

CAMP NUGGET BLOCK SCHEDULE: WELCOME TO THE JUNGLE 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>This week's focus: Cardio Fitness Animal of the week: Panther</p>	<p>18 Parent meeting 9:00-9:15 Group greeting 9:15-9:30 Group Warm-up: Brittney & Vivian 9:30-9:50 Individual Groups 9:50-10:05 Snack (social) 10:05-10:35 Locomotor Stations 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>19 9:00-9:15 Group greeting 9:15-9:30 Group Warm-up: Brittney & Vivian 9:30-9:50 Individual Groups Group 6 - Exer-Gaming 9:50-10:05 Snack (social) 10:05-10:35 Locomotor Stations 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>20 FITNESS 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Paul, Jacob 9:30-10:25 Fitness Pre-Test 10:25-10:35 Snack 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>21 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Ashley, Brendan 9:30-10:20 Sports Skills Stations 10:20-10:35 Snack (social) 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>22 PHOTO 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Adrianna, Marcelino 9:30-10:30 T-Shirts & Pictures 10:20-10:40: Jungle Dance! 10:40-10:50 Snack (Social) 10:50-11 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>
<p>This week's focus: Muscular Strength/ Endurance Animal of the week: Gorilla</p>	<p>25 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Abraham, Esteban 9:30-9:50 Individual Groups 9:50-10:05 Snack (social) 10:05-10:35 Object Control Stations 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>26 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Yesenia, Leiana 9:30-9:50 Individual Groups Group 5 - Exer-Gaming 9:50-10:05 Snack (social) 10:05-10:35 Object Control Stations 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>27 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Phi, Tessa 9:30-9:50 Individual Groups 9:50-10:05 Snack (social) 10:05-10:35 Fitness Day Individual 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>28 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Ruby, Rubi 9:30-10:20 Sports Skills Stations 10:20-10:35 Snack (social) 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>29 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Rosa, Alejandra 9:30-10:40 Japanese Garden 10:40-10:50 Snack (social) 10:50-11 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>
<p>This week's focus: Flexibility Animal of the week: Snake</p>	<p>2 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Isabella, Ivan 9:30-9:50 Individual Groups Group 4 - Exer-Gaming 9:50-10:05 Snack (social) 10:05-10:35 Cooperative Game Stations 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>3 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Paul, Jacob 9:30-9:50 Individual Groups 9:50-10:05 Snack (social) 10:05-10:35 Fitness Day Individual 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>4 Campus closed: NO CAMP Have a good Holiday</p>	<p>5 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Ashley, Brendan 9:30-10:15 Sports Skills Stations 10:15-10:35 Snack (social) 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>6 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Adrianna, Marcelino 9:30-9:50 Individual Groups 9:50-10:05 Snack (social) 10:15-10:35 Jungle Dance! 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>
<p>This week's focus: Teamwork Animal of the week: Sandpiper & Crocodile</p>	<p>9 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Abraham, Esteban 9:30-10:15: Non-Traditional Games 10:15-10:35 Snack (social) 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>10 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Yesenia, Leiana 9:30-10:15: Non-Traditional Games Group 3 - Exer-Gaming 10:15-10:35 Snack (social) 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>11 FITNESS 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Phi, Tessa 9:30-10:25 Fitness Post-Test 10:25-10:35 Snack 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim 11:50-12 Tap Out</p>	<p>12 9:00-9:15 Group greeting 9:15-9:30 Warm-up: Ruby, Rubi 9:30-10:15 Sports Skills Stations 10:15-10:35 Snack (social) 10:35-10:45 Swim prep/Bathroom 10:45-10:55 Transition to Pool 11-11:45 Swim (last swim) 11:50-12 Tap Out</p>	<p>13 Awards Ceremony 9:00-9:15 Group greeting 9:15-9:30 Group Warm-up Brittney & Vivian 9:30-10:15: Non-Traditional Games 10:15 Transition to East Gym 10:45-12 Awards Ceremony Have a fun and active summer! See you next year!</p>