



CAMP NUGGET 2019
June 17 to July 12
PARENT INFORMATION

Please read this information carefully before bringing your child to camp and keep this information with you throughout the camp session. **See enclosed Important Dates and Forms Handout that outlines the information provided in this packet.** To assist us with planning camp and to better meet your child's needs, it is **extremely important that you return in the mail all forms especially the Camp Nugget Child Planning as soon as possible.** The latest you can return all forms is the first day of camp.

REGISTRATION FEES

The total tuition for the summer program is **\$400.00** (includes T-shirt). A **\$25 deposit** is required to reserve enrollment in the program. **The remaining balance (\$375.00) is due by the first day** of the program or can be mailed earlier. Please **make checks payable to "CSULB- Camp Nugget"**. Camp Nugget scholarships or financial assistance with registration are limited and available. The Camp Nugget registration fee of \$400 is already partially reduced due to small grants and donations.

DATES & TIMES OF OPERATION

June 17 - July 12 (Mondays through Fridays) 9:00 am - 12:00 PM -**No camp on Thursday, July 4th**

DRIVING and PARKING Directions - Lot E2 Ramp Area (Drop and of and Pick up)

Enclosed you will find a **campus map with detailed driving and parking directions (handout)**. Parking is in Lot E2 Ramp Area designated stalls by the KIN Building and is for 30 minutes to drop-off and pick-up your child. From there escort your child to the west end of the KIN building. **Detailed driving and parking directions are included in the parking handout** and also explains how to purchase a day or 4 week pass. Please note the parking location on the map for drop off and pickup. **If you are not parked in the designated Camp Nugget area stalls your car can be cited.** Campus website for maps <http://daf.csulb.edu/maps/parking/index.html>

ESCORT YOUR CHILD & WHERE TO MEET, DROP OFF & PICK UP OF YOUR CHILD

Enclosed you will find a **campus map with Camp Nugget location**. **Parents or an adult must escorts (no one under 18) children to Room 60 that is located in the PE Building.** Once you enter the west entrance of the KIN building facing the Gymnasium turn left and it is the first room on your left-hand side. Each day we will meet in **room 60 at 9:00 AM**. Please make every effort to be on time. If your child is late, and we are not in room 60, see schedule for other locations and times. Camp ends at **12:00 noon** and we escort campers to room 60 where you can pick up your child. **Please be prompt during the pick up of your child as other programs use the facility.**
Note in Child File: For safety reasons please escort your child each day for drop off and pick up or write a note that will be placed in your child's file as to who is bringing and picking up your child if it someone other than you. Parents or an adult must escort (no one under 18).

PARENT ORIENTATION THE FIRST DAY OF CAMP (JUNE 17, 9:00-10:30) important you attend

From 9:00 am-Noon you will be allowed to park for the morning in lot E2 ramp area for the parent orientation meeting located in room 62 (next to room 60) all morning where you will be provided an **overview of the program**, be able to ask any questions, and process any additional paper work and fees that have not be completed.

Over -please see back Release forms information to be mailed back

Release Forms: VERY IMPORTANT- Mail back as soon as possible to assist with planning

Important: To assist the staff with planning and to place in your child's file, please fill out the enclosed information forms and **return immediately**. Mailing address: Barry Lavay, CSU, Long Beach, Kinesiology Dept., 1250, Bollower Blvd. Long Beach CA. 90840

(a) Camp Child Planning Information Form (both sides), (b) Foundation Release of Liability & Assumption of Risk Agreement (c) CSULB Foundation Voluntary Medical Disclosure (d) Photography & Visual image release CSULB Foundation (front & back), (e) Accidental Fecal Release AFR Swimming, and (f) Parent Swim Assessment form. If needed 1-1 support form

Your child CAN NOT participate without the signed forms. If not mailed back bring forms with you no later than the first day of Camp.

INTENSE SUPPORT/ONE ON ONE AIDE (If needed you are responsible to provide the assistant) See handout - Camp is based on a 1 (staff) to 4 (children) ratio. **If your child needs intense one-on-one assistance (i.e., extreme behaviors, safety- runs away from group) you are responsible to provide the assistant. Please indicate & return the 1-1 support form with all necessary information, especially identifying the 1-1 assistant.**

CHILD NEEDS TO BRING (snack at 10 AM) Sunscreen

Have your child come dressed for activity, shorts, tennis shoes, T-shirt with swim suit under clothes. **Sunscreen** needs to be applied **prior** to coming to camp as this will save staff time & assure that your child will not burn. Please pack a **light snack** for your child to eat around 10:00 AM. Please indicate on the form provided if your child is has a food allergy or is taking any **medication**. During Camp hours we discourage the dispensing of meds. **Please share this information with your child's staff members.** Please do not bring any valuable items to Camp Nugget. We are not responsible for loss of property. **A lost and found will be located in room 60.**

SWIMMING (11:00 AM) Procedures & Accidental Fecal Release (AFR) See Form

Swimming will be everyday at 11:00 AM **have your child wear his or her bathing suit under their clothes.** Children will only be in a damp suit during the time that it takes to transition from the pool to room 60 for parent pickup. **For hygiene and safety reason we can't fully change children in room 60. Have your child bring a canvas or beach-type bag, towel and pool type shoes so children are not walking barefoot during the transition from room 60 to the pool and on the pool deck.** Please mark all clothing and bags clearly with the child's name. During swimming instructions and recreational swim there will be lifeguards on duty certified in CPR. The majority of the staff is CPR trained and certified in swim. Please read & only return **Procedures & Accidental Fecal Release (AFR) Form**, if your child **might** have fecal "accidents" in pool If so they **MUST WEAR an APPROVED WATER PROOF SWIM DIAPERS during ALL swim time.**

DAILY SCHEDULE (General) <http://web.csulb.edu/colleges/chhs/departments/kin/community/CampNugget.htm>

9:00-10:00 Warm up and Fitness, Gross Motor Activities, **(KIN Room 60)**

10:00-11:00 Snack, Sport Skills, Cooperative Activities **(KIN Room 60 nearby playing fields of KIN Building)**

11:00-12:00 Swimming lesson and activity **(pool behind the KIN Building)**

CAMP NUGGET STAFF (1 staff member to 4 child ratio)

Program co-directors: Dr. Barry Lavay, Professor & Dr. Melissa Bittner, Assistant Professor, Adapted Physical Education – CSULB

Camp Nugget Senior Student Staff Instructors: Ashley Salazar, Paul Kim, and Ruby Zapien

Staff Instructors: all students/graduates from the CSULB APE program with at least 3 or more staff members for each group (at least 4 children to 1 staff ratio).

QUESTIONS DURING CAMP Call **(562) 985-7969** (room 62) someone will be at this phone usually from 8:30 to 12:30 (program Phone/Message) unless the staff is outside or email campnugget@ymail.com. Calls will be returned Monday - Thursday during the afternoon unless you indicate otherwise. A second number is **(562) 985-4077** (Lavay's office message). In case of an emergency and you need to contact your child during camp hours you can phone your child's staff member, so ask for your child's counselor's cell phone number.

KIN Department's main office (562) 985-4051, 8068, or 8066. Ask for Dana.