

RUTH M. CHAMBERS, PH.D., L.C.S.W.

OFFICE

California State University, Long Beach
School of Social Work
1250 N. Bellflower Blvd
562-985-5175
Long Beach, California 90840

HOME

[Contact info redacted
for online publication]

EDUCATION

PH.D. **University of Denver**, Graduate School of Social Work, 2006
MSW **San Diego State University**, Social Work, 1989
B.A. **California State University, Chico**, Social Work, 1985

AWARDS

2003	Colorado Graduate Fellowship	\$4,000.
2000	University of Denver, Research Assistantship	Full tuition and stipend.
1999	University of Denver, Research Assistantship	Full tuition and stipend.
1987 to 1989	San Diego State University, Research Assistantship	Stipend.

FUNDED RESEARCH PROJECTS

2017-2018	CSULB Student Research Assistantship Award	\$5,779
2010-2011	CalSWEC Pomona Family First Project: 2 nd phase	\$22,000
2009-2010	CalSWEC Pomona Family First Project: 1 st phase	\$50,000
2005	SAVIO House Agency Research Support Award	\$1,000
2005	Institute for Families Research Support Award	\$1,000
2004	University of Denver, Dissertation Support Award	\$2,500
2001	<u>Teaching Innovation Award, University of Denver</u> Continued development and evaluation of a three-course graduate research/evaluation sequence (see below). In collaboration with J. Krysik, C. Molidor, and W. LaMendola.	\$14,000
2000	<u>Teaching Innovation Award, University of Denver</u> Integrating learning principles with the use of communications and information technology in the development and evaluation of a three-course graduate research/evaluation sequence. In collaboration with J. Krysik, C. Molidor, and W. LaMendola.	\$25,000

SCHOLARSHIP

I. Publications

Chambers, R., Crutchfield, R., Willis, T., Cuza, H., Otero, A., Goddu Harper & Carmichael, H. (2020). "Be supportive and understanding of the stress that youth are going through:" Foster Care Alumni's Recommendations for Youth, Caregivers and Caseworkers on Placement Transitions. *Children & Youth Services Review*, 108, 1-9.

- Jimenez, J., Chambers, R. & Mayers-Pasztor, E. (In Progress). *Social Policy and Social Change: Toward the Creation of Social and Economic Justice*. 3rd edition. California: Sage Publications.
- Crutchfield, R. M., Chambers, R. M., Carpena, A & McCloyn, T. N. (2019). Getting help: an exploration of student experiences with a campus program addressing basic needs insecurity, *Journal of Social Distress and the Homeless*, p. 1-9. DOI:10.1080/10530789.2020.1677010
- Chambers, R., Crutchfield, R., Goddu Harper, S., Fatemi, M & Rodriguez, A. (2018). Family reunification in child welfare practice: A pilot study of parent and staff experiences. *Children and Youth Services Review*, 91, 221-231.
- Chambers, R., Crutchfield, R., Willis, T., Cuza, H., Otero, A., Goddu Harper & Carmichael, H. (2018). "It's just not right to move a kid that many times: "A qualitative study of how foster care alumni perceive placement moves. *Children & Youth Services Review*, 86,73-83.
- Chambers, R. M., Crutchfield, R. M., Willis, T.Y., Cuza, H.A., Otero, A., Carmichael, H. (2017). Perspectives: Former Foster Youth Refining the Definition of Placement Moves. *Children and Youth Services Review*, 73, 392-397.
- Chambers, R. M., Brocato, J., Fatemi, M & Rodriguez, A. (2016). An innovative child welfare pilot initiative: Results and outcomes. *Children and Youth Services Review*, 70, 143-151.
- Jimenez, J., Mayers-Pasztor, E., Chambers, R., & Fujji, C. (2015). *Social Policy and Social Change: Toward the Creation of Social and Economic Justice*. 3rd edition. California: Sage Publications.
- Chambers, R. M. (2015). *Evidence based practices in the prevention of child maltreatment: A literature review*. First 5LA: Los Angeles, California.
- Chambers R. (2015). *Child Neglect and Service Integration: A Mixed Methods Study*. Presses de l'Université du Québec. In *Jeunesse en tête: au-delà du risque de maltraitance, les besoins de développement des enfants* (Youth book, beyond the risk of maltreatment, child development needs).
- Chambers, R. M. (2013). A Qualitative Analysis of the Casework Practice of the Rhode Island Department of Children, Youth and Families Through a Case Study of Named Plaintiffs Danny B. and Cassie M. *Cassie M. et al. v. Chafee et al.*
- Crutchfield, R.M., Chambers, R.M., & Duffield, B. (2016). Jumping through the hoops to get financial aid for college students who are homeless: Policy analysis of the college cost reduction and access act of 2007. *Families in Society*, 97(3), 191-199.
- D'Andrade, A., Chambers, R (2012). Parental Problems, Case Plan Requirements, and Service Targeting in Child Welfare Reunification. *Children & Youth Services Review* 24, 2131-2138.
- Lorthridge, J., McCroskey, J., Pecora, P., Chambers, R., & Fatemi, M. (2012). Strategies for Improving Child Welfare Services for Families of Color: First Findings of a Community-Based Initiative in Los Angeles. *Children & Youth Services Review* 34(4), 281-288.

- Kleinpeter, C. B., Koob, J., Chambers, R. (2011). Motivational Interviewing Training for Probation Officers in California. *The International Journal of Learning* 18(2), 191-201.
- Unrau, Y.A., Chambers, R., Seita, J.R., & Putney, K. S. (2010). Defining a foster care placement move: The perspective of adults who formerly lived in multiple out-of-home placements. *Families in Society: The Journal of Contemporary Human Services*, 91(4), 426-432.
- Chambers, R., & Potter, C. (2009). Family Needs in Child Neglect Cases: A cluster analysis. *Families in Society: The Journal of Contemporary Human Services*, 90(1), 18-27.
- Chambers, R., Mayers, K., & Weingrand, D. (2008). Regional Collaborative Practice in Psychiatric Rehabilitation and Recovery: A Best Practice Model. *Journal of Social Work Practice in Disability and Rehabilitation*. 7(3/4), 187-231.
- Chambers, R., & Potter, C. (2008). The Match between Family Needs and Services for High Risk Neglecting Families. *Journal of Public Child Welfare*, 2(2), 229-252.
- East, J & Chambers, R. (2007). Courage to teach for social work educators. *Social Work Education*, 26(8), 810-826.

Book Chapter

- Jimenez, J., & Chambers, R. (2009). Children of Color in the Child Welfare System.
In *Child Welfare Issues and Perspectives*. Columbus, Frank. New York: Nova Science Publishers.

Books/Dissertation

- Jimenez, J., Mayers-Pasztor, E, & Chambers, R. (2015). Social Policy and Social Change: Toward the Creation of Social and Economic Justice. California: Sage Publications.
- Chambers, R. (2008). *Child Neglect and Service Integration in a Child Welfare System: A Comprehensive Examination of Family Needs, Services and Outcomes*. Germany: VDM Publishing.
- Chambers, R. (2006). *Child Neglect and Service Integration: A Mixed Method Study*. Doctoral dissertation, University of Denver. Publication # 3230344, Vol 67.

III. Monographs and Technical Reports

- Chambers, R. (2011). *Pomona Family First Project, Family Outcome Results*. California Social Work Education Center, Berkeley, California.
- Chambers, R. (2010). *Pomona Family First Project, Program Evaluation: From Vision to Implementation*. California Social Work Education Center, Berkeley, California.

- Jacquelyn McCroskey, Christina A. Christie, Jaymie Lorthridge, Ruth Chambers, Peter J. Pecora, Tarek Azzam, Dreolin Fleischer, Erica Rosenthal, Alan Weisbart, Cecilia Custodio, Todd Franke, Phillip Nunn, Stephanie Carter Williams, Jane Yoo, Patricia Bowie, and Cheryl Wold (2009) *Prevention Initiative Demonstration Project (PIDP) Year One Evaluation Summary Report. Expanded Executive Summary* Casey Family Foundation. Seattle, Washington.
- Jacquelyn McCroskey, Christina A. Christie, Jaymie Lorthridge, Ruth Chambers, Peter J. Pecora, Tarek Azzam, Dreolin Fleischer, Erica Rosenthal, Alan Weisbart, Cecilia Custodio, Todd Franke, Phillip Nunn, Stephanie Carter Williams, Jane Yoo, Patricia Bowie, and Cheryl Wold (2009). *Prevention Initiative Demonstration Project (PIDP) Year One Evaluation Summary Report.* Casey Family Foundation. Seattle, Washington.
- Chambers, R. (2007). *Parent Engagement and Self Advocacy Training Program: An Evaluation.* Parents Action for Children. Beverly Hills, California.
- Chambers, R. (2007). *Ten-year Plan to end Homelessness-Final Community Results.* City of Long Beach, Health Department. Long Beach, California.
- Chambers, R. (2003). *Literature Review of Cardiovascular Diseases.* Omni Research and Training Institute. Denver, Colorado.
- Chambers, R. (2002). *Program Evaluation and Information Resources.* University of Denver, Graduate School of Social Work. Denver, Colorado.
- Baker, R., & Chambers, R. (2001). *The Final Mayor's Office of Workforce Development Evaluation Report.* Denver, Colorado.
- Chambers, R. (2001). *An Evaluability Assessment of The Bridge Project.* University of Denver, Graduate School of Social Work. Denver, Colorado.

IV. TEACHING EXPERIENCE

- 8/17 to Present California State University, Long Beach, School of Social Work
Professor
Social Welfare Policy- 2017, 2018, 2019
Advanced Policy Seminar- Spring, 2017, 2018, 2019
Thesis Project, Fall –Spring, 2017, 2018, 2019, 20
Other duties include: student advising, committee work, conducting research and providing service in the department, college, university and community.
- 5/12 to Present California State University, Long Beach, School of Social Work
Associate Professor
Social Welfare Policy- 2012, 2013, 2014, 2015, 2016
Advanced Policy Seminar- Spring, 2012, 2013, 2014, 2015, 2016
Thesis Project, Fall –Spring, 2012, 2013, 2014, 2015, 2016
Social Work Practice, Fall, 2012, 2013
Field Seminar, Fall-Spring, 2011-2012
Other duties include: student advising, committee work, conducting research and providing service in the department, college, university and community.

- 8/06 to 4/12 California State University, Long Beach, School of Social Work
Assistant Professor
Social Welfare Policy- Fall, 2006, 2007, 2008, 2009, 2010, 2011
Advanced Policy Seminar- Spring, 2007, 2008, 2009, 2010, 2011.
Thesis Project, Fall –Spring, 2006, 2007, 2008, 2009, 2010, 2011.
Field Seminar, Fall-Spring, 2011-2012
Other duties include: student advising, committee work, conducting research and providing service in the department, college, university and community.
- 9/00 to 5/06 University of Denver, Graduate School of Social Work. Denver, Colorado.
Adjunct Instructor
Community Practice (two quarter sequence): 2001, 2002, 2003, 2004, 2005.
Concentration Seminar (organization focus): 1999, 2000.
History of Social Welfare and Social Work (Fall Quarters): 2000, 2001, 2002, 2003, 2004, 2005.
Social Welfare Policy (Winter Quarters): 2000, 2001, 2002, 2003, 2004, 2005.
- 9/01 to 6/04 University of Wyoming, Division of Social Work. Laramie, Wyoming.
Adjunct Instructor
Case Management: 2001.
Social Work Research Methods: 2002, 2003, 2004.
- 9/00 to 6/02 University College, Applied Communications. Denver, Colorado.
Adjunct Instructor
Masters Thesis Proposal (Fall Quarters): 2000, 2001, 2002.
- 9/99 to 6/02 University of Denver Graduate School of Social Work. Denver, Colorado.
Teaching Assistant For Dr. Walter LaMendola
Shared lecture responsibilities and curriculum design for teaching introductory and advanced research methods. Created course materials for Blackboard and Webct.

V. PRESENTATIONS

Refereed

- Chambers, R., & Crutchfield, R. (2019). Poster was presented at the Society for Social Work Research Annual Program Meeting. San Francisco, California
- Chambers, R., & Brocato, J. (2018). Paper was presented at the Society for Social Work Research Annual Program Meeting. Washington, DC.
- Chambers, R., & Brocato, J. (2017). Paper was presented at the Society for Social Work Research Annual Program Meeting. New Orleans, Louisiana.
- Chambers, R., & Brocato, J. (2016). Paper presented at the Council for Social Work Education 58th Annual Program Meeting. Atlanta, Georgia.

- Chambers, R., & Brocato, J. (2012). Paper presented at the Council for Social Work Education 58th Annual Program Meeting. Washington, D.C.
- McCroskey, J., Chambers, R., & Lorthridge, J (2009). Multiple Stakeholder Evaluation: An Essential Component for Transforming Child Welfare Systems. Paper presented at the Council for Social Work Education Annual Program Meeting. San Antonio, Texas.
- McCroskey, J., Lorthridge, L, Chambers, R., & Tina C. (2009). *Findings from the first year evaluation of Los Angeles County's Prevention Initiative Demonstration Project*. Paper presented at the 14th Annual Los Angeles County Superior Court and California State University, Los Angeles. Los Angeles, CA.
- McCroskey, J., Marts, E., Furman, F., Garrison, M., Chambers, R., Lorthridge, J., & Espinosa Reina, E. (2007). *Designing Evaluation for Practice Improvement in Point of Engagement*. Paper presented at the American Humane Conference on Differential Response in Child Welfare. Long Beach, California.
- Chambers, R., & Potter, C. *Relationship between Families Needs, Service Integration Patterns and Family Outcomes for Child Neglect Cases*. Paper presented at the National Conference of the Council of Social Work Education. Chicago, Illinois.
- Chambers, R., & Potter, C. *Relationship between Families Needs, Service Integration Patterns and Family Outcomes for Child Neglect Cases*. Paper presented at the National Conference of the Society for Social Work and Research. San Antonio, Texas.
- Krysiak, J., Molidor, C., & Chambers, R. *Using technology to support diverse student learning styles: A comparison group study*. Paper presented at the National Technology and Social Science Conference, Las Vegas, NV.
- Chambers, R., & LaMendola, W. *The Digital Divide: Constructing Community Technology Centers that support child and family well-being*. Paper presented at the National Conference of the Child Welfare League of America. Washington, D.C.
- Krysiak, J., Molidor, C., & Chambers, R. *Using Enhanced Classroom and Computer-Based Teaching Strategies to Support Diverse Student Learning styles: A Comparison Group Study*. Paper presented at the National Conference of the Council of Social Work Education. Nashville, Tennessee.
- Chambers, R., & Molidor, C. *Utilizing the internet as a resource for students, administrators and clients*. Paper presented at the Social Work Conference 2000: Best Practices for the Millennium. Denver, Colorado.

Invited

- 10/10 Chambers, R (2010). *Child Neglect and Service Integration: A Mixed Methods Study*. Paper presented at the Ninth Annual Joint Conference of the Association des centres jeunesse du Quebec and the Looking after Children conference. Quebec, Canada.

Non-Referred

- Reyes, E., Chambers, R. (2016). Placement Moves: Foster Youth Perspectives. Paper presented at the Third Annual Spring Research Symposium at CSULB.

- Crutchfield, R., Chambers, R., Ceja, J & Pantages, H. (2015). Funding proposal for NASW Legislative Lobby Days registrations. Prepared for the Instructionally Related Activities (IRA) Advisory Board, School of Social Work, California State University, Long Beach.
- Chambers, R. (2014). Funding proposal for NASW Legislative Lobby Days registrations. Prepared for the Instructionally Related Activities (IRA) Advisory Board, School of Social Work, California State University, Long Beach.
- Chambers, R & Fatemi, M. (2012). Pomona Family First: Vision, Creation, Implementation and Outcomes. Presentation to CalSWEC board of directors. Los Angeles, Ca.
- Molidor, C., Chambers, R., Crutchfield, R., & Sorrells, S. (2013). Funding proposal for NASW Legislative Lobby Days registrations. Prepared for the Instructionally Related Activities (IRA) Advisory Board, School of Social Work, California State University, Long Beach.
- Molidor, C., Chambers, R., Funge, S.P., & Crutchfield, R. (2012). Funding proposal for NASW Legislative Lobby Days registrations. Prepared for the Instructionally Related Activities (IRA) Advisory Board, School of Social Work, California State University, Long Beach.
- Chambers, R. (2011). *Pomona Family First: Family Outcomes Results*. Presentation to Los Angeles County Department of Children and Families.
- Ruth Chambers, Rashida Crutchfield, Haydee Cuza, Angel Otero, and Tasha Willis (2011). *Moving in foster care: Voices of adults who experienced multiple foster care placements in childhood research study*. Presentation to My Friends Place. Hollywood, California.
- Chambers, R. (2010). *Linkages Evaluation: Initial Findings*. Paper presented at the Los Angeles County Department of Children and Families Sustaining Linkages to Strengthen Families: A Linkages Conference.
- Chambers, R. (2010). *Pomona Family First: From Vision to Implementation*. Presentation to Los Angeles County Department of Children and Families.
- McCroskey, J., Lorthridge, L, Chambers, R., & Tina Christie (2009). *LA County Prevention Initiative Demonstration Project (PIDP): Year 1 Outcomes*. Presentation to Los Angeles County Department of Children and Families.
- Chambers, R. (2009). Social Work Ethics and the Internet. Presentation at the MSW student orientation at CSULB.
- Forest, L., Wechsler, S., Castro, R., Chambers, R., Moreno, J (2007) *Community-Campus Dialogue*. Paper presented at the Center for Community Engagement's Seven Days of Service conference at CSULB. Long Beach, California.
- Chambers, R. (2007). *Social Workers and the role of Advocacy*. Paper presented at the NASW-CA legislative lobby days. Sacramento, California.
- Chambers, R. (2007). Introduction to Beachboard. Paper presented at the faculty Orientation at CSULB. Long Beach, California.

Chambers, R. *Child Neglect and Service Integration: A mixed-method study*. Paper presented at El Paso County of Human Services. Colorado Springs, Colorado.

VI. RESEARCH EXPERIENCE

- 5/16 to Present California State University, Long Beach: CalFresh Program, Long Beach, California
Researcher
Duties include: research plan design, data collection, quantitative and qualitative data analysis, prepare final reports.
- 05/15 to 10/17 Los Angeles County Department of Children and Family Services Los Angeles, California
Researcher
Duties include: research plan design, data collection, quantitative and qualitative data analysis, prepare final reports.
- 7/14 to 5/15 First 5 LA, Los Angeles, California
Researcher
Duties included: research plan design, data collection, qualitative data analysis, and prepared final report.
- 6/12 to 4/14 Children's Rights Organization, New York, New York
Researcher
Duties included: research plan design, data collection, qualitative data analysis, and prepared final report.
- 8/09 to 10/12 Los Angeles County Department of Children and Family Services Los Angeles, California
Researcher
Duties include: research plan design, data collection, quantitative and qualitative data analysis, prepare final reports.
- 8/08 to 11/09 My Friend's Place, Los Angeles, California
Researcher
Duties included: designed research plan, created instrument tools, conducted face-to-face interviews, analyzed qualitative data, compiled results and prepared final report.
- 5/07 to 11/09 Point of Engagement/Prevention Initiative Demonstration Project, Los Angeles, California
Contracted Researcher
Principal Investigator Dr. Jacquelyn McCroskey, School of Social Work, University of Southern California.
Assisted with development of data collection instruments, conducted interviews and focus groups, analyzed qualitative data, contributed to final report, and assisted in preparation of manuscripts for peer-reviewed publications.

- 3/07 to 8/07 Parents Action for Children, Hollywood, California
Program Evaluator
Duties included: designed research plan, collected measurements, inputted and analyzed quantitative data, compiled results and wrote final report.
- 9/06 to 7/07 City of Long Beach, Health Department, Long Beach, California
Researcher/Consultant
Duties included: co-designed survey instrument, conducted focus groups, analyzed both quantitative and qualitative data, met with the City staff, compiled results and wrote final report.
- 9/05 to 8/06 Project Wise Organization/Women's Foundation of Colorado. Denver, Colorado.
Assistant Researcher
Responsible for data collection, and data analysis for a clinical practice intervention study.
- 9/01 to 6/04 University of Denver Graduate School of Social Work. Denver, Colorado.
Research Assistant
Conducted research with Dr. Walter LaMendola on the impact of technology in three low-income housing development communities. Assisted in the development of a quantitative research design, timeline and project protocols. Responsible for literature review preparation, data collection and entry, assisted with data analysis and final report.
- 4/03 to 12/03 Omni Research and Training Institute. Denver, Colorado.
Researcher
Conducted a literature review on cardiovascular diseases for the older adult population. Analyzed and coded qualitative data, synthesized findings and contributed to a final report on a drug and alcohol program evaluation project.
- 4/01 to 12/01 Denver Mayor's Office of Workforce Development. Denver, Colorado.
Program Evaluator
Developed and conducted a two phase evaluation plan that examined both processes and outcomes associated with the Mayor's Office of Workforce Development youth development programs. Responsibilities included research design and development of questionnaires, surveys, and other quantitative and qualitative instrumentation. Conducted individual interviews, focus groups, analyzed data and prepared written report.
- 9/99 to 6/02 University of Denver Graduate School of Social Work. Denver, Colorado.
Research Assistant
Conducted research with Dr. Krysik, Dr. Molidor and Dr. LaMendola on student learning styles. Responsible for literature review preparation, data collection and entry. Created web-based teaching tools. Assisted with data analysis and final report.

PROFESSIONAL EXPERIENCE

- 1/05 to 6/07 Making Connections. Denver, Colorado.
Policy/Community Consultant
Provided supervision to community residents, conduct policy analysis on various housing policies, prepare written reports and attend community meetings. Develop research protocols, analyze data and create written reports with agency staff and community members.
- 9/02 to 6/04 University of Denver Graduate School of Social Work. Denver, Colorado.
Field Faculty Instructor
Supervised and advised MSW interns, co-developed and implemented a one-year social work practice field curriculum.
- 9/00 to 9/02 The Bridge Project, Denver, Colorado
Research Coordinator
Coordinated research meetings, co-wrote grants, participated in the development of research design and protocols.
- 4/97 to 8/99 Ameri-Corps Program, University of California, Riverside. California.
Trainer
Provided culturally sensitive trainings on child abuse and neglect, suicide prevention and conflict resolution to African-American, Latino/Latina and Asian staff members.
- 9/97 to 8/99 Riverside County Department of Mental Health. Riverside, California.
Crisis Worker, Crisis Resolution Team
Performed mental health assessments, implemented hospital authorizations and coordinated referrals for clients. Provided crisis intervention, brief psychotherapy and worked with a multi-disciplinary team. Services delivered predominately to African-American, Caucasian and Latino/Latina populations.
- 4/95 to 8/99 Riverside County Department of Mental Health. Riverside, California.
Psychiatric Social Worker II/Quality Improvement Division
Responsible for staff development of county social service staff and contract providers. Trainer for child abuse and neglect reporting laws, suicide prevention, clinical concerns and policy. Supervised MSW students and assisted with grant writing. Conducted utilization review of clinical charts. Acted as a consultant for ongoing qualitative improvement of clinical services provided to clients. Provided screening, referral, and treatment authorization for clients. Co-designed and implemented the managed care outpatient consolidation program.
- 3/94 to 4/95 Riverside County Department of Mental Health. Hemet, California.
Psychiatric Social Worker II/Children's Therapist
Provided outpatient psychotherapy services to children, youth and families. Coordinated all services for children with psychiatric difficulties in school settings. Worked closely with a multi-disciplinary team, family members and community agencies. Services delivered predominately to African-American, Caucasian and Latino/Latina populations.

9/89 to 2/94

Willow Creek Residential Treatment Center, Santa Rosa, California.

Clinical Supervisor

Provided inpatient family, group and individual therapy to severely emotionally disturbed children and adolescents. Provided clinical supervision to MSW employees and milieu staff. Implemented clinical trainings for all employees. Co-developed and implemented a day treatment program. Conducted initial staff interviews and oversaw intake and discharge procedures for all residents. Services delivered predominantly to African-American, Caucasian and Latino/Latina populations.

2/88 to 6/89

Rancho Park Hospital and Residential Treatment Center, El Cajon, California.

Drug and Alcohol Coordinator/Counselor

Provided family, group and individual therapy. Performed assessments to determine specific needs and diagnostic treatment plans of each client. Coordinated all drug and alcohol meetings and activities conducted group sessions incorporating the 12-step program. Developed and implemented an after-care program for ex-residents. Worked closely with the multi-disciplinary treatment team, family members, and community agencies. Services delivered predominantly to African-American, Caucasian and Latino/Latina populations.

PROFESSIONAL AFFILIATIONS

Association for Community Organization and Social Administration

Council for Social Work Education

National Association of Social Work

Society for Social Work and Research