CHILD DEVELOPMENT AND FAMILY STUDIES OPTION WORKSHEET  
CALIFORNIA STATE UNIVERSITY, LONG BEACH  
BACHELOR OF ARTS IN FAMILY AND CONSUMER SCIENCES  
Code: FCS_BA01  
Catalog Year: 2011-2012

Student: ___________________________  Anticipated Graduation Date: _____________  Student ID Number: ____________________________

Last  First  Maiden/Middle

Address: ____________________________________________ Telephone No.: ____________________________


_________________________________________  Email Address: ____________________________

City  State  ZIP  Advisor: ____________________________________________

Date Entered CSULB: ____________________________  Standing: ____________________________

Transfer From: 1) ____________________________  2) ____________________________  3) ____________________________  4) ____________________________

<table>
<thead>
<tr>
<th>CSULB Unit Value</th>
<th>CSULB Grade</th>
<th>Course Number</th>
<th>Course Name</th>
<th>Need to Take</th>
<th>Transfer or Substitute</th>
<th>Transfer From</th>
<th>Transfer Units/Grade</th>
</tr>
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<tbody>
<tr>
<td>4</td>
<td></td>
<td>BIOL 205</td>
<td>Human Biology</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td>NUTR 132</td>
<td>Introductory Nutrition</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td>PSY 100</td>
<td>General Psychology</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td>SOC 100 or ANTH 120</td>
<td>Principles of Sociology Introduction to Cultural Anthropology</td>
<td></td>
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<td></td>
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<tr>
<td>3</td>
<td></td>
<td>CDFS 111</td>
<td>Preschool Child</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>3</td>
<td></td>
<td>CDFS 211</td>
<td>Guiding Young Children</td>
<td></td>
<td></td>
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<tr>
<td>6</td>
<td>(3+3)</td>
<td>CDFS 214 + CDFS 414 or CDFS 215 + CDFS 415</td>
<td>Environments for Preschool Children Fieldwork with Preschool Children Environments for Infants and Toddlers Fieldwork with Infants and Toddlers</td>
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<tr>
<td>3</td>
<td></td>
<td>CDFS 311 or CDFS 314</td>
<td>Prenatal Development &amp; Infancy The Older Child</td>
<td></td>
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<td></td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td>CDFS 411</td>
<td>Individual Child Study &amp; Guidance</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td>CDFS 413</td>
<td>Child and Family in the Community</td>
<td></td>
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<tr>
<td>3</td>
<td></td>
<td>CDFS 492A or FCSE 497 or alternative</td>
<td>Internship in Child Development and Family Studies Directed Studies (can choose second semester fieldwork)</td>
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</tbody>
</table>

Family and Consumer Sciences Core Requirements

<table>
<thead>
<tr>
<th>CSULB Unit Value</th>
<th>Course Number</th>
<th>Course Name</th>
<th>Need to Take</th>
<th>Transfer or Substitute</th>
<th>Transfer From</th>
<th>Transfer Units/Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>CAFF 321</td>
<td>Family and Consumer Resource Mgmt.</td>
<td></td>
<td></td>
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<tr>
<td>1</td>
<td>FCSE 299</td>
<td>Introduction to FCS</td>
<td></td>
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<tr>
<td>2</td>
<td>FCSE 499</td>
<td>Professionalism and Leadership in FCS</td>
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</tbody>
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Advising Sessions:
Advisor: ___________________________  Date: __________  Advisor: ___________________________  Date: __________
Advisor: ___________________________  Date: __________  Advisor: ___________________________  Date: __________
Select 15 Units From the Following Courses or From CDFS Courses Not Taken Above

<table>
<thead>
<tr>
<th>Units</th>
<th>Course Code</th>
<th>Course Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>CDFS 319I</td>
<td>Family Stress and Coping</td>
</tr>
<tr>
<td>3</td>
<td>CDFS 402</td>
<td>Child and Family Law</td>
</tr>
<tr>
<td>3</td>
<td>CDFS 409</td>
<td>Language, Learning and the Developing Child: A Cross-Cultural Perspective</td>
</tr>
<tr>
<td>3</td>
<td>CDFS 410</td>
<td>International Families: Families in Cross-Cultural Perspectives</td>
</tr>
<tr>
<td>3</td>
<td>CDFS 412</td>
<td>Family Interaction</td>
</tr>
<tr>
<td>3</td>
<td>CDFS 416A</td>
<td>Intro. to Administration and Supervision of Child Development Programs</td>
</tr>
<tr>
<td>3</td>
<td>CDFS 416B</td>
<td>Applications of Admin. &amp; Supervision of Child Development Programs</td>
</tr>
<tr>
<td>3</td>
<td>CDFS 417</td>
<td>Premarital Intervention</td>
</tr>
<tr>
<td>3</td>
<td>CDFS 418</td>
<td>Parent Education</td>
</tr>
<tr>
<td>3</td>
<td>CDFS 419</td>
<td>Family Life Education</td>
</tr>
</tbody>
</table>

Approved Electives For Professional Enhancement (9 units chosen in consultation with an advisor)

Recommended Electives (if lower division electives are chosen, verify that 40 units of upper division course work has been completed overall):
- ANTH 329 Cultural Diversity in California
- CAFF 223 Personal and Family Financial Mgmt.
- CAFF 322 Family Housing & Urban Community
- COMM 330 Intercultural Communication
- COMM 494 Communication in Families
- EDP 180 Family, School & Community Part.
- EDSP 350 Education of Exceptional Individuals
- EDSP 355A Collaborative Models of Inclusive Ed.
- ENGL 481 Children’s Literature
- FMD 251 Professional & Personal Apparel Select.
- GERN 400I Perspectives on Gerontology
- HDEV 250 Elementary Statistics
- HDEV 307I Approaches to Childhood through Adol
- HDEV 320 Research Methods in HDEV
- HDEV 340 Families and Work
- HDEV 357 Adulthood through Aging
- HFHM 173 Applied Foodservice Sanitation
- HSC 425I Human Sexuality & Sex Ed.
- HSC 427 Drugs & Health
- MTED 110 Real Num Sys Elem & Mid Sch Tchr
- NRSN 481I Parenting
- PSY 210 Introductory Statistics
- PSY 220 Research Methods
- PSY 350I Psy & Contemporary Social Issues
- PSY 352 Psychology of Male Roles
- REC 220 Universality of Play
- SOC 335I Social Psychology
- SOC 345 Juvenile Delinquency
- SOC 423 Child Abuse & Prevention
- SOC 464 Aging and Society
- STAT 108 Statistics for Everyday Life
- WGSS 102 Women in Contemporary Society
- WGSS 420 Mothers and Daughters
- PSY 354 Psychology of Women
- PSY 365 Psy of Adult Dev & Aging
- PSY 370 Abnormal Psychology
- PSY 372 Psychology of Male Roles
- PSY 375 Psychology of Adult Development
- REC 220 Universality of Play
- REC 220 Universality of Play
- SOC 250 Elementary Statistics
- SOC 325 Sociology of Women

Additional Information
1. This worksheet is an aid to planning your program of study; however, you also should check your plans against the 2011-2012 CSULB Catalog which is the official source for degree requirements.
2. Some 100 and 200 level courses may be taken at a community college. Check the articulation agreements posted on www.assist.org and meet with an advisor for verification of transfer equivalent and substitute courses.
3. Some of the courses required in this degree option may also satisfy General Education requirements. Refer to the 2011-2012 CSULB Catalog for G.E. requirements.
4. As a part of Grad Check, which is applied for about a year before graduation, students should contact a CDFS faculty advisor for help making changes in their Academic Requirements (e.g., course transfers, electives, and substitutions).

“C” or Better Requirement:
Child Development and Family Studies students must complete all option courses with a grade of “C” or better.

Minimum Units for the Degree:
BA: 120 total units, 40 upper division units, 48 general education units, 40 units in the major, 24 upper division units in the major. Students also must pass the Graduation Writing Assessment Requirement (GWAR). At present, there are two main routes to meeting this requirement. First, the Writing Proficiency Examination must be taken by the 1st semester of the junior year and passed prior to the graduation date. Second, there are specific writing-intensive classes approved to meet the requirement. Refer to the GWAR website for further information (http://www.csulb.edu/divisions/aa/gwar/).

∗ = GE Human Diversity course; • = GE Global Issues course; ▲ = GE Capstone Course