DEPARTMENT OF KINESIOLOGY (KIN)
ACADEMIC ADVISING IN ADAPTED PHYSICAL EDUCATION (APE)

(Revised 1-2017)
College of Health and Human Services HHS
Degree Program: BS Degree option PETE with a concentration in Adapted Physical Education APE

APE Option Coordinator:
Dr. Barry Lavay, Room #HHS 2-214, (562) 985-4077, email blavay@csulb.edu, Kinesiology department site www.csulb.edu/colleges/chhs/departments/kin>, go to undergraduate degree programs and under BA Kinesiology, next go to APE links and then go to APE downloads.
Office Hours: are posted outside of the office HHS 2-214. When these times are not convenient, come see me and we can arrange to meet at a mutually agreed upon time.

General Advising
- HHS College Academic Advising & Resource Center 562/985-2691 Location: ET-237 Website www.csulb.edu/colleges/chhs/academic-advising/
- General Education (GE): The HHS College Academic Advising & Resource Center can assist you with GE requirements. Once the pattern is determined, class schedules can be planned. General Education requirements are to be completed 1-2 semesters prior to graduation. Transfer students need to check to determine if they are GE certified.

Transfer Students
- Transfer Student: have a summary transfer of credit form (issued by the Records Office) which tells you which courses have and have not been accepted by the University.
- Have official transcripts of all completed coursework from other colleges. CSULB transcripts are available electronically MYCSULB. Always keep copies of all transcripts for your personal records.
- Any transfer student who has not had Human Anatomy (BIOL 208) or Human Physiology (BIOL 207), needs to take these courses as soon as possible. Anatomy does not satisfy a GE requirement. The KIN department requirement is 4 units of human anatomy and 4 units of human physiology. Comparable courses of equal or greater unit value from community colleges may be accepted. However, courses of lesser unit values do not meet the requirements and are not acceptable.

APE Option: See your Academic Advisor each semester Dr Lavay

General considerations
- Go to Beach Board undergraduate section and important info section to get Department of Kinesiology Undergraduate Handbook
- Read the University Bulletin for graduation requirements
- Understand your concentration and its prerequisites
- A suggested academic program or block plan for APE is available on the APE website
- Plan and predict your class schedule several semesters in advance. Look at previous Fall Spring schedules most course offerings and times usually do not change
- Fill out an academic overview program sheet that you can get from your advisor.
- Summer Session course offering are available based on Department decisions and individual instructor’s discretion

KIN Department Requirements:
- Valid CPR and First Aid cards are needed for field placement and required at graduation.
• Earn a minimum grade of “C” in each KIN major and prerequisite course required for graduation - A course with a grade lower than a “C” must be retaken and successfully completed. The Repeat/Delete option is only available one time for each course.
• A minimum cumulative 2.75 overall GPA is required to apply to the Teaching Credential program.

General Lower Division Advising Suggestions:
- Your advisor will advise you, but ultimately you are responsible for your program.
- Declare yourself a Degree option PETE with an concentration in Adapted Physical Education by filling out the necessary forms with HHS College Academic Advising & Resource Center.
- Fill out and revise an Academic Overview sheet with each semester planned in advance and based upon times and classes offered in previous semesters. For example, to plan one’s schedule for the Spring semester, the spring schedule of classes from the previous year can be utilized. Be advised that some class times could change so check with your advisor and the undergraduate advising coordinator.
- See the Single Subject Credential Advisor, Dr. E. Williams (985-7344), if you have completed a BA degree elsewhere.

General Upper Division Advising Suggestions:
- Pass the Writing Proficiency Exam (WPE) during the first semester of your junior year
- Pass the CBEST one year prior to Student Teaching
- Apply for a Graduation Check at the Office of Admissions and Records one year prior to graduation (Fees are paid at the business office). The Degree Progress Summary (DPS) or Program Planner needs to be completed by the HHS College Academic Advising & Resource Center for a grad check and need to be turned into the grad check office with advisor’s signature and in a sealed envelope.

General Prerequisites Suggestions: See University Bulletin for prerequisite requirements
- BIOL 208 is a prerequisite to KIN 300 and KIN 320
- BIOL 207 is a prerequisite to KIN 301
- BIOL 208, 207 & PSY 100 is a prerequisite to KIN 312 & KIN 315
- KIN 270 is a prerequisite to KIN 370
- KIN 370 is a prerequisite to KIN 380 & EDSS 300P
- KIN 380 & EDSS 300P are to be taken concurrently
- KIN 380 must have all technique courses completed
- KIN 380 is a prerequisite to EDSS 450P and all skill proficiencies must be completed to be admitted into EDSS 450P.

Graduation
- Meet all deadlines - apply approximately one year in advance
- Do a Graduation Check with HHS College Academic Advising & Resource Center
- Clear all Department Graduation Requirements.

The following must be cleared prior to the final semester before graduation:
- First Aid Certification (Community level is minimum) and valid through date of graduation
- CPR Certification (Community level is minimum) and valid through date of graduation

The basic requirements for graduation with a BA Degree in Kinesiology consist of:
1. Completion of General Education Requirements
2. Completion of Physical Education Core Requirements
3. Completion of Specific Option Requirements
4. Pass the Writing Proficiency Examination
SB2042 PRELIMINARY SINGLE SUBJECT CREDENTIAL PROGRAM
See Guidelines for the Single Subject Credential Program that is available by contacting the Physical Education Single Subject Teacher Education Program Coordinator Dr. E. Williams (985-7344), Emyr.Williams@csulb.edu

Requirements:
1. Hold a Bachelor's degree in Physical Education.
2. Satisfy the U.S. constitution requirement (POSC 100 or 391 or Exam).
3. Complete the requirements for a Single Subject Credential Major in Physical Education: Concentration Adapted Physical Education.
4. Attain a GPA of 3.0 or above in all EDSS and EDSE coursework, with a minimum grade of "C" in all professional education courses. To demonstrate subject matter mastery a minimum of “B” or better must be obtained in EDSS 450P

REQUIREMENTS APE AA
Candidates seeking a California Commission on Teacher Credentialing (CTC) APEAA must complete the following 27 units of coursework:

- **KIN 320** Adapted Physical Education (3) Prerequisites: BIOL 208
- **KIN 427/527** Physical and Motor Assessment (3) Prerequisites: KIN 315, 320.
- **KIN 387** Physical Activity for the Disabled (3) Prerequisites: KIN 320, Corequisite: KIN 489A (3)
- **KIN 388** Program Planning and Instruction in Adapted Physical Education (3) Prerequisite: KIN 387. Corequisite: KIN 489A
- **KIN 489A** Fieldwork in APE (6) includes usually teaching in the ASAPP and arranging hours in the public schools for a total of 6 units (usually in conjunction with KIN 387 and 388)

*Please note:* Candidates who hold a SSPÉ, MS or ES credential may substitute Graduate Courses KIN 537 for KIN 387 and KIN 638 for KIN 388; KIN 489 A fieldwork arranged in public schools with APE Coordinator approval.

- **EDSP 355 B** Collaborative Models of Inclusive Ed: Partnerships & Strategies for Teaching All Students in Secondary Schools (3)

Select two courses from the following courses with professor permission:

- **KIN 526** Applied Behavior Analysis in Physical Education (3)
- **EDP 405** Positive Strategies for Classroom Management (3)
- **EDSP 577** Instruct Methods and Strategies for Individuals with Mild/Moderate Disabilities (3)
- **EDSP 578** Instruct Methods and Strategies for Individuals with Mod/Seve Disabilities (3)
- **ASLD 101** Fundamentals of American Sign Language I (3)
- **REC 469/569** Disability, Culture and Society: Issues and Intervention (3)

Course Description

**KIN 320 Adapted Physical Education (3):** Prerequisites: BIOL 208.
An introductory course designed to prepare KIN majors (primarily in the pedagogy option) to effectively implement a variety of physical activity programs based on the unique needs of individuals with disabilities. The course primarily covers physical activity programming considerations and the characteristics of individuals with developmental, physical, emotional, sensory, health, learning and/or multiple disabilities. (Lecture 2 hours, Activity 2 hours.)
KIN 427/527 Physical and Motor Assessment (3): Prerequisites: KIN 315, 320. The selection, administration, and interpretation of tests used in the physical and motor assessment practices of individuals with disabilities. (Lecture 2 hours, Activity 2 hours).

KIN 387* Physical Activity for the Disabled (3): Prerequisites: KIN 320. Corequisite: KIN 489A (3). A lecture/laboratory format that includes planning effective and comprehensive physical education programs for individuals with disabilities across the lifespan. The course includes information on adaptation of physical activities, equipment and facilities.

KIN 388* Program Planning and Instruction in Adapted Physical Education (3): Prerequisite: KIN 387. Corequisite: KIN 489A (3). A lecture/laboratory format with an emphasis on program administration and development of effective teaching skills for providing APE services to individuals with various types of disabilities.

KIN 489A Fieldwork in APE 3X2 hrs. total (6) hours (check with APE Advisor). includes teaching children with disabilities in the CSULB ASAPP and/or field work arranging hours in the public schools, usually in conjunction with KIN 387 and 388 for a total of 6 units

*Graduate students and candidates who already hold a SSPE, MS, or ES credential may substitute KIN 537 for KIN 387 and KIN 638 for KIN 388; KIN 489 A fieldwork arranged in public schools with approval from the Adapted Physical Education Credential Coordinator. Each course is offered every third semester on rotational basis.

*KIN 537 Adapted Physical Education for Special Populations (3): Prerequisite: APE Coordinator Permission. The foundations and issues in the organization and implementation of physical education programs for individuals with disabilities. Primarily a graduate course designed to examine the evidence based best physical education instructional programming practices for individuals with disabilities. KIN 537 can substitute for KIN 387.

*KIN 638 Seminar in Adapted Physical Education (3). Prerequisite: APE Coordinator Permission. Designed to develop critical analysis, synthesis, and discussion of applied research and literature pertaining to adapted physical education. KIN 638 can substitute for KIN 388.

Required (3 units)
355B Collaborative Models of Inclusive Education: Partnerships and Strategies for Teaching All Students in Secondary Schools (3) or equivalent course: Overview of collaborative educational models; family, school, community partnership models; access, equity, historical, legal, social, political perspectives for diverse students with special needs; roles and responsibilities of the general educator as a team member at the secondary level; Individualize
Select two courses from the following courses (6 units):

KIN 526 Applied Behavior Analysis in Physical Education (3): Prerequisite: APE Coordinator Permission. The application of using applied behavior analysis principles in physical education with a particular emphasis on single subject research design and behavior analysis. Methods for managing student behavior in the physical education setting are examined.

EDP 405 Positive Strategies for Classroom Management (3): The application of existing models and strategies of classroom management to promote student prosocial behaviors and academic growth and development. Includes information regarding functional analysis,
hypothesis testing, instruction of alternative behaviors, crisis management and program modification in school settings.

**EDSP 577 Instructional Methods and Strategies for Individuals with Mild/Moderate Disabilities (3): Prerequisite:** check with professor. Instructional methods, teaching strategies, and curricular adaptations for students with mild/moderate disabilities from kindergarten to age 22. Research based interventions, using data for program planning, and use of technology are emphasized.

**EDSP 578 Instructional Methods and Strategies for Individuals with Moderate/Severe Disabilities (3): Prerequisite:** check with professor. Instructional methods, teaching strategies, and curricular adaptations for students with moderate/severe disabilities, including those with autism, from kindergarten to age 22, including evaluation, program planning, and use of technology for instruction and communication; knowledge related to movement, mobility, and sensory needs addressed.

**ASLD 101 Fundamentals of American Sign Language I (3):** for those who are beginning American Sign Language (ASL) or who have less than two years of HS ASL or equivalent. Introduction to pronunciation, receptive and expressive conversational skills without voice, and grammatical structures of ASL. Development of appropriate linguistic cultural behaviors and awareness of the Deaf Culture.

**REC 469/569 Disability, Culture and Society: Issues and Intervention (3): Prerequisite:** Senior or graduate standing, check with professor. Disability as a social construct, examines policies and practices to understand the experience of disability. The course includes historical and contemporary perspectives as well as future issues, emphasis on social and clinical intervention methods as well as programs and resources.