Designate Before You Celebrate!

Before You Celebrate!

Stay safe. Be Responsible. Go BEACH!

Brought to you by the CSULB Alcohol, Tobacco & Other Drugs Program

CALL 911 & SEEK HELP IMMEDIATELY IF YOU SEE ANY OF THESE SIGNS:

- Passed out, unresponsive
- Slow, shallow or irregular breathing
- Cold or clammy skin
- Bluish or pale discoloration
- Chills
- Seizures
- Excessive vomiting or vomiting while passed out.

CALL 911 AND STAY WITH THE PERSON UNTIL HELP ARRIVES

If the person is passed out, raise their arm above their head, turn them on their side, tilt their head and tuck hand under cheek to maintain airway, and stay with them until help arrives.