All departments in the Division of Student Affairs are working remotely to serve students, except as noted below. A full list can be accessed here: DSA PROGRAMS & SERVICES

Our most requested and accessed departments and services are listed below. Please note that when contacting any of our departments you may be connected to voicemail. Please leave a detailed message, and your call will be returned.
## Health & Wellness Resources

<table>
<thead>
<tr>
<th>California Department of Public Health</th>
<th>California Peer-Run Warm Line</th>
<th>Centers for Disease Control &amp; Prevention (CDC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily COVID-19 updates</td>
<td>Non-emergency resource for anyone in California seeking emotional support via phone and webchat</td>
<td>Information on identifying COVID-19 symptoms and how to protect yourself</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Center for the Study of Traumatic Stress</th>
<th>Disaster Distress Helpline</th>
<th>LA County Department of Mental Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>Click Here</td>
<td><a href="http://www.samhsa.gov/find-help/disaster-distress-helpline">www.samhsa.gov/find-help/disaster-distress-helpline</a></td>
<td>dmh.lacounty.gov/covid-19-information/</td>
</tr>
<tr>
<td>Fact sheets and other resources to support the health and well-being of communities impacted by COVID-19</td>
<td>(800) 985-5990</td>
<td>Materials to address mental health &amp; wellbeing needs and concerns</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LA County Department of Public Health</th>
<th>Long Beach Department of Public Health</th>
<th>Mental Health America</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.publichealth.lacounty.gov">www.publichealth.lacounty.gov</a></td>
<td><a href="http://www.longbeach.gov/health">www.longbeach.gov/health</a></td>
<td>mhanational.org/covid19</td>
</tr>
<tr>
<td>Information on COVID-19 in LA County</td>
<td>Information on COVID-19 in the city of Long Beach</td>
<td>Mental health information and resources</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>National Alliance on Mental Illness</th>
<th>Substance Abuse &amp; Mental Health Services Administration</th>
<th>World Health Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Updates, tips, and resources for coping with COVID-19</td>
<td>(800) 662-HELP (4357)</td>
<td>Advice, guidance, and resources related to COVID-19</td>
</tr>
<tr>
<td></td>
<td>Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders</td>
<td></td>
</tr>
</tbody>
</table>
FOOD RESOURCES

Food Finders is a 501 c3 food rescue organization connecting donated perishable food to hundreds of nonprofit pantries and shelters throughout Southern California.

Food Finders
www.foodfinders.org
(562) 283-1400

USDA National Hunger Hotline
www.fns.usda.gov

- English: (866) 3-HUNGRY (6479)
- Spanish: (877) 8-HAMBRE (6273)
- Text: #97779

Resources for people of all ages

WIC (Women, Infants, & Children)
m.wic.ca.gov
(888) 942-2229

WIC services are available to all eligible families affected by COVID-19

ICNA Relief USA
(714) 399-4571
Anaheim

Holy Redeemer Lutheran Church
(562) 867-0714
Bellflower

Salvation Army Bellflower
(562) 804-0808
Bellflower

St. Bernard’s Food Pantry/Parish
(562) 867-2337
Bellflower

Proclaim International Ministries
(310) 763-5003
Compton

St. Joachim-St. Vincent de Paul
(949) 574-7400
Costa Mesa

Corona Settlement House
(951) 737-3504
Corona

Long Beach Community Table
(562) 548-0774
Bellflower

Someone Cares Soup Kitchen
(949) 548-8861
Costa Mesa
<table>
<thead>
<tr>
<th><strong>PATHWAYS OF HOPE</strong> (MUST BE A STUDENT)</th>
<th><strong>ST. IRENAEUS H.O.P.E.</strong></th>
<th><strong>DESERT REIGN</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(714) 680-3691 CYPRESS</td>
<td>(714) 826-0760 CYPRESS</td>
<td>(562) 861-6011 DOWNEY</td>
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</table>

<table>
<thead>
<tr>
<th><strong>FOOD HELP</strong></th>
<th><strong>PATHWAYS OF HOPE</strong></th>
<th><strong>ST. ANDREW’S CHURCH</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(562) 862-2438 DOWNEY</td>
<td>(714) 680-3691 FULLERTON</td>
<td>(714) 870-4350 FULLERTON</td>
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</table>

<table>
<thead>
<tr>
<th><strong>WILSHIRE AVE COMMUNITY CHURCH</strong></th>
<th><strong>CHRIST CATHEDRAL COMMUNITY OUTREACH</strong></th>
<th><strong>FIRST PRESBYTERIAN CHURCH OF GG</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(714) 526-2265 FULLERTON</td>
<td>(714) 282-3097 GARDEN GROVE</td>
<td>(714) 534-2269 GARDEN GROVE</td>
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</table>

<table>
<thead>
<tr>
<th><strong>GARDEN GROVE FRIENDS CHURCH</strong></th>
<th><strong>LUTHERAN SOCIAL SERVICES</strong></th>
<th><strong>ST. COLUMBAN-ST. VINCENT DE PAUL</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(714) 539-7735 GARDEN GROVE</td>
<td>(714) 534-6450 GARDEN GROVE</td>
<td>(714) 539-9133 GARDEN GROVE</td>
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</table>

<table>
<thead>
<tr>
<th><strong>INTERNATIONAL FAMILIES ASSOCIATION</strong></th>
<th><strong>SALVATION ARMY STILLMAN SAWYER CENTER</strong></th>
<th><strong>HAWAIIAN GARDENS FOOD BANK</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(818) 770-0779 GLENDALE</td>
<td>(310) 835-1986 HARBOR CITY</td>
<td>(562) 425-4001 HAWAIIAN GARDENS</td>
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</table>

<table>
<thead>
<tr>
<th><strong>ALL SAINTS ANGLICAN CHURCH</strong></th>
<th><strong>ATHERTON BAPTIST CHURCH</strong></th>
<th><strong>HOPE CHAPEL</strong></th>
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</thead>
<tbody>
<tr>
<td>(310) 644-0100 HAWTHORNE</td>
<td>(323) 757-3133 x11 HAWTHORNE</td>
<td>(310) 374-4673 x145 HERMOSA BEACH</td>
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</table>

<table>
<thead>
<tr>
<th><strong>BREATH OF LIFE</strong></th>
<th><strong>FOOD PANTRY LAX</strong></th>
<th><strong>SALVATION ARMY INGLEWOOD</strong></th>
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<tbody>
<tr>
<td>(310) 674-4061 INGLEWOOD</td>
<td>(310) 677-5597 INGLEWOOD</td>
<td>(310) 677-3375 INGLEWOOD</td>
</tr>
<tr>
<td>Organization</td>
<td>Phone Number</td>
<td>Location</td>
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<tr>
<td>--------------------------------------</td>
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<tr>
<td>South County Outreach</td>
<td>(949) 380-8144</td>
<td>Irvine</td>
</tr>
<tr>
<td>Broken Loaf Food Pantry</td>
<td>(562) 425-1219</td>
<td>Lakewood</td>
</tr>
<tr>
<td>St. Margaret Mary Roman Catholic Church</td>
<td>(310) 326-3364</td>
<td>Lomita</td>
</tr>
<tr>
<td>Beacon For Him</td>
<td>(562) 537-6327</td>
<td>Long Beach</td>
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<tr>
<td>Christian Outreach In Action</td>
<td>(562) 432-1440</td>
<td>Long Beach</td>
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<tr>
<td>Long Beach Rescue Mission</td>
<td>(562) 591-1292</td>
<td>Long Beach</td>
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<tr>
<td>New Generations</td>
<td>(562) 363-6457</td>
<td>Long Beach</td>
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<tr>
<td>Vista Community Clinic</td>
<td>(562) 691-3263</td>
<td>La Habra</td>
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<tr>
<td>SSS Good Samaritan Association</td>
<td>(562) 467-8926</td>
<td>Lakewood</td>
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<tr>
<td>AIDS Food Store of Long Beach</td>
<td>(562) 676-4554</td>
<td>Long Beach</td>
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<tr>
<td>Arms Reaching Out To The Community</td>
<td>(562) 528-9385</td>
<td>Long Beach</td>
</tr>
<tr>
<td>Catholic Charities</td>
<td>(213) 251-3432</td>
<td>Long Beach</td>
</tr>
<tr>
<td>Christ Second Baptist Church</td>
<td>(562) 599-3421</td>
<td>Long Beach</td>
</tr>
<tr>
<td>Harbor Baptist Church</td>
<td>(562) 427-8046</td>
<td>Long Beach</td>
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<tr>
<td>Marian Outreach Center</td>
<td>(562) 989-1954</td>
<td>Long Beach</td>
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<tr>
<td>Lutheran Social Services</td>
<td>(562) 599-1321</td>
<td>Long Beach</td>
</tr>
<tr>
<td>North Long Beach Ministry Center</td>
<td>(562) 422-5090</td>
<td>Long Beach</td>
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<tr>
<td>Parkcrest Christian Church</td>
<td>(562) 421-9374</td>
<td>Long Beach</td>
</tr>
<tr>
<td>Organization</td>
<td>Phone Number</td>
<td>City</td>
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<tr>
<td>Salvation Army Citadel</td>
<td>(562) 426-7637</td>
<td>Long Beach</td>
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<tr>
<td>Temple Baptist Church</td>
<td>(562) 434-3217</td>
<td>Long Beach</td>
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<tr>
<td>We Care of Los Alamitos (Must Register)</td>
<td>(562) 598-9790</td>
<td>Los Alamitos</td>
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<tr>
<td>Downtown Women's Center</td>
<td>(213) 980-0600</td>
<td>Los Angeles</td>
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<tr>
<td>Fellowship of the Light</td>
<td>(323) 952-0844</td>
<td>Los Angeles</td>
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<tr>
<td>LA Dream Center</td>
<td>(213) 273-7000</td>
<td>Los Angeles</td>
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<tr>
<td>Midnight Mission</td>
<td>(213) 624-9258</td>
<td>Los Angeles</td>
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<tr>
<td>Skidrow Advocacy Group</td>
<td>(562) 304-5002</td>
<td>Long Beach</td>
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<tr>
<td>Urban Community Outreach - Drop-In Center</td>
<td>(562) 582-1000</td>
<td>Long Beach</td>
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<tr>
<td>Women in Action Reaching Out</td>
<td>(562) 253-8078</td>
<td>Long Beach</td>
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<tr>
<td>Catholic Charities-El Santo Nino</td>
<td>(213) 318-5702</td>
<td>Los Angeles</td>
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<tr>
<td>Christian Fellowship Foursquare Church</td>
<td>(323) 292-9091</td>
<td>Los Angeles</td>
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<tr>
<td>Faith in Christ Ministries</td>
<td>(323) 291-9636</td>
<td>Los Angeles</td>
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<tr>
<td>Faithful Walk Ministries</td>
<td>(323) 531-2026</td>
<td>Los Angeles</td>
</tr>
<tr>
<td>Hollywood Food Coalition</td>
<td>(323) 462-2032</td>
<td>Los Angeles</td>
</tr>
<tr>
<td>Los Angeles Mission</td>
<td>(213) 629-1227</td>
<td>Los Angeles</td>
</tr>
<tr>
<td>Los Angeles Regional Food Bank</td>
<td>(323) 234-3030</td>
<td>Los Angeles</td>
</tr>
<tr>
<td>Our Lady of Victory Catholic Church</td>
<td>(323) 268-9502</td>
<td>Los Angeles</td>
</tr>
<tr>
<td>Pathways to Home/Volunteers of America of Los Angeles</td>
<td>(213) 389-1500</td>
<td>Los Angeles</td>
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</tbody>
</table>
PRAISE CHAPEL FLORENCE COMMUNITY CHURCH
(626) 483-5728
LOS ANGELES

ST. VINCENT DE PAUL CHURCH
(213) 749-8950
LOS ANGELES

UNION RESCUE MISSION
(213) 347-6300
LOS ANGELES

HELP THE CHILDREN
(323) 980-9870
MONTEBELLO

SALVATION ARMY ONTARIO
(909) 986-6748
ONTARIO

VENTURA COUNTY RESCUE MISSION
(805) 487-1234
OXNARD

SALVATION ARMY PASADENA
(626) 773-4400
PASADENA

ST. LAWRENCE MARTYR CHURCH
(310) 540-0329
REDONDO BEACH

HELPING HANDS PANTRY
(909) 796-4222
SAN BERNARDINO

TOBERMAN NEIGHBORHOOD CENTER
(310) 832-1145 x10
SAN PEDRO

TRINITY LUTHERAN CHURCH
(310) 832-1189
SAN PEDRO

CITY NET
(562) 774-1902
SANTA ANA

SALVATION ARMY SANTA ANA
(714) 542-9576
SANTA ANA

INTERFAITH FOOD CENTER (MUST REGISTER)
(562) 903-1478
SANTA FE SPRINGS

PROJECTO PASTORAL AT DOLORES MISSION
(323) 881-0018
LOS ANGELES

LYNWOOD UNITED METHODIST CHURCH
(310) 638-5163
LYNWOOD

MARY’S KITCHEN
(714) 633-0444
ORANGE

SAN FRANCISCO SOLANO CHURCH FOOD BANK
(949) 589-7767
RANCHO SANTA MARGARITA

SALVATION ARMY SAN PEDRO
(310) 832-7228
SAN PEDRO

ANNE MAE TRIPP SOUTHWEST COMMUNITY CENTER
(714) 547-4073
SANTA ANA

CARE FOR THE CHILDREN (MUST REGISTER)
(888) 490-9751
SANTA FE SPRINGS
<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone Number</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>HOPE UNITED LA SANTA MONICA</td>
<td>(310) 393-5763</td>
<td></td>
</tr>
<tr>
<td>ST. PAUL’S EPISCOPAL CHURCH TUSTIN</td>
<td>(714) 544-3141</td>
<td></td>
</tr>
<tr>
<td>ST. PETER AND PAUL’S POVERTY PROGRAM WILMINGTON</td>
<td>(310) 952-0144</td>
<td></td>
</tr>
<tr>
<td>SALVATION ARMY SIMI VALLEY</td>
<td>(805) 527-1070</td>
<td>SIMI VALLEY</td>
</tr>
<tr>
<td>THE MEN WITH VISION FOUNDATION WESTMINSTER</td>
<td>(714) 476-0371</td>
<td></td>
</tr>
<tr>
<td>NEW CHALLENGE MINISTRIES, INC. TORRANCE</td>
<td>(310) 320-4171</td>
<td></td>
</tr>
<tr>
<td>BEACON LIGHT MISSION WILMINGTON</td>
<td>(310) 830-7063</td>
<td></td>
</tr>
</tbody>
</table>
LOCAL, STATE, & NATIONAL RESOURCES

LOCAL

CITY OF LONG BEACH HOUSING AUTHORITY
Click Here
(562) 570-6985
The latest information on COVID-19 tenant protections for Long Beach

LEGAL AID FOUNDATION OF LOS ANGELES
lafla.org/
(800) 399-4529
Free legal assistance, including tenant protections and immigration support

ORANGE COUNTY SOCIAL SERVICES AGENCY
ssa.ocgov.com/

COUNTY OF RIVERSIDE DEPARTMENT OF PUBLIC SOCIAL SERVICES
dpss.co.riverside.ca.us/

LONG BEACH FORWARD
www.lbforward.org/covid19
(562) 436-4800
Provides a wide-range of resources and information across internet access, legal aid, and public health

LA COUNTY DEPARTMENT OF PUBLIC SOCIAL SERVICES
dpss.lacounty.gov

STATE

CALIFORNIA CORONAVIRUS RESPONSE
covid19.ca.gov/
Information and resources on numerous topics for various communities in response to COVID-19

CALIFORNIA STATE UNIVERSITY

STATE OF CALIFORNIA EMPLOYMENT DEVELOPMENT DEPARTMENT
Click Here
Unemployment and disability benefits, information about available program and services

LEGAL AID FOUNDATION OF LOS ANGELES
Free legal assistance, including tenant protections and immigration support

ORANGE COUNTY SOCIAL SERVICES AGENCY
Provides support for anyone seeking information or linkage to any of the Health Care Agency's Behavioral Health Services (mental health, alcohol and drug inpatient and outpatient, crisis programs, and prevention and early intervention services)

CALIFORNIA CORONAVIRUS RESPONSE
Information and resources on numerous topics for various communities in response to COVID-19

CALIFORNIA STATE UNIVERSITY

MEDICARE
Click Here
Public health insurance program which provides needed health care services for low-income individuals

STATE OF CALIFORNIA EMPLOYMENT DEVELOPMENT DEPARTMENT
Click Here
Unemployment and disability benefits, information about available program and services
NATIONAL

COMCAST
Click Here
Free internet services for 60 days

COX
Click Here
Limited-time, first two months free of Connect2Compete internet service, $9.95/month thereafter

SPECTRUM
Click Here
(844) 488-8395
Free internet services for 60 days, free hotspots, & waives installation fee for new students

ENTERPRISE
Click Here
Enterprise wants to make it easier for students to get home to their families by reducing the age minimum and waiving young renter fees for rentals through May 31, 2020

U-HAUL
www.uhaul.com/Storage/
The free month applies to new customers with college IDs and is a limited-time offer subject to availability
UNDOCUMENTED & IMMIGRATION RESOURCES

BETANCOURT MACIAS FAMILY SCHOLARSHIP FOUNDATION
www.undocuscholars.com/
(360) 524-3664
Emergency funds available and links to national resources

INFORMED IMMIGRANT
www.informedimmigrant.com/guides/coronavirus/
Dedicated to increasing access to resources and knowledge for the undocumented community

RESTAURANT WORKERS’ COMMUNITY FOUNDATION
Click Here
Assistance for those employed by restaurants or bars or employed by a restaurant or bar supplier

CALIFORNIA IMMIGRANT YOUTH JUSTICE ALLIANCE
ciyja.org/covid19/
(213) 629-2512 x134
Resources and information for undocumented Californians

MAYOR’S FUND ANGELENO CARD
Click Here
Financial assistance for households in the City of Los Angeles who meet additional criteria

IMMIGRANTS RISING
Click Here
Immigrants Rising is committed to serving undocumented communities

UNITED WE DREAM
Click Here
Healthcare access for undocumented immigrants in the time of COVID19

ONE FAIR WAGE EMERGENCY FUND
ofwemergencyfund.org/help
Assistance for service workers
LGBTQIA+ RESOURCES

APLA HEALTH
aplahealth.org/
(213) 201-1600
Services focus on LGBTQ+ individuals and low-cost medical care

NATIONAL CENTER FOR TRANSGENDER EQUALITY
transequality.org/covid19/resources
Information and resources for healthcare, housing, mental health, social support, financial assistance, and workers rights

HUMAN RIGHTS CAMPAIGN
www.hrc.org/campaigns/covid-19
Resources and information

THE Lgbtq CENTER OF LONG BEACH
www.centerlb.org/
(562) 434-4455
Provides health, mental health, legal, and educational services

LOS ANGELES LGBT CENTER (MULTIPLE LOCATIONS)
lalgbtcenter.org/health-services
The Los Angeles LGBT Center is one of the largest and most experienced providers of LGBT health and mental healthcare

THE TREVOR PROJECT
www.thetrevorproject.org/get-help-now/
(866) 488-7386
Mental health, counseling, peer support, and crisis services available 24/7

TRANSLIFELINE
www.translifeline.org/
(877) 565-8860
Connects trans people to the community, support, and resources

LGBT NATIONAL HOTLINE
www.glbthotline.org/hotline
(888) 843-4564
A safe space that is anonymous and confidential