ADAPTED PHYSICAL EDUCATION ADDED AUTHORIZATION

LOWER DIVISION:
Take all of the following:
• BIOL 207 Human Physiology
• BIOL 208 Human Anatomy
• PSY 100 General Psychology
• KIN 149A Self Defense
• KIN 201 Introduction to Kinesiology
• KIN 237 Techniques and Analysis of Aquatic Skills
• KIN 250 Techniques of Basketball
• KIN 251 Techniques of Flag Football
• KIN 253 Techniques of Soccer
• KIN 255 Techniques of Softball
• KIN 257 Techniques of Volleyball
• KIN 261 Techniques and Analysis of Fundamental Rhythms
• KIN 264 Techniques of Golf
• KIN 265 Techniques and Analysis of Gymnastics
• KIN 266 Techniques of Badminton
• KIN 267 Techniques of Tennis
• KIN 268 Techniques of Track and Field
• KIN 270 Professional Practices in Public School PE

UPPER DIVISION:
Take all of the following:
• KIN 300 Biomechanics of Human Movement
• KIN 301 Exercise Physiology
• KIN 312 Motor Control and Learning
• KIN 315 Motor Development
• KIN 320 Adapted Physical Education
• KIN 332I Sociocultural Dimensions of Sport and Human Movement
• KIN 343 Techniques and Analysis of Fitness
• KIN 370 Movement Theory and Practice of Elementary Physical Education
• KIN 380 Principles, Organization and Management of Secondary School Physical Education
• KIN 387 Physical Activities for the Disabled
• KIN 388 Program Planning and Instruction in Adapted Physical Education
• KIN 427 Physical and Motor Assessment
• KIN 460 Applied Theory and Analysis of Non-traditional Physical Education Games and Activities

Requirements for the Adapted Physical Education Added Authorization APEAA

In addition to the requirements for a 5-Year Preliminary Teaching Credential, students seeking a California APEAA must complete the following courses:
• KIN 320 Adapted Physical Education Prerequisites: BIOL 208
• KIN 427/527 Physical and Motor Assessment Prerequisites: KIN 315, 320.
• KIN 387 Phys Activity for the Disabled Prereq: KIN 320, Corequisite: KIN 489A
• KIN 388 Program Plan & Instruction in APE Prereq: KIN 387, Corequisite: KIN 489A
• KIN 489A Fieldwork in APE includes teaching in the on campus ASAPP & the public schools usually in conjunction with KIN 387 & 388 for a total of 6 units.

EDSP 355 B Collaborative models of Inclusive Ed: Sec Schools (3)
Please note: Graduate students & teachers may substitute KIN 537 for KIN 387 and 638 for KIN 388 with approval from the APE Credential Coordinator.

Select two courses from the following: APE Professor Permission
• KIN 526 Applied Behavior Analysis in PE
• EDP 405 Positive Strategies for Classroom Management
• EDSP 577 Instruction Methods & Strategies Mild/Moderate Disabilities
• EDSP 578 Instruction Methods & Strategies Moderate/Severe Disabilities
• ASLD 101 – American Sign Language
• REC 469/569 Disability Culture & Society

Additional Program Requirements:
• Credential Authorization: Candidates are advised that they must hold one of the following teaching credentials: Single Subject in Physical Education (SS), Multiple Subject (MS), or Education Specialist (ES) Credential, authorizing the teaching of physical education K-12 with subject matter competency as determine by CTC & APE Coordinator. Candidates with a teaching credential other than a Single Subject in PE are required to show subject matter competence (i.e., take a series of prerequisite PE core courses as determined by the APE Coordinator or pass the CSET PE subject matter exam and take approved methods course. See APEAA road map on website)
• Successful completion of the California Basic Education Skills Test (CBEST).
• An overall GPA 2.75 and a 3.0 in courses in the APE Program.
• Exit Interview & submit a APEAA portfolio with APE Coordinator & file with the Single Subject Credential office

Visit the Kinesiology APE website for more program information & to learn more about the APE Program at www.csulb.edu/APE