CSULB - CHHS - KINESIOLOGY

Providing Positive Movement Experiences for children with special needs 5-12 years of age

Dates
Monday through Friday
June 20th through July 15th, 2016

Time
9AM to Noon

Place
California State University, Long Beach
Department of Kinesiology
1250 Bellflower Blvd.
Long Beach, CA 90840
(562) 985-7969

Director: Dr. Barry Lavay
Co-Director: Dr. Lori Reich
Email: campnugget@ymail.com
Website: www.csulb.edu/campnugget
Camp Nugget is built upon the strong conviction that movement is important and beneficial for everyone! Children with special needs should be afforded the same opportunities to enjoy and successfully participate in physical activity. Camp Nugget is designed to provide positive health-related physical fitness, fundamental motor skills, aquatics, cooperative games, and sport experiences for children with special needs and disabilities ages 5 - 12. The program provides a positive, active, and fun experience in a small child/staff (4:1) ratio setting.

Who, Child/Staff ratio - 4 to 1
Designed for children with special needs and disabilities ages 5 - 12 years. The child/staff ratio is at least 4 children to 1 staff member.

Intense One-One Instruction
If your child requires intense one-on-one instruction (for example will run away from the group or has other extreme behavior issues), it is the parents’ responsibility to provide an assistant with their child.

Benefits
- Increased physical fitness
- Improved motor and sport skills
- Improved swim ability
- Increased self esteem and confidence
- Enhanced social interaction & skills
- Fun positive movement experience

Questions
Email: campnugget@ymail.com
Phone: (562) 985-7969

Scholarships
Camp fees are already reduced for all children due to donations. Limited full and Partial Scholarships may be available based on financial need.

Program Schedule
9-10 AM
Warm-up, health-related fitness, & fundamental motor skills.

10-11 AM
Cooperative games, leadup games, sport activities, and relaxation techniques.

11-Noon
Recreational swimming and instruction from qualified instructors.

Swimming & Fecal accidents
Campers who may have fecal or urine “accidents” in pool, MUST WEAR APPROVED WATER PROOF SWIM DIAPERS during ALL swim time. Regular diapers are not allowed in pool.

Professional Staff and Safety
- Dr. Barry Lavay, has over 30 years of experience teaching APE.
- Dr. Lori Reich, experienced APE instructor, is a Certified ARC Lifeguard and Professional Rescuer and a trained ARC Water Safety Instructor.
- Camp staff are credentialed (or in training), Adapted Physical Education teachers and majority trained in CPR.
- Lifeguards on duty during swim time.

Camp Fee & Registration (total $400.00)
Camp space is based on a first-come basis and is limited to the first 40 children who register with either a $25.00 deposit or $400.00 total fee. (Children registered with a deposit of $25.00 will owe a balance of $375.00 by the first day of camp.

Funding
Check off in registration form if your child is confirmed to be receiving funding and the name of funding agency (i.e., Long Beach USD).

2016 Camp Nugget Registration Form
(Be sure to specify t-shirt size below)

Name of child
Date of birth     Age
Name of Parent/Guardian
Email (required)
Address
City     Zip Code
Phone (day)     (eve)
Check all applicable for your child.
- New child
- Returning child
- Are you receiving funding from a confirmed source? (i.e., Long Beach USD)
Name of confirmed funding source:

** Please enclose registration form and a deposit of $25 or a total fee of $400 and circle your child's T-shirt size below. **

Make checks payable to CSULB and mail to:
Dr. Barry Lavay
CSU, Long Beach - Department of Kinesiology
1250 Bellflower Blvd., Long Beach CA 90840
(562) 985-7969
campnugget@ymail.com

Be sure to specify T-shirt sizes
Camp fee includes a camp tee-shirt. Please circle child's size
Small (6-8)     Medium (10-12)     Large (14-16)

You will be mailed further information once you register. A General Release & Waiver of Liability, Hold Harmless form must be completed and returned by the first week of camp.

** For Office Use Only **

Check #
Deposit Paid     Balance Paid
Parking & instructions Mailed
Funding Agency Name
Paperwork received
General Release & Waiver of Liability
Hold Harmless Form
Photo & Videotape Permission
Child Planning Information

fitness aquatics
Website: www.csulb.edu/campnugget
Camp Nugget is administered by the Adapted Physical Education Program in the Department of Kinesiology at CSU, Long Beach with support from CSULB Foundation and the College of Health and Human Services. The Camp Registration Fee is already partially reduced due to grants and donations by local service foundations.