Dear Alumni, Supporters and Friends,

Happy Holidays from the College of Health and Human Services! As the 2013 calendar year draws to a close, I would like to take this opportunity to wish everyone a very Happy Holiday season and a prosperous and Healthy 2014 as well. The College of Health and Human Services (CHHS) continues to offer academic programs that often include a community outreach component. Our overall mission to “Connect – Discover – Educate” is based upon strong curriculum and teaching so that our graduates will become leaders and innovators in the health and human services professions. Our focus also emphasizes health and wellness in the community. In retrospect, the year was highlighted by numerous milestones and achievements. In May 2013, we graduated over 3,000 students with highly valued degrees in the health and human services fields. Our faculty applied for and were awarded over $10.8M in public (Federal and State) funding for research. Our alumni, friends, and supporters helped us raise $2.3M in private gifts which moved us closer to reaching 86% of our total campaign goal since 2007.

Other milestones and achievements this past year include:
 ♦ Expanded programs at the LifeFit Center @ the Beach
 ♦ The grand opening of Centro Salud es Cultura.
 ♦ Department of Recreation and Leisure Studies received accreditation from the National Recreation and Parks Association’s Council.
 ♦ The Center for Criminal Justice was awarded two grants totaling $2.35M from the California Commission on Peace Officer Standards and Training (POST).
 ♦ The CSULB Academic Senate unanimously approved the change in name of our Department of Criminal Justice to the School of Criminology, Criminal Justice and Emergency Management
 ♦ The second annual CHHS WELLNESS WEEK theme focused on nutrition and fitness. Highlighting the week’s festivities was the College’s signature event, The Donald P. Lauda Wellness Lecture.

These are just a few examples of how in the past year CHHS is striving to fulfill its mission to “Connect, Discover, Educate.” Our graduates will become leaders in the health and wellness professions.

Happy Holidays and Go Beach!

Kenneth I. Millar, Ph.D. Dean
On Oct. 18, California State University, Long Beach (CSULB) opened the Centro Salud es Cultura, a new downtown Long Beach Latino health resource center at 1205 Pine Ave., with a tour and reception.

With the center, the Long Beach community—particularly the Latino community—has a new resource for health-related issues. This center, sponsored by the National Council for La Raza/CSULB Center for Latino Community Health, Evaluation, and Leadership Training, will build on its work on the CSULB campus.

“Much of student success starts at this center. It’s so nice that so many former students have come back today to this new center,” said Britt Rios-Ellis, co-director of CSULB’s Department of Health Science graduate program.

The first year’s success at the LifeFit Center @ the Beach can be attributed to:

- Expanded programming such as Strength For Living, a 16-week comprehensive, small group personal training program of 6 to 8 people.
- The community that has been created and the camaraderie of the members, staff, and interns.

For more information about the LifeFit Center @ The Beach please call 562-985-2015 or visit our website:

http://www.csulb.edu/colleges/chhs/lifefit/

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Read More.
CAMP NUGGET

Since its establishment in 1970, Camp Nugget at California State University, Long Beach has served thousands of children with disabilities by affording them positive opportunities to enjoy and successfully participate in physical activity, games, sports and aquatic experiences. The mission of the Camp Nugget program is to promote a healthy lifestyle that provides fun physical activities and individualized instruction to children with disabilities. The program also provides valuable training and teaching experiences for university students who are studying in the Adapted Physical Education teacher education program. These university students will graduate and serve children with disabilities in the public schools throughout California. Camp Nugget will run in 2014 from 9am to noon Monday through Friday to for more information about the program please email the Director, Dr. Barry Lavay at blavay@csulb.edu or call at 562-985-7969.

2014 Sponsorship opportunities are available, please contact chhs-giving@csulb.edu or call 562-985-5434.
To make a donation online please click here

SPEECH AND LANGUAGE CLINIC

The CSULB Speech, Language and Hearing Clinic is a University based clinic open to the low income community of Long Beach. The clinic provides comprehensive diagnostic & therapeutic services for children and adults who have communicative disorders. Services may be arranged in Spanish, Mandarin, Cantonese, Vietnamese and other languages for more information about the clinic please call (562) 985-4583.

The Clinic enrolls clients for speech/language therapy according to the university calendar for the Fall, Spring, and Summer semesters. Individual therapy sessions are typically scheduled for 50 minutes two times a week.

To make an online donation to the clinic click here
WHY GIVE TO CSULB

We rely on the generosity of alumni, friends, foundations and corporations to endorse the academic mission of the College of Health & Human Services at CSULB.

HELPING TO MAKE A DIFFERENCE

The reasons for making a gift to CSULB are personal and varied. Perhaps you are grateful for your experience as a student and want to give something back. Maybe you would like to leave a legacy to benefit future 49ers for generations to come. Perhaps you feel passionate about supporting & important academic program to keep it relevant and cutting-edge. Or, you may wish to take advantage of the tax benefits of making a gift.

Whatever your motivation, you can help to make a difference at CSULB.

To make a difference today please call 562-985-5434

THE JUDY HAILS STUDENT CRIMINAL JUSTICE ENDOWED STUDENT AWARD

A Lifelong learner, Faculty Emerita Professor of Criminal Justice Dr. Judy Hails knows what it takes to succeed academically and professionally. Her experiences in law enforcement and higher education influenced her in establishing the Judy Hails Criminal Justice Endowed Student Award.

Pioneer

Judy has seen the field of criminal justice change throughout her career. Prior to her tenure at CSULB, Judy was a deputy sheriff in the Los Angeles Sheriff’s Department, serving from February 1968 to the summer of 1973. During that time, women recruits went through a six-week academy course; their male counterparts went through a 16-week course. The uniforms issued to female deputy sheriffs at the time consisted of skirts, jackets, purses, and low heels. Ed Davis, Los Angeles Police Department Chief of Police, was known for saying that women could not be on patrol because they could not climb a fence in a skirt. Because she had earned an undergraduate degree in mathematics, after she graduated from the academy she

Please visit the CHHS home page [www.csulb.edu/chhs](http://www.csulb.edu/chhs) for future events taking place on campus and in the community. If you are an alumnus please update your contact information in order to reconnect with your classmates, the campus, and past professors through the [CSULB Alumni Association](http://www.csulb.edu/alumni). You can also help us advance our academic mission by making a monetary donation. Your gift is not only an investment in the College but also the health and wellness of our entire community. For more information on how to make a gift, please contact the CHHS Office of Development at 562-985-5434 or visit the college’s [online giving website](http://www.csulb.edu/alumni).