

RACHEL ANDREWS

[Contact info redacted for online publication]

EDUCATION

School of Education- Loyola Marymount University, Los Angeles, CA (LMU)

Master of Arts in Counseling, Pupil and Personnel Services Credential (May 2007)

License, Professional Clinical Counseling- LPCC #1227 (June 2014)

Honors & Involvement: Departmental Honors (4.0 GPA); Member of Kappa Delta Pi, Educational Honors Society; Member of Alpha Sigma Nu, Jesuit Honors Society; School Counseling Advisory Board Member 2008-2011

University of California, Irvine Extension

Gifted and Talented Education Certificate (June 2013)

College of Letters and Science- University of California, Santa Barbara (UCSB)

Bachelor of Arts in Psychology (June 2003)

PROFESSIONAL EXPERIENCE

Counselor

Parras Middle School, Adams Middle School – Redondo Beach, CA (08.07-09.09, 08.10-present)

- Counseling Department Chair 2012-present
- Advisor for California Junior Scholarship Federation with over 175 students
- Coordinate two large-scale community service activities and college visits each school year
- Work directly with AVID (Advancement Via Individual Determination) students via lessons and college visits
- Program Coordinator for WEB, Where Everyone Belongs
- Program Coordinator and Trainer for Safe School Ambassadors program
- Safe Schools trainer for para-professionals, teacher aides, and campus supervisors
- Present annual Counseling Curriculum to all 6th, 7th and 8th grade students
- Train all students and staff on use of Naviance to explore career, colleges, and interests
- Run Initial and Triennial IEP Meetings as administrative designee
- Oversee Student Success Team (SST) meetings and follow-ups
- Monitor attendance and present cases at the Student Attendance Review Board
- Organize and help create master schedule annually
- Oversee and coordinate feeder school presentations, walkovers, and key elements of student transitions
- Supervise interns from a variety of counseling programs
- Synthesize and present data on individual, group, and classroom counseling, and present to stakeholders
- Organize and run 504 Meetings
- Run “Hangout Spot,” a safe place to have lunch, make friends, and work on social skills
- Analyze student trends and run tutorial sessions to help with organization, time management, and test-anxiety
- Orchestrated annual Career Day involving 100 students, 49 staff members, and 45 volunteers
- Implemented pioneer program, Organizational Bootcamp
- Coordinated and oversaw school-wide annual Awards Ceremony
- Authored California Distinguished School Application highlighting counseling program for at-risk youth, presented program to evaluators, and received Distinguished School award 2009
- Wrote successful grants to provide funds for college preparedness education for students and parents.
- Enhanced community outreach by creating and maintaining counseling brochure, counseling website, parent e-newsletter, presenting at all PTSA meetings, and having regular Coffee with the Counselors for parents

Professor- School Counseling, Pupil and Personnel Services

California State University, Long Beach – Long Beach, CA (08.17-present)

- Teach graduate level Counseling/PPS students in fieldwork/internships
- Collaborate with school counseling programs across Southern California to ensure students receive adequate counseling supervision experience

Professor- School Counseling, Pupil and Personnel Services

Concordia University, Irvine– Irvine, CA (08.13-present)

- Teach graduate level MA in Counseling/PPS Students courses to include: Introduction to Counseling, Career Counseling, Psychopathology, Counseling Diverse Populations, and Evaluation & Assessment in Counseling

VOLUNTEER WORK

School Counselor Advisory Committee- Los Angeles County Office of Education, CA (2020-present)
Deliver support and professional development to practicing school counselors and administrators.

Los Angeles Area Representative/Middle School VP- California Association of School Counselors (2017-2020)
Served on the state board, working on legislation, state conference, counselor advocacy, and connection.

Vice President, South Central Region- California Junior Scholarship Federation, CA (2015-2017)
Work alongside board members to coordinate scholarships and college access for school-based honors society

First Responder- District Crisis Team, Redondo Beach, CA (01.13- Present)
Design district crisis protocols; respond to district-wide crises.

Counselor Representative- Drug & Alcohol Abuse Task Force, Redondo Beach, CA (09.08- present)
Work with community members to assess need and implement appropriate programs to reduce ATOD use amongst students.

Counselor Representative- Violence Prevention Action Committee, Redondo Beach, CA (07.08- 06.13)
Coordinate and design trainings; implement programs to reduce violence in community; analyze program data.

First Responder- Crisis Support Team, Federal Correctional Institution, Terminal Island, CA (08.06-02.07)
Provided counseling and support to staff/inmates after an officer suicide and other crises.

ADDITIONAL ACCOMPLISHMENTS & PRESENTATIONS

School Counselor of the Year Runner-Up, California Association of School Counselors (2016)

Very Special Person Award, Parras Middle School Parent Teacher Student Association (2016)
Nominated by six parents for volunteerism and efforts as a counselor in conjunction with PTSA

Professional Development Seminar, Care for the Caregiver: Setting Healthy Boundaries as an Educator (2016)
Taught current educators mindfulness skills, boundary-setting skills, and cognitive-behavioral therapy techniques.

Author, Reaching All Students School News Magazine, Volume 10, Issue 86 (March 2016, February 2017, February 2018)

Featured Speaker, Helping Your Child Cope with Stress (2015)
Educated parents on how to help their child manage their stress at school and at home.

Featured Speaker, CyberEducation, Cybersafety, and Current Trends- What Parents Need to Know (2008-2015)
Educated parents on data, how to keep kids safe, and cutting edge information on current, popular technology.

Featured Speaker, The Road to College (2012)
Addressed parent community at two large-scale events, covering how to foster resilience and motivation in children so they can successfully prepare for college.

Guest Speaker, Transitioning to Middle School (2011-2020)
Taught parents of elementary-aged students how to prepare for transitioning to middle school.

Guest Speaker, Parenting the Middle Schooler (2011)
Presented on parenting the middle school child in the digital age.

Guest Lecturer, Loyola Marymount University Fieldwork II, Principles & Organization of PPS (2009, 2010)
Taught graduate students tips and techniques for creating a comprehensive counseling program.

Key Note Speaker, Jefferson Elementary PTSA General Meeting (2009)
Educated parents of elementary school students on use of technology

Parent Educator, Parras Middle School/IRBUSD Parent Education Night (2008-2020)
Deliver presentations to parents on cyber-education including cyber-bullying, online predators, typical adolescent behavior, cell phone use, and how to foster trust between child and parent.

SKILLS & CERTIFICATIONS

- American Red Cross Crisis Response Certification- Mental Health
- Proficient with technology: Google Apps, MS Office Suite, Adobe, Infinite Campus, Naviance, PowerSchool
- Member, California Association of School Counselors & American School Counselor Association 2006-present
- Member, Parent Teacher Student Association 2007-present