



ASAPP News

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After School Adapted Physical Activity Program (ASAPP)

After successful Fall and Spring sessions, ASAPP is coming to a close April 30th. CSULB students in the Adapted Physical Education (APE) Program directed by Dr. Barry Lavay staff the program as part of their APE class practical experience. The program runs on Tuesdays and Thursdays from 3:45 to 4:45 consisting of 30 minutes of individual instruction followed by 30 minutes of group instruction. Activities are planned based on initial motor assessment of each child plus input from parents and the children. As always our focus is on improving motor movement skills, sports skills and social skills to

give children the tools needed to go out and play with other children in their community!

The lessons this year included: Welcome Back by Nancy and Charlie, President's Day Fitness Celebration by Melody, Lost in Space by Carolina, Super ASAPP by Brandon, March Madness by Paul, St. Patrick's Day by Christian, Mardi Gras by Julie, Spring Fling by Anthony, Spring Sports by Andy and Kick off to Summer by Jen.

The Adapted Physical Education student teachers this year are a group of talented, energetic and caring individuals that will make excellent future



Dr. Lavay working hard

teachers.

The children that attended ASAPP were just the best. They came willing to learn and loving to play. They usually left with a little more sweat than when they came, and we consider that a successful day. Thank you to Dr. Lavay, the APE students and the ASAPP children for making it a great year!

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Halloween Fun!



James M. by Paul

James is an intelligent and highly energetic 9 year old, that I have had the honor of working with for the Spring 2009 semester. James has successfully completed a unit in ball games skills with an emphasis on basketball and baseball. James has learned how to dribble with both hands, shoot lay ups

and do free throws to help improve his skills in the game of basketball. James has made big improvements in his ability to catch and throw a baseball and now applies proper body mechanics when executing a throw. James has also improved his ability to collaborate with others during group activities as well.

www.autisminreallife.com
www.positivelyautism.com



Tucker by Julie

Tucker is a friendly, fun loving, energetic young man. He is always willing to give a helping hand. Tucker worked on various skills such as dribbling, throwing, catching, kicking and bowling. It was a pleasure working with Tucker! www.sd46.bc.ca/ASD



James by Carolina

James R is a bright young man who loves to learn new things about all kinds of sports! The past couple of weeks James has been refining his hand and eye coordination in several sports such as volleyball, basketball and baseball. I have really seen a tremendous improvement and hope to see him this summer at Camp Nugget! It is truly a joy to have James and Adam participate with us at ASAPP. This website will

give you more insight to other programs that both James and Adam may be interested in!

<http://www.longbeach.gov/park/>



Tea by Anthony

Te'a is a very friendly, energetic, well mannered 10 year old girl. She gets very excited and wears a big smile while performing activities. She is usually the first to arrive and is always willing to help set up equipment. Te'a really enjoys playing basketball and bowling. It was a pleasure to work with Te'a this semester. A website to check out:

http://www.longbeach.gov/park/recreation/youth_n_teen_programs/adaptive.asp.

This program offers fun activities Te'a would enjoy such as bowling, movie night, and mommy and me aquatics. For more information on programs contact Adaptive Recreation at 570-1685 or 570-1686



It's great to see the smiles on the faces of our ASAPP kids as they come through the gym door!

Christopher by Anthony

Christopher is a very bright and energetic boy. Christopher loves to dance and everything that has to do with spider-man and the hulk. This semester we focused on basketball because I believe Christopher has great potential to be an excellent basketball player. Working with Christopher this semester was a pleasure. A program i would like Chritopher to check out would be

Challenger Basketball. For more info on Challenger Basketball call (714) 848-8976, and you can email them at:

www.gharder@gte.net



Ibrahim by Brandon

.I have had an awesome time working with Ibrahim this year in the ASAPP program. Ibrahim is a very sweet 6th grader who loves playing soccer and basketball. We would start every meeting by playing basketball or soccer, then work on an object control skill such as throwing or striking a stationary ball. A big thing we started to work on together was learning how to use the vending machine. Ibrahim would receive quarters when he was being a good listener, and when he had enough money, we would go together to the vending machine. Ibra-

him would have to put the money into the vending machine all by himself and push the appropriate letter/number for the snack he wants.

I had a great time working with Ibrahim this year, and I hope to work with him again shortly!

Possible summer camps for Ibrahim:

C.A.M.P: Children with Autism

Making Progress

Ability First: Lawrence L. Frank Center



Makailee by Jen

Miss Makailee Kaller is a beautiful, bright, warm hearted individual, who loves to have fun. Makailee starts her day at ASAP with a journey to the "Stairs of Success." At the top of the steps, she performs "Makailee's locomotor movement's" of the week. Makailee sings and dances the whole time she is outside having fun. Makailee's return to class includes motor movement activities. "CONGRATULATIONS to Makailee" for completing her "Ball Handling

Skills" unit plan. Ball skills included, rolling, passing, catching, overhand throwing, and her fa-



vorite dribbling.' Makailee is a very hard worker. She brightens the room with her smile, and her laugh enriches the atmosphere.

Some fun programs, Arts and Services for disabled:

<http://rmm.namm.org/lifestyles/programs/arts-services-for-disabled-inc>

<http://rmm.namm.org/lifestyles/programs/little-kids-rock>

Chris by Christian

Chris Ventura is a wonderful little boy who can put a smile on anyone's face and can brighten your day. While working with Chris this semester, he has helped me develop new teaching skills and methods. We have worked on many different physical activities, but primarily focused on honing his basketball skills. From the first day of ASAPP, Chris exhibited basketball skills, and from that day forward I knew I wanted to help him improve

those skills. We worked on dribbling, catching, passing, and shooting for approximately five weeks. In every area Chris improved and was able to complete the various amount of drills. Chris has been awesome to work with and we've developed a friendship. I hope to see him in the summer and next year in the program. Here's a website I found helpful to locate local activities for Chris,

www.leapsnboundz.com



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Adapted Physical Education at CSULB

The goal of CSULB's Adapted Physical Education Program is to train students to become teachers with the skills necessary to inspire children to develop a healthy lifestyle and a lifelong love of physical activity.



Johnny our dedicated helper



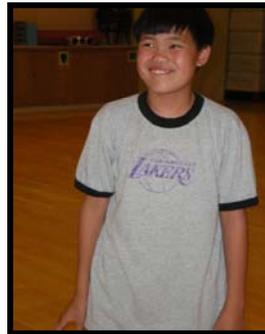
Nancy and Charlie the 2008-2009 ASAPP Student Assistants

Kenny by Melody

Kenny is kindhearted 12 year old boy who is good at soccer and baseball. We worked on skills from the Fitnessgram including running, push ups, sit-ups, and the trunk lift. We also concentrated on social skills. I have had a lot of fun working with him! This is Kenny's last year at ASAPP. We will miss you Kenny!

A site I recommend:
Ken's VHAP Camp (Verdugo Hills Autism Project ...for Kids with Special Needs) "A safe place where kids have fun with other kids!"

<http://www.vhap.org/kensvhapcamp.php><<http://www.vhap.org/kensvhapcamp.php>



Brandon by Andy

Brandon is a young man who really enjoys watching the Lakers. He is also working really hard on his own basketball skills. He also loves talking with his peers and asks many great questions. Brandon is a bright young man

www.abilityfirst.org

