>
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<td>3</td>
<td></td>
<td>HDEV 357I or GERN 4001I</td>
<td>Approaches to Adulthood through Aging</td>
<td>Perspectives on Gerontology</td>
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<tr>
<td>3</td>
<td></td>
<td>SOC 100 or ANTH 120I</td>
<td>Principles of Sociology</td>
<td>Introduction to Cultural Anthropology</td>
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<tr>
<td>3</td>
<td></td>
<td>CDFS 311 or CDFS 314</td>
<td>Prenatal Development &amp; Infancy</td>
<td>The Older Child</td>
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<td>CDFS 312I</td>
<td>Family &amp; Personal Development</td>
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<td>CDFS 402 or SOC 423</td>
<td>Child and Family Law</td>
<td>Child Abuse &amp; Prevention</td>
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<td>CDFS 410</td>
<td>International Families: Families in Cross-cultural Perspectives</td>
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<td>Family Life Education</td>
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<td>CDFS 492B</td>
<td>Internship in Family Life Education</td>
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Advising Sessions:

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<td>3</td>
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<td>CAFF 321 ♦</td>
<td>Family &amp; Consumer Resource Mgmt.</td>
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<td>1</td>
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<td>FCSE 499</td>
<td>Professionalism and Leadership in FCS</td>
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**Family and Consumer Sciences Core Requirements**

**Approved Electives for Professional Enhancement** (9 units chosen in consultation with an advisor)

- Recommended Electives Include:
  - CAFF 223 Personal and Family Financial Management
  - CAFF 322 Family Housing and the Urban Community
  - EDSP 350 Education of Exceptional Individuals
  - EDSP 355 Collaborative Models of Inclusive Educ.: Partnerships and Strategies for Teaching All Students
  - ENGL 481 Children’s Literature
  - ENGL 482 Literature for Adolescents
  - FMD 251 Professional and Personal Apparel Selection
  - GERN 400I Perspectives on Gerontology
  - HDEV 250 Elementary Statistics in Social and Behavioral Sciences
  - HDEV 307I Approaches to Childhood Through Adolescence
  - HDEV 320 Research Methods in Human Devel.
  - HDEV 340 Families and Work: Life Course Processes

- HDEV 357I Approaches to Adulthood Through Aging
- HFHM 173 Applied Foodservice Sanitation
- H SC 425I Human Sexuality & Sex Education
- H SC 427 Drugs & Health
- MATH 180 Statistice for Everyday Life
- MUS 385 Children’s Music
- NURS 481I Parenting
- NUTR 433 Nutrition in the Life Cycle
- PROF 457I Working Around the World
- PSY 110 Introductory Statistics
- PSY 300 Research Methods
- PSY 310 Intermediate Statistics
- PSY 314 Psychological Assessment
- PSY 333 Psychology of Learning
- PSY 342 Psychopharmacology
- PSY 350I Psychology & Contemp. Social Issues
- PSY 352 Psychology of Male Roles
- PSY 354 Psychology of Women
- PSY 365 Psychology of Adult Devel. & Aging
- PSY 366/CDFS 358 Fathers & Fathering: A Psychosocial View
- PSY 475/575 Clinical Interviewing
- REC 220 University of Play
- REC 322 Recreational Sports Supervision
- SOC 250 Elementary Statistics
- SOC 325 Sociology of Women
- SOC 335I Social Psychology
- SOC 345 Juvenile Delinquency
- SOC 423 Child Abuse & Prevention
- SOC 464 Aging and Society
- SW 331 Human Behavior & Social Environ.
- Young Adulthood Through Old Age
- SW 350 Social Policy : Law & Court Decisions
- SW 351 Social Policy : Formation & Analysis
- SW 423 Child Abuse and Prevention
- SW 480 Social Work with Families & Children
- W/ST 102 Women in Contemporary Society
- W/ST 420 Mothers & Daughters

- PSY 110 Introductory Statistics

**Additional Requirements for Certification in Family Life Education**

After completion of the recommended coursework, provisional certification may be obtained from the National Council on Family Relations. Two years of practical work experience in the field of family life education is needed before the student can apply to the National Council on Family Relations for full certification as a family life educator.

**It is recommended that students who are interested in careers in Child Development take CDFS 211, 214 and 414 or 215 and 415 as their 9 units of approved electives.**

**Additional Information**

1. Use this worksheet as a guide to plan your academic schedule and refer to the 2006-2007 CSULB Catalog for further details.
2. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements distributed in FCSE 299 and meet with an advisor for verification of substitute courses.
3. Some of the courses required in this degree option may also satisfy General Education requirements. Refer to the 2006-2007 CSULB Catalog for G.E. requirements.
4. Students should see a program advisor for more information and for a Program Planner (which is completed one year before graduation).

**“C” or Better Requirement:**

Child Development and Family Studies students must complete all option courses with a grade of “C” or better.

**Minimum Units for the Degree:**

BA: 120 total units, 40 upper division units, 51 general education units, 40 units in the major, 24 upper division units in the major. The Writing Proficiency Examination must be taken by the 1st semester of the junior year and passed prior to the graduation date.

▲ = GE Capstone Course; ♦ = GE Human Diversity Course; ● = GE Global Issues Course