SESAME THIN COOKIES (芝麻薄燒餅乾)

(YIELD: 80-90 COOKIES)







INGREDIENTS

- 1. 3.5 oz. butter
- 2. 7 tbsp powder sugar
- 3. 3 egg white
- 4. ³/₄ cup cake flour
- 5. 30 ml heavy whipping cream
- 6. Handful of black sesame

PREPARATION

- 1. Preheat oven to 350 degrees F.
- 2. (with either electronic hand mixer or stand-up mixer) Blend room temperature butter in low speed until crumbled.
- 3. Add the sifted powder sugar to the bowl. Blend until creamy and the mixture turn white.
- 4. Add the egg white in slowly for about 5~7 times. Each time, blend with high speed and the mixture should be creamy without lumps. Scrape down the part that hangs on the upper border of the bowl occasionally.
- 5. With slow speed, blend in filtered cake flour in irregular pattern for about a few seconds. Then blend in the heavy whipping cream for a few more seconds. The mixture is done at this point.
- 6. Pour the mixture into a piping bag and start making dollops of quarter size. Make sure you leave about 2 cm in each direction to allow the cookies to expand.
- 7. Sprinkle black sesame on each cookie. Pump the cookie sheets against a flat surface a few times to allow the cookie dough to sink in a little bit.
- 8. Bake for about 6 to 8 minutes until golden brown. I personally like it more brown to create that crispy texture.