Since the late 1960s, the Kinesiology Department at CSU, Long Beach has made a commitment to offer students a diversified and comprehensive academic program in Adapted Physical Education (APE). Students studying in this program can receive a Bachelor of Arts Degree with a California Single Subject Teaching Credential in Physical Education and an APE Added Authorization (APEAA). APE is a course of study in the teaching of children and youth with disabilities. Also offered is a Master of Arts Degree with a specialization in APE. Students can select from many different coursework choices specific to APE as well as a variety of exciting supervised fieldwork experiences ranging from preschool to adult age populations with diverse disabilities. On campus field experiences include: the After School Adapted Physical-activity Program (ASAPP- Formerly the Perceptual Motor Development Clinic, PMDC) and Camp Nugget, a summer fitness, skill, aquatics and sport program for young children 5 to 12 years of age with disabilities. Also offered is a wide selection of Public School experiences ranging from the preschool through secondary level supervised by certified APEAA Teachers, many who are alumni of the CSULB APE program.

Students can also receive a Masters of Arts Degree with a specialization in APE. Many students while studying toward their master’s degree elect to receive a California Single Subject Physical Education Credential with an APEAA.

Since 1988, when Dr. Barry Lavay became the Director of the APE Program, over 350 graduates have received an APEAA degree and all have secured teaching positions primarily in Southern California. We are extremely proud of all our alumni who are teaching APE and making a difference in the lives of persons with disabilities. Our alumni have also been very helpful in supervising field experiences of candidates enrolled in the program. For more information contact: Dr. Barry Lavay, (562) 985-4077 or blavay@csulb.edu.

APE Website
Visit the APE option website by going to bottom of the page to APE downloads at http://www.csulb.edu/APE
When you click on APE down loads you will see a number of links specific to the APE option. Included will be an APE alumni download of this information.
Also visit After School Adapted Physical-activity Program (ASAPP). See webpage with link at http://www.csulb.edu/ASAPP
Also go to the Camp Nugget website to see information about the summer program. http://www.csulb.edu/campnugget

Year by Year Events
What follows is a brief year by year list (since 1996) of the students and teachers who have received their Adapted Physical Education Added Authorization from CSULB and a brief description of the events that have occurred that year in the APE program.
2013 Adapted Physical Education Program

Congratulations to the following 14 students and teachers who in 2013 received their Adapted Physical Education Added Authorization (APEAA) and include; Jon Audett, Wayne Cook, Jessica Dare, Ryan Dunham, Eric Eastman, Kyla Ederer, Enrique Gonzalez, Christopher Hansen, Leah Henry-Sheppard, Marieka Lowery, Jamie Kaufer, Dione McCrea, Jamie McLellan, Brianna Rhoades and Josh Severson. All have secured teaching positions.

The past year the APE Program was featured in the University “Inside CSULB” Electronic Newsletter. Thanks to all alumni and students who contributed the story and it can be read by going to the following website http://www.csulb.edu/misc/inside/?p=38464

The 42th National Adapted Physical Education Conference (NAPEC) was held in Irvine CA on November 14-16 with many APE alumni attending, volunteering, and giving conference presentations. Congratulations to Bev Vigil (Alumni who was responsible for conference presenters.

Congratulation to Ms. Jenna Bradshaw and Kaelin Uchida who received the APE Option undergraduate award at the Kinesiology Department precomencement graduation held at the Pyramid this past spring.

2012 Adapted Physical Education Program

Congratulations to the following 17 students and teachers who in 2012 received their Adapted Physical Education Added Authorization (APEAA). This was the most candidates awarded the APEAA in one year ever at CSULB and include; Adam Bruhl, Traci Conte, Cherice Davis, Kevin Hayakawa, Jasmin Hussain, Brandon Ito, Diana Johnson, Karin Moore, Alan Morris, Noelle Nelson, Anthony Ordonez, Cristian Ortiz, Jennifer Quon, Juan Torres, Gabriela Tucker, Megan Watanabe, Daniel Wassink.

The 41th National Adapted Physical Education Conference (NAPEC) was held in Sonoma CA on November 8-10 with the following faculty giving presentations: Barry Lavay and Joyce Sakai (KIN APE option alumni) presented, A Practical Method to Effectively Collect, Document, and Monitor Student Physical Activity using Technology in AP. Lori Reich presented her dissertation and her presentation was titled, Survey Results: APE Attitudes toward Their Students with Hidden and Visible Disabilities.

Congratulations to Dr. Lori Reich, KIN department Instructor who successfully defended her dissertation in May and received her Ed. D, in the College of Education at CSULB. This is quite an accomplishment we are very proud of Lori.

Congratulations to Ms. Joyce Sakai, APE teacher LBUSD who received the undergraduate Kinesiology Alumni award and Ms. Brianna Moshenko who received the APE Option undergraduate award at the Kinesiology Department precomencement graduation held at the Pyramid this past spring.

Congratulations to Ms. Megan Watanabe, who received the CAHPERD State Council on Adapted Physical Education (SCAPE) Cultural Diversity Student Scholarship Award at the CAPHERD conference in Pasadena this past spring.

2011 Adapted Physical Education Program
Congratulations to the following 12 students and teachers who in 2011 received their APE Specialist Credential which is now called the Adapted Physical Education Added Authorization (APEAA); Riley Brady, Andrew Clayton, Jed Clark, John-Patrick Crate, Randy Ishihara, Jammie Johnson, Kira Martin-Meza, Patrick Merrill, Blaise Mikkelson, Kurt Schwing, Carolina Serrano, Denise Venegas and Robin Verner. Congratulations to Ms. Megan Watanabe who received the APE Option undergraduate award.

40th National Adapted Physical Education Conference (NAPEC). The CSULB Kinesiology Department and Alumni were well represented at the 40th National Adapted Physical Education Conference (NAPEC) in Long Beach on November 17-19. CSU, Long Beach, Kinesiology Department was one of the conference program sponsors that included CAHPERD and the LA County Office of Education. Barry Lavay served as Program Co-chair and was responsible for organizing 50 sessions that included over 75 speakers from around the country. The following presentations were given by KIN Faculty members: Christine Galvan & Em Williams presented, Inclusive Strategies for English Language Learners with Disabilities. Lori Reich & Barry Lavay presented, But You Seem Fine! A Comparison of Physical Education Teachers’ Attitudes toward Students with Hidden and Visible Disabilities. This was based on the work that Lori is currently doing toward completion of her dissertation topic. In addition, she also was able to collect survey data from many of the APE teachers who attended the conference. Student enrolled in the APE major option assisted with a conference presentation that included children who attend the KIN Dept After School Adapted Physical-activity Program (ASAPP). The conference presentation was a hands on activity session titled, Students in Action – Taking the Dis “out of Disability. The audience saw various physical activity program modifications with the assistance from the CSULB KIN APE option students and children who attend ASAPP.

Megan Watanabe, student representative for the State Council on APE organized a social that was well attended by many of our students. Also a special thanks to those many APE major option students who volunteered their time to assist at the conference. Also a number of CSULB KIN APE alumni presented at the conference including; Lindsey Cecil, Carol Kofahl, Leslie Oehlman, Carrie Flint, Tina Robertson, Mellissa Ottone, Joyce Sakai, and Nancy Martin.

2010 Adapted Physical Education Program

Congratulations to the following 13 students and teachers who in 2010 received their APE Specialist Credential; Julie Ammirato, Julio Baldizon, Allyson Brown, Nikki Busch, Charles Campos, Ken Hokuf, Emily Kalmbach, Melissa Kraft, Nancy Martin, Dale Munn, Paul Poompan, Melody Skaggs, and Katrina Simmons. Congratulations to Ms. Nancy Martin who received the CAHPERD State Council on Adapted Physical Education Julius Spizzirri Student Scholarship Award at the 2010 CAHPERD State Conference in Ontario CA. Congratulations to Barbara Lawrence, Adapted Physical Education Specialist, Los Angeles Unified School District and CSULB APE Option Alumni who received the CAHPERD State Council (SCAPE) Adapted Physical Education Teacher of the Year award. Special thanks to all the students and alumni who attended the NAFAPA and NAPEC this year.

40th anniversary celebration for CSULB ASAPP and Camp Nugget

On Saturday, March 20, the CSULB College of Health and Human Services (CHHS) and the Kinesiology Department (KIN) celebrated the “40 year Reunion” of their on campus physical activity programs for children with disabilities. The celebration was shared by over 200 attendees and included: CSULB alumni, many who are now teachers of Adapted Physical Education.
programs throughout California; parents and children who, over the past 40 years, have attended the program; and current and past KIN faculty and students. The celebration included physical education activities for all children attending and a social event with slide program with notable speakers. You can learn more about anniversary by going to inside CSULB website: http://cf.papubs.csulb.edu/news-events/story.cfm?hackid=1326
There was also a very nice article in the CSULB Beach review of ASAPP and Camp Nugget at http://cf.papubs.csulb.edu/cms/?contentID=168
Special thanks to all the CSULB APE Alumni who over the years have made these programs such a great service to the greater Long Beach community and children with disabilities.

40th National Adapted Physical Education Conference in Long Beach

Next year, the 40th National Adapted Physical Education Conference (NAPEC) will be held in downtown Long Beach and the CSULB alumni faculty who are interested can contact me about possibly presenting at the conference. To learn more about the conference go to http://napeconference.org/NAPEC40.htm This is an excellent conference and an opportunity to listen to presentations from top professionals in the field of adapted physical activity on the national level.

2009 Adapted Physical Education Program

Congratulations to the following students and teachers who in 2009 received their Adapted Physical Education (APE) Specialist Credential; Ahern Christopher, Anderson Joel, Anderson, Tracy Ansolabehere Bernard, Aviles Robert, Binkowski Julie, Brodfuehrer Laura, Creighton Katherine, DiPierro Gary, Estrella Daniel, Hamler Adam, Nelson-Kummerle Joy, Oehlman Leslie, Robinson Katherine, Sargent Brandon, Silva (Diaz) Samatha, Sink John, Thackery Hanah, and Zupan Tiffany. A total of 18 APE Specialist Credential were awarded making this the largest class of graduates. This increase in graduates is due to the fact that some of the students studying in the program are from the San Diego area as a few years ago San Diego State dropped the APE program option.

Congratulations to Ms. Tina Robertson who received the APE Alumni Award, Ms. Carolina Serrano who received the APE Option undergraduate award and to Ms. Tiffany Zupan who received the Randy Sandefur Award at the Kinesiology Department precomencement graduation held at the Japanese Garden. Also congratulations to Ms. Julia Hasselwander who received the CAHPERD Southern District APE teacher of the year award. Lori Reich, Instructor and Barry Lavay, Professor in the Kinesiology Department recently coauthored the following publication Reich, L.M., Lavay. B. (2009). Physical Education and Sport Adaptations for Students Who are Hard of Hearing. Journal of Physical Education, Recreation and Dance. 80 (3), 38-42; 49.

40th anniversary celebration for ASAPP and Camp Nugget will be Saturday March 20, 2010 Send email addresses to csulb.ape40yr@ymail.com to receive information. Starting Fall 2009, the Perceptual Motor Development Clinic, (PMDC) name was changed to the After School Adapted Physical-activity Program (ASAPP). See webpage with link at http://www.csulb.edu/colleges/chhs/departments/kin/community/ASAPP.htm Also go to the Camp Nugget website to see information about the summer program. http://www.csulb.edu/colleges/chhs/departments/kin/community/CampNugget.htm

2008 Adapted Physical Education Program
Congratulations to the following students and teachers who in 2008 received their Adapted Physical Education (APE) Specialist Credential; Cox Sara, Hart Stacey, Lewis Eva, Oleson Vicki, Salvar Luvi, Teyler Rachael, and Vigil Beverley. Congratulations to Ms. Nancy Martin who received the APE Option undergraduate award at the Kinesiology Department precomencement graduation held at the Japanese Garden.

This past year, three CSULB APE alumni received prestigious awards. All three are members of the CSULB APE Advisory Council and have been long time guest speakers in the APE Specialist program. Aaron Robertson, Fountain Valley USD and Joyce Sakai (Chino) Long Beach USD received the “Teacher of the Year Awards from their School District. Lisa Hilborn MA, Rancho Wheelchair Sports Program Director, received the Spirit Award from the National Wheelchair Basketball Association (NWBA). This national award is given to a person who displays outstanding coaching and leadership in the NWBA. Ms. Hilborn also received the Amistad award that was created to recognize the valuable contributions made by both individuals and organizations in support of the work at Rancho Los Amigos National Rehabilitation Center and its patients. The Amistad award is Rancho’s highest honor.

Congratulations to Ms. Sara Cox who was the CAHPERD Student Representative and was responsible for putting the CAHPERD student presentations together for the conference in Riverside, CA.

The following faculty and students participated in the 37th National Adapted Physical Education Conference San Diego, CA. Lori Reich and Barry Lavay Co-presented, “Positive Ways to Accommodate Students who are Specifically Hard of Hearing During in Physical Education”. Recent Graduates Lucia Corderia and Eva Lewis co-presented, “Adapted Yoga: An Effective Tool for APE Teachers and their Students.” Joel Anderson Credential teacher candidate presented, “Ability Awareness Activities”. Charles Campos undergraduate credential APE option student served as the Student representative for the State Council On Adapted Physical Education. A number of other students from the APE option attended the conference.

Recently published by Lavay, B., Alexander, S., & Lawrence B. (2008). The Trifold Display Board: A Visual and Portable Way to Present Physical Education Class Information. STRATEGIES: A journal for physical and sport educators. 21 (5), 29-34. The publication was authored with two former students who are presently teaching Adapted Physical Education in the public schools, Susan Alexander, Santa Ana Unified and Barbara Lawrence, Los Angles Unified. This applied article discusses the development of a behavior management system that is used in the Kinesiology Department Perceptual Motor Development and Camp Nugget programs with the children with disabilities.

2007 Adapted Physical Education Program

Congratulations to the following students and teachers who in 2007 received their Adapted Physical Education (APE) Specialist Credential; Bailey Jeff, Dannehold Michael, Ernhard Ron, Hauck Janet, Jaeger Christine, Johnson Suzette, Joseph Tammy, Lee Nicole, Migliazzo Amy, Mineles Veronica, Peck Ron, Skinner Jason, and Stroik LuAnn. Congratulations to Ms. Rachael Tyler who received the 2007 Kinesiology Department APE Option undergraduate award at the precomencement graduation held at the Japanese Garden.

Alumni can access the new Kinesiology web page by going to <www.csulb.edu/colleges/chhs/departments/kin>, go to undergraduate degree programs and under BA Kinesiology, next go to APE links and then go to bottom of the page to APE.
downloads. When you click on APE downloads you will see a number of links specific to the APE option

2006 Adapted Physical Education Program

Congratulations to the following students and teachers who in 2006 received their Adapted Physical Education (APE) Specialist Credential; Bullock Amanda, Donahue Meagan, Gordon Steve, Haar Rudene, Lazerinni, Jenna, Le Hien, McDaniel, Pamela, Rios, Albert, Stout John, Swatek Susie, and Velasquez Ken. Congratulations to Ms. Jenna Lazerrini who received the 2006 Kinesiology Department APE Option undergraduate award at the precomencement graduation held at the Japanese Garden. This year marked the first time that teachers received an APE credential who live in the San Diego area. Recently, San Diego State University dropped their program and many of these teachers are now working toward an APE credential at CSULB.

The following students with Dr. Lavay presented at the 35th National Adapted Physical Education Conference in Los Angles, CA. Sara Cox and Rachael Tyler, also assisting with activities Amy Migliazzo, Nikki Lee, Daniel Estrella, & Tiffany Zupan and presented “Fun Holiday Theme Lessons that Include Everyone” the presentation was an activity based session where the students provided activities & insight on seasonal theme lessons they have learned in the practicum experiences in adapted physical courses.

Barry Lavay was the invited keynote speaker for the Adapted Physical Education section of the 2006 Illinois Alliance for Health, Physical Education, Recreation & Dance and the Midwest the Adapted Physical Activity Conference held in St. Charles Illinois. He gave two different talks on behavior management methods and students with disabilities.

2005 Adapted Physical Education Program

Congratulations to the following students and teachers who in 2005 received their Adapted Physical Education (APE) Specialist Credential; Buchanan Amie, Chino Joyce, Curley Julie, Devasher Tanya, Hardy Lindsay, James Norma Leipper Brian, Leonard Linnea, Nottingham Heather, Penman Ylva, Poppin, Karen, Sipe Joshua, Uhls Ray, and Wells Holl.

Congratulations to Ms. Lindsay Hardy who received the CAHPERD State Council on Adapted Physical Education Julius Spizzirri Student Scholarship Award. Also congratulations to Ms. Joyce Chino for the CAHPERD State Council on Adapted Physical Education Cultural Diversity Student Scholarship Award. In the spring, Jeff Kress, Barry Lavay, Joyce Chino, & Lindsay Hardy presented at the CAHPERD Conference in Monterey. Their presentation titled, “Children with Special Needs Use of a Low Ropes Course” was based on the CSULB OUTBAC low rope course that is now being used by children with disabilities in Camp Nugget.

2004 Adapted Physical Education Program

Congratulations to the following students and teachers who in 2004 received their
Adapted Physical Education (APE) Specialist Credential Faenza Patrick, Hughes Shawna, Monaghan Kathy, Nerrida Wil, Rickerl Kathy, Robinson Jeanne, Strauss Stephanie, Uni Craig, Watson Rachel and Wright, Barbara.


2003 Adapted Physical Education Program

Congratulations to the following students and teachers who in 2003 received their Adapted Physical Education (APE) Specialist Credential; Alexander Susan, Arieta Joshua, Doney Michelle, Flint Carrie, Hurst Brooks, Hart Thomas Sandy, Lawrence Barbara, Magat Allison, Matarrese Sharon, Ng Roger, Truran Kathy, Schnoor Lynne, and Wilson Wendy

This past year Lavay, B., French, R., Henderson H., Silliman-French, L., Alexander, S., & Lawrence B. presented at the 32nd National Physical Activity Conference for Exceptional Individuals in San Diego, CA. on Behavior Management Methods that Empower Students Rather Than Control Their Behavior. Discussed was the use of the trifold board to display behaviors which was developed in the summer Camp Nugget program.

2002 Adapted Physical Education Program

Congratulations to the following students and teachers who received their Adapted Physical Education (APE) Specialist Credential; Cassie Bradford, Tammy Delp, Mike Gardner, Kiersten Kenny-Hodson, David Samson, Chris Shay, Chris Stehle, and Rachel Webber. Most of these individuals have secured APE Specialist positions in Southern California. In fact, during the past fifteen years, the job placement ratio for CSULB APE graduates has been over 97% and over 125 of our students have secure teaching positions primarily in Southern California.

Congratulations to Michelle Doney who recently received the 2002 CAHPERD State Council on Adapted Physical Education Julius Spizzirri Award. This is a $500.00 scholarship, awarded to a dedicated student to help support them during their APE student teaching experience. Michelle received her award at the spring National AAHPERD conference in San Diego and will be completing her student teaching in APE in the fall with the Long Beach Unified School District.

The 31st National Conference on Physical Activity for the Exceptional Individual (2002) will be in Sacramento at the Radisson Hotel on October 24 –26th. I hope to see a lot of you there as an exciting national program is scheduled with many CSULB APE alumni presenting. The CAHPERD State Council on APE (SCAPE) has recently developed a website and you can obtain more information about the conference and other information by going to this site at <www.cahperd.org/SCAPE/ESCAPE>. Another new feature of the site that Jerry Harris (webmaster) and I have been developing is the “Activity Exchange”, designed to provide a forum for the exchange of ideas on lesson plans, unit plans, activity modifications, and other
suggestions that would be helpful to teachers, activity leaders, and others in providing appropriate educational, recreational, and therapeutic physical activities for individuals with special needs. We believe that your experiences and knowledge are worth sharing with others. The following are some examples of ideas for submission: (a) lesson/unit plans for a physical education or adapted physical education class; (b) equipment/rule modifications for students with a particular disability for a specific activity; (c) behavior management techniques you have used successfully for certain students or situations; (d) methods for reporting student progress on IEP goals and objectives and; IEP goals you have written to address specific state standards. For this site to be a successfully exchange of ideas we need each of you to submit material. Remember the exchange will only work and be helpful if material is submitted from various professionals and students. So make this a professional goal to submit an idea to the exchange, in the next few months.

During the past year, with the help of graduate student Brian Clevan, I have been able to update the CSULB Adapted Physical Activity web page <www.csulb.edu/programs/apa/>. The site now includes alumni information, pictures and information featuring the many practicum experiences offered on campus including the after school Perceptual Motor Development Clinic and the summer Camp Nugget. There is a section on the page that includes hyperlinks to over 50 of the top web sites in Adapted Physical Activity. The site also includes a program overview of the CSULB APE Program with coursework offerings including graduate studies in APE. For more information please contact: Dr. Barry Lavay, Adapted Physical Education Coordinator, CSU, Long Beach, Department of Kinesiology & Physical Education, 1250 Bellflower Blvd., Long Beach, CA 90840, (562) 985-4077, e-mail, blavay@csulb.edu, www.csulb.edu/programs/apa/.

**2001 Adapted Physical Education Program**

Congratulations to the following students and teachers who recently received their Adapted Physical Education (APE) Specialist Credential during the 2001 school year; Charles Almand, Kelly Dornan, Ralph Mendoza, Anne Marie Menton, Jodi Parker, Anette Seino, Christine Shelgosh, James Tabb, and Margaritia Torres. Most of these individuals have secured APE teaching positions in Southern California. In fact, during the past twelve years, the job placement ratio for CSULB APE graduates has been over 97% with over 125 of our students securing teaching position primarily in Southern California.

We are certainly proud of all our CSULB APE alumni and the teaching and leadership they provide. Congratulations to Jim Tabb who is currently working on his Master’s Degree and has a Graduate Assistant in APE at Oregon State University. Congratulations to Anne Marie Menton, APE Specialist Oceanview School District, who recently presented at the 2001 CAHPERD State Conference. Her co-presentation titled, “Thriving or Surviving in APE” provided many strategies and insights that beginning APE teachers must take into consideration when starting their first APE teaching position. During the past year Anne Marie also served as Co-chair of the Future Professionals Section. Congratulation is also in order to Marnie Young, APE Specialist Oceanside USD who this May will become the Chair of State Council of Adapted Physical Education (SCAPE). We are looking forward to Marnie’s vision and leadership for APE in California.
The 30th National Conference on Physical Activity for the Exceptional Individual (2001) will be in Los Angeles at the Westin Hotel near the LAX on November 8-10. As co-program chair I am very excited about the number of quality presentation from nationally recognized leaders in the field of adapted physical activity. During the conference you can register and take the Adapted Physical Education National Exam (APENS). For more information about the exam and APENS certification you can email (APENS@venus.twu.edu) or go to the website on Texas Woman’s University -Project Inspire http://venus.twu.edu/~f_huettig/ website. Registration information for the 30th conference can be obtained by contacting the CAHPERD office. Also, The SCAPE has recently developed a website and you can obtain more information about the conference and other happening in APE by going to this site at www.cahperd.org/SCAPE/E-SCAPE.

During the past few years I have been communicating with many of the CSU, Long Beach APE program graduates by e-mail. If you would like to become part of this communication, send me your e-mail address at blavay@csulb.edu. I look forward to hearing from you. I hope you have had an opportunity to check out the CSULB Adapted Physical Activity web page (www.csulb.edu/programs/apa/). There is a section on the page that includes hyperlinks to over 30 of the top web sites in Adapted Physical Activity. In addition, the site also includes; a program overview of the CSULB APE Program with coursework offerings and practicum experiences. The site includes information regarding graduate studies in APE where students can receive a Masters of Arts Degree with a specialization in APE. Many students while studying toward their Master’s Degree elect to receive a California Single Subject Clear Credential in Physical Education with a Specialist Credential in APE. For more information please contact: Dr. Barry Lavay, Adapted Physical Education Coordinator, CSU, Long Beach, Department of Kinesiology & Physical Education, 1250 Bellflower Blvd., Long Beach, CA 90840, (562) 985-4077, e-mail, blavay@csulb.edu, www.csulb.edu/programs/apa/.

2000 Adapted Physical Education Program

Congratulations to the following students and teachers who received their Adapted Physical Education (APE) Specialist Credential during the 1999 school year; Ayline Amirayan, Diane Cooper, Michelle Garay, Bill Moll, Todd Oshiro, Melissa Salderfer, and Carol Schreiner. The majority of these individuals have secured APE teaching positions in Southern California. In fact, during the past ten years, the job placement ratio for graduates has been over 97% with over 125 of our students securing APE teaching position primarily in Southern California.

Congratulations to Anne-Marie Menton who recently received the State Council on Adapted Physical Education Julius Spizzirri Award. This is a $500.00 scholarship, awarded to a dedicated student to help support them during their APE student teaching experience. Anne-Marie received her award at the spring CAHPERD conference in Long Beach and is currently completing her student teaching in APE with the Fountain Valley School District. She is very active in CAHPERD and next year will serve as chair of the Future Professionals Section.

Also During the CAHPERD Conference, Lisa Hilborn (CSULB Class of 1993), Director and Head Coach of the Rancho Los Amigos Wheelchair Sport Department received the Emmett Ashford Community Spirit Award. This award is given to an individual who demonstrates a
desire to achieve self-excellence in their field and help others. Congratulations to Lisa who is well deserving of this award.

The 29th National Conference on Physical Activity for the Exceptional Individual will be held in Fresno at the Radison Hotel on October 12-14, 2000. The following year The 30th National Conference on Physical Activity for the Exceptional Individual (2001) will be in Los Angeles at the Westin Hotel near the LAX on November 8-10. I will be co-program chair for this conference, so please contact me if you are interested in presenting. This is an excellent conference and an opportunity to listen to presentations from top professionals in the field of adapted physical activity on the national level. In addition, plan on attending the socials and meeting many of the CSULB APE alumni. Registration can be obtained by contacting the CAHPERD office.

During the past few years I have been communicating with many of the CSU, Long Beach APE program graduates by e-mail. If you would like to become part of this communication, send me your e-mail address at blavay@csulb.edu. I look forward to hearing from you.

I hope you have had an opportunity to check out the Adapted Physical Activity web page (www.csulb.edu/programs/apa/). Recently, Dr. Emyr Williams and I developed a section on the page that includes hyperlinks to over 30 of the top web sites in Adapted Physical Activity. Also included is a paper that provides strategies for conducting searches in APA. In addition, the site also includes; a program overview of the CSULB APE Program, coursework offerings, practicum experiences, and extensive advising materials. The site includes information regarding graduate studies in APE where students can receive a Masters of Arts Degree with a specialization in APE. Many students while studying toward their Master’s Degree elect to receive a California Single Subject Clear Credential in Physical Education with a Specialist Credential in APE. For more information please contact: Dr. Barry Lavay, Adapted Physical Education Coordinator, CSU, Long Beach, Department of Kinesiology & Physical Education, 1250 Bellflower Blvd., Long Beach, CA 90840, (562) 985-4077, e-mail, blavay@csulb.edu, www.csulb.edu/programs/apa/.

1999 Adapted Physical Education Program

Congratulations to the following students and teachers who received their Adapted Physical Education Specialist Credential during the 1998-99 school year; Diane Copper, Jennifer Giles, Charles Hwang, Julia Jenkinson, Diane Larrabee, Scott Lebisker, Bill Moll, DiAnna Mowles, Drew Shandro, James Strom, Bill Swanson, and T. J. Troup. All of these individuals have secured APE teaching positions in Southern CA. In fact, during the past ten years, the job placement ratio for graduates has been over 97% with over 125 of our students securing APE teaching position primarily in Southern California.

Congratulations to Ayline Amirayan who recently received the State Council on Adapted Physical Education Julius Spizzirri Award. This is a $500.00 scholarship, awarded to a dedicated student to help support them during their APE student teaching experience. Ayline received her award at the spring CAHPERD conference in Monterey and will do her student teaching in APE this fall.

I hope you are planning to attend the 1999 National Conference on Physical Activity for the Exceptional Individual to be held in Costa Mesa at the Double Tree Hotel on October 28-30.
This is an opportunity to listen to talks from some of the top professionals in the field of adapted physical activity on the national level. In addition, plan on attending the socials and meeting many of the CSULB APE alumni. Registration can be obtained by contacting the CAHPERD office.

During the past few years I have been communicating with many of the CSU, Long Beach APE program graduates by e-mail. If you would like to become part of this communication, send me your e-mail address at blavay@csulb.edu. I look forward to hearing from you.

Check out the recently developed web page (www.csulb.edu/programs/apa/) for the APE teaching option. The sites includes; a program overview, coursework offerings, practicum experiences, extensive advising materials, and links to other APE sites. The site also includes information regarding graduate studies in APE where students can receive a Masters of Arts Degree with a specialization in APE. The program offers a variety of courses and dynamic supervised practicum experiences across the lifespan. Practicum experiences range from preschool to adult age populations of various disabilities and include on campus clinics, public school experiences and a sport program at the Ranch Los Amigos Medical Center. Many students while studying toward their master’s degree elect to receive a California Single Subject Clear Credential in Physical Education with a Specialist Credential in APE. For more information please contact: Dr. Barry Lavay, Adapted Physical Education Coordinator, CSU, Long Beach, Department of Kinesiology & Physical Education, 1250 Bellflower Blvd., Long Beach, CA 90840, (562) 985-4077, e-mail, blavay@csulb.edu, www.csulb.edu/programs/apa/.

1998 Adapted Physical Education Program

Congratulations to the following students and teachers who received their APE Specialist Credential during the 1997-1998 school year; Barbara Carlson, Paul Commins, Charles Hwang, Diane Larrabe, Mike Leach, Scott Leibsker, Diana Mowles, Marianne O’ Brien, Aaron Roberston, Yvonne Rodriguez, Joel Sebastian, Karen Self, Melissa Stinson, Charee Vogel, and Michelle Williams.

The Adapted Physical Education (APE) Specialist Credential Program in the Department of Kinesiology and Physical Education offers one of the most comprehensive programs of study in the United States. Since 1988, The job placement ratio for graduates has been 97% with over 120 of our students securing APE teaching position primarily in Southern California. A variety of dynamic APE Practicum Experiences are offered each year and include: the Preschool Motor development Center and the Perceptual Motor Development Clinic, on campus physical activity programs for preschool age children 3 to 5 years and young children ages 6 to 12 years; Camp Nugget and Asthma Camp, on campus summer fitness, skill, aquatics and sport programs for young children 5 to 12 years of age with disabilities and asthma; the Adapted Wellness Center, on campus individualized exercise program for university students with disabilities; the CABA Goal Ball Games, offered each fall on campus for persons who are blind and with visual disabilities; the Air Power Games, a campus track and games meet for young children with asthma; and the Rancho Los Amigos Sport Program, a variety of physical activity and sport experiences (eg., Wheelchair Basketball) to individuals with orthopedic disabilities. In addition, a wide variety of Public School experiences are available on the preschool through secondary level. Currently we have over 20 public school APE sites that students can choose from that are
taught by APE Specialist Credential Teachers who are alumni of the CSULB program. A special “thank you” to these professionals for helping to mentor students studying to be future APE teachers!

Graduate Studies in APE are offered and students can receive a Masters of Arts Degree with a specialization in APE. A variety of courses and dynamic supervised practicum experiences are offered across the lifespan ranging from preschool to adult age populations of various disabilities. Many students while studying toward their master’s degree elect to receive a California Single Subject Clear Credential in Physical Education with a Specialist Credential in APE. For more information please contact: Dr. Barry Lavay, Adapted Physical Education Coordinator, CSU, Long Beach, Department of Kinesiology & Physical Education, 1250 Bellflower Blvd., Long Beach, CA 90840, (562) 985-4077, E-mail, blavay@csulb.edu

1997 Adapted Physical Education Program

Congratulations to the following students and teachers who received their Adapted Physical Education Specialist Credential during the 1996-97 school year; Barabara Carlson, Paul Commins, Margaret Moss, Rita McAullife, Diane Newson, Tom Pescatelo, Bob Pruden, Aaron Roberston, Yvonne Rodriquez, Joel Sebastian, Karen Self, Greg Steinhause, Melissa Stinson, Ken Turner, and Michelle Williams. The Adapted Wellness Center in July will have completed its second successfully year of operation. This facility is located in the CSULB Pyramid and is part of the campus fitness facility. The program provides wellness (i.e. individualized prescribed fitness) programs to faculty, staff, and students with disabilities attending CSU, Long Beach. Participants with disabilities can choose to exercise in the entire fitness center with nondisabled peers in an inclusionary setting or choose to exercise in the 1,000 square foot Adapted Wellness Center which is part of the facility. The Adapted Wellness Center includes staff to assist individuals with disabilities with their wellness programs. For more information please contact: Dr. Barry Lavay, Adapted Physical Education Coordinator, CSU, Long Beach, Department of Kinesiology & Physical Education, 1250 Bellflower Blvd., Long Beach, CA 90840, (562) 985-4077, E-MAIL, BLAVAY@CSULB.EDU.

1996 Adapted Physical Education Program

Congratulations to the following students and teachers who received or will receive their Adapted Physical Education Specialist Credential during the 1995-1996 school year; Kay Barnmore, Sue Buch, Fran Buckless, Karen Courter, Joyce Curran, Jenny Hess, Jennifer Hustead, Linda Engolhm, Michele Fraser, Toni Guestalla, Brenda Lopez, Collette McNiel, Tina Nickerson, Debra Patterson, Yvonne Redman, and Ken Younger.

The Adapted Wellness Center is located in the CSULB Pyramid, Physical Education and Athletic facility. The Adapted Wellness Center is part of the campus fitness facility and designed to provide wellness (i.e. individualized prescribed fitness) programs to faculty, staff, and students with disabilities attending CSU, Long Beach. Participants with disabilities can choose to exercise in the entire fitness center with nondisabled peers in an inclusionary setting or choose to exercise in the 1,000 square foot Adapted Wellness Center which is part of the facility. The Adapted Wellness Center includes staff to assist individuals with disabilities with their wellness programs.
programs. Participants have access to such adapted equipment as a six station Equalizer weight training system, 3 Monark upper extremity ergometers, lifecycles, and free weights. Participants’ membership in the Center also enables them to have access to the use all the other equipment which is typically found in a fitness facility (treadmills, stationary bikes, rowing machines, and various weight machines).

This past spring Dr. Barry Lavay conducted a series of workshop to teachers and professors on assessment in adapted physical education at National Taiwan Normal University in Taipei, Taiwan. This fall a delegate of teachers and professors from Taiwan plan to visit various APE programs in the United States. Plans are to visit the CSU, Long Beach APE program and schools in the area who offer exemplary programs of physical education to children with disabilities. For more information regarding National Taiwan Normal University in Tapei, Taiwan visit to the Long Beach area or general information regarding the APE Program contact: Dr. Barry Lavay, (310) 985-4077 or email-BLAVAY@CSULB.EDU.