So What’s New?

The Brothers Karamazov
Cheryl Clark

Confessional Poetry of the English Romantics
Lim Paulino Jr, Emeritus Professor

The Fabric of Life in Cinema
Yoko Pusavat & Teresa Ross

Folk Guitar
Michael Meckna, Ph.D.

History of Sea Warfare
Ken Velten

The Personal, Powerful, Practical Side of Dreams
Janice Baylis, Ph.D.

Wisdom of the Ages, through Latin Sages
Celestin Ebegbulem, Ph.D.

Women of Ireland
William Fitzpatrick, Ph.D.

Winter Session 2012 ~January 23 - March 17

Newsletter, Curriculum Catalog and Registration Forms
Editor’s Comments by Jack Blecher

THOUGHT FOR TODAY: —You have enemies? Good. That means you’ve stood up for something, sometime in your life. Churchill

We finally got a letter to the editor. (see p.7). Having taken the U.S. CONSTITUTION class, I agree with John. We welcome more letters.

As part of our CRANIAL CHALLENGE program, we are featuring ... “TITLE THE PHOTO” in this issue. (see the photo below). We stole this idea from the New Yorker magazine.

Beginning with this issue of the SUN, we are publishing donors and contributors to OLLI (p 21). Consider making a contribution to OLLI for someone’s special birthday. Tribute envelopes are available for your convenience.

At our October membership meeting our new executive committee was elected by acclamation. Congrats to Malcolm Green, William Fitzpatrick, Arlene Rees, Karin Covey, Betty Hutchens and Don Friedman. After four plus years of dedicated service, Carl Curtis, the outgoing president, deserves all the tributes coming his way.

The SUN staff wishes all our readers a joyous and safe holiday season.

December Solstice, December 21, 2011, 9:30 PM PST

Cranial Challenge

Using your ingenuity, create a title for this picture. Get it to our office by February 1, 2012 by email (olli@csulb), snail mail or personal delivery. The best captions will be listed in next SUN.

December Solstice, December 21, 2011, 9:30 PM PST
French existential philosophers have suggested that we are what we do. If so, OLLI at CSULB must be joyous and enthusiastic learning. Seeing the friendly smiles on OLLI members as they walk through our doors and sensing their mental curiosity makes me think that OLLI must be, to steal a phrase from our Anaheim neighbor, the happiest place on campus. And I expect that our new OLLI locations will soon look like the happiest places in downtown Long Beach and Leisure World.

Under the guidance of Governing Council President Carl Curtis and Executive Director Barbara White, OLLI at CSULB has grown to over 1,200 members, one of the largest in the Osher-sponsored nationwide network of 117 lifelong learning institutes. This growth, however, has come at a price. Our loyal cadre of dedicated volunteers (office staff, instructors, liaisons, et al) have stretched themselves to their limits to recruit and serve our membership. We have also held down our annual membership fees and class tuition to affordable levels in order to continue serving members of our community who live on fixed incomes and limited resources. We welcome volunteers to help in our office and classrooms and thank our donors and benefactors who contribute to secure the financial future of OLLI and to enable us to serve all senior members of our community.

With our growing membership, our popular computer and lecture courses often quickly reach their class size limit. Most members don’t wait until our Saturday registration meeting to enroll. As a result, fewer than ten percent of our members register for classes on our scheduled registration day. Out of consideration for our volunteers who generously come in on those Saturdays to register the few who show up, we have decided to discontinue the Saturday registration meetings starting with the 2012 winter session. You can continue to register, as most of you do now, by mail or in person during our regular office hours Monday through Friday 8:00 AM to 5:00 PM.

All OLLI members should thank Carl Curtis, Barbara White, the members of our Executive Committee, our Governing Council members, and all our volunteers for having built, maintained, and given to all of us this joyous and generous community learning experience that we call OLLI at CSULB.

difficult economic times as well as building for the future. With all of this success, we are also suffering growing pains. Classes fill quickly on a first come, first served basis, especially at our on-campus site, and our Office Administrator’s workload has increased. As we begin 2012 we are looking at ways to address these issues. We continue to develop our satellite sites at Leisure World and downtown Long Beach. We hope you will consider connecting with your OLLI by providing some volunteer hours in the office, classroom or for special events. We welcome your support and your suggestions so that your lifelong learning opportunities through CSULB continue to provide the quality you expect.

Wishing you and yours a Happy, Healthy, and Prosperous New Year.
Hope you had a good holiday and wishing you all a healthy and joyous 2012. It seems that just the other day we celebrated the year 2000. How fast time flies. So the message is - enjoy each day and take that additional class.

Carl Curtis served as president of OLLI for 4 years and 8 months. He did an outstanding job. We now welcome a new board: Malcolm Green-President, Bill Fitzpatrick-Vice President, Arlene Rees-Secretary, Betty Hutchens-Member-at-Large, and Karin Covey continuing as treasurer. We wish them the best of luck.

Our president, Malcolm Green, was invited to go to Qingdao, China as a member of the Long Beach-Qingdao Sister City Association. The two sister cities have exchanged many cultural and educational projects such as the Long Beach Ballet and middle school children visiting each other’s cities. Malcolm and his wife Sheila traveled to Shanghai and Beijing where they saw tremendous growth in housing, education, and the economy. They had a wonderful experience.

The Press Telegram’s 2011 “Amazing Woman” award went to Theresa Marino for her many years of dedication in the health department. She is the co-chair of our advisory committee. An award was also given to Kim Masoner for her work on the environment. She is a craft instructor at OLLI.

Michele Roberge, our Shakespeare instructor, won a grant to fund a series of lectures and films regarding censorship in the United States. The first film and lecture was “Spartacus,” held at the Art Theatre on 4th street. Well over 200 people attended.

Classes at Leisure World are doing extremely well. The SHORT STORIES ABOUT AGING class, taught by Mona Panitz at the downtown campus, is also very successful.

This last session over 700 students registered for classes.

Congratulations to Jack Blecher on the birth of his great-grandson and to Carl Curtis on the birth of his third grandson.

And super congratulations to Otto Ross, our most venerable student, who celebrated his 99th birthday. What a fabulous achievement.

Your New Year’s Resolution: Learn to Use That New Computer

by Kathy Winkenwerder

You had a great holiday season, got nice gifts and enjoyed your time with friends and family. But there was just one problem. Your children gave you a computer. They thought it was about time you learned how to use one, or maybe they thought it would make your life more interesting. And there the computer sits, waiting for you to do something to it. Or maybe you bought a computer a while ago, but just haven’t gotten around to learning how to do much with it.

Here are some reasons to begin to learn to use your computer, no matter how it entered your life.

- You can email your out-of-state grandchildren as well as share pictures of your newborn great-grandchildren instantly with friends and neighbors.
- You can explore your family tree or write an account of your life for your children and grandchildren.
- You can use it as a learning tool and memory aid by going to Google or other search engines and asking questions and getting answers about almost anything.
- You can save money by looking at grocery ads and finding coupons online.
- You can go to Google Earth and see the site of your old home or neighborhood.

And if all those reasons aren’t enough, using a computer could help you feel cheerful and more social. It’s also a good workout for your brain. Recent studies have found that older people who use their computers have less depression, more friends, improved memory function, and increased activity in the areas of the brain that control language, memory and visual ability.

The computer lab has classes to get you started, classes that will give you the foundation you need before you start learning about the things you can do on the Web or take word processing or photo editing classes.

For beginners who have a PC, there’s the VERY FIRST COMPUTER CLASS. If you have a Mac, check out IT’S YOUR MAC. If you are familiar with the keyboard, mouse and desktop, you’re ready for the INTERMEDIATE COMPUTER class. If it’s been a while since you took a class, why not sign up again for a refresher? You’ll be in a class with both instructor and coaches to help you. And if you come to the lab on Fridays to practice, there will be people to help you there too.

For more information about these classes, see descriptions in the computer section of the SUN.
Our Peripatetic Philosopher
by Sylvia Manheim

Cheryl Clark, retired professor of philosophy at CSULB, will be riding her motorcycle this winter to Leisure World where she will be teaching *The Brothers Karamazov*. Dostoevsky’s masterpiece, both Freud and Einstein considered it the best novel ever written. Cheryl grew up in Southern California and attended UCLA where she majored in both math and philosophy. For her graduate work, Cheryl chose philosophy.

While still in graduate school, she began teaching part-time at Santa Monica College, Mount Saint Mary’s and USC. In 1968 she accepted a position in the philosophy department at CSULB where she taught for 32 years and loved every moment of it. She taught many courses including symbolic logic, Plato, and philosophy in literature.

Cheryl’s reading ignited her passion for Dostoevsky’s works, especially *The Brothers Karamazov*. She will teach the novel in two sections, the first this winter session and the second in the spring.

Dostoevsky’s novels are based on ideas so the goal of the course will be to understand and interpret what Dostoevsky is saying about faith, doubt, love, evil, humanity, and other universals.

An intrepid adventurer with an incisive intellect, Cheryl has driven her motorcycle thousands of miles through the years. When she won a National Science Foundation scholarship at Yale University, she drove round-trip to attend the seminar.

On one trip, a large moose ran out in front of her cycle. Cheryl fell off, a motorist noticed the accident and called an ambulance. Our professor was taken to the hospital and released the next day. The moose received a citation.

She has lived on a kibbutz in Israel, spent thirteen months in Jamshedpur, India, explored Antarctica, Greenland and Iceland. She is always contemplating her next adventure. Cheryl engages with colleagues in philosophy discussion groups and attends lectures and meetings. She is a talented water-color artist, builds furniture and repairs broken things. She herself has been a student at OLLI and is delighted to be teaching here. She believes that once you get acquainted with Dostoevsky, you will want to continue reading his writings.

We are honored to have this passionate scholar and learner teaching *THE BROTHERS KARAMAZOV* at OLLI.

Documentary Films...8 Films...8 Styles...8 Incredible Stories

by Thelma Teitel

Coming to OLLI DownTown is an exciting new class featuring documentary films. Logan Crow, the Executive Director, Screenings and Events Programming for Long Beach Cinematheque, will lead the class.

Logan moved from Hollywood to Long Beach and brought with him a grand passion for the documentary and all things cinematic.

Here’s how he explained the difference between a straight narrative film and a documentary. The organic nature of the documentary brings us real life, mostly unscripted, a film where anything can happen. Straight narrative films might also represent real life, but Logan emphasized that documentaries were often extremely compelling, eye-opening and even infuriating at times. All this is inherent when we experience real-life stories.

Reality TV shows have mass appeal. But TV shows often titillate and sensationalize real life situations and are usually scripted. Documentaries constructed with passion and integrity, though well-reviewed, don’t always equate with big financial returns. A few exceptions have been “March of the Penguins” and the films of Michael Moore.

Logan says that the goals of the class will be to not only examine and enjoy the films, but to learn to identify and understand the ways filmmakers approach the subjects of their film.

Definitely on tap will be “Waltz with Bashir,” “The King of Kong: A Fistful of Quarters,” “Fast, Cheap & Out of Control,” and two foreign shorts, the British Oscar winner, “The War Game” and Alain Renais’ French short, “Night and Fog.”

The unofficial ambassador for cinema in Long Beach, Logan Crow has high hopes for resurrecting the Long Beach Film Festival. He formed the Long Beach Cinematheque in order to connect with people who would support a vibrant film scene in Long Beach.

With this background in the art of cinema, it’s pretty exciting to have Logan Crow leading the new course, DOCUMENTARY FILMS...8 FILMS...8 STYLES...8 INCREDIBLE STORIES. Reserve your seat now for its DownTown debut.

→ See class description on page 17
President Carl Curtis, OLLI at its Best

Carl Curtis’s soft-spoken courtesy and unflappability belie his incisive mind and leadership talents. For the past decade he has been everywhere at OLLI. His activism and wise decision-making have shaped the organization as we know it today.

Under Carl’s tutelage since 2007, OLLI has significantly increased its membership, expanded and improved its facilities and curriculum and implemented a plan of action for the future. As he passes the mantle to our incoming President Malcolm Green, Carl, ever the realist—and optimist, welcomes the fresh perspective of new leadership.

Carl is well-schooled in making successful transitions. After graduating from Western High School in his hometown Silver City, New Mexico, he enrolled as a chemical engineering major at the University of Colorado but felt “bushwhacked by the mathematics.” So he switched to literature, graduating with a B.A. in literature and minors in philosophy and psychology.

Next he decided to be a Methodist minister and enrolled at Claremont School of Theology in California. After three years of study and part-time work as a youth minister, Carl realized that his thinking had shifted into the “theological left-field.” He left the seminary and took a “temporary” job as a probation officer in the Los Angeles County Probation Department. He retired thirty-five years later.

During his career Carl worked 19 different assignments, mostly middle management such as the training and supervision of probation officers and running probation camps for juveniles. One job he found profoundly rewarding was directing a fire camp in San Fernando Valley where he oversaw the training of 75 court wards as a handcrew to fight brush fires. They were equipped with shovels, Pulaskis* and chain saws to clear away brush and create a fire line. Motorists on the roadway near the fire line stopped to give the handcrew thumbs up. They were doing heroic work and they were proud of it. Carl was proud too, of them.

Carl’s two sons and three grandsons are another great source of pride. His sons were in their teens when Carl found himself a single parent, leaving him to raise them to adulthood. Both are married; one is a deputy sheriff in Missouri. He is the reason Carl first became enamored with astronomy, by reading his son’s college textbook. The younger son earned his M.B.A. from CSULB, works in banking and lives in Nevada.

Carl has found yet more rewards at OLLI. He began in 2002 as a student in Fran Harding’s BACH, BEETHOVEN AND BEYOND. That “hooked” him, he says. He took many more courses, coached and taught in our computer lab, taught astronomy classes, served as class liaison, formed the Planetary Science Club at OLLI and served as vice-president from 2005 to 2007. Then came the presidency—for Carl, a full time job, a job with everything, including a minimum of 40 hours weekly —excluding salary, benefits and vacation time. Carl is a man who thrives on giving.

He gives his utmost because he believes that when something needs to be righted, someone needs to get out there and do something. Accepting the status quo when it can be improved is nonproductive, Carl says. By means of work and study, we can improve our world.

Thank you, Carl, for giving OLLI the best of yourself. Your example will inspire us to continue to work at making OLLI the best it can be.

*Combination axe and adze
The B (blacklisted)-Word Project

by Arthur Gottlieb

OLLI’s own Michele Roberge, Executive Director of the Carpenter Center, played a major role in winning a two-year grant from the National Association of Performing Arts Presenters to bring the B-Word Project to CSULB, one of only six USA universities and the only western school.

Many of you have already attended the education classes titled “Censoring the Cinema” taught by Dr. Craig Smith at the Art Theatre. OLLI alerted you to the class in the SUN 2011 issue, along with enrollment information in the OLLI office. This reporter interviewed Dr. Smith a couple months ago to gather some background about the man and his role in the project.

A brief resume of Dr. Smith begins with a Ph.D. at Penn State University, teaching at San Diego State University, the University of Virginia, and University of Alabama. In D.C. he had a stint as a political speech-writer. In 1982 he formed and was President of the Freedom of Expression Foundation. He moved the Foundation to CSULB in 1988 and re-named it The Center for First Amendment Studies (check its web site). Dr. Smith has also authored sixteen books and over sixty scholarly articles.

He personally became involved in government censorship as a youth when his mother used to telephone her sister in the Ukraine and spoke in their tongue. Also, naturally, against a backdrop of McCarthyism,HUAC and tremendous fear of the spread of Communism, the calls were suspect, leading to a government investigation.

The movies for presentation and lectures by Dr. Smith were chosen to illustrate the context for five prominent blacklisted Hollywood artists. As recommended reading for OLLI members, he suggests one of his own works: Silencing the Opposition: How the Federal Government Suppresses Freedom of Expression During Times of Crisis.

Letters to the Editor

I consider my attendance at last session’s U.S. CONSTITUTION class given by Roger Lafontaine to be a very fortunate choice.

I was pleasantly surprised that there were many others at OLLI who considered that this was an appropriate time for a review of our Constitution considering the serious attack by the right wing forces on our basic freedoms.

Mr. Lafontaine’s unusual approach to this subject was nothing less than brilliant. I expected the usual lecture, question and answer method. Rather we found ourselves in a latter day revival of “You are there,” namely at the Constitutional Convention of 1787. After Mr. LaFontaine described in detail the horrible conditions in the hall (security required closed windows and doors resulting in stifling heat and poor air quality), we were each given a card containing a delegate’s name and biographical material. I became James Wilson, a Scotch lawyer from Pennsylvania.

We then proceeded to reenact the day by day and hour by hour process of the meeting.

After a great deal of contentious discussions, differences were resolved, a resolution was accomplished and our new Constitution was signed.

This remarkable method put an unusual human face on the iconic document we call our Constitution. We all felt a new respect and appreciation and responsibility to see that it remains inviolate.

JOHN DONOHUE

October 11, 2011

Look for
The Annual OLLI Arts and Crafts Show
February 20 - 24, 2012
In the Design Building Gallery
Reception - Sunday, February 26, 1:00 - 4:00 PM

Picture by Pam Holloway
Over 100 members attended OLLI’s annual luncheon to thank our volunteers. The room was filled with energy and excitement. Old friends were greeting each other, discussing classes they took together and sharing news about mutual friends, holidays, and their families.

Everyone present was honored and a special honor was given to Carl Curtis who is leaving the presidency of OLLI after presiding for four years and eight months. During his tenure, he helped implement two satellite campuses, one at Leisure World and another downtown. He was given some symbolic gifts such as aspirin, a mop, and toilet paper. The aspirin was for all the headaches of working out the difficulties involved in directing OLLI’s affairs and the mop to help clean up the problems.

Con Rader lauded Carl’s talents in leadership such as his dedication and development of outreach programs. He also described his love and knowledge of astronomy which he shared in classes he taught at OLLI. Thanks to Carl’s outstanding service, OLLI is in good standing for the next administration.

The delicious buffet luncheon included Waldorf salad, Chinese chicken salad and three types of sandwiches—turkey, ham and roast beef. There were also brownie tidbits for dessert.

The entertainment as usual was wonderful. Fran Harding and her chorus did a beautiful job singing songs that were familiar to all of us. It was a joyous celebration for everyone.

We are grateful to all of the volunteers who worked so hard to make this event a success. Special thanks to Mary Jane Payan, Karin Covey, Grace Blankenship, Barbara Decker, Barbara White, Muriel Pendleton, and Gini Conner.

Volunteer Luncheon

by Sylvia Manheim
JEROME HENRY MANHEIM
(July 16, 1923 - October 29, 2011)

Jerome Henry Manheim, OLLI member and Sylvia’s husband of 65 years, died on October 29.
A true intellectual and educator, Jerry taught mathematics at several universities across the United States. He concluded his career at CSULB from 1971-1994 both as Dean and Professor. His relentless fight for truth and justice touched and inspired many people.

ROBERT LEVINE (1925-2011)

Robert Levine, a longtime member of Senior University (now OLLI), died on July 18. He was a cosmetics salesman for 50 years. He served honorably in the US Navy. He and his wife Hannah were founding members of Temple Beth David in Westminster.

LUCIA KONDAS (1946-2011)

Lucia Kondas was born on February 19, 1946 in Los Angeles, CA and passed away on October 12, 2011 in Seal Beach, CA.
She and her husband Michael have been longtime members of OLLI.

BEVERLE SINGER (1924-2011)

Beverle Singer, a former member of Senior University (now OLLI), died in Florida on June 22, 2011. Her husband of 65 years, Dr. Michael Singer, died last year. Beverle enjoyed the arts and supported local theatre and the Long Beach Symphony Orchestra.

Congratulations!

Cranial Challenge

Charlotte Lucas is the winner of the SUN’s word contest, creating 345 words out of SERENDIPITOUS.

We thank all the contestants who exercised their brains on this cranial strainer.

Osher Lifelong Learning Institute at CSULB
2011 - 2012 Academic Year Calendar

Class Sessions
Winter Session January 23 - March 17, 2012
Spring Session April 16 - June 11, 2012
Summer Session July 9 - September 1, 2012

Holidays – No OLLI Classes
Martin Luther King Jr Day Monday, January 16, 2012
Cesar Chavez Day Friday, March, 30, 2012
Memorial Day Monday, May 28, 2012
Independence Day Wednesday, July 4, 2012

Class Breaks - No OLLI Classes
December 11, 2011 - January 22, 2012
March 18 - April 15, 2012
June 12 - July 8, 2012
September 2 - October 7, 2012

Osher Lifelong Learning Institute at CSULB
Building HS&D, Rm.100 MS-5609
1250 Bellflower Blvd.
Long Beach, CA 90840-5609
Phone: 562-985-8237 Fax: 562-985-8213
Email: olli@csulb.edu
### History of Judaism Part II
We will continue our survey of Jewish history from the destruction of the Second Temple and the beginnings of Rabbinical Judaism, and the codification of the Mishnah and Talmud. In addition, we will explore Judaism of the Middle Ages including Jewish philosophy, the Golden Age of Spain, Kabbalah, and the beginnings of the Reform, Conservative, and Hassidic movements.

**Class Leader:** Mark Barnett, D.D., Ms.D.
**Dates:** Mondays, Jan 23 – March 12
**Time:** 10:00 – 11:30 AM
**Location:** CSULB, HS&D, room 101

### Understanding Economic Theory and Principles through an Analysis of Current U.S. Issues
Each week students will take a current U.S. issue. Using a case study method to analyze economic theory and principles, students will understand potential effects on national and individual wellbeing and on world markets and governments.

**Class Leader:** Dennis Youkstetter
**Dates:** Mondays, Jan 23 – March 12
**Time:** 1:30 – 3:00 PM
**Location:** CSULB, HS&D, room 101

### History of Christianity Part II
We will continue our study of Christianity from the time of Constantine and the early Church councils through the Middle Ages, Reformation, Counter-Reformation, and into our modern world. In addition, while we look at some of the more prominent thinkers and theologians of Church history, we will see how the Church split into its Eastern and Western denominations.

**Class Leader:** Mark Barnett, D.D., Ms.D.
**Dates:** Mondays, Jan 23 – March 12
**Time:** 11:45 AM – 1:15 PM
**Location:** CSULB, HS&D, room 101

### The Writer’s Toolbox
There are many ways to approach a story: be it fiction, memoir, or non-fiction. The creative urge tells you what you want to express; technique gives the tools with which to write it. This class will be showing rather than telling. You will have the opportunity to exercise your writing skills and use the “tool of the day” to improve the piece you create in class. One technique we will work on is how to make a description more vivid. Whether you are a beginning or experienced writer, this class will help to hone your writing skills. *Priority is given to Leisure World Residents.*

**Class Leader:** Betty Coven, Ph.D., psychologist, author
**Dates:** Mondays, Jan 23 – March 12
**Time:** 2:30 – 4:00 PM
**Location:** LW, Clubhouse 3, room 3

### Great Books: “Short Story Omnibus”
Be prepared for a lively discussion based upon a terrific selection of classic stories. The discussion will include contemporary forms of the short story. The selections will span a century and a half and are among the greatest ever written. The books for the class will be loaned for the duration of the class.

**Class Leader:** Richard Black, B.S., M.A.
**Dates:** Mondays, Jan 23 – March 12
**Time:** 3:00 – 4:30 PM
**Location:** DownTown, Suite 202

### Play the Recorder
Learn to play the recorder and discover the pleasures of creating music. The recorder is an early instrument popular during Medieval and Renaissance time and is currently gaining new popularity. This class is open to those who know nothing of the recorder and to those who know a little. Please bring your own recorder. Recorders are available for those without one.

**Class Leader:** Muriel Pendleton
**Dates:** Mondays, Jan 23 – March 12
**Time:** 3:15 – 4:45 PM
**Location:** CSULB, HS&D, room 101

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**Register Early**
Registration is open as soon as you receive your SUN. Register in the OLLI office or by mail for your favorite classes. Classes are on a first-come first-served basis.

[www.csulb.edu/centers/olli](http://www.csulb.edu/centers/olli)
Longevity Stick
The purpose of Longevity Stick is to prevent disease, protect your health, and increase concentration. The objectives include developing better balance, increasing physical strength by stretching the muscles and tendons, and supplying a greater amount of oxygen to the body through deep breathing. Bring a one-inch dowel, one to two inches longer than your height, with rubber (not plastic) end caps. Tennis or athletic shoes are recommended, as is loose and layered clothing.
Class Leader: Shona Howe
Dates: Tuesdays, Jan 24 – March 13
Time: 8:30 – 9:30 AM
Location: CSULB, HS&D, room 101

The History of Sea Warfare
This class will cover exciting sea battles from the early Greeks to World War II. Included in the course will be discussions of why people fight at sea as well as the changes that have occurred in technology and doctrine. The battles of the Napoleonic era, the American Civil War, World War I and World War II will be featured. Famous ships will be reviewed (especially those you can still visit). In addition, we will talk about the people who sailed the ships and fought the battles.
Class Leader: Ken Velten
Dates: Tuesdays, Jan 24 – March 13
Time: 9:45 – 11:15 AM
Location: CSULB, HS&D, room 101

What do My Dreams Tell Me?
Ten percent of life is spent in the dream state. Learn the tree-like structure of dream thinking – roots to fruits. Tap your helpful dream messages: 11% health, 14% financial, 27% interpersonal relationships, 20% personality growth, 4% creativity, 15% spiritual insights.
Class Leader: Janice Baylis, MA, Ph.D. general psychology
Dates: Tuesdays, Jan 24 – March 13
Time: 11:30 AM – 1:00 PM
Location: CSULB, HS&D, room 101
→ See article on back page

For Women Only
Receive individual instruction on the latest makeup tricks to keep a more youthful look. Become knowledgeable about the basics of color for your individual makeup and wardrobe. You will learn to accessorize, spend half the money, have half the clothes and still have twice as much to wear. Come enjoy this confidence-building experience.
Class Leader: Joy Grand, Certified Image/Makeup Consultant
Dates: Tuesdays, Jan 24 – March 13
Time: 1:15 – 2:45 PM
Location: CSULB, HS&D, room 101

Wisdom of the Ages, Through Latin Sages
This class will engage in a cross-cultural discussion of selected Latin and Roman proverbs and sayings. Each participant will have the opportunity to prepare and co-lead discussions on his/her translated favorite proverbs or on the translated proverbs for the session. These discussions will be in the context of their equivalents in other languages and relevance in contemporary life. Interest in, but not prior knowledge of, Latin is a prerequisite.
Class Leader: Celestine B. Ebegbulem, Ph.D. Curriculum: Theory & Practice
Days: Tuesdays, Jan 24 – March 13
Time: 3:00 – 4:30 PM
Location: CSULB, HS&D, room 101

CSULB ID Cards
Do you have a CSULB ID card? Membership Benefit forms show what OLLI membership can do for you.
Current members of OLLI at CSULB can get ID cards from the ID office located inside of the bookstore on campus. All you need is your OLLI name badge and a picture ID. Additional information about getting an ID card and benefits is available in the information center outside of the OLLI office door.

Classes continued on page 17
Welcome to OLLI at CSULB

Vision
Osher Lifelong Learning Institute at California State University Long Beach is dedicated to promoting the positive aspects of aging. We offer an environment that fosters personal growth and promotes individual empowerment. Lifelong learning is celebrated and human potential is nurtured.

Mission
The mission of OLLI is to provide quality educational opportunities for older adults offering a broad spectrum of programs.

The Details
- Membership is open to adults 50 or older.
- Membership is required to take all classes.
- Membership is $40 for a full academic year (October 1 to September 30).
- Membership is pro-rated to $20 for half of the year (March 29 to September 30).
- Computer class tuition for an 8-week class is $35; all other computer classes are $20.
- Lecture class tuition is $10 per class.
- All class tuitions are in addition to the membership fee.

OLLInfo
- Class Limits
  Enrollment in all computer classes and lecture classes with limits will be on a first-come, first-served basis.
- Computer Classes
  Some computer classes have minimum enrollments. If enrollment is not met one week before the first week of class, the class may be cancelled. If there is a cancellation, students will be notified.
- Returned Check Policy
  CSULB Foundation charges $7.00 per check for all returned checks. If your check is returned, you will be responsible for the amount of the check plus $7.00.
  Any check returned to University Parking Services by your bank will be handled by the University. A letter will be sent to you by the University. Please be sure to follow the instructions outlined in the letter.
- Refunds
  No refunds will be made after 4:00 PM Friday of the first week of classes for parking passes or for class tuition.

How to Register
Check off the list!
- Complete the personal information on both sides of the form.
- Check the classes that you want to take in the column indicated.
- Make payments by check or in cash.
- Make checks payable to: CSULB Foundation for classes/membership; CSULB Parking Services for parking permits.
- Bring your registration form with you when you register; or mail your form and payment to the address on the back of the registration form.
- You will receive an OLLI at CSULB name tag that will be your proof of membership for the entire academic year.
- Please share the extra registration form with a possible new member.
- Call the office with any questions, 562-985-8237

Disclaimer
Our instructors come with a wide variety of backgrounds, experiences and influences. We strive to provide diverse views while maintaining the highest quality of academic excellence in all classes. The views of the instructors and their guests are their own and do not necessarily reflect or represent the views of the Osher Lifelong Learning Institute at CSULB or this University.
Fees and donations are tax deductible as allowed by current law.
Confessional Poetry of the English Romantics

Students will learn about the history and philosophy reflected in the poetry of the six major English Romantic Poets: Blake, Wordsworth, Byron, Shelley and Keats. In addition, students will explore what the poems are about, what they confess to, as well as what they mean to us now.

Class Leader: Lim Paulino, Jr., emeritus professor at CSULB, author

Dates: Wednesdays, Jan 25 – March 14
Time: 9:00 – 10:30 AM
Location: CSULB, HS&D, room 101

Taking Better Photos

This class will focus primarily on composition, the philosophies of master photographers, and getting the best from your camera. Some sessions will be devoted to shooting pictures. You need not have a film or digital camera. If you do, be sure to bring it and your instruction manual to the first class.

Class Leader: Terry Fiskin

Dates: Wednesdays, Jan 25 – March 14
Time: 9:15 – 10:45 AM
Location: CSULB, HS&D, room 119

National and International Current Events and Issues

Students will participate in a friendly discussion of current events and issues in national and international news. They will be encouraged to be informed, make comments, express opinions, and periodically disagree with each other while remaining courteous.

Class Leader: Gary Colboth, B.S., M.P.A., J.D., Professor Emeritus, retired lawyer

Dates: Wednesdays, Jan 25 – March 14
Time: 10:45 AM – 12:15 PM
Location: CSULB, HS&D, room 101

Great Books: Civic Activity

This class will provide an opportunity for discussion and examination of our participation in various kinds of civic activities. Examples of topics to be discussed will be giving, association serving, and leading. We will read a selection prior to each meeting and then discuss it in terms of the author’s intent and application in present society. Books will be loaned for the duration of the class.

Priority is given to Leisure World Residents

Class Limit: 15

Class Leader: Dale Lieberfarb, M.A.

Dates: Wednesdays, Jan 25 – March 14
Time: 11:00 AM – 12:30 PM
Location: CSULB, HS&D, room 119

Film Noir—The Prequel

How else can I title this course after having presented, FILM NOIR—THE FINAL CHAPTER? Students will view eight films noir, six from the so-called “classic period” from 1940–1958. Together we will learn about some noir influences, film back stories, and critical views of the noir phenomena. First up—“The Postman always Rings Twice” from 1946.

Class Limit: 80

Class Leader: Michael Gavin

Dates: Wednesdays, Jan 25 – March 14
Time: 12:30 – 3:00 PM
Location: CSULB, HS&D, room 101

See article on front page

Scholarships

OLLI at CSULB has a scholarship program for those who clearly need financial assistance to participate or continue participating in our classes. Please stop by the OLLI office for more information.

See article on page 5

Heritage Planning

Planning how you will construct a memorable heritage in your family includes more than just writing a will. Will you be remembered for the gifts you left or didn’t leave, or do you want to be remembered for other things? Discussion topics include the documents you need to have in place to protect your wishes and your legacy in your family, a discussion of values that drive your financial decisions, and completion of your Heritage Letter as an adjunct to your will.

Class Leader: Susan Berkman

Dates: Wednesdays, Jan 25 – March 14
Time: 12:45 – 2:15 PM
Location: CSULB, HS&D, room 119

Documentaries: Eight Films, Eight Styles, Eight Incredible Stories

Documentaries tell many stories in many different styles. Over the years filmmakers have adopted varying approaches to share their real-life stories, from “cinema vérité” to “talking head” to animation to short- and feature length films. During this course we will watch and discuss eight different documentaries, in eight different filmmaking styles.

Class Limit: 35

Class Leader: Logan Crow, Executive Director & Film Programmer, Long Beach Cinematheque Founder & Chief Editor, MondoCelluloid.com

Dates: Wednesdays, Jan 25 – March 14
Time: 1:30 – 4:00 PM
Location: Downtown, Suite 202

See article on front page

See article on page 5
Building Blocks of Investing
We will cover a wide variety of topics related to personal investing including:
basics of financial planning, how to read stock tables, fixed income
investments, bonds, long term care insurance, retirement plans, annuities,
distribution options for retirement plans, overview of estate planning,
and what you should know and expect in selecting and working with
a professional financial planner.
Class Leader: Steve Masoner,
Investment Counselor
Dates: Wednesdays, Jan 25 – March 14
Time: 2:30 – 4:00 PM
Location: CSULB, HS&D, room 119

Longevity Stick
The purpose of Longevity Stick is to prevent disease, protect your health,
and increase concentration. The objectives include developing better
balance and increasing physical strength by stretching the muscles and
tendons. Bring a one-inch dowel - one to two inches longer than your height
with rubber (not plastic) end caps.
Priority is given to Leisure World Residents
Class Leader: Lynn Marsh, M.A.
Dates: Thursdays, Jan 26 – March 15
Time: 8:30 – 9:30 AM
Location: LW, Clubhouse 6, room C

War Birds of World War II Fighters
This class will cover the fighter aircrafts that were so instrumental
in the aerial combat of World War II. Through multimedia and lecture,
we will cover airplanes used by the United States Army Air Corp, Royal
Air Force, and the Axis. We also will look at some of the airplanes flown
by the United States Navy and the United States Marine Corp. A part
of the discussion will address how the aircraft carrier replaced the
battleship as the main focus of the fleet. Attendance in previous classes
about War Birds is not a requirement to attend this class.
Instructors: Jim Elsten, Ken Thomas,
Don Freeman
Dates: Wednesdays, Jan 25 – March 14
Time: 3:15 – 4:45 PM
Location: CSULB, HS&D, room 101

Folk Guitar
Dust off your guitar! Learn or brush up
on the essentials of playing the folk
guitar. Bring any acoustic guitar (non-
electronic) and start accompanying
yourself and others. Learn how to
tune your instrument and how to play
chords, strums, and picks for folk and
pop music. You'll be making music in
no time!
Class Leader: Michael Meckna,
Ph.D Music History, educator
Dates: Thursdays, Jan 26 – March 15
Time: 12:00 – 1:30 PM
Location: CSULB, HS&D, room 101

A Novel Approach to Memoir Writing
Write a living legacy for your family
and generations to come. Tell where
you came from, who you are, your
dreams and feelings, and the depths
of your soul. You will be introduced to
the technique of using dialogue, dialect,
and syntax and how to write from the
heart. Learn from exposure to your
classmates' writings and from critiques
of your own submissions.
Class Leaders: Florence Dodge &
Josephine Fitzpatrick
Dates: Thursdays, Jan 26 – March 15
Time: 8:30 – 10:00 AM
Location: CSULB, HS&D, room 101

Women of Ireland
The Irish saga features mythological
deyties, epic heroes, saints and
scholars, legendary warriors, poets
and writers, rebels and revolutionaries.
And what of the women who belong
to this pantheon? Join us for tales
of Erin and many of her remarkable
daughters.
Class Leader: Bill Fitzpatrick
Dates: Thursdays, Jan 26 – March 15
Time: 10:15 – 11:45 AM
Location: CSULB, HS&D, room 101

Things you always wanted to Know about Aging but were Afraid to Ask
The only option to getting old is deathly.
Frankly, getting old is not easy, as we
all know by now. Come explore this
very interesting subject. This will be
an open discussion class. Topics will
include cosmetic issues, physical and
mental changes, how our relationships
with others change, and any topics of
interest to the group. Class Limit: 10
Class Leader: Phyllis Ciscle-McDaniels
Dates: Thursdays,
January 26 – March 1 (6 sessions)
Time: 1:00 – 2:30 PM
Location: DownTown, Suite 202

Tai Chi Chih
Tai Chi Chih is an American version
of a Chinese system for maintaining
health and balance. There are 19
movements and one pose in this
discipline. Students can be taught this
simple program regardless of physical
capability.
Class limit of 30
Class Leader: Al Talberg
Dates: Thursdays, Jan 26 – March 15
Time: 1:35 – 2:20 PM
Location: CSULB, HS&D, room 101
THURSDAY

**Catch the Spirit of Music**
Do you like to lift your voice? Do you like to sing in the shower? Do you like to feel good? If so, “catch the spirit” and join the OLLI Vocal Ensemble. We’d love to have you.
There may be a $5.00 fee for music.
**Class Leader:** Fran Harding, Retired Music Teacher
**Dates:** Thursdays, Jan 26 – March 15
**Time:** 3:00 – 4:30 PM
**Location:** CSULB, HS&D, room 101

FRIDAY

**Intermediate Bridge I**
This class is for players who have had some experience playing bridge. We will start with basics: how to keep score, and opening with a suit and with No Trump. Later in the session we will learn about overcalls.
**Class Leader:** Inge Johnson, retired teacher, taught bridge players 20+ years in USA and Israel.
**Dates:** Fridays, Jan 27 – March 16
**Time:** 8:30 - 10:00 AM
**Location:** CSULB, HS&D, room 119

**Genealogy - Finding who you are!**
This class will be an introduction to the various ways to find out from whom you are descended. We will cover the forms, methodology, citing sources, newspapers, maps, local resources, and Census look-ups. We will explore how a majority of information is NOT available on the Internet and where to find these other sources. A requirement is to have access to a computer and a willingness to explore your heritage. If you use a Mac computer, you can learn the basics in this class. Then, if you wish, you can utilize your computer knowledge by taking a the computer class in genealogy using the Mac in the computer lab (Page 24).
**Class Leaders:** Liz Stookesberry Myers, Past-President, Greater Long Beach’s Questing Heirs Genealogical Society and Linda Johnson, Vice-President, Genealogy Workshop of Leisure World, Seal Beach
**Dates:** Fridays, January 27 – March 16
**Time:** 9:30 – 11:00 AM
**Location:** CSULB, HS&D, room 101

**Intermediate Bridge II**
This class is for players who have taken Intermediate Bridge I. We will start with review of what was learned in the previous class, and continue with preemptive bids and conventions such as Stayman, “Take Out Doubles”, Gerber and Blackwood.
**Class Leader:** Inge Johnson, retired teacher, taught bridge players 20+ years in USA and Israel.
**Dates:** Fridays, Jan 27 – March 16
**Time:** 10:15 – 11:45 AM
**Location:** CSULB, HS&D, room 119
FRIDAY

**Fitness and Folk Dance Movement Around the World**
Have you ever wanted to experience a different culture but not really pack to go there? Let’s dance around the world for 8 weeks and go to Israel, Greece, Turkey, the Balkans, Africa, Russia, Latin America and, of course, the USA. No dance experience necessary. No partner necessary. Just COME and MOVE.
Class Leader: Sue Griffiths BS, MA, Adjunct Professor, CSULB, Choreographer, Performer, Dance Instructor
Dates: Fridays, Jan 27 – March 16
Time: 11:15 – 12:15 AM
Location: CSULB, HS&D, room 101

**Beginning Bridge**
This class is for players who have had absolutely no background with this fascinating game. We will start with “Whist” and go on, one step at a time, so that each lesson will be with fun and laughter as well as instruction.
Class Leader: Inge Johnson, retired teacher, taught bridge players 20+ years in USA and Israel.
Dates: Fridays, Jan 27 – March 16
Time: 2:00 – 3:00 PM
Location: CSULB, HS&D, room 119

**Advanced Bridge**
This class is for players who know the basics and want to learn more. We will learn a variety of other conventions so that players can play successfully at duplicate or join strangers for bridge parties. Class Limit: 20
Class Leader: Inge Johnson
Dates: Fridays, Jan 27 – March 16
Time: 12:15 – 1:45 PM
Location: CSULB, HS&D, room 119

**The Fabric of Life in Cinema**
Life is often like an intricately woven fabric: some strands are silky smooth, light, and colorful, while others are rough, heavy, and plain. In this class we’ll view films that portray the intertwining of the disparate threads that compose a life, exploring warp and weft in the loom of the life. Join us for viewing and discussion of films that show some of the amazing variations in the tapestry of life.
Class Limit: 90
Class Leaders: Yoko Pusavat & Teresa Ross
Dates: Fridays, Jan 27 – March 16
Time: 12:30 – 3:00 PM
Location: CSULB, HS&D, room 101

**Basic Conversational Spanish**
This class is for students who know no Spanish or who took Spanish in school but remember very little/none of it. Students will learn some Spanish words and phrases to help them communicate very basic information.
Class Leader: Don Freeman
Dates: Fridays, Jan 27 – March 16
Time: 3:15 – 4:45 PM
Location: CSULB, HS&D, room 119

OLLI Donor offers a $10,000 Grant
An anonymous donor is challenging OLLI with a $10,000 matching grant. This doubles every donation, large or small, to OLLI up to $10,000 through the end of 2011. This is a great incentive to make a charitable contribution if you are looking for a tax deduction during this calendar year.

OLLI at CSULB Web site
Have you visited the OLLI at CSULB web site recently? Take a look at it at www.csulb.edu/centers/olli
It contains
• Classes
• Registration forms
• Maps
• FAQs ( Frequently asked questions)
• The SUN Online

Auditing Classes
Are there other classes on the schedule that you are curious about? You have the opportunity to audit one meeting of any class for no fee.*
If you do audit a class and decide to continue, simply stop by the OLLI office to sign up and pay for the class.
*This does not include computer classes or classes with limits that are full.
Many members and friends of OLLI have been routinely making financial contributions. Starting with this issue of the SUN there will be a listing of the contributions made since July 1, 2011. Names are printed with permission, and the dollar amount will not appear.

To honor someone, make a contribution to OLLI. It’s better for your heart than a box of chocolates. And it lasts longer too. Commemorate an important event or celebration in that special someone’s life or show appreciation for a person’s service to OLLI. Tribute envelopes are available for your convenience.

Pick up a tribute envelope in our classroom. All contributions are tax free.

Jane Adair
Ruth Anisman
Maria Armstrong
Robert Barmeyer
Barbara Bell
Jane Benson
Jack Blecher and
Renee Simon
  Honor of Cheryl Clark
  Honor of Carl Curtis
  Honor of Otto Ross’s 99th Birthday
  Memory of Roy Palmer
Linda Bolt
Gene Box
David Breuning
Marjorie Broadhurst
Flo Butterbaugh
Ann Cantrell
Sandra and Geoff Carr
Joan and Bilal Chaka
Martin Chandler
Phyllis Cisile-McDaniels
  Scholarship Fund
Donna Cole
Karlin Covey
  Memory of H Glenn Davis
Randolph Currin
Carl Curtis
  Memory of Roy Palmer
  Memory of Lucia Kondas
Thank You to Harold Drab
For Great Books
Joyce Dalman
Dorothy Deatherage
Barbara Decker
  Memory of Roy Palmer
Liz and Terry Fiskin
Gerald Fitzgerald
Josephine Fitzpatrick
Dr. Robert Frankenfeld
David Frick
Don Friedman
Dr. John Gawley
Judith and George Hardy
Carol Herzlinger
Judy Holmblad
Mary Holzgang
Sherry Howell-Cragg
Leslie Howland
Judie Irving
Sherry and Len Jacobson
Toby Jamieson
Linda Mele Johnson
Keiko E Karat
Margaret Kott
Isobel Leventhal
Elaine Lewis
Nancy Lewis
Mary Linehan
Tamara Lipson
  Honor of Mimi and Sherman Andelson
Fifteen Anonymous
  Contributors
Miriam and Edward Mcleod
Judy and William Mednick
  Honor of Otto Ross’s 99th Birthday
Donald Millenson
Lourdes Monzon
Sheila Morgan
Joy Mullen
Pam Nelson
Rosanne O’Brien
Vicki O’Toole
Ernest Owen
Linda Palitz
Flo Pickett
Donald Preuss
Jody Bipy Ramsey
  Memory of Tim Nelson
  Weissenberger
Eileen Ringerman
Marjorie Rivera
Suzanne Ready-Ross
Dodie Robbins
Otto Ross
Suzann Rowe
Roger Saville
Karen Schluntz
Grace Sheldon
Gloria Simon
Bill Snyder
Phyllis Spear
Alice Stasiak
Ralph Staunton
  Memory of Michele Roberge’s Mother
Barbara Stevens
Susan Stuhlberg
Betty Sunofsky
Sam Teaford
Thelma Teitel
Bernadette and John Tellez
Carolyn van Aalst
Barbara Vangsness
Judy Vencovsky
Jim Vince
Lorraine Ward
  Scholarship Fund
Harriet Warner
Barbara White
  Honor of Dick White
Virginia Wilky
Brucelle Williamson
Linda and Wesley Wong
Pasqualina Wrenn
  For Great Books
Dennis Youkstetter
Fifteen Anonymous
  Contributors

Thank you
You'll find the OLLI computer classroom, with its small classes and up-to-date software, an ideal place to learn. Along with instructors, there are coaches in each class who are there to help you too.

That means that any time you have questions, there will be someone to answer them for you. And if you want to spend extra time working on class assignments, you can come to the computer lab on Friday. It's open all day for computer class students.

About computer classes:
- They are held in CSULB campus HSD room 100.
- Each class has a limit of 10 students.
- They are filled on a first-come, first served basis.
- Some have a minimum enrollment. If the enrollment is not met one week before the first week of class, the class may be cancelled.
- No textbooks are supplied. In many cases you'll see the book the instructor will use listed just after the class description so you can buy a copy if you wish.

Very First Computer Class (PC)
This is where you start. You are welcome even if you have never touched a computer or a typewriter. It is the best opportunity anywhere to learn the basics of email and the Internet. You will learn the mouse tool, along with the keyboard and the desktop. Games and simple exercises will be used for emphasis. All questions will be patiently answered for the benefit of the entire class. When you complete this class, you will be ready to move to our Intermediate Computer class.

No Prerequisites
Text: *PCs Simplified*, Elaine Marmet
ISBN: 978-0-470-88847-6
Instructor: Don Patman
Dates: Mondays, Jan 23 – March 12
Time: 8:30 – 10:30 AM

Beginning Photoshop Elements I (PC)
Adobe Photoshop Elements is one of the most versatile image enhancement photo programs available today. First you will learn how to use the Adobe Organizer Program. This will get those picture files in a logical retrievable order. We will enhance those pictures with hands-on use of the many quick fix options available. Learning about resolution will help you email or prepare pictures for right size prints.

Prerequisite: *Very First Computer Class*
Instructor: Harold Drab
Dates: Mondays, Jan 23 – March 12
Time: 10:45 AM – 12:45 PM

Computer classes fill up fast. Be sure to register early.
**MONDAY**

Intermediate Computer (PC)
You’ll learn and practice these basic computer skills: save, print, cut and paste, drag and drop, how to delete an item, make a file or folder, and how to manage the windows on your desktop. You’ll also learn the basics of email, including how to send and receive messages, how to attach documents and open documents that have been sent to you. The Internet section will include how to find Websites, as well as Internet safety tips. You’ll also take a quick look at a word processing program, so you will be able to easily create your own documents, and even insert photos.

Prerequisite: Very First Computer class.
Text: Handouts
Instructors: Computer Lab Instructors
Dates: Mondays, Jan 23 – March 12
Time: 3:15 – 5:15 PM

**TUESDAY**

Beginning Photoshop Elements – Part II (PC)
This continuation of the Beginning Photoshop Elements class emphasizes basic editing concepts using the tools in the full editor. You will practice modifying the images, using all the selection tools and some of the filters. Lighting and color improvement will be covered. You’ll also get an introduction to layers and styles, plus retouching the restoring old photos.

Prerequisite: Beginning Photoshop Elements I or instructor’s permission
Text: Information available the first day of class.
Instructor: Harold Drab
Dates: Tuesdays, Jan 24 – March 13
Time: 10:45 AM – 12:45 PM

Photoshop Elements 8 (Mac)
You’ve taken what you think is a great picture with your digital camera, but the horizon is a little tilted, some of the people in it have glowing red eyes, or that group of people is clustered in one corner of the shot. Learn how to straighten the horizon, get rid of red eye, crop the photo and other simple editing techniques such as whitening teeth and completely removing people from the photo. You’ll learn how to easily move your pictures out of the camera, into your computer and onto CDs.

Prerequisite: Basic Mac skills.
Text: Information available the first day of class.
Instructor: Barbara Kaye Cooper
Dates: Tuesdays, Jan 24 – March 13
Time: 1:00 – 3:00 PM

Exploring the iPad (PC/Mac)
Here’s your chance to join the exciting iPad revolution. Get acquainted with iPad features and apps, and see how to play music, buy those apps, browse the Web, do email and watch videos and movies. See how to use the iPad as an eReader and prepare documents using iWorks for word processing, spreadsheets and presentations. We will also show you what to look for if you are thinking about buying an iPad or other tablet. Several iPads will be available in the classroom. Students who have iPads are encouraged to bring them to each class.

Prerequisite: You are interested in an iPad or already have one.
Instructor: Con Rader
Dates: Tuesdays, Jan 24 – March 13
Time: 3:15 – 5:15 PM

**WEDNESDAY**

Word 2010 (PC)
Did you buy a new PC in the last year or so, or did you buy a new version of Word? Get the most out of your software by learning the new features of Word 2010, including improved text formatting effects, picture editing tools, and how to customize the ribbon. It’s easier than ever to create all kinds of documents—letters, fliers, newsletters, reports and more. Learn how to set up, edit and save documents, write and format letters, make lists, insert and edit photos and make tables.

Prerequisite: Knowledge of basic PC skills.
Text: Handouts
Instructor: Kathy Winkenwerder
Dates: Wednesdays, Jan 25 – March 14
Time: 8:30 – 10:30 AM
**WEDNESDAY**

**Introduction to Windows 7 (PC)**
Explore the features of Microsoft’s Windows 7 operating system. You’ll learn how to transfer settings and files from your old computer, how to rapidly find information on your computer, and get acquainted with the file system and how to best navigate and organize your files. You’ll get to know the desktop with its sidebar and gadgets and how to control your computer’s settings to please yourself.

*Prerequisite: Basic understanding of the Windows XP operating system or instructor’s permission.*


*Instructor: Wesley Peck*

*Dates: Wednesdays, Jan 25 – March 14*

*Time: 10:45 AM – 12:45 PM*

**It’s Your Mac. Do What You Want to Do (Mac)**
Are you a beginning Mac user? Join us for a real hands-on class where you will explore many of the applications that came with your Mac. Learn how to manage the dock, finder windows, menus and shortcuts. We will use the Apple email program, set up the Address Book, use Safari to browse the Internet, write and save documents, and more. Discover how to personalize your computer, change your desktop, screen saver and views to reflect your interests and needs. There will be plenty of opportunities to get your questions answered.

*Prerequisites: You own a Mac; you’d like to own a Mac.*

*Text: Little Mac Book (Snow Leopard Edition), Robin Williams ISBN: 9780321646910*

*Instructor: Bonnie Elsten*

*Dates: Wednesdays, Jan 25 – March 14*

*Time: 1:00 – 3:00 PM*

**THURSDAY**

**Click Start Your Genealogy (Mac)**
Do you want to know more about your family history? Have you already gathered information, but need to organize it? Learn what can be done using Internet resources. We will look at popular genealogy programs for the Mac to help you organize and document your research. We’ll also explore ways to locate others researching your family lines, and find Web sites to further your research. If possible, bring a list of family last names and localities to your first class.

*Prerequisites: The ability to use a Mac for Internet access.*

*Text: Title available the first day of class.*

*Instructor: Bonnie Elsten*

*Dates: Wednesdays, Jan 25 – March 14*

*Time: 3:15 – 5:15 PM*

**Manage and Enhance Your Photos with Picasa (PC/Mac)**
Get your pictures from your camera to your computer and edit them with Picasa. Learn how to download your pictures to Picasa, and then using Picasa’s tools, enhance your photos by cropping them, adding text or removing red eye in your photos. Once you have edited your photos, you can make a slide show or video from selected pictures, or you can organize a set of photos into a collage. Mail your pictures, print them, or have them printed commercially. The first session covers the basics of Picasa. Please bring your camera to class in the second session.

*Prerequisites: Intermediate computer or instructor’s permission.*

*Text: Handouts*

*Instructor: Reggie Gates*

*Dates: Thursdays, Jan 26 – March 15*

*Time: 10:45 AM – 12:45 PM*

**Introduction to Digital Camera (PC/Mac)**
An introduction to the basic functions of the digital camera and scanner. Hands-on learning on how to download your photos from the memory card (camera) to your computer. You will also learn how to scan photos and documents into your computer. Eventually, you will organize and burn saved images to a CD. You will also improve your photography by learning some simple creative composition tools while viewing sample images.

*Prerequisites: Basic understanding of your operating system or instructor’s permission.*

*Text: Title available the first day of class.*

*Instructor: Larry Hicks*

*Dates: Thursdays, Jan 26 – March 15*

*Time: 8:30 – 10:30 AM*

**Google: Email & Lots More (PC/Mac)**
Learn to download and configure the program just the way you like it, and exchange mail with fellow students as you learn the features of Gmail. Other options for Web-based email will be offered if the class wishes. Other powerful and interesting Google programs will be explored, as well as other interesting and worthwhile Internet programs and Web sites. Internet security will be stressed throughout the course.

*Prerequisites: Intermediate computer or instructor’s permission.*

*Text: Handouts*

*Instructor: Reggie Gates*

*Dates: Thursdays, Jan 26 – March 15*

*Time: 1:00 – 3:00 PM*

**Friday - Open Computer Lab**

*9:00 AM - 5:00 PM*
How long have you been an OLLI member?
I joined about five years ago when I volunteered to coach for Bonnie Elsten, who I knew through a local Mac user group.

What did you do before you came to OLLI?
When my kids went to high school, I headed back to school too. I'd been interested in photography since I was 10, so I took every photography class Long Beach Community College offered. Then through my sister, who worked for Christian Dior cosmetics, I was hired to be the company's videographer for department stores in Southern California. Later I started taking still photos of people after they had had makeup applied. At the same time I started a wedding photography business. In all, I worked as a photographer for about 20 years.

What do you like about teaching and coaching?
I love learning and whenever I teach or coach I learn something. It's also a thrill when someone "gets" it. I like helping people and I like helping them solve their problems.

What was your favorite classroom experience?
It's working with the Out of the Box class students. They are so ready to get a new computer. It's fun to take them up to the university bookstore and see what's available, then show them how to connect everything.

What do you do with your time when you're not at OLLI?
In my spare time I enjoy spending time with my family and my cat. I knit and sew doll clothes for my granddaughter's dolls. I like to get something new to figure out how it works. I also do house calls for people in the user group or at OLLI, helping people get their computers connected and getting them online.
OLLI DownTown

Parking Options

- All day parking $3.00 on the South East corner of 7th Street and Pacific Avenue.
- Metered parking: 15 minutes for a quarter, 2-hour limit.
- Non-metered parking: North of 8th Street on Pacific Avenue and Pine Avenue, as well as neighborhood streets West of Pacific Avenue.
- (No parking on the South side of 8th Street on Wednesday for street sweeping.)

Long Beach Transit

For the convenience of our students, parking passes are available through our office for $20.00 per session.

If you have a current DMV disabled persons placard, you may obtain a parking permit and key card for Lot 9. Students parked in disabled parking must display their DMV placard or license plate and their OLLI parking permit at all times when they are parked in that lot, whether or not they are in a designated disabled parking space. Students not displaying the appropriate placards or license plate will be subject to ticketing by Parking Services. Students are not allowed to park in areas marked for carpools or employee parking. Anyone who receives a ticket from CSULB Parking Services must go to the Parking Office (Merriam Way) to resolve the ticket.

Bus transportation to CSULB - OLLI at CSULB is easily available on Lines D, 81, 91, 92, 93, 94, 171 and 96 ZAP. Bus Line 60 may be used if you come from Leisure World (exit on 7th Street and transfer to CSULB Campus Connection shuttle to East Campus). For further information, please call Long Beach Transit at 562-591-2301 or OCTA at 714-636-7433.

The white Campus Connection Shuttles run around the campus during the fall, winter and spring sessions. There is a shuttle stop at the south-west corner of Parking Structure 2 in lot 11 which will drop you off in front of the Design building. For further information pick up a brochure outside the OLLI office.

Check out the CSULB website for complete campus maps
www.csulb.edu
The Course of Your Dreams

Dreams have changed the world. Famous writers, composers and scientists have cited their dreams as inspiring their creations.

Mary Shelley had an idea haunting her “midnight pillow.” The next morning she wrote, “I have found it! What terrified me will terrify others.” Voila Frankenstein.

During the Civil War, Julia Ward Howe had a dream-vision of the Union victory. This inspired her to write “The Battle Hymn of the Republic.” Paul McCartney woke up one morning with a tune in his head. He sat at the piano and plunked out one of the best songs of the 20th century, “Yesterday.”

When Danish physicist Niels Bohr was trying to figure out the structure of the atom, none of his designs fit. Finally in his dreams he saw the nucleus of the atom with the electrons spinning around it. Result? In 1922 he won the Nobel Prize in physics.

Your dreams carry important messages too. In WHAT DO MY DREAMS TELL ME?, Dr. Janice Baylis, a credentialed teacher and retired reading specialist with a Ph.D. in psychology, will teach you how to interpret and apply those messages. She has taught dream study courses at several community colleges. Her students there urged her to write her first book, Sleep on It! The Practical Side of Dreaming (1977).

Dr. Baylis just published her fifth book, Dream Dynamics and Decoding—Personal, Practical, Powerful Messages. A charter member of the International Association for the Study of Dreams, she is preparing her 10th presentation for the I.A.S.D. conference this June.

In her OLLI class, she will use Power Point presentations, lecture, and practice exercises in associative thinking to help you mine your dreams for self-growth, improving relationships, problem-solving and other practical benefits.

Instead of a rehash of Freud or Jung, in this course you will discover how your dreams can enrich and enlarge your life.

Course prerequisites? Pay attention to your dreams. → See class description on pages 11