

99-01

January 11, 1999

**Bachelor of Science in Kinesiology  
Option in Sport Psychology and Coaching (code 3-1246)**

This new option was recommended by the Academic Senate on November 12, 1998 and approved by the President on December 14, 1998.

This Option is designed for students interested in careers in: 1) sport/exercise psychology; and 2) coaching outside the public school system (e.g., professionals, college athletes, youth sport, sport academies). A minimum of 132 units are required for graduation.

1. Core Courses: A/P 207, 208; KPE 300, 301, 312
2. Lower Division: KPE 263; FCS 232; PSY 100, 200, 210; 8 physical activity units to be distributed over a minimum of 2 activity categories:
  - a. Aquatics: KPE 125A, 125B, 237, 238;
  - b. Combatives: KPE 147A, 148A;
  - c. Individual/Dual Sports: KPE 171A, 264, 265, 266, 267;
  - d. Team Sports: KPE 250, 253, 255, 257.
3. Upper Division: KPE 315, 332I, 335, 339I, 472, 475.
4. Elective Courses: Select 18 units (minimum 6 units from KPE) from the following courses (to be selected with approval of the student's advisor):
  - a. If a student is pursuing a career in sport/exercise psychology, the following electives are recommended: KPE 497, 489B, 499; H SC 427; PSY 241, 332, 333, 337, 356, 370, 373.
  - b. If a student is pursuing a career as a coach or sport instructor, outside the public school system, the following electives are recommended: ACCT 310; HRM 360; H SC 427; I S 240; FEA 307; KPE 497, 489B, 499; MKTG 300, 330; REC 322, 324, 427; COMM 411.

A fieldwork, field experience, or internship course requires current certification in First Aid (ARC-Standard, Community, EMT, or equivalent) and Cardiopulmonary Resuscitation (ARC-Community, Professional Rescuer; AHA-Level B, Level C, or equivalent) prior to enrollment.

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**EFFECTIVE: Spring 1999**

Code: 3-1246

College: 15

Career: UG

IPEDS (Major) ERSS: 08351