

## BAKED HAM AND CHEESE OVER RICE(火腿起司焗飯)

(YIELD: 2)

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### INGREDIENTS

1. 2 tablespoons of butter
2. 1 tablespoon of olive oil
3. 1/2 onion
4. 2 gloves of garlic
5. 1 teaspoon of flour
6. ~100g of ham
7. ~50g of green pea
8. 150cc milk
9. 150cc cream
10. some salt and pepper
11. 2 cups of rice or pasta
12. ~30g parmesan cheese
13. Shredded mozzarella cheese to cover the top.

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### PREPARATION

1. 180 degree C (~356 dg F) for 10 minutes or until the cheese is golden brown.