**Sustaining Health and Quality of Life**

Issues:

* Some students do not have access to a computer, which creates a problem because the university is going paperless to help the environment.
* Long beach’s budget is insufficient to fund helpful programs.
* No long term projects.
* There is an increase in homeless.
* Expensive housing.
* Insufficient organization to help communities become more aware of their health.
* Decrease hunger and provide information to communities on how to sustain good health and quality of life.

Recommendation:

* Need more community council of leadership that discusses more recreational programs to expose everyone to the open space beauty of Long Beach.
* Educating students about health and quality of life.
* Having a university that is inviting and friendly, and supporting the wellness of the community.
* Use extra food in dorms for food finders🡪 homeless at CSULB.
* Teach students to be healthy and live healthy lifestyles (exercise, smoking).
* Create a schedule of classes for single parents to help them become more aware of their healthy.
* Inform students about health care benefits/ communication about services/ plans.
* Develop more low income housing to help the homeless.
* Making it feasible for individuals to obtain services without being asked for their drivers’ license.
* Campus contributes by disciplining the community.
* Develop off campus educational sites for access to health classes.
* Have classes in libraries.
* Investing in long term projects.
* Offer discounts to our entertainment and sports programs to families on the West Side of Campus.
* Generate scholarship to improve the LB Community
* Bring university programs to the surrounding community
* Town meetings - university and community to identify common ground, formulate goals, specify ways to reach goals.
* Have students and faculty engage in community and city projects.