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California State University, Long Beach
College of Health and Human Services
Department of Kinesiology

Program Application for Admission to
the Athletic Training Program

Thank you for your interest in applying to the Athletic Training Program at California State University, Long Beach!

Athletic training is practiced by athletic trainers, health care professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training encompasses the prevention, diagnosis, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities. Students who want to become certified athletic trainers must earn a degree from an accredited athletic training curriculum. The CSULB Athletic Training (AT) Program is nationally accredited by the Commission on the Accreditation of Athletic Training Education (CAATE).

The CSULB AT Program is designed for formal instruction in areas such as injury/inflammation prevention, first aid and emergency care, assessment of injury/inflammation, human anatomy and physiology, therapeutic intervention, and nutrition. Classroom learning is enhanced through clinical education experiences. Upon successful completion of all the AT Program requirements and Program Director approval, students are eligible to take the Board of Certification (BOC) examination to become a certified athletic trainer (ATC). Entry level careers in athletic training include professional sports, colleges & universities, secondary schools, and emerging settings such as hospital & clinical, industrial/occupational, military, performing arts, physician extender, and public safety.

The Bachelor of Science in Athletic Training is an impacted major, meaning more applications are received in the initial filing period from CSU eligible applicants than can be accommodated by the campus. Therefore, admission to the AT Program is competitive, and only the most qualified applicants will be admitted. Applicants must reapply each time and complete the entire application if not selected. New students will be admitted to the program each year. All applicants must complete the technical standards in athletic training for admission to the program.

If you have any questions and/or difficulty completing this application, please contact Dr. Keith Freese at Keith.Freese@csulb.edu or (562) 985-4586.

Prerequisites for Admission to the Athletic Training Education Program

- College Level Course Work - Complete the following prerequisite courses, each with grade of "C" or better
  - BISL 207 (Human Physiology)
  - BISL 208 (Human Anatomy)
  - PSY 100 (General Psychology)
  - ATEP 207 (Prevention and Care of Athletic Injuries)

- Pre-professional Hours
  - Complete minimum of 160 hours of athletic training experience.
    - At least 100 of these hours must be attained by participation in a traditional athletic training setting
      under the supervision of a BOC-certified athletic trainer.
    - A maximum of 50 of these hours may be attained in an allied clinical setting, such as sports medicine
      clinics, summer sports camps, sports performance facilities, hospital facilities, or dance performance
      centers.

- References
  - Three references: one must be by your supervising BOC Certified Athletic Trainer. Once the reference list is
    submitted, an online form will be sent to the individuals on the reference list to fill out the recommendation
    form.

- Grade Point Average
  - Minimum standards for acceptance into the program require an overall GPA of 2.7.

Application Process:

- Deadline
  - Application materials must be submitted by February 1 for admission into Fall2014 cohort. It is the
    responsibility of the applicant to submit all application materials by the specified deadline.

- Application
  - The application is submitted entirely on-line. If you would like to submit a paper-based application, please
Selection

- Selection of Candidates
  - Applicants will be selected on the basis of overall GPA, grades in prerequisite courses, and strength of application including references.
  - California State University, Long Beach does not discriminate on the basis of race, color, national origin, gender, age, marital status, religion, and sexual orientation in the education programs or activities it conducts.

- Notification
  - Applicants will be notified of their status by end of March (date may vary slightly depending on the number of applicants the program needs to process). Due to the number of excellent students applying to this program, not all applicants may be accepted. Enrollment is limited. Alternates will be admitted in the event that a position is made available.

- Criteria for Retention
  - Criteria for retention, probation, and dismissal is found on our Athletic Training Student Handbook.

What information is necessary to complete this application?

Below is a list of information being requested. This application will also allow you to return and add additional information until the time when you submit:

- Your contact information.
- Where you completed your prerequisite courses. Grades received for those courses.
- Grade point average (overall and CSULB)
- Grades in other major classes
- Pre-professional hour information
- Honors and Awards received (if applicable)
- Extracurricular activities (if applicable)
- Educational Sessions you have attended (if applicable)
- Contact information for references (name, address, email address, phone number)
- Narrative

Start of Application Document

Personal Information:

Last Name:
First Name:
Middle Name:
CSULB Student ID:
Contact Number:
Email Address:

Please mark the following:

- I am currently a CSULB student.
- I am a transfer student.

Educational Information:
Colleges/Universities attended since high school (please list all):

Major Specific Courses - Lower Division:

Please indicate where you have completed the course work, and the grade you have earned. If a class is in progress, please indicate with an "IP" in the grade column.

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Compete/In Progress/Not Taken</th>
<th>Course Number</th>
<th>College/University</th>
<th>Term (e.g., Fall 2011)</th>
<th>Grade (e.g., A)</th>
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<tbody>
<tr>
<td>Human Anatomy (BICL 208)</td>
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<td>Human Physiology (BICOL 207)</td>
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<td>General Psychology (PSY 100)</td>
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<td>Prevention and Care of Athletic Injuries (ATEP 207)</td>
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<td>Chemistry (CHEM 100 or 140 or 111A)</td>
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<td>Math (MATH 109 or 113 or 117 or 118A or 122)</td>
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<td>Nutrition (NUTR 132)</td>
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<td>Physics (PHYS 100A)</td>
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Grade Point Average:

What is your grade point average as of the last semester you have completed?

- Overall (all college coursework)
- CSULB (courses taken at CSULB - if applicable)

If you have circumstances in which you would further like to explain to the committee (e.g., low GPA, limited experiences), you can use this space to do so.

Athletic Training Experience:

Please provide information regarding your pre-professional hours you have completed in preparation for this program. As a reminder, 150 pre-professional hours under the supervision of a certified athletic trainer are required as a pre-requisite (50 hours can come from non-sessional settings).
Pre-professional Hours - Site #1:

Name of Site
Name of ATC/Supervisor
ATC BOC number (if applicable)
Number of Hours Completed
Date (e.g., Feb 2011 to Dec 2011)

Pre-professional Hours - Site #2 (if applicable)

Name of Site
Name of ATC/Supervisor
ATC BOC number (if applicable)
Number of Hours Completed
Date (e.g., Feb 2011 to Dec 2011)

Pre-professional Hours - Site #3 (if applicable)

Name of Site
Name of ATC/Supervisor
ATC BOC number (if applicable)
Number of Hours Completed
Date (e.g., Feb 2011 to Dec 2011)

Pre-professional hours not completed

- Pre-professional hours need to be completed by **April 1st, 2014**. Please explain your plans below to complete these hours.

Other Relevant Work Experience:

Please put any other relevant work experience (e.g., PT clinic) including your position, name of site, and dates of experience.

Extracurricular Activities and Awards
Are you an NATA member?

- Yes
- No

During your college years, have you participated in any of the following activities? Click all that applies.

- Intercollegiate Sports Team
- Club Sports
- Sports Medicine Club or similar
- Sorority/Fraternity
- Student Government
- Service Organizations
- Other (please explain below)

Please briefly explain your involvement with the above mentioned extracurricular activities (e.g., sports, clubs, service organizations). When appropriate, please mention any leadership role you have fulfilled (e.g., team captain, chair).

Please list (and briefly explain) any honors and awards you have received during college.

Please list any educational sessions you have attended relative to athletic training (e.g., FWATA annual meeting).

Essay

Please provide a response to each of the following questions:

What are your professional goals after graduating from the Athletic Training Education Program?

Other than your interest in sports, why do you want to major in athletic training?
What have you done to prepare yourself for success in the athletic training major?

Reference List:

Please provide the name of individuals you will be asking to submit the letter of recommendations on your behalf. At least one of these recommendations must come from a certified athletic trainer that you have completed your pre-professional hours at. We will be emailing the recommendation form link to the people you have listed.

Certified Athletic Trainer reference.

Name
BOC Number
Position/Title
School/Company
Email Address
Retype Email Address
Phone Number

Other reference.

Name
Position/Title
School/Company
Email Address
Retype Email Address
Phone Number

Other reference.

Name
Position/Title
School/Company
Email Address
Retype Email Address
Phone Number
Under the provision of the Family Educational Rights and Privacy Act of 1974, and the California Information Practices Act of 1977, and the related policies and regulations, you have the right to view letters of recommendations submitted on your behalf. Please inform the Program as to how you would like us to administer these rights. If you decide to reserve the rights to view the letters, we will email you the letter sent from your recommender.

- I waive these rights.
- I reserve these rights.

Technical Standards for Admission

All students must indicate that they understand the requirements and demands, both physical and cognitive, related to this program. Please read the technical standards and indicate if you can meet these standards with or without accommodation.

California State University, Long Beach Athletic Training Education Program
TECHNICAL STANDARDS FOR ADMISSION:

The Athletic Training Educational Program at California State University, Long Beach is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the CSULB Athletic Training Educational Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program’s accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the CSULB Athletic Training Educational Program. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Compliance with the program’s technical standards does not guarantee a student’s eligibility for the BOC certification exam.

Candidates for selection to the Athletic Training Educational Program must demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the athletic training educational program will be required to verify they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The CSULB Disabled Student Services Office will evaluate a student who states he/she could meet the program’s technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

If a student states he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes a review of whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experiences and internships deemed essential to graduation.

By selecting one of the options below, I certify that I have read and understand the technical standards for admissions listed above, and I believe to the best of my knowledge that I meet each of these standards:

- without accommodations
- with accommodations
- I am unable to meet these demands
Thank you.

Thank you for submitting your application to the Athletic Training Education Program of California State University, Long Beach. We will contact you within two to three weeks of the closing date to inform you of your status regarding your application.

Please remind the individuals writing your letter of recommendations to submit the letter as directed.

If you should have any questions about your application status at any point, please feel free to contact Dr. Keith Freesemann (ATEP Program Director) at Keith.Freesemann@csulb.edu or (562) 985-4640.

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