Pregnancy Resources

Abortion Services

- **Family Planning Associates**
  (562) 595-5653
  2777 Long Beach Blvd #200
  Long Beach, CA 90806

- **Planned Parenthood**
  (800) 576-5544 or (800) 230-PLAN
  2690 Pacific Ave, Suite 370
  Long Beach, CA 90806
  [https://www.plannedparenthood.org/](https://www.plannedparenthood.org/)

- **Women’s Care Center Torrance**
  (310) 715-2323
  18051 Crenshaw Boulevard, Suite C
  Torrance, CA 90504

Prenatal Care Services

Prenatal care is important to begin as soon as possible during your pregnancy in order to deliver a healthy baby. This means visiting a doctor who will provide you with information about how to take proper care of yourself during pregnancy and help you with any medical conditions.

If you have health insurance and need assistance finding a provider that is covered by your health plan, please call the Student Health Services at (562) 985-4771 to schedule an appointment with the Referral Nurse.

If you do not have health insurance, you can receive care through St. Mary's Hospital in Long Beach.

- **Mary Hilton Mother & Child Center at St. Mary’s Hospital**
  (562) 491-9047
  Healthcare Benefits Assistance (Covered California plans and Extended Medi-Cal) and have a Medi-Cal enrollment specialist on site.
  - Free pregnancy tests
  - Ultrasound
  - Prenatal Tests
  - Health Education Classes
  - High Risk Pregnancy Care
  - Prenatal Care Classes
  - Breastfeeding Assistance
Adoption Services

- The National Pro-choice Adoption Collaborative
  https://prochoiceadoption.org/

- Open Adoption & Family Services
  (800) 772-1115
  https://www.openadopt.org/

Safe Haven Laws
In California, the Safely Surrendered Baby Law allows an individual to safely give up an unwanted infant with no fear of arrest or prosecution for abandonment as long as the baby has not been abused or neglected. The law does not require that names be given when the baby is surrendered. Parents are permitted to bring a baby within 3 days of birth to any designated hospital staff or designated fire station in the County of Los Angeles. The baby will be placed in a pre-adoptive home while the adoption process gets underway.

Birth Control Information
If you are interested in getting birth control after you have made your decision, the following resources are available.

- CSULB Student Health Services
  (562) 985-4771
  www.csulb.edu/shs

- Family Planning Associates
  (562) 595-5653
  http://www.fpawomenshealth.com/locations/long-beach-ca/

- Planned Parenthood
  (800) 576-5544
  https://www.plannedparenthood.org/

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