Project OCEAN
(On Campus Emergency Assistance Network) at California State University, Long Beach. Project OCEAN is funded by the voter approved Mental Health Services Act, Prop 63. It is one of several Prevention and Early Intervention (PEI) Initiatives implemented by the California Mental Health Services Authority (CalMHSA).

Project OCEAN focuses on providing CSULB with training and psychoeducation about mental illness and mental health as it relates to prevention and early intervention. Project OCEAN strives to increase awareness of support services on campuses and in the community and also offers free online mental health screenings. The activities of Project OCEAN are designed to strengthen and fill gaps in existing services to “expand the safety net” for students vulnerable to mental health crises.

Express yourself
Spoken Word
Tuesday, March 19, 2013
The Nugget
6pm-8pm
Express Yourself Program
March 19, 2013
6:00PM-8:00PM

Brought to you by:
Project OCEAN
Graduate Peer Educators:
  Edith Arevalo
  Julio Fregoso
  Nancy Trinh
  Crystal Vartanian
Entertainment by DJ Espe

Jennifer Young, Psy.D
Program Coordinator, Project OCEAN

Jane Duong
Assistant Program Coordinator, Project OCEAN

Raffle Prizes: Starbuck’s, BJ’s Restaurant, LA Influence salsa classes, Project OCEAN T-shirts

Welcome

6:00 PM  Event begins
6:05 PM  A word from Dr. Jennifer Young, our Program Coordinator
6:10 PM  Raffle
6:15 PM  Jay Dent
6:20 PM  EY Winner: Danny Shultz - Untitled
6:25 PM  Raffle
6:30 PM  Isidro Landa
6:40 PM  Music by DJ Espe
7:00 PM  Raffle
7:10 PM  EY Winner: Alejandro Grover - “Homeless but Mindful”
7:15 PM  Lethia Cobbs
7:20 PM  Chentel Tabadda
7:25 PM  Raffle
7:30 PM  Margaret Karteron
7:40 PM  Raffle
7:45 PM  Open Mic
8:00 PM  Closing remarks