

Credentials

- ▶ Licensed Clinical Social Worker
 - ▶ California: LCS 22575, Issued 3/18/2005, Expires 12/31/2022
 - ▶ Maryland: LCSWC 25844, Issued 4/17/2020, Expires 10/31/2022
- ▶ Pupil Personnel Services Credential
 - ▶ California, Issued 2002, Expires 5/1/2025
- ▶ Faculty Incentives Program- Making all material accessible, CSULB 2016
- ▶ Seeking Safety Supervisor 2013

Skills

- ▶ Strong Interpersonal Skills
- ▶ Excellent presenter/teacher
- ▶ Collaborates Well
- ▶ Elementary Level Spanish
 - ▶ Writing
 - ▶ Reading
 - ▶ Speaking
- ▶ Strong Problem-solving Skills
- ▶ Innovative
- ▶ Culturally sensitive/competent

Education

- 2002
University of Southern California
Master of Social Work
- 2000
California State University - Fullerton
Bachelor of Arts in Psychology
Minor in Child & Adolescent Studies
- 2008
Fullerton College
Associate of Arts in Foreign Language

Professional Experience

Intern Supervisor, Program Developer August 2016-Present

Long Beach Unified School District, Long Beach, CA

Provides a tailored array of services including program development, mental health consultations, grant management and advocacy. Developed an MSW intern training program, inclusive of clinical supervision, training and outreach. Created suicide prevention and intervention protocols; currently trains staff on assessing for suicide, and consults with staff following all submitted suicide assessments. Engages in ongoing consultation and development of Family Resource Centers. Manages the All-In Attendance Program grant. Advocates and serves as support during School Attendance Review Board Meetings. Analyzes data to determine efficacy and efficiency in programs, tools, and services. Addresses mental health topics through consultations and trainings.

Adjunct Professor 2014-Present

California State University, Long Beach, CA

Ensures high standards of academic challenge and integrity are implemented in the classroom. Utilizes a variety of modalities and teaching methodologies to encourage active thinking, creative insights and empowered learning. Trained in Assistive Technology for accessibility. Encourages group and individual work to facilitate deeper understanding of material. Promotes regular interactions with students during office hours to provide individualized feedback and relationships. Academic courses taught: Human Behavior (a 2 semester course), Brief Treatment, Leadership and Management. Highly respected for rigorous standards and passion for student learning.

School-Based Supervisor 2008-August 2016

The Guidance Center, Long Beach, CA

Supervised six mental health clinicians providing therapy in the Long Beach Unified School District. Certified Seeking Safety Supervisor. Coordinated 300-400 school-based referrals per year at 6 schools in LBUSD. Supervised 200-300 cases each fiscal year. Collaborated with school staff to meet student mental health needs. Provided trainings for LBUSD school staff. Designed program specific systems and procedures, general program development. Continued to provide therapy for a small caseload. Quality assurance. Develop and present agency trainings on mental health and cultural competency.

Professional Experience

Private Practice Therapist 2015

Private Practice, Huntington Beach, CA

Provided tele-mental health services with Teleconnect Therapies, Inc. Contracted with rural health clinics in California to provide individual, family therapy and crisis management. Humanistic style used to empower clients to reach their fullest potential. Short term and long term services provided to adults and teens.

School-Based Therapist, Coordinator & Field Instructor 2002-2008

The Guidance Center, Long Beach, CA

Supervised interns and unlicensed staff. Conducted seminars for staff, interns and community. Coordinated pre-doctoral interns and their placement in school settings. Provided school-based mental health services (individual and family therapy) to children. Coordinated services between agency staff and LBUSD school personnel. Familiar with DMH paperwork and billing for services. Audited staff charts and provided consultation for improving charting and documentation.

Quality Assurance Consultant 2005-2006

Palomar Pomerado Home Health Services, Escondido, CA

Audited charts and assisted with quality assurance. Provided consultation to clinical staff.

Graduate Intern September 2001-May 2002

The Guidance Center, Long Beach, CA

Provided mental health services (i.e. individual, family and group) to elementary and middle school aged children in Long Beach School District. Utilized both play and directive therapy.

Graduate Intern September 2000-May 2001

UCSD Options for Recovery, San Diego, CA

Case manager to pregnant women with substance abuse history. Linked to community resources, referred to health care, and mental illness awareness. Familiar with substance use/abuse related issues and prenatal/perinatal normal and abnormal development.

Humanitarian Volunteer Work

Big Sister Program

2009-2013
Big Brother,
Big Sister of
Orange
County, CA.
Acted as a Big
Sister to a
young girl.

Habitat for Humanity

International Builds

2009 Phang Nga, Thailand
2010 Katychiakrum, Ghana
2010 Delhi, India
2011 Gitgit, Indonesia- Team Leader
2014 Anchorage, AK

Local Builds

2005-2011 Orange County, CA

SchoolBox

2012
Helped build
a school in
Leon,
Nicaragua

Academic Presentations

Spring 2019, Fall 2019 Suicide: Prevention, Assessment & Protocol	<i>LBUSD- Counselors, Nurses, Psychologists</i>	Long Beach, CA
March 20, 2019 Understanding the mental health needs of students	<i>LBUSD- FRC staff and MSW Interns</i>	Long Beach, CA
Fall 2014, 2015, 2016, 2017, 2018, 2019 Human Behavior Class	<i>CSULB - Grad School</i>	Long Beach, CA
Spring 2016, 2017, 2018, 2019 Human Behavior Class	<i>CSULB - Grad School</i>	Long Beach, CA
Spring 2017 Leadership and Management	<i>CSULB - Grad School</i>	Long Beach, CA
Fall 2016 Brief Treatment	<i>LBUSD- School Counselor Meeting</i>	Long Beach, CA
September 11, 2013 Creating Emotionally Safe Schools	<i>Skip Hinchman Symposium</i>	Long Beach, CA
November 10, 2011 Self-Care in Field-Based Practices	<i>UCLA-PPSC Class</i>	Los Angeles, CA
June 18, 2011 The DSM, Diagnosing Children, and the Ethics of Diagnosing Children	<i>USC Fourth International Social Work Conference</i>	Los Angeles, CA
March 26, 2011 Travel as a Means to Promote Cultural Competency	<i>Stephens Middle School</i>	Los Angeles, CA
October 19, 2010 ADHD, A Guide for Teachers	<i>LBUSD Interns</i>	Long Beach, CA
October 13, 2010 DSM IV and the Ethics of Diagnosing Children	<i>The Guidance Center</i>	Long Beach, CA
October 6, 2010 Core Concepts of Seeking Safety and How to Adapt the Model	<i>UCLA - PPSC Class</i>	Long Beach, CA
July 18, 2010 & July 23, 2011 The DSM and Diagnosing Children	<i>Jefferson Middle School</i>	Los Angeles, CA
	<i>Lee Elementary School Parent Center</i>	

Academic Presentations

January 2010 Compassion Fatigue and Burnout	<i>The Guidance Center</i>	Long Beach, CA
December 2009 Bullying	<i>Jefferson Middle School</i>	Long Beach, CA
November 2009 Anger Management	<i>Jefferson Middle School</i>	Long Beach, CA
October 2009 DSM and Mental Health Treatment for Youth	<i>LBUSD Interns</i>	Long Beach, CA
October 2009 Child Abuse and Reporting	<i>Jefferson Middle School</i>	Long Beach, CA
October 2009 Adolescents and PTSD	<i>Jefferson Middle School</i>	Long Beach, CA
February 2009 Self-Esteem	<i>Jefferson Middle School</i>	Long Beach, CA
November 2008 Depression in Teens and Suicidal Risk Factors	<i>Jefferson Middle School</i>	Long Beach, CA
October 2008 Attitude and Motivation, How to Deal with Teens Attitude Toward School and Strategies for Motivation	<i>Lincoln Elementary School</i>	Long Beach, CA
December 2008 Self-Injurious Behaviors	<i>LBUSD</i>	Long Beach, CA
November 2006 Understanding Mental Health and Diagnosis in Children and Teens	<i>The Guidance Center</i>	Long Beach, CA
September 2006 Crisis Intervention	<i>Stephens Middle School</i>	Long Beach, CA
March 2006 School-Based Mental Health Services and Identification of Appropriate Referrals	<i>LBUSD</i>	Long Beach, CA
November 2005 The DSM IV	<i>Stephens Middle School</i>	Long Beach, CA