Dear Alumni, Emeriti faculty, and Friends of the Department: Welcome to our first Kinesiology Department Newsletter! We hope that you will enjoy reading about current events and the accomplishments of our faculty, students, and staff and take the opportunity to get in touch. Your support is always appreciated.

I am now completing my third year as Chair and enjoying the leadership opportunity this position has provided me to head a thriving department. I am fortunate to have two great Associate Chairs working with me: Dr. Alison Wrynn, Associate Chair for Undergraduate Studies, and Dr. Grant Hill, Associate Chair for Graduate Studies. I have enjoyed working with Alison and Grant to manage the day-to-day affairs of a large department and help establish the vision for our future.

On the student and faculty level, the Department is rich despite the State budget cuts. This Fall semester, the number of Kinesiology undergraduate students passed the 1000 mark, with an increase of over 250 students in the past two years. Our graduate student population is also strong with approximately 160 students. On the faculty level, the Department has gained three new tenure-track faculty members. Dr. Christine Galvan in Physical Education Teacher Education, Dr. Kerrie Kauer in Sport Studies, and Dr. Shawn Dolan in Fitness, as well as several new lecturers who teach general education and/or physical activity coursework. You can read more about each of these stellar individuals at the bottom of this page. We also just hired a new tenure-track faculty member for Fall 2009, Dr. Wilbur Wu, who specializes in Motor Control. Additionally, we are currently conducting a tenure-track search in Athletic Training. And we will be applying for two to three more tenure-track positions in the near future.

In terms of curriculum and programming, we are at the forefront in a variety of areas. Our Physical Education Teacher Education (PETE) is recognized as leader in the CSU system. The Sport Management Graduate Program is among the largest in the nation in terms of student enrollment and was featured recently in Street and Smith's Business Journal for providing quality education and internships. We are the only Kinesiology Department in the CSU to house a Student Athlete Development graduate program, both undergraduate and graduate programs in sport psychology with (continued on pg 2)

The Department of Kinesiology welcomes three new tenure-track faculty members: Dr. Shawn Dolan in Fitness, Dr. Christine Galvan in Physical Education Teacher Education (P.E.T.E.), Dr. Kerrie Kauer in Sport Studies. All three are already very active in teaching, mentoring, and research. In addition, we have three professors who have recently won awards for community service: Dr. James A. Davis, Dr. Jeff Kress, and Dr. Barry Lavay. We also welcome our newest part-time faculty members: Carol Bell (Student Teaching), Jen Carter (Fitness Walking), Don DeGree (Wilderness Studies), John Fleming (Exercise Science), Michael Mills (Dance Conditioning), Dr. Monique Mokha (Athletic Training), Patrick Pham (Exercise Science), Ayla Preszler (Sport Psychology), Rob Seversen (Ultimate Frisbee), Jason Tsou (Tai Chi Chuan). All are teaching a variety of classes within their respective areas of expertise. All of our new faculty assist greatly with their time and efforts affording students the quality teaching they expect from our department.

Congratulations to Mikiko Aoyagi-Nakajima (Athletic Training) who received her doctorate degree from the University of Southern California in Summer 2008.
Department of Kinesiology

Department Chair Welcome

(continued from pg. 1)

internships that qualify for master’s level certification, one of the top fitness education programs in the State, and one of the only five accredited Kinesiotherapy Programs nationwide.

One of the central values of the University and the College of Health and Human Services is our campus-community relations. The Department is particularly strong in this area as many of our faculty have developed clinics and centers that foster these linkages: Jan Fisher’s Pre-School Motor Development Clinic, Barry Lavay’s After School Adapted Physical Activity Program and Camp Nugget Summer Camp, Jim Davis’s annual Air Power Games, Jeff Kress’s Outdoor Adventure Ropes Course (OutBAC), and Dan Jones’s Kinesiotherapy Center housed at Community Hospital are fine examples. The Department also houses a Movement Sciences Laboratory that tests fitness equipment and products in the private industry sector.

Also in an effort to strengthen our “town and gown” relationships, we have re-established the Kinesiology Advisory Board whose responsibility is to advise us on important issues, and we are in the process of establishing a student alumni group of former undergraduates and graduates. Indeed, we have much about which to be proud. This newsletter launched with the hope of providing information to those who have an interest in maintaining their connection to the Department of Kinesiology and generating enthusiasm regarding the many important campus and community activities in which Department faculty, students, and staff engage. Your support will help us become the best Department we can be and to provide enhanced educational experiences for our students. Please feel free to contact me at guthrie@csulb.edu if you would like to become more involved.

Undergraduate Program

Greetings from the undergraduates in the Department of Kinesiology at CSULB! We currently have over 1000 undergraduate majors split among 8 degree options—the most we have ever had!

I am the new Associate Chair for Undergraduate Studies, Dr. Alison Wrynn. I have been a faculty member in the Department of Kinesiology at CSULB since the Fall of 2000 and have also served as the Department’s Graduate Coordinator. I am very excited about my new role as Undergraduate Advisor and I am working on some exciting new initiatives with other faculty and students to continue to improve student advising, communication, and overall success.

The student advising piece of the puzzle is being supported by the College of Health and Human Services. A new Professional Advising Team has been hired by the College to assist Departments with Undergraduate Advising. Long time Kinesiology lecturer, Merry Eyman, is the lead person in this initiative.

Our Department Advisor is Loren Edwards. She is available to Kinesiology students throughout the week in the CHHS Advising Center (located in HSD-117) to assist them with advising questions. This allows faculty to focus on advising students regarding career and graduate school opportunities. (continued on pg. 3)

Graduate Program

There are approximately 161 students in the Graduate program. Enrollment by option area is: Sport Management (76), Exercise Science (18), Pedagogy (16), Sport and Exercise Psychology (16), Exercise Physiology and Nutrition (14), Sport Medicine and Injury Studies (8), Coaching (7), Adapted (3), Individualized (2), and Sport Studies (1). The Graduate Research Colloquium will be held on Thursday, April 23, 2009 at the Pointe inside the Pyramid. This annual event celebrates the accomplishments of graduate students and showcases the research projects of several students from different graduate options.

Many graduate students are actively involved in research. Some of this research is being conducted in the Exercise Science Lab including:

-Effects of physical activity on bone mineral density

Dr. Sharon Guthrie

Dr. Alison Wrynn

Dr. Grant Hill

-Effects of various types of warm-up on response to exercise

-Effects of exercise on hormone concentrations

Juliana Jason, an Exercise Science student, was selected as the 2008-09 Graduate Student Research Fellowship for the College of Health and Human Services. Other research includes capstone presentations by Pedagogy and Sport Management students. (continued on pg. 3)
Alumni Connections

Adapted Physical Education

In 2008, three CSULB APE alumni received prestigious awards. All three members of the KIN Department APE Advisory Council and long-time guest speakers in the APE Specialist Program. Aaron Robertson (Fountain Valley Unified School District) and Joyce Chino Sakai (Long Beach Unified School District) received the “Teacher of the Year” awards from their respective school districts. Lisa Hilborn, M.A. (Rancho Wheelchair Sports Program Director), received the Spirit Award for Outstanding Coaching and Leadership from the National Wheelchair Basketball Association (NWBA). Ms. Hilborn also received the Amistad Award for her work at Rancho Los Amigos National Rehabilitation Center. The Amistad Award is Rancho’s highest honor.

Fitness

Holly Hann (Fitness, Class of 2003) is now the Vice-President of Powder-blue Productions, a fitness education company in Orange County.

Sport Psychology

Roge Nelson (Sport Psychology, Class of 2008, Outstanding Graduate in the College of Health and Human Services) is a Personal Care Attendant for Victorian Home Care, a Home Care Company. Through his employment at Victorian, he will gain more direct-patient healthcare experience making him even more marketable among the heavily competitive graduate school programs for Physician Assistants. He plans on applying next year. The Department of Kinesiology wishes Roge much success in his career endeavors.

Undergraduate Program

(continued from pg. 2) Communication is being made easier by the emerging technologies that we have on campus. BeachBoard is the campus wide Learning Management System (LMS) that allows us to post information for our majors in a password-protected environment. Students have been placed in option groups and this allows their faculty advisors to contact them much more easily. We are now also able to post scholarship announcements, job listings and internship opportunities on the BeachBoard site so that students can access this information 24/7.

Finally “student success” has always been important to this Department and across campus, but there is a renewed emphasis on defining and assessing student success. Faculty across our programs have been actively engaged in creating student learning outcomes and methods for assessing these outcomes in all of our program areas—not an easy task when you consider the diversity within Kinesiology!

I look forward to working with the faculty and the undergraduate students to continue to come up with ways to improve our program and keep it among the top in the CSU system and across the nation. Thanks to the ongoing support of KIN alumni and friends, we can make this happen!

Graduate Program

(continued from pg. 2) The Graduate Program continues successfully to recruit new graduate students. Twenty-one new regular session students began study in Fall, 2009 and another eight were admitted for Spring, 2009. We are receiving numerous applications from highly qualified students for Fall, 2009. See the website at http://www.csulb.edu/colleges/chhs/departments/kin/GraduateDegreePrograms.htm

...More Connections:

KIN and Japan!

The Department of Kinesiology has established a relationship with Sendai University of Physical Education in Sendai, Japan. This summer, Sendai hopes to send a group of exercise nutrition students to study with Dr. Shawn Dolan, who is a registered dietician as well as an exercise physiologist. In the future, they may possibly send physical education students to study in the KIN Physical Education Teacher Education program at CSULB.

Dr. Alison Wrynn

Dr. Grant Hill
Celebrating Legacies: Farewell to Two Great Teachers

John Gonsalves, Jr., Physical Education Teacher Education (40+ years)

In Spring 2008, the Department of Kinesiology said farewell to John Gonsalves ("Coach G") as he retired after over 40 years of service to CSULB and Long Beach State Athletics. Always popular with and caring of the students, John has been a source of help to his students. He has received numerous athletic awards including being honored in the Long Beach State Hall of Fame for Baseball. We thank John and his wife Sandi for their many years of dedication to physical education, athletics, and the CSULB family. We, the KIN office staff, especially enjoyed Coach G taking the time to come by the office and chat and joke with us every now and then. We imagine John and the family are off vacationing in Hawaii or on a road trip somewhere across the country…congratulations John and enjoy!

Bill Webb, Wilderness Studies (30+ years)

In Spring 2008, Bill Webb made the decision to retire from the Department of Kinesiology after over 30 years of service at CSULB. Bill served in the unique field of Wilderness Studies. When you listen to Bill talk about his numerous trips with the students to places like Joshua Tree or Mammoth, you realize how much he absolutely loves what he does. Countless numbers of students can attest to him being an excellent teacher with a vast range of knowledge about everything from rock climbing to kayaking to camping. With a patient and soft-spoken attitude, he has educated students not only about surviving the wilderness, but also surviving in life. Bill has served the Department of Kinesiology and the University well. We wish him continued success in all that he endeavors.

Kinesiology International Exchange Program - Wales

The Kinesiology Department’s International Exchange Program with the University of Wales Institute Cardiff is over 24 years old and is the oldest continual direct exchange program at CSULB. This Spring 2009 semester, three CSULB undergraduates (Salma Perez - Physical Education, Karen Khuu - Exercise Science, and Andrew Serrano - Exercise Science) are currently studying at the Cyncoed Campus in Cardiff, Wales. Having spent three weeks in Europe thus far, all have become accustomed to being the students with the accent in addition to looking for traffic on the other side of the street, turning on lights, and getting used to colorful money. Additionally, our students are getting the bonus of experiencing an unusually snowy and cold winter in the United Kingdom (schools, airports and public transportation have recently been closed). On the plus side, the current exchange rate for U.S. travelers is extremely good (a 30% value increase in the U.S. dollars over the last 6 months). With the extra money they are “saving”, they will be able to enjoy their three week Spring Break in Europe.

Facility Buzz

The New Tennis Courts are here!

If you have been near the north-east side of campus lately, you may have noticed there are 12 brand new tennis courts in addition to a new backboard. Previously, the KIN Department has had to move all tennis classes to the El Dorado Park Tennis Center and make other adjustments to get ready for the courts’ opening. We are grateful to our tennis instructors and students for their cooperation and patience, and to the staff at El Dorado Park for assisting in keeping our tennis classes going during Spring 2008. The tennis court project was completed at the end of the Summer 2008.

Divider Curtains for the Gold Mine!

Thanks to President Alexander, a frequent participant in Open Recreation, the West Gym has received new divider curtains installed this past summer. This curtain allows different activities to share the same space without interfering with one another. We, along with Athletics, and Open Recreation are enjoying the new and improved Gold Mine gym!

The Physical Activity Center (PAC)

Many of our classes and activity groups currently have the opportunity to experience a refurbished room 88 in the Physical Education (PEI) building. New and innovative fitness equipment is in the process of being installed exclusively for instructional use. The room is already bustling with activity.