## TIRAMISU CUPS

## (YIELD: 8 SERVINGS)



#### INGREDIENTS

- 1. <sup>1</sup>/<sub>2</sub> cup water
- 2. <sup>1</sup>/<sub>2</sub> cup sugar
- 3. 1 cup espresso coffee
- 4.  $1\frac{1}{2}$  cups heavy cream
- 5. ¼ cup powdered sugar
- 6. 2 teaspoons vanilla extract
- 7. 1 lb. mascarpone cheese, whipped to soften
- 8. 1 cup zabaglione, recipe follows
- 9. ½ lb. Italian ladyfingers
- 10. Cocoa powder for dusting

### DIRECTIONS

- 1. Combine water and sugar in a saucepan and bring to a simmer, stirring occasionally to dissolve sugar. Remove from heat, cool and add coffee.
- 2. For the filling, whip heavy cream with powder sugar and vanilla until soft peaks form.
- 3. Fold zabaglione into softened mascarpone then fold in the whipped cream.
- 4. To assemble, place a layer of the ladyfingers in the bottom of a shallow baking dish.
- 5. Sprinkle with half of the coffee syrup. Alternative, dip the lady finger into the coffee syrup.
- 6. Spread half of the mascarpone filling in an even layer on top of the ladyfingers.
- 7. Repeat with remaining ladyfingers, syrup and filling. The filling should be the last layer on top of the dish. Using a spatula spread the top layer evenly to form a smooth surface.
- 8. Cover with plastic wrap and refrigerate for up to 24 hours before serving.
- 9. Before serving, place cocoa powder in a fine strainer and shake a light coating on surface.

# ZABAGLIONE

## (YIELD: 8 SERVINGS)



### INGREDIENTS

- 1. 3 egg yolks
- 2.  $\frac{1}{8}$  cup granulated sugar
- 3. <sup>1</sup>/<sub>4</sub> cup Marsala wine

### PREPARATION

- 1. In a large bowl, beat egg yolks and sugar together until the mixture is pale yellow.
- 2. Place bowl over a baine marie and whisk while gradually adding Marsala.
- 3. Scrape bottom and sides of bowl occasionally and cook for10 minutes or until soft mounds form. Continuously whisk mixture while cooking.
- 4. Refrigerate for 30 minutes then fold in with softened mascarpone.