Physical Activity Programs for Children with Special Needs
Perceptual Motor Development Clinic and Camp Nugget

The Department of Kinesiology (KIN) at California State University, Long Beach (CSULB) under the direction of Dr. Barry Lavay, Professor and APE Coordinator in the Department, offer a year round (fall, spring, and summer sessions) program of physical activity for children with disabilities. For more information call 562/895-7969 or email Dr. Barry Lavay at <www.csulb.edu>

Perceptual-Motor Development After-School Clinic (PMDC)
The program is offered to children ages 5 through 12 with disabilities and gross motor delays. Provided is small group (2 or 1-1 child/staff ratio) instruction by university students studying in the KIN Department and working toward an Adapted Physical Education Specialist Credential under the supervision of Dr. Barry Lavay. Activities emphasized through individualized and group instruction are gross motor fundamental skills, cooperative lead-up games, sports, relaxation activities, and social interaction. Two, 10-week sessions are offered during the CSULB school year (Fall and Spring) on Tuesday and Thursday afternoons for 1 hour. The cost is $140.00 for each 10-week program that includes 20 sessions. A one-time initial assessment fee of $35.00 is required.

Camp Nugget Summer Program
The program is offered to children ages 5 through 12 with disabilities and special needs. Provided is small group instruction (4-1 child/staff ratio) by university students studying in the KIN Department and working toward an Adapted Physical Education Specialist Credential under the supervision of Dr. Barry Lavay. Camp activities include aquatics with swim instruction, instruction in fundamental skills and lead-up cooperative games, outdoor adventure course, and adapted sports. The program is four weeks long and begins usually the last Monday in June and continues throughout the first three weeks in July. Camp Nugget is offered Monday through Friday, from 9 a.m. to noon and the cost is $300.00. Registration usually begins in April and is on a first come for serve basis