

Joanna L. Barreras

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[Contact info redacted for online publication]

EDUCATION

- 2019 **Ph.D. Social Welfare**, University of California, Los Angeles
Dissertation: Socio-Cultural Determinants of Mental Health Service Utilization Among Latinos in the United States
Committee: Todd Franke (Chair), Ailee Moon, Diane De Anda, Denise Chavira
- 2012 **M.S.W.**, California State University, Los Angeles, CA
- 2010 **B.A. Psychology**, California State University, Long Beach, CA

ACADEMIC POSITIONS

- 2020 - Present **Assistant Professor**, California State University, Long Beach, School of Social Work: Applied Projects (Integrated Health Specialization)
- 2015 - 2020 **Adjunct Lecturer**, California State University, Los Angeles, Public Health Department Public Health: Health and Wellness
- 2015 - 2019 **Graduate Student Instructor**, UCLA Department of Social Welfare
Social Welfare: Biomedical, Social, and Policy Frontiers in Human Aging
- 2016 **Teaching Assistant**, UCLA Department of Social Welfare
Social Welfare: Dynamics of Human Behavior (Adult Psychopathology)

AREAS OF INTEREST

Research: Health and mental health disparities among minority populations; health and mental health service utilization; HIV prevention and treatment; multicultural issues in research and practice; community-based participatory research

PUBLICATIONS

Peer-Reviewed Journal Articles

Bogart, L. M., Barreras, J. L., Gonzalez, A., Klein, D. J., Marsh, T., Agniel, D., & Pantalone, D. W. (2020). Pilot Randomized Controlled Trial of an Intervention to Improve Coping with

Intersectional Stigma and Medication Adherence Among HIV-Positive Latinx Sexual Minority Men. *AIDS and Behavior*, 1-14.

Linnemayr, S., **Barreras, J. L.**, Izenberg, M., Brooks, R. A., Gonzales, A., & MacCarthy, S. (2020). Longitudinal Assessment of Changes in Mental and Sexual Health Outcomes Due to COVID-19 among Latinx Sexual Minority Men and Transgender Women. *JAIDS Journal of Acquired Immune Deficiency Syndromes*.

MacCarthy, S., Izenberg, M., **Barreras, J. L.**, Brooks, R. A., Gonzalez, A., & Linnemayr, S. (2020). Rapid mixed-methods assessment of COVID-19 impact on Latinx sexual minority men and Latinx transgender women. *PloS one*, *15*(12), e0244421.

MacCarthy, S., Wagner, Z., **Barreras, J. L.**, Kim, A., Menodza-Graf, A. C., Giguere, R., Carballo-Dieiguez, A., & Linnemayr, S. (2020). Brief Report: Using Behavioral Economics to Increase HIV Knowledge and Testing Among Latinx Sexual Minority Men and Transgender Women: A Quasi-Experimental Pilot Study. *JAIDS Journal of Acquired Immune Deficiency Syndromes*, *85*(2), 189-194.

Barreras, J.L., MacCarthy, S., Linnemayr, S. (2019). “We have a stronger survival mode” - Exploring knowledge gaps and the culturally sensitive messaging of PrEP among Latino men who have sex with men and Latina transgender women in Los Angeles, CA. *AIDS Care*. [Epub ahead of print] doi: 10.1080/09540121.2019.1601669. PMID: 30939901

MacCarthy S., **Barreras J.L.**, Mendoza-Graf A., Galvan FH., Linnemayr S. (2019) “Strategies for improving mobile technology-based HIV prevention interventions with Latino men who have sex with men and Latina transgender women.” *AIDS Education and Prevention*. doi: 10.1521/aeap.2019.31.5.407. PMID: 31550198

Linnemayr, S., MacCarthy, S., Wagner, Z., **Barreras, J.L.**, Galvan, F.H. (2018). Using behavioral economics to promote HIV prevention for key populations. *Journal of AIDS & Clinical Research*. *9*(11): 780. doi: 10.4172/2155-6113.1000780. PMID: PMC6428081

Linnemayr, S., MacCarthy, S., Kim, A., Giguere, R., Carballo-Dieiguez, A., **Barreras, J.L.** (2018). Behavioral economics-based incentives supported by mobile technology on HIV knowledge and testing frequency among Latino/a men who have sex with men and transgender women: Protocol for a randomized pilot study to test intervention feasibility and acceptability. *Trials*. *19*(1): 540. doi:10.1186/s13063-018- 2867-1. PMID: PMC6173939

FUNDED RESEARCH

2019-2024 NIH: R01MH121256-01 (PI Bogart): *Promoting reductions in intersectional stigma to improve HIV testing & PrEP use among Latino Sexual Minority Men*
Siempre Seguiré is a randomized controlled trial of a culturally congruent cognitive behavior therapy group intervention for immigrant Latino sexual minority men, to test intervention effects on regular HIV testing and PrEP uptake.

Role: Co-Investigator

- 2019-2020 P30MH05810 UCLA Center for HIV Identification, Prevention and Treatment Services (CHIPTS) Mentored Pilot Grant (PI: Barreras): *Justicia Une a Nuestras Mujeres Trans y Oficiales de Policías Hacia la Salud*
This project aims to develop a trust-building intervention with Latina transgender women and law enforcement through community-based participatory research methods, with the longer-term goal of improving Latina transgender women's mental health and HIV-related health behaviors.
Role: Principal Investigator
- 2017-2020 NIMH-R34 MH113413 (PI: Bogart): *Siempre Seguiré: A Pilot Intervention to Improve Coping with Discrimination and Adherence among HIV Positive Latino Men Who have Sex with Men (MSM)*
This project is pilot testing a developed intervention to improve coping skills for discrimination and increase treatment adherence among HIV-positive Latino MSM.
Role: Co-Investigator
- 2016-2021 NIH-1R01MD011573 (PI: Galletly): *Perceived Immigration Laws Impact on Hispanic Immigrants HIV Health Behavior*
This project explores the influence of immigration laws and policies and Hispanic immigrants' beliefs and concerns about immigration laws, policies, and authority on their willingness to utilize, and actual utilization of alcohol and drug dependency, interpersonal violence, and HIV testing services across 4 US metropolitan area
with diverse immigration law and enforcement environments.
Role: Los Angeles Site Investigator
- 2016-2019 NIMH-1R34MH109373-01A1 (PI: Linnemayr) *Mobile Technology and Incentives (MOTIVES) for Racial and Ethnic Minorities in Los Angeles, CA*
The Mobile Technology and Incentives (MOTIVES) Study proposes a novel approach of sending Latinx men who have sex with men (MSM) and transgender women (TGW) weekly text messages to improve HIV prevention knowledge in combination with behavioral economics-based incentives to increase HIV testing frequency, with the ultimate goal of reducing seroconversion.
Role: Co-Investigator
- 2014-2016 Franklin D. Gilliam, Jr. Social Justice Award funded by the W.K. Kellogg Foundation and the UCLA Luskin School of Public Affairs to support a qualitative study on mental health service utilization among Mexican-American Females with depression.
Role: Principal Investigator
- 2014 Monica Salinas Latino Fellowship, Luskin School of Public Affairs, Department of Social Welfare, UCLA

The aim of this fellowship was to support research to collect qualitative data on the facilitating factors of seeking and using mental health services among Latinos in Los Angeles County.

Role: Principal Investigator

2013 & 2014 Graduate Summer Research Mentorship Fellowship, UCLA Graduate Division
The aim of this fellowship was to support the education and research of doctoral students through faculty mentorship.
Role: Research Fellow

2013 Social Justice Initiative Fellowship, Luskin School of Public Affairs, Department of Social Welfare, UCLA
The aim of this fellowship was to support research conducting secondary data analysis to explore health and mental health disparities in California.
Role: Research Fellow

2010-2012 NIH-R25GM0896305 (PI: Chadiha): UM Social Work/Nursing Bridges to the Doctoral Program
Pre-doctoral research award at California State University, Los Angeles and the University of Michigan Schools of Social Work and Nursing: The overall goal of this 3-year Bridges to the Doctoral Program is to provide 12 students from selected underrepresented populations in terminal masters' social work and nursing degree programs with academic preparation that will facilitate transition to Ph.D. programs emphasizing the behavioral sciences and health disparities research.
Role: Pre-doctoral Research Fellow

OTHER RESEARCH EXPERIENCE

2017- Present **Associate Director of Research and Evaluation**, Bienestar Human Services, Inc., Los Angeles, CA
Collaborate with academic and public health organizations on research projects focusing primarily on the wellbeing of Latinx population. Manage research projects and manage the hiring, recruitment, training (including assisting the lead project investigators with the development and dissemination of training plans), mentoring, and supervision of the research staff. Responsible for assuring that all of the study activities are conducted in compliance with the approved study protocols.

2016 - Present **Research Associate**, Kaiser Permanente Department of Research and Evaluation
Principal Investigator: Rulin Hechter
Responsibilities: Support a prospective investigation of the risks of opioid misuse, abuse, and addiction among patients treated with extended-release/long acting opioids for the treatment of chronic pain as an

interviewer with a mental health background using the Psychiatric Research Interview for Substance and Mental Disorders (PRISM-5-Op).

- 2014 - 2017 **Staff Adjunct**, RAND Corporation
Principal Investigators: Sebastian Linnemayr, Sarah MacCarthy, Frank Galvan, and Alex Carballo-Diequez
Responsibilities: Assisted with the development and implementation of a mobile technology based (text messages) and behavioral economics (lottery) supported HIV prevention intervention to increase engagement with HIV prevention information and improve testing frequency among Latino men who have sex with men (MSM) and Latina transgender women (TGW).
- 2014 **Graduate Student Researcher**, UCLA Department of Social Welfare
Principal Investigator: Ian Holloway
Responsibilities: Contributed as a bilingual research team member with interviews, grant writing, and the launching of a pilot study focusing on evaluating the feasibility of a multiple dimensional mental health risk-screening tool to be used in primary care settings.
- 2012 - 2013 **Graduate Student Researcher**, UCLA Department of Social Welfare
Principal Investigator: Rosina Becerra
Responsibilities: Participated in the development of a new research project regarding the mental health of Latino children involved in Department of Children and Family Services (DCFS) and the utilization of mental health care services.
- 2011 - 2012 **Graduate Student Researcher**, CSULA, School of Social Work
Principal Investigator: Pauline Agbayani
Responsibilities: Participated in all aspects of developing and writing an empirical article for publication involving problem formulation, literature review, and data analysis.
- 2011 - 2012 **Graduate Student Researcher**, CSULB Partners in Research & Outreach for Health (PRO-Health)
Principal Investigator: Guido Urizar
Responsibilities: Participated in sampling design, conducted face-to-face interviews with pregnant women, transcribed qualitative data, developed the review of the literature, and assisted in the final preparation of the manuscript for publication.

CONFERENCE ACTIVITY

Peer-Reviewed Presentations

Barreras, J.L., Bogart, L., & MacCarthy, L. (2021, January). “*Justicia Une a Nuestras Mujeres Trans y Oficiales de Policías Hacia la Salud (JUNTOS—Justice Unites our Trans Women and Police Officers Toward Health; TOGETHER): A Trust-Building Intervention to Help Address Critical HIV Outcomes*”. Oral Presentation. CHIPTS 2021 HIV Next Generation Virtual Conference.

Barreras, J.L., Ochoa, A. M., Estrada, E., & Holloway, I. (2020, October). “Barriers and facilitators in increasing PrEP access among Latino MSM, including undocumented individuals”. Roundtable Presentation. American Public Health Association VIRTUAL Annual Meeting & Expo.

Galletly, C., Glasman, L., Brooks, R., **Barreras, J.L.,** & Lechuga, J. (2020, October). “Immigration concerns and the utilization of healthcare including HIV prevention services”. American Public Health Association VIRTUAL Annual Meeting & Expo.

Barreras, J.L. (2020, January). “A Trust-Building Intervention with Latina Transgender Women and Law Enforcement to Help Address Critical HIV Outcomes.”. Poster Presentation. UCLA’s Center for HIV Identification, Prevention, and Treatment Services (CHIPTS) Next Generation Annual Conference. Los Angeles, CA.

Barreras, J.L. (2019, November). “Strategies for improving mobile technology-based HIV prevention interventions with Latino men who have sex with men and Latina transgender women”. Oral Presentation. American Public Health Association Annual Meeting & Expo. Philadelphia, PA.

Barreras, J.L. (2018, November). “We have a stronger survival mode - Exploring the knowledge and the culturally sensitive messaging of PrEP among Latino men who have sex with men and Latina transgender women in Los Angeles, CA”. Roundtable Presentation. American Public Health Association Annual Meeting & Expo. San Diego, CA.

Galletly C., Lechuga, J., Mena, C., Stringfield, B., LeGrand, S., **Barreras, J.L.,** Lemos, L., Aleksanyan, R., Glasman, L. (2018, November). “We are ghosts of people: Actual and anticipated requests for valid state identification cards and barriers to social and health equity” Poster Presentation. American Public Health Association (APHA) Annual Meeting & Expo. San Diego, CA.

Barreras, J. (2018, January). “Understanding Utilization of Mental Health Services Among Latinos” Oral Paper Presentation. Society for Social Work and Research Annual Conference, Washington, D.C.

Barreras, J. (2018, January). “Perspectives of Mexican-American Females Using Mental Health Services for Depression?” Oral Paper Presentation. Society for Social Work and Research Annual Conference, New Orleans, LA.

Barreras, J. (2016, May). “Predictors of Having a Place for Care Among the Largest Ethnic Minority in California” Oral Paper Presentation. Researching Between the Lines Conference: UCLA Luskin Conference, Los Angeles, CA.

Barreras, J. (2016, January). “Does Experiencing a Major Depressive Episode Affect the Relationship Between Family Cultural Conflict and Mental Health Service Use Among Latinos?” Oral Paper Presentation. Society for Social Work and Research Annual Conference, Washington, D.C.

Barreras, J. (2015, June). “Family cultural conflict, major depressive episode, and mental health service utilization among Latinos.” Poster Presentation. American Society of Clinical Psychopharmacology Annual Meeting, Miami, FL.

Barreras, J. (2015, January). “The roles of education, socioeconomic status, clinic payment method and acculturation in the health of Latino primary care patients.” Oral Paper Presentation. Society for Social Work and Research Annual Conference, New Orleans, LA.

Barreras, J. (2014, June). “The roles of education, socioeconomic status, clinic payment method and acculturation in the health of Latino primary care patients.” Oral Paper Presentation. Summer Institute on Migration and Global Health Conference. Oakland, CA.

Barreras, J. (2014, April). “Family cultural conflict, major depressive episode, and mental health service utilization among Latinos.” Poster Presentation. Latino Health Equity Conference, Long Beach, CA.

Barreras, J. (2014, March). “Family cultural conflict, major depressive episode, and mental health service utilization among Latinos.” Poster Presentation. Anxiety and Depression Conference, Chicago, IL.

Invited Presentations

Barreras, J.L. (2020, November). “Quantitative Research”, Guest Speaker. Social Work Research Methods, Columbia University School of Social Work, Online Campus.

Barreras, J.L. (2019, September). “Introduction to Qualitative Research—Data Collection and Analysis”, California HIV/AIDS Policy Research Centers (CHPRC), Los Angeles, CA.

Barreras, J.L. (2019, June). “Using Rapid Assessment Process (RAP) Basics: A Qualitative Method to Consider for Rapid Response Research Projects”, California HIV/AIDS Policy Research Centers (CHPRC), Los Angeles, CA.

Barreras, J. (2011, June). “Empirical research: development, implementation, and dissemination.” Guest Lecturer. Introduction to Research Methods, California State University Los Angeles, Los Angeles, CA.

Barreras, J. (2011, September). "Ethnic minority pathways to doctoral programs." Presentation. Dr. Gail Washington, School of Nursing, California State University Los Angeles, Los Angeles, CA.

PRACTICE EXPERIENCE

- 2015 - 2016 **Alcohol and Other Drugs Prevention Program Director**, People Coordinated Services, South Los Angeles, CA
Provide alcohol and other drugs prevention services to youth and parents through evidence-based programs in the South Los Angeles community.
- 2011 - 2012 **Masters of Social Work Intern**, Los Angeles County Probation Department, East Los Angeles, CA
Monitored probationer's compliance with court-ordered conditions. Provided them with support and guidance through evidence-based-practices. Provided court reports and case management collaboration with the Los Angeles County Department of Children and Family Services.
- 2010 - 2011 **Masters of Social Work Intern**, Los Angeles Unified School District, El Sereno Middle School- Mental Health, El Sereno/Los Angeles, CA
Provided mental health services to students in grade 6-8th. Conducted group work-social skills, anger management, and self-esteem. Completed necessary assessments and consulted with students' support team.

SERVICE

- 2020 - Present **Student Affairs Committee Member**, School of Social Work, California State University, Long Beach
- 2014 - 2019 **Student Representative**, UCLA Center for the Study of International Migration Working Group
- 2014 - 2017 **Student Fellow**, Bridging Research Innovation, Training and Education for Minority Health Disparities Solutions Center (BRITE)
- 2013 - 2016 **Doctoral Student Mentor**, Department of Social Welfare, Luskin School of Public Affairs, UCLA
- 2013 - 2015 **Program Mentor**, National Council of La Raza (NCLR) Escalera Taking Steps to Success
- 2013 **Student Volunteer**, Society for Social Work & Research

AWARDS AND FELLOWSHIPS

- 2021 Mark Etzel Scholarship, Center for HIV Identification, Prevention, and Treatment Services (CHIPTS), awarded to early stage investigators in efforts to promote science, foster networking, and increase capacity building on themes related to comorbidities to HIV –health disparities and inequities, social/structural determinants, or medical mistrust.
- 2018 Outstanding Student Paper Award, Latino Caucus for Public Health in association with the American Public Health Association (APHA)
- 2017 - 2018 Dr. Ursula Mandel Scholarship, UCLA Graduate Division, awarded to doctoral students who demonstrate contributions in fields related to medicine
- 2016 - 2017 UCLA Meyer and Renee Luskin Fellowship, UCLA Luskin School of Public Affairs
- 2012 - 2016 Eugene V. Cota Robles Fellowship, UCLA Graduate Division, awarded to exceptional applicants for their potential contributions to diversity in the academy

TRAINING EXPERIENCE

- 2016, 2018 Columbia-Suicide Severity Rating Scale Refresher Training (Certified)
- 2011 ICPSR Summer Program in Quantitative Methods of Social Research, University of Michigan, Ann Arbor
- 2010 QPR (Question, Persuade, and Refer) Gatekeeper Training for Suicide Prevention

PROFESSIONAL AFFILIATIONS

- 2017 - Present American Public Health Association (APHA)
- 2013 - Present Society for Social Work Research (SSWR)
- 2013 - 2015 Anxiety and Depression Association of America (ADAA)
- 2012 - Present Council on Social Work Education (CSWE)
- 2010 - Present National Association of Social Workers (NASW)
- 2010 - Present American Psychological Association (APA)

LANGUAGES

Native Spanish (written and verbal communication)