LOWER DIVISION:
Take all of the following:
BIOL 207 Human Physiology
BIOL 208 Human Anatomy
PSY 100 General Psychology
KIN 149A Self Defense
KIN 237 Techniques and Analysis of Aquatic Skills
KIN 250 Techniques of Basketball
KIN 251 Techniques of Flag Football
KIN 253 Techniques of Soccer
KIN 255 Techniques of Softball
KIN 257 Techniques of Volleyball
KIN 261 Techniques and Analysis of Fundamental Rhythms
KIN 264 Techniques of Golf
KIN 265 Techniques and Analysis of Gymnastics
KIN 266 Techniques of Badminton
KIN 267 Techniques of Tennis
KIN 268 Techniques of Track and Field
KIN 270 Professional Practices in Public School Physical Education

UPPER DIVISION
Take all of the following:
KIN 300 Biomechanics of Human Movement
KIN 301 Exercise Physiology
KIN 312 Motor Control and Learning
KIN 315 Motor Development
KIN 320 Adapted Physical Education
KIN 321 Sociocultural Dimensions of Sport and Human Movement
KIN 335 Historical and Cultural Foundations of Sport in America
KIN 343 Techniques and Analysis of Fitness
KIN 370 Movement Theory and Practice of Elementary Physical Education
KIN 380 Principles, Organization and Management of Secondary School Physical Education
KIN 387 Physical Activities for the Disabled
KIN 388 Program Planning and Instruction in Adapted Physical Education
KIN 427 Physical and Motor Assessment
KIN 460 Applied Theory and Analysis of Non Traditional Physical Education Games and Activities

ADAPTED PHYSICAL EDUCATION ADDED AUTHORIZATION

Requirements for the Adapted Physical Education Added Authorization APEAA
In addition to the requirements for a 5-Year Preliminary Teaching Credential, students seeking a California APEAA must complete the following courses:
KIN 320 Adapted Physical Education Prerequisites: BIOL 208
KIN 427/527 Physical and Motor Assessment Prerequisites: KIN 315, 320.
KIN 387 Phys Activity for the Disabled Prereq: KIN 320, Corequisite: KIN 489A
KIN 388 Prog Plan & Instruction in APE Prereq: KIN 387, Corequisite: KIN 489A
KIN 389A Fieldwork in APE includes teaching in the campus ASAPP & the public schools usually in conjunction with KIN 387 & 388 for a total of 6 units.
EDSP 350 Education of Exceptional Individuals

Please note: Graduate students & teachers may substitute KIN 537 for KIN 387 and 638 for KIN 388 with approval from the APE Credential Coordinator.

Select two courses from the following: APE Professor Permission
KIN 526 Applied Behavior Analysis in PE
EDP 405 Positive Strategies for Classroom Management
EDSP 577 Instruction Methods & Strategies Mild/Moderate Disabilities
EDSP 578 Instruction Methods & Strategies Moderate/Severe Disabilities
LIN 151 Sign Language

Additional Program Requirements:
- Credential Authorization: Candidates are advised that they must hold one of the following teaching credentials: Single Subject in Physical Education (SS), Multiple Subject (MS), or Education Specialist (ES) Credential, authorizing the teaching of physical education K-12 with subject matter competency as determined by APE Coordinator. Candidates with a teaching credential other than a Single Subject in PE are required to show subject matter competence (i.e., take a series of prerequisite PE core courses as determined by the APE Coordinator or passing the CSET PE subject matter exam). See APE Option road map on website
- Successful completion of the California Basic Education Skills Test (CBEST).
- An overall GPA 2.75 and a 3.0 in courses in the APE Program.
- Exit Interview & submit a APEAA coursework with APE Coordinator & file with the Single Subject Credential office

Visit the Kinesiology APE website for more program information & to learn more about the APE Program at www.csulb.edu/APE

(Revised SP 2013)