

RED PEPPER HUMMUS

(YIELD: 6)

INGREDIENTS

1. 1 can of chick pea, strained
2. ½ cup of sautéed red peppers
3. ¼ cup of tahini (sesame paste)
4. 1 tablespoon of lemon juice
5. 1 clove of garlic
6. 2 teaspoons of ground cumin
7. Salt & pepper to taste

PREPARATION

1. Ground everything together and chill before serving.