Family and Consumer Sciences Newsletter

FCS Loses Two Colleagues and Friends

Dorothy Louise Forina, 94, passed away on Friday, Sept. 21, at her home in Long Beach after a brief illness. After completing her education, Forina secured a position with CSULB in 1956 where she remained until retirement in 1992. While at CSULB, she was professor emeritus in physical education, coordinator of graduate studies (1962), founder and director of the gerontology program and a founding member of Senior University, now known as Osher Lifelong Learning Institute (OLLI). She was a longtime member of the Soroptomist International of Long Beach along with Delta Kappa Gamma “Eta Chapter”.

Avery E. Goldstein, who taught for 22 years at CSULB in the Department of Family and Consumer Sciences (FCS), passed away on Aug. 17 after a valiant fight with metastatic breast cancer. Goldstein received her bachelor’s degree in psychology from UCLA in 1982, her master’s degree in psychology from University of the Pacific in 1984 and her Ph.D. in child development and family studies from Purdue University in 1989. She taught Parent Education, The Older Child, and Family and Personal Development.

FCS Welcomes New Faculty

Dr. Roudi Roy: Dr. Roy will be joining the Child Development and Family Studies faculty in Fall 2013. She comes to us from a tenure-track position at Kansas State. Dr. Roy has an interest in Family Life Education and transition to parenthood.

Dr. Long Wang: Dr. Wang is coming to the Nutrition and Dietetics area from Syracuse University. Dr. Wang’s research is in the clinical nutrition arena, and he is also a Registered Dietitian.

Dr. Virginia Gray: Dr. Gray has been a lecturer in the Department for 5 years. She will be joining the tenure-track faculty in Nutrition and Dietetics in Fall 2013. She has an interest in Community Nutrition and is a Registered Dietitian.

Congratulations to the Student Dietetic Association

The Student Dietetic Association was awarded the Student Life and Development Recognition Award for Organizational Management. They received their award on May 10 at a special ceremony. Dr. Jackie Lee is their faculty advisor.

Congratulations Dr. Frank

Congratulations Dr. Gail Frank, a faculty member in the area of Nutrition and Dietetics for being the recipient of the LAHIDAN Trinko Service Award. The LAHIDAN Trinko Service Award formally recognizes a professional who has demonstrated outstanding leadership and service to the community of Latinos and Hispanics in the U.S. or abroad. The recipient is recognized for contributing to the advancement of the nutrition profession and Latino professionals. Dr. Frank will receive the award at the Academy of Nutrition and Dietetics annual meeting in Houston, TX in October 2013.

Congratulations Dr. Medora

Dr. Nulifer Medora, a faculty member in the area of Child Development and Family Studies was invited and selected to teach for the “Semester at Sea” program in Summer 2012. As part of this program, she sailed to seven countries in the Mediterranean region with 660 students from all over the U.S. and several international countries. She was also the recipient of the “Mentor of the Year” award for 2012-2013. She is humbled and honored to think that the administrators and colleagues of this program valued her contributions.
Gerontology

The Center for Successful Aging in the gerontology program received a grant from the Archstone Foundation to lay the groundwork for the development of a "Village" in downtown Long Beach. This village, based on the Beacon Hill model, will be a membership organization of seniors and their families to assist older adults to "Age in Place" rather than leave their homes for other long-term care options. The investigators, with the assistance of CSULB students, will develop a model for the Village structure. They will conduct key informant interviews and focus groups to ascertain what core services residents feel they need in order to support physical, psychological, and social health. Identified services will be vetted from existing organizations, or developed to meet unique needs. Special characteristics of this Village, one of a growing number throughout the US and beyond, are its multietnic/multicultural makeup and its association with CSULB.

Nutrition

Lecturer Emily Parker, MS, RD had her manuscript "Responses of Youth with Diabetes and Their Parents to the Youth Eating Perceptions Survey: What Helps Kids with Diabetes Eat Better?" accepted for publication in ICAN: Infant, Child, & Adolescent Nutrition. The co-authors for her manuscript included Dr. Jacqueline Lee and Dr. Wendy Reiboldt. Emily will also be presenting the work that she helps to coordinate, "Healthy Ever After: A Community Partnership to Provide Free Nutrition Education in Public Elementary Schools," at the Academy of Nutrition and Dietetics' annual meeting in Houston this year. This is a nutrition education program sponsored by Torrance Memorial Medical Center for Torrance Unified School District elementary schools. This program was awarded the Honorary Service Award by the Torrance Unified School District Parent-Teacher Association Council.

Child Development

Dr. Richard V. Tuveson, Associate Professor of Child Development and Family Studies, has been a partner with Project Rise for about two years. Rise, an acronym for Recruit, Inspire, Support and Educate, is a pipeline for child development students at Long Beach City College to successfully pursue training at the bachelor's level at CSU Long Beach and CSU Dominguez Hills. One of the critical issues that students face when transferring from a community college to a 4-year institution in Long Beach is their need for support in the form of counseling, mentoring, and developmental learning courses. Current research shows that these elements can spell the difference between success and failure for community college transfers. Students who are transferring from LBCC to CSULB receive mentoring from experienced CSULB child development majors who themselves were LBCC students. Mentors share their knowledge, experience, and support with the transfer students who gain confidence from the information and support they receive.

Fashion Merchandising

Over 200 original garments designed, constructed and modeled by students at CSULB were on parade Monday, May 10, at "Campus Couture," the campus' 17th annual fashion show held at Carpenter Performing Arts Center.

The garments were the work of about 75 textiles and clothing majors in the CSULB Family and Consumer Sciences Department and were based on the specifics of the class (e.g., the tailoring class produces suits and coats).

Hospitality Management

The 11th Annual Hospitality Management Charity Golf Tournament was held on Monday, April 22, 2013 at the Sea Cliff Country Club in Huntington Beach. Young's Market Co. was this year's title sponsor and the banquet was sponsored by Lucille's BBQ.

The event was well attended by industry professionals and various supporters of the program and hospitality educators. The money raised from the event will help fund student scholarships and program development. The program provides the fundamentals to excel as managers and leaders in the restaurant, foodservice, hotel, and lodging industries.

Congratulations Dr. Claver!

The University Awards Committee has selected Dr. Claver as the 2012-2013 CSULB Community Service Award recipient. She was commended on her outstanding service to the campus community. The University Achievement Awards celebration was held on Thursday, April 18, 2013 at The Pointe in the Pyramid.

On April 25, 2013, the Academic Senate approved the recommendation of the Nominating Committee appointing Dr. Maria Claver to serve on the Faculty Center for Professional Development Advisory Board. The term is for three academic years and will expire at the end of the 2015-2016 year.
Farewell and Best Wishes, Dr. Lichty

Dr. Margaret Lichty is retiring this summer after 13 years as a professor and advisor in the Department of Family and Consumer Sciences, and as Program Coordinator of the Single Subject Credential Program in Family and Consumer Sciences. Dr. Lichty's published research focused on curriculum change, student intern teaching experiences, emergency permits, and regular student teachers in Family and Consumer Sciences. Dr. Lichty was actively involved in the American Association of Family and Consumer Sciences, attending national and state conferences and making research presentations. At the state level, she served as the elected president, secretary, and awards chair. Her many happy memories will include teaching and getting to know the students in her classes and following their careers; working with many wonderful colleagues in the Family and Consumer Sciences Department and across the campus; and being humbled and inspired by senior members of the California Association of Family and Consumer Sciences throughout the State. Dr. Lichty will be moving to her home state of Nebraska and is exploring a variety of career possibilities.

19th Annual Dietetic Internship Symposium

The Student Dietetic Association held its 19th Annual Dietetic Internship Symposium on March 16, 2013 in the University Student Union. This was an all-day event that brought together dietetic internship directors from throughout California.

The directors presented their programs to dietetic students who upon graduation hope to enter a dietetic internship. The dietetic internship is usually a year-long experience which is the culminating requirement to become a registered dietitian. This is a very well-received event each year because it helps students prepare for the extremely competitive application process.

First ISPP Intern Passes RD Exam!

The Individualized Supervised Practice Pathway (ISPP) came into effect on January 1, 2012. It is coordinated by Dr. Judith Anglin. ISPP is not a program type but a new pathway created within an existing accredited dietetics program. The new pathway is a flexible route that will expand capacity and provide supervised practice to unmatched CSULB qualified dietetics/nutrition students.

This new pathway also allows the granting of credits through an assessment of prior learning for competencies gained from current or previous work experience and students are allowed to receive supervised practice credit while in paid employment.

Elaine Kim, the first ISPP intern to pass the RD exam states, “Finding preceptors took a lot of energy and time but in the end I felt great and lucky to be in this program.”

Kim is now enjoying a part-time position at ARMC, an acute care hospital.

Lobby Day Highlights: CSU Hospitality Programs

The message was clear on Jan. 29 in Sacramento: The hospitality industry in California pumps billions of dollars each year into the state economy, and the California State University is the premier higher education institution preparing people to lead this industry. Twenty-five representatives from eight California State University campuses, including Cal State Long Beach, with executives from Visit California, California Restaurant Association and California Hotel & Lodging Association met with numerous members of the Assembly, Senate, and the Governor’s Office to demonstrate the connection between the hospitality industry and the CSU. The day was organized by CSU Hospitality Management Education Initiative, the Advocacy and State Relations Office and CSU Government Affairs Office. University presidents, program leaders and students representing various CSU programs attended. The Long Beach delegation included President F. King Alexander, Dr. Lee Blecher, program advisor, Allison Lakomski, Hospitality Management student, Lynn MohrChef, CA Hotel and Lodging Association, and Terri Carbaugh, Government Affairs, Chancellor White made a surprise visit.

“Lobby Day was an incredible experience that I will never forget,” Lakomski said. “It was an honor and a privilege to be able to participate and speak out. The support from all of the legislators was inspiring. I could see that they really cared about students and CSU programs. I left with an immense feeling of empowerment and knew that this was a huge step forward in the right direction.”
Hospitality Management Scholarship Recipients

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<th>Scholarship</th>
<th>Recipient</th>
<th>Amount</th>
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<tbody>
<tr>
<td>HMGT Scholarship</td>
<td>Jason Cervantes</td>
<td>$500</td>
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<tr>
<td>U.S. Foods Scholarship</td>
<td>Kylie Fawcett</td>
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<tr>
<td>Young's Market Scholarship</td>
<td>Alexandria Ramos</td>
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<tr>
<td>HMGT Scholarship</td>
<td>Michelle Viralay</td>
<td>$500</td>
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**Minor in Food Science**

FCS now offers a minor in Food Science; it is available to students in related fields such as dietetics, chemistry, and microbiology. Preparation for employment in the food science industry may be developed through completion of an 18 unit program of study.

For more information visit us at:
http://www.csulb.edu/colleges/chhs/departments/fcs/

**CEPE Introduces New EMT Training Program**

Last fall, the College of Continuing and Professional Education began offering a new training program that prepares students to become Emergency Medical Technicians (EMT). EMT care for the sick or injured in emergency settings, and people's lives often depend on their quick reaction and competent care. Dr. Peter Kreysa, Program Director and CSULB Associate Professor in the Department of Family and Consumer Sciences, was awarded a grant from the CSULB Alumni Association to develop the program, which was approved to start in September 2012. The EMT program helps students gain the skills needed to be a certified EMT in Los Angeles County. Once they successfully pass the course and the National Registry Exam, graduates can start seeking employment with a variety of institutions. “Most students who enroll in EMT programs are undergraduates or people who are not looking for a college degree but want to gain skills to work in the medical field,” Dr. Kreysa said. “I am confident that students who enroll in our program will be proud of their success and enjoy a satisfying, rewarding career.”

**Study Abroad Programs**

**Study Abroad in Taiwan**

Taiwan summer study abroad program 2013 is available to all majors pursuing undergraduate and graduate degrees at CSULB. Students from other colleges are welcome. There are no exams or textbooks required for the class.

Course: HFHM 274—G.E. D2 & Global status (International Hospitality Development).
It has a free and fun Chinese component.

Contact Dr. Ronnie Yeh at Ronnie.Yeh@csulb.edu

**Study Abroad in New Zealand**

Lectures and experimental learning activities are planned to highlight the social and cultural issues that affect children and families in New Zealand and in the U.S. What are some similarities and what are the differences? Learn about the history, culture, music, language, art, dance, folklore, beliefs, superstitions, educational practices, child-rearing, and family life of the Maori people.

Contact Dr. Nilufer Medora at Nilufer.Medora@csulb.edu