Beyond Paper Airplanes

Lisa Malmsten loves playing with paper. She’s a former deputy city attorney who now practices special education law, but as the instructor of a new class at OLLI, INTRODUCTION TO PAPER ARTS TECHNIQUES, she’ll be showing her students how to create art by... yes, playing with paper! Absolutely no experience is required but even experienced paper crafters will learn something new. And no, this is not an activity for women only: Lisa says the most well-respected paper crafter she knows is a guy: just Google “Tim Holtz”! (Matter of fact, Google “paper crafters” and see more examples of what this is all about.)

Each week, at least one technique or tool will be demonstrated and then everyone is encouraged to jump in and experiment. Alcohol inks, stamps, stickers, chipboard and special papers are among the materials used but there’s no need to invest in a lot of tools or supplies at this point. Students will take home printed instructions so they can play with the techniques at home.

Cards, gift books, scrapbook decorations? A folded paper embellishment which is displayed as—art, of course! As Lisa emphasizes, there’s no “wrong way” to make paper art and in this informal setting, you’ll have fun exploring the endless possibilities.

Ms. Malmsten, a fourth-generation Californian who has raised her family in Long Beach, gives high marks to classes she has taken at OLLI with Roy Hubbs and Terry Fiskin. She joins their ranks because “I love it when people who have never thought of themselves as artists surprise themselves with what they can do.” It’s a splendid chance for you to find out for yourself!

See class description on page 17
Editor’s Comments

THOUGHT FOR TODAY: To succeed in politics, it is often necessary to rise above your principles.

The electronic information age has caused serious problems for the printed press. Many newspapers have folded or have seriously retrenched. Not to worry about The SUN. This issue is our 54th. We started in 1998 as a four page “yellow” publication and have grown to our current 28 pager. Our success is mainly due to the fabulous volunteerism of our loyal staff. Thank you Judy, Sylvia, Syd, Dave, Linda, Bea, Kathy, Thelma, Len, Ilsebill, Phyllis, Bill, Gayle, Harold, Phil, Betty, Cindy.

As requested by some of the SUN readers, we plan to feature brain teasers in every issue. See page 20 for the start of our Cranial Challenge Corner.

Betty Hutchens, with her staff of volunteers, put on another exciting Arts and Crafts Show. When Betty is in charge, we get excellence.

June Solstice, June 21, 2011, 10:16 am PDT
President’s Corner

by Carl Curtis

We have a plan! At its meeting on March 18, your Governing Council adopted a 3-Year Strategic Plan for our OLLI. It has six objectives:

1. Become financially secure.
2. Grow our membership by 5 percent per year.
3. Strengthen our volunteer team.
4. Broaden our curriculum offerings.
5. Increase our presence at off-campus locations.
6. Establish partnerships with compatible organizations.

Achieving objectives two through five is very important to the future of our OLLI. Reaching or exceeding these goals will make us an organization that will do an even better job of meeting the intellectual and social needs of the age 50+ population of our region. What we offer our membership now is a "quality product." However, it can and should be improved. This is the thrust of these five objectives. An action plan for each will be determined by future Governing Council decisions.

Achieving the first objective is absolutely critical. Over the past couple of years, we have been moving closer and closer toward fiscal insolvency. Added expenses have not been offset by increased revenues and we have had to diminish our reserves in order to pay our bills. The fact that our nation’s economy has been in a major slump has not helped, of course. But even if the economy significantly improves over the time span envisioned by the Strategic Plan, our OLLI faces the prospect of becoming insolvent if preventative steps are not taken. This is why we are embarking on a specific plan to increase our funding base.

We will be asking members and friends to increase their currently generous levels of contribution to OLLI; encouraging these folks to include OLLI in their planned giving; and looking for support in the forms of grants and gifts from entities that are not presently donating to our organization. And, we will improve our means of recognizing our supporters and appropriately thanking them.

In short, meeting the first objective is about sustainability. Our OLLI must be made financially secure. By working together, I am confident that we can achieve a sound fiscal base and thereby secure a bright future for our OLLI.

From the Executive Director

by Barbara White

I applaud the Governing Council, and especially our Vice President, Malcolm Green and the Governance Committee for taking your survey input and crafting it into a “spot on” strategic plan for the next 3 years.

I would like to talk a bit about goal 3: Strengthen our volunteer team. Senior University was founded some 15 years ago as a volunteer organization – volunteer instructors and volunteer governance. Our current officers, committee chairs, and committee members have given their time and talent tirelessly for years – many since our inception. The fact of the matter is that we cannot take them for granted or rely on them forever. We need new volunteers.

Note that our goal is to strengthen our volunteer TEAM - many members giving small amounts of time can make a big difference. Can you give one morning or afternoon a week or a month to help in the office? Can you volunteer to help with planning for our holiday party, our recognition lunch? Can you share talents in marketing, finance, or development? Would you like to share your ideas within the Curriculum Committee? Can you help with outreach to potential members?

Your commitment can be as long or as short as you want. OLLI is a volunteer-run organization. If you treasure your OLLI, please consider giving some time to it. Just contact the office and we will help you to become part of our volunteer TEAM. Or, if we contact YOU, please say YES.

562-985-8237 ~ www.csulb.edu/centers/olli

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Summer is here once again. Smell the flowers. Don’t deny yourself the ice cream you love, and have good experiences.

Sue Griffiths taught folk dancing at DownTown OLLI and everyone really enjoyed themselves. Thanks to the diligent work of Dolores Volpe and Bea Roth, the Leisure World classes went very well.

The Center for Active Aging, located at the Pyramid, has a fully-equipped gym. The Center will fit your individual needs and is geared for the older adult. Currently about 200 OLLI members participate. More are needed to make it a viable center. The fee is twenty-five dollars per month. A real bargain.

A special event was held at the Carpenter Center for the Performing Arts. The Executive Director and our Shakespeare instructor, Michele Roberge, held a sneak preview of all the wonderful events scheduled for this coming year. Watch for them on our bulletin board. OLLI members can get student discounts for all performances.

Another interesting afternoon in our classroom was Harry Saltzgaver’s presentation on his book Passionately Positive, The Beverly O’Neill Story. The many who attended enjoyed the experience.

Our executive director, Barbara White, and Janie Payan headed OLLI’s booth on staff day, held on the quad at CSULB. Many staff members stopped by to get information about OLLI. It was a successful day for promoting our school.

Both Cindy Smith, our office administrator, and Mona Morris, volunteer in our office, became grandmothers of grandsons, Archer and Stein. Congratulations.

Robert Day, a student in our memoirs class, never wrote a story in his entire life. He spent much of his adult life driving a truck. The class changed his life. He has written 97 stories this semester. Awesome!

We need volunteers! Help out in the office, in the classrooms and on our committees such as membership, curriculum, fundraising, outreach, and others.

Enjoy your summer.

Have you heard the phrase, “smile and the world will smile back”? Sometimes we are mired in our personal heavy thoughts and can’t smile. Joan Smith had some heavy thoughts while she was in a support group at the City of Hope. Then in walked Julie Davey, a nurse who came to the group to get experience.

Joan told me that Julie taught the group to write about their feelings to help them improve their health. Julie then took their written work and published a book titling it Writing for Wellness: A Prescription for Healing. Julie’s book is now being taught all over the country. We are very fortunate that Joan will share this with OLLI students.

Joan grew up in Brooklyn, N.Y. and came to California where she worked with a state program that was an agricultural resource for teachers. She maintains that passion for agriculture, the environment and education. Joan also loves to write and has written many published articles. She calls herself a “professional volunteer.”

In WRITING FOR WELLNESS you will have chapters of the book to read and discuss. Chapters focus on specific themes such as anger, frustration, fear and laughter. Then with pens or pencils in hand, you will write to get in touch with your feelings. This will help you heal from whatever you need to clear out of your mind.

Joan stressed that this class is for people who aren’t writers. She will help you understand that by writing you can go from negative to positive and be healthier.

Let’s start summer with positive, healthy thoughts!

→ See class description on page 19
Two New Computer Classes and One Returning Favorite
by Kathy Winkenwerder

Have you wanted to get a PC and learn how to use it but don’t know where to begin? In GETTING STARTED WITH WINDOWS PC, you’ll learn what to look for when you’re shopping for a computer, and what words like hardware, software, peripherals really mean. You also will learn how to set up your computer and get connected to the Internet. There’ll be demonstrations of how your keyboard, mouse or printer connects to your computer so you can connect your own at home. You will see how to keep your computer safe from viruses and other infections so you can surf worry-free. And most important of all, you’ll see what the programs bundled with your computer can do, as well as other programs that might interest you. On top of all that, you’ll learn how to use a mouse and some PC programs. There’ll be ample time to practice.

You may think the Web is the world’s largest library, but some think it’s the world’s largest shopping mall. In the first half of the class, GOING ONLINE TO SHOP AND GET READY TO TRAVEL, you can search for good deals at individual websites, at aggregators or through the new group buying sites like Groupon and LivingSocial. You’ll also see how to find an item online, compare prices, and then go through the steps you take to pay for it.

In the second half of the class you’ll see how easy it is to take a trip today by using online resources. Even if you’re just dreaming of a trip, there are web resources and hundreds of travel blogs to tell you what it’s like. However, if you’re planning a real trip, you can learn to be your own travel agent, research and book the transportation, lodging and sightseeing.

If you want to create a slide show of your vacation or a family function, or for a presentation at an organization you belong to, the POWERPOINT 2010 class is for you. You’ll be introduced to the ribbon and all you can do with it. See how to select a template, and insert text, graphics and transitions. You’ll find some photo-editing options available for the first time with this new version of PowerPoint that will make your presentation look professional.

Don’t forget to check out the COMPUTER LAB USER GROUP Monday afternoons, when there’ll be weekly discussion of new things in the computer world. See the video bulletin board in the hall for details.

OLLI is a Volunteer Organization!
by Karin Covey

OLLI members are a busy bunch. They volunteer a lot – on campus they usher at the Carpenter Center and support the CSULB University Art Museum, Fine Arts Affiliates, and Foot Lighters. They give their time at hospitals, in thrift shops, at libraries, and to the Special Olympics. They work to save our beaches and to support youth programs. They serve on the boards of many local organizations such as the League of Women Voters and Long Beach Heritage. The list is endless and yet they still have time to volunteer at OLLI.

If you read Carl’s President Corner message, you know that OLLI has a renewed three-year strategic plan. Carl talked about the first objective of the plan, to Become Financially Secure. I want to talk about the third objective, to Strengthen Our Volunteer Team. How the heck are we going to do that?!

Responses to the 2010 survey indicated strongly that the most effective way to get members interested in volunteering is through personal contact. So be warned – over the next few months you may be approached (bugged) by your fellow members about becoming a volunteer.

Despite the fact that several members have been volunteering since OLLI’S beginning as Senior University (now OLLI) in 1996, being a volunteer here is NOT a life time commitment. All it takes is an hour a week or every now and then to answer phones in the office during mid-day break; a few hours over an 8-week session to teach, coach, or act as a liaison in a class; helping to plan a special event; or serving on an ad hoc committee. We’re not trying to take over your life; we just want the benefit of your skills, your perspective and your passion. As they say on PBS – not only is your support appreciated - it is ESSENTIAL.

The key to successful and fulfilling volunteerism is finding the right match for your personality, skills, and passion.
Age of Romanticism in Art
by Thelma Teitel

Romanticism was born out of a catastrophe even more devastating than this year’s 9.0 earthquake in Japan. In 1755 Lisbon was almost totally destroyed by a megathrust earthquake and tsunami that killed tens of thousands of people. This led thinkers and philosophers to question the doctrine that man could control much of his destiny. After all, he could not control nature.

From this seismic shift in philosophy there emerged new ways of viewing the world. And so Romanticism began. Returning to OLLI to teach THE AGE OF ROMANTICISM IN ART: A CONTEXTUAL SURVEY FROM GERICAULT TO MILLAIS is Chris Alegria. Chris is pursuing a master’s degree in art history focusing on the 19th century to the present with a special interest in the French Oriental painters.

Although Romanticism in art, roughly from 1790 to 1850, does not exactly mirror the era of Romanticism in literature, the two can be compared. Did Romantic art and literature have themes in common? What did these themes express? How were they expressed? How timely are these themes today?

Romanticism in art focused on themes of nationalism, exoticism, interest in nature, the supernatural, individualism and heroism. The Romantic spirit meant favoring emotion over reason and the senses over intellect. Individuality was prime.

Chris will share her own passion for the Romantic in art when she features one of the paintings that is inspiring work on her master’s degree.

In THE AGE OF ROMANTICISM IN ART: A CONTEXTUAL SURVEY FROM GERICAULT TO MILLAIS, students will acquire the tools to really see paintings: tools that help them question and wonder what brings a particular painting to canvas. Chris, who also works with the docents at the CSULB Art Museum, hopes to make the class fun. With the last name Alegria, (“happiness” in Spanish), how can she fail?

→ See class description on page 17

OLLI Arts and Crafts Show
by Bea Almada

Spring came in not as a lamb but roaring like a lion. That didn’t dampen the enthusiasm of the small crowd that oohed and aahed over the art display that our 29 OLLI artists presented.

The program was opened by the dynamic director, Betty Hutchens, who welcomed all, thanked Craig Kimball for his diligent work in mounting all the art work, and introduced Roy Hubbs. Roy spoke of Georgia Whitlock to whom the show was dedicated. (See page 21)

Dr. Barbara White introduced our Dean, Dr. Kenneth Millar, who reminded everyone about the immense pleasure it is to have OLLI as a part of CSULB.

As usual, the art on the walls and tables was richly creative, diverse and amazing in the gentle strokes of the water color brush, dynamic strokes of the oil brush and soft touch of the pencil drawing. Each year I expect about the same. No, no, that never happens. Each year OLLI artists grow more each year in their personal development and creativity. So superbly done! Also, there were beautiful handmade copper art works, photography, Dia de los Muertos pieces and wood carvings, stitch work, quilt work. Now, that is a real art show.

The RECORDER class musicians played, Tam Lipson and Ian Woods from the MEMOIR WRITING class read, and Wesla Kerr and Carol Zuck from the LONGEVITY STICK class demonstrated strength and balance-building exercises. The show concluded with an opportunity drawing for many prizes such as art books and baskets filled with sweets. Thanks to so many helpers and a special applause to Betty Hutchens, our dedicated impresario!

Chris Alegria

Betty Hutchens

Chris Alegria

Ian Woods - Copper
OLLI Arts and Crafts Show

OLLI's Recorder Class

Dean Ken Millar

Longevity Stick Demonstration by Wesla Kerr and Carol Zuck

Betty Hutchens and her Quilt

Leonard Hirsch and his Watercolors

Tam Lipson

OLLI Art Lovers
A Multitalented Multitasker
by Sylvia Manheim

Our grandchildren are not the only ones that can multitask. Kathy Winkenwerder is a volunteer that has mastered the art.

A graduate of Wilson High, Long Beach, Kathy moved to San Jose where she attended San Jose State University. She went on to Oregon and earned her degree in geography at Monmouth College, then completed a master's in journalism at the University of Oregon. Settling in Seattle, Kathy worked as an editor, copywriter and worked on company websites. All told she spent twenty-five years working with computers. During this time she married and had two children.

When they became adults, her children moved, her daughter Jeanne to Long Beach and son Marc to West Covina. So what does a mom do? Kathy moved to Belmont Heights in Long Beach, joined a book club and started the next chapter in her life.

About three years ago, someone told her about OLLI. Because it sounded interesting, she came to our office and enrolled in SPANISH and LONG BEACH HISTORIC WALKING TOURS. Just like the rest of us she was hooked. Jean Lowe, head of our volunteer committee at that time, convinced Kathy to coach a computer class. Jean introduced her to Con Rader who was truly impressed with her background. That began her involvement at OLLI.

Currently Kathy is teaching three computer classes: FILE MANAGEMENT FOR THE MAC, WORD 2010 and is one of the instructors for INTERMEDIATE COMPUTER. Not only does Kathy spend all those hours in the lab, she is also the secretary of our governing council and a member of our publications committee and writes two articles for every issue of The SUN.

So what does Kathy do in her spare time? She volunteers at the Long Beach Public Library; she needlepoints, designs and makes her own patterns.

Kathy loves reading, spending time with her children and, of course, teaching at OLLI. She finds the students highly motivated and avid about learning.

We can't thank Kathy enough for her dedication and love of teaching. All of us are so fortunate that she returned to Long Beach and brought all her computer experience and skills to OLLI. Thank you, Kathy.
Have you ever dreamed of journeying to Itasca, Illinois? No? Me neither. However, on April 13, 14, & 15 there I was at the Eaglewood Resort in that village as one of two delegates from our OLLI to the 7th National Conference of Osher Lifelong Learning Institutes. Malcolm Green, our Vice President, was the other delegate. It became necessary for me to attend as a “pinch hitter” when our Executive Director, Dr. Barb White, could not attend the full conference. She did appear on the 14th for a few hours, however, to make a presentation in one of the breakout sessions on fund raising. More on that shortly.

There is always a General Session the first afternoon of the Conference during which representatives from the Bernard Osher Foundation brief the delegates from the 117 represented OLLIs regarding both the status of the OLLI network and new developments since the last conference (Park City, UT in October 2009). In his comments, Mr. Bernard Osher expressed his pleasure at the fact that in its recent listings of the 25 best places to retire in the US, the editors of Money Magazine elevated the presence of a lifelong learning program to one of their major rating criteria and that most of the cities that made the top 25 list have an Osher Lifelong Learning Institute.

This is also the session where the “WOW!”s are presented. Each OLLI is invited to send to the National Resource Center a PowerPoint slide and two lines of text describing something significant their organization recently accomplished. These are combined into a presentation so everyone can share the successes of other groups as well as get ideas to incorporate into their programs. Our “WOW!” was a picture of the WWII Memoirs book and a description of how we used it to give visibility to our talented authors, increase awareness of our OLLI, and raise funds.

Much of the “work” of the conference takes place in conversations between attendees and in breakout sessions wherein certain invited OLLIs discuss their best practices regarding a particular topic. We were honored to be invited to present on the topic of fundraising along with OLLI representatives from the University of Kentucky (a 45-year-old well-endowed program that is working to revitalize their membership to raise funds to sustain the program) and Furman University (raising $5 million to build a building on land donated by their university). I assisted Dr. Barb with our part of the presentation and also attended sessions entitled “The Curriculum Committee,” “Marketing Your OLLI,” and “The Quest for Faculty.”

For me, this conference was certainly on a par with the three others I have attended and again reemphasized the value of being part of a network of organizations that periodically convene to share information and best practices.
Lecture Classes Summer 2011

MONDAY

U.S. Constitution
Do you remember your government or civics class back in the eighth and twelfth grades? What do you remember about the amendments to the Constitution? Would you be able to pass the citizenship test administered by the Immigration and Naturalization Service? These subjects will be reviewed in this class. You will refresh your memory about the Constitution and its amendments. In addition, you will become familiar with the famous “One Hundred Questions” that the I.N.S. uses when testing persons to become a citizen of this country. No memorizing, no analyzing, and no disputing (that’s what the courts are for). Just an easy overview of what the laws of our country are based on.
Class Leader: Roger Lafontaine
Dates: Mondays, July 11 – August 29
Time: 10:00 – 11:30 AM
Location: CSULB, HS&D, room 101

Dance around the World
Have you ever wanted to experience a different culture but not really pack and go there? Let’s dance around the world for eight weeks and go to Israel, Greece, Turkey, the Balkans, Africa, Russia, Latin America, and the USA. No experience necessary. No partner necessary. Just come and enjoy. Wear sneakers and bring water.
Sue Griffiths B.S., M.A.
Adjunct Professor, Dance Instructor, Choreographer
Dates: Mondays, July 11 – August 29
Time: 1:30 – 2:30 PM
Location: CSULB, HS&D, room 101

Shakespeare’s Sonnets:
Mysteries within Mysteries
What’s certain is that the Sonnets comprise the greatest sequence of their kind in the English, or in any other, language. But did Shakespeare intend to publish the poems? Did he organize them in the order we have? Are the sonnets autobiographical or fictive? If autobiographical, who are the “fair young friend,” the “rival poet,” and the “dark lady”? If fictive, what do we make of the odd subject matter: shifts in tone from platonic to anti-platonic, from passionate and elegant to bawdy? Let’s explore these mysteries together.
Class Leader: Les Mittleman, Emeritus Professor of English Ph.D.
Dates: Mondays, July 11 – August 29
Time: 11:45 AM - 1:15 PM
Location: CSULB, HS&D, room 101

Understanding Human Biology
This class will cover: a general overview of various systems, their inter-connectedness and significance; their practical application in daily life; the interconnection of structure and function of body parts; and its value in maintenance of health.
Class Leader: Prem P. Gupta, M.D.
Dates: Mondays, July 11 – August 29
Time: 2:30 to 4:00 PM
Location: Leisure World, Clubhouse 3, room 3

Auditing Classes
Are there other classes on the schedule that you are curious about? You have the opportunity to audit one meeting of any class free.*
If you do audit a class and decide to continue, simply stop by the OLLI office to sign up for the class.
*This does not include computer classes or classes with limits that are full.
Longevity Stick
The purpose of Longevity Stick is to prevent disease, protect your health, and increase concentration. The objectives include developing better balance, increasing physical strength by stretching the muscles and tendons, and supplying a greater amount of oxygen to the body through deep breathing. Bring a one-inch dowel, one to two inches longer than your height, with rubber (not plastic) end caps. Tennis or athletic shoes are recommended, as is loose and layered clothing.
Class Leader: Shona Howe
Dates: Tuesdays, July 12 – August 30
Time: 8:30 – 9:30 AM
Location: CSULB, HS&D, room 101

Royal Scandals, Part II
History like you've never known it before! Think Charles' and Diana's shenanigans were the only ones? Well, delve into the personalities and actions of European monarchs from Russia to England. In an atmosphere of absolute power these kings and queens could do or be anything – cruel, unfaithful, inbred, insane. Today we would call their behavior scandalous and unacceptable. In the past, it was the norm. Remember! Absolute power corrupts absolutely! These are more than amusing, titillating tales. This unbridled behavior caused wars, rebellions, and constitutions.
Class Leader: Doreen Seelig, B.A. UCLA; M.A. History, Loyola-Marymount
Dates: Tuesdays, July 12 – August 30.
Time: 10:00 – 11:30 AM
Location: CSULB, HS&D, room 101

A Play Reading Circle II
Experience drama first-hand! Join this class to read plays from various historical periods; learn about the playwrights and the times in which they lived; and discuss the significance and value of each play. A list of the plays to be covered and the recommended translation to purchase or borrow from the library will be available at registration.
Class Limit: 15
Class Leader: Muriel Pendleton
Dates: Tuesdays, July 12 – August 30
Time: 11:45 AM – 1:15 PM
Location: CSULB, HS&D, room 101

Conversational French
If you studied French in high school or college, you probably learned to translate and conjugate. In this class you will not translate or conjugate. You will practice understanding and speaking French in vocabulary and phrases that you are most likely to hear and say in everyday speech. In addition, you will learn practical techniques for intercultural communication. Recommended preparation--previous study of French in high school or college.
Class Leader: Malcolm Green, B.A. & M.A. in French
Dates: Tuesdays, July 12 – August 30
Time: 1:30 – 3:00 PM
Location: CSULB, HS&D, room 101

Acting II
This class is for those who took the "Releasing Your Inner Thespian" course last semester or who have had acting experience elsewhere. Working together on scenes from well-known plays, we will concentrate on learning to create believable and interesting characters. No memorization is required.
Class limit: 15
Class Leader: Alice Lemon, M.A.
Dates: Tuesdays, July 12 – August 30
Time: 2:30 – 4:00 PM
Location: LW, Clubhouse 3, room 3

CSULB ID Cards
Membership Benefits packets show what OLLI membership can do for you.
Do you have a CSULB ID card? Current members of OLLI at CSULB can get ID cards from the ID office next to the bookstore on campus. All you need is your OLLI at CSULB name badge and a picture ID.
Additional information about getting an ID card and benefits is available in the information center outside of the OLLI office door.
Welcome to OLLI at CSULB

Vision
Osher Lifelong Learning Institute at California State University Long Beach is dedicated to promoting the positive aspects of aging. We offer an environment that fosters personal growth and promotes individual empowerment. Lifelong learning is celebrated and human potential is nurtured.

Mission
The mission of OLLI is to provide quality educational opportunities for older adults offering a broad spectrum of programs.

The Details
• Membership is open to adults 50 or older.
• Membership is required to take all classes.
• Membership is $40 for a full academic year (October 1 to September 30).
• Membership is pro-rated to $20 for half of the year (March 29 to September 30).
• Computer class tuition for an 8-week class is $35 all other computer classes are $20.
• Lecture class tuition is $10 per class.
• All class tuitions are in addition to the membership fee.

OLLI Info
• Class Limits
Enrollment in all computer classes and lecture classes with limits will be on a first-come, first-served basis.

• Computer Classes
Some computer classes have minimum enrollments. If enrollment is not met one week before the first week of class, the class may be cancelled. If there is a cancellation, students will be notified.

• Returned Check Policy
CSULB Foundation charges $7.00 per check for all returned checks. If your check is returned, you will be responsible for the amount of the check plus $7.00.
Any check returned to University Parking Services by your bank will be handled by the University. A letter will be sent to you by the University. Please be sure to follow the instructions outlined in the letter.
Fees and donations are tax deductible as allowed by current law.

HOW TO REGISTER
Check off the list!
• Complete the personal information on both sides of the form.
• Check the classes that you want to take in the column indicated.
• Payments may be made by check or in cash.
• Make checks payable to:
  CSULB Foundation for classes/membership
  CSULB Parking Services for parking permits
• Bring your registration form with you when you register; or mail your form and payment to the address on the back of the registration form.
• You will receive an OLLI at CSULB name tag that will be your proof of membership for the entire academic year.
• Please share the extra registration form with a possible new member.
• Call the office with any questions, 562-985-8237

Disclaimer
Our instructors come with a wide variety of backgrounds, experiences and influences. We strive to provide diverse views while maintaining the highest quality of academic excellence in all classes. The views of the instructors and their guests are their own and do not necessarily reflect or represent the views of the Osher Lifelong Learning Institute at CSULB or this University.

Refunds
No refunds will be made after 4:00 PM Friday of the first week of classes for parking passes or for class tuition.
History of Theatre Ill
This overview of theatre in the Western tradition focuses on the play in performance. We consider both literary and theatrical values of the plays of various eras, as well as the means and traditions of production and performance. Only interest, rather than previous theatrical study or performance, is necessary to bring to this class. This last installment of Western theatre history sweeps from Romanticism and Realism to contemporary eclectic theatre, from the 19th century to the present. Playwrights from Goethe to Arthur Miller and August Wilson are included as well as the ever changing technology of the theatre.

Class Leader: Patrick McDonough, Ph.D.
Dates: Wednesdays, July 13 – August 31
Time: 10:00 – 11:30 AM
Location: CSULB, HS&D, room 101

Introduction to Paper Arts Techniques
Learn new paper techniques. Highlight your scrapbook pages, jazz up handmade cards, and make special gifts. Create new art while recycling! Among the techniques we can cover, depending on class interest and experience, are: adding texture and dimension, iris folding, sticker art, basic stamping and embossing, tearing and chalking, adding metallic and sparkle, and making flaps and pockets. Students will take home projects such as handmade boxes, cards and board books as well as written instructions so they can try the techniques at home.

Class Leader: Lisa Peskay Malmsten
Dates: Wednesdays, July 13 – August 31
Time: 10:00 – 11:30 AM
Location: CSULB, HS&D, room 119

Irish History: The Easter Seven
On Easter Monday 1916, seven men proclaimed the establishment of the Irish Republic, nominating themselves as its provisional government. Together with 1,600 poorly armed followers, they occupied prominent buildings in central Dublin. To the government of Great Britain and Ireland, the insurrection was treason. The response was immediate and decisive. Within a week, 2,000 people, mostly civilians, were dead or injured, Dublin was in ruins, and the insurgents had surrendered. The leaders were tried by court-martial and executed by firing squad. This class tells the stories of the seven.

Class Leader: Bill Fitzpatrick
Dates: Wednesdays, July 13 – August 31
Time: 11:45 AM – 1:15 PM
Location: CSULB, HS&D, room 101

Taking Better Photos
This class will focus primarily on composition, the philosophies of master photographers, and getting the best from your camera. Some sessions will be devoted to shooting pictures. The final session will be at the instructor’s home studio. You need not have a film or digital camera. If you do, be sure to bring it and your instruction manual to the first class.

Class Leader: Terry Fiskin
Dates: Wednesdays, July 13 – August 31
Time: 11:45 AM – 1:15 PM
Location: CSULB, HS&D, room 119

Building Blocks of Investing
We will cover a wide variety of topics related to personal investing including: basics of financial planning, how to read stock tables, fixed income investments, bonds, long term care insurance, retirement plans, annuities, distribution options for retirement plans, overview of estate planning and what you should know and expect in selecting and working with a professional financial planner.

Class Leader: Steve Masoner, Investment Counselor
Dates: Wednesdays, July 13 – August 31
Time: 2:30 – 4:00 PM
Location: CSULB, HS&D, room 119

The Age of Romanticism in Art:
A Contextual Survey From Gericault to Millais
This visual arts course will explore the Romantic Period of the early 19th century. Romanticism was a response to the objective and stoic aspects of the Neo-classical period and was informed by unrestrained feeling and expression inspired by current events, cataclysmic natural disasters, and exotic locations. Such artists as Delacroix, De Goya, Blake, Turner, David, Ingres, and Cole, as well as the Hudson River School and the Barbizon School will portray these concepts. Through a contextual based review, we will discover the literary, philosophical, cultural and social influences that shaped the artistic output of the period.

Class Leader: Christina Alegria, B.A. in Art History and Comparative Literature; Master’s Student in Art History
Dates: Wednesdays, July 13 – August 31
Time: 3:15 – 4:45 PM
Location: CSULB, HS&D, room 101

See article on page 6
**THURSDAY**

**Longevity Stick**
The purpose of Longevity Stick is to prevent disease, protect your health, and increase concentration. The objectives include developing better balance and increasing physical strength by stretching the muscles and tendons. Bring a one-inch dowel - one to two inches longer than your height - with rubber (not plastic) end caps. Tennis or athletic shoes are recommended, as is loose and layered clothing.

Class Leader: Lynne Marsh, M.A.
Dates: Thursdays, July 14 – September 1
Time: 8:30 – 9:30 AM
Location: LW, Clubhouse 6, room C

**A Novel Approach to Memoir Writing**
Write a living legacy for your family and generations to come. Tell where you came from, who you are, your dreams and feelings, and the depths of your soul. Beginning writers will be introduced to the technique of using dialogue, dialect, and syntax and how to write from the heart. Learn from exposure to your classmates’ writings and from critiques of your own submissions.

Class Leaders: Florence Dodge & Josephine Fitzpatrick
Dates: Thursdays, July 14 – September 1
Time: 8:30 – 10:00 AM
Location: CSULB, HS&D, room 101

**National and International Current Events and Issues**
Students will participate in a friendly discussion of current events and issues in national and international news. They will be encouraged to be informed, make comments, express opinions, and periodically disagree with each other while remaining courteous.

Class Leader: Gary Colboth, B.S., M.P.A., J.D., Professor Emeritus, retired lawyer, professor, and university administrator
Dates: Thursdays, July 14 – September 1
Time: 10:15 – 11:45 AM
Location: CSULB, HS&D, room 101

**Hollywood Bowl Classic Nights**
Want to know more about melody, rhythm, harmony, form, texture, counterpoint, and dynamics of music? Join us as we discuss these in an overview of the 2011 Hollywood Bowl Classic nights. Organized trips to the Bowl are NOT a part of the class although you will receive information on how to get there inexpensively and how to get senior “rush” tickets. Start your day right with the joy of hearing the masters’ music.

Class Leader: Fran Harding, Retired Music Teacher
Dates: Thursdays, July 14 – September 1
Time: 12:00 – 1:30 PM
Location: Downtown, Suite 202

**Tai Chi Chih**
Tai Chi Chih is an American version of a Chinese system for maintaining health and balance. There are 19 movements and one pose in this discipline. Students can be taught this simple program regardless of physical capability.

Class Leader: Al Talberg
Dates: Thursdays, July 14 – September 1
Time: 1:35 – 2:20 PM
Location: CSULB, HS&D, room 101

**Catch the Spirit of Music**
Do you like to lift your voice? Do you like to sing in the shower? Do you like to feel good? If so, “catch the spirit” and join the OLLI Vocal Ensemble. We’d love to have you. There may be a $5.00 fee for music.

Class Leader: Fran Harding, Retired Music Teacher
Dates: Thursdays, July 14 – September 1
Time: 3:00 – 4:30 PM
Location: CSULB, HS&D, room 101

**Tai Chi Chih**
Tai Chi Chih is an American version of a Chinese system for maintaining health and balance. There are 19 movements and one pose in this discipline. Students can be taught this simple program regardless of physical capability.

Class Leader: Al Talberg
Dates: Thursdays, July 14 – September 1
Time: 6:00 – 6:45 PM
Location: Downtown, Suite 202

**Scholarships**
OLLI at CSULB has a scholarship program for those who clearly need financial assistance to participate or continue participating in our classes. Please stop by the OLLI office for more information.

Register Early
Registration is open as soon as you receive the SUN. You can register in the OLLI office, by mail, or on registration day. Don’t miss your favorite class, register early!

www.csulb.edu/centers/olli
FRIDAY

Drawing Workshop
This class is for beginners and intermediates who are intent on improving their drawing skills. The class will develop visual and perceptual skills which will help students interpret a variety of subject matter. Materials list and class outline will be available at the first meeting. Bring a No. 2 pencil and paper or sketchbook.
Class limit: 25
Class Leaders: Leonard Hirsh
Dates: Fridays, July 15 - September 2
Time: 8:00 - 10:00 AM
Location: CSULB, HS&D, room 105

Intermediate Bridge
If you have some bridge experience, this class is for you. We will review all of the basics and gradually learn some refinements to improve your skill in playing. This class is designed for pleasure, not competition.
Class limit: 20
Class Leader: Inge Johnson, Retired Elementary Teacher
Dates: Fridays, July 15 - September 2
Time: 9:00 - 10:30 AM
Location: CSULB, HS&D, room 119

Mysticism, Kabbalah, and Spirituality
In this class we will examine and discuss the various spiritual, mystical, and philosophical traditions in world thought, Eastern and Western. Included will be Taoism, Buddhism, Hinduism, Judaism, Christianity, Islam, etc. Using the backdrop schemata of Kabbalah, Neo-Platonic, and Gnostic thought, we will learn how all these psychological/spiritual phenomena relate to each other.
Class Leader: Mark Barnett, D.D., Ms.D.
Dates: Fridays, July 15 - September 2
Time: 10:00 - 11:30 AM
Location: CSULB, HS&D, room 101

Great Books: Short Story Omnibus
Be prepared for a lively discussion based upon a terrific selection of classic stories. These selections will not be the same as the prior class. The discussion will include contemporary forms of the short story. The selections will span a century and a half and are among the greatest ever written. The book is called Short Story Omnibus, published by the Great Books Foundation. The books for the class will be loaned for the duration of the class.
Class limit: 14
Class Leader: Dale Lieberfarb, M.A.
Dates: Fridays, July 15 - September 2
Time: 10:00 - 11:30 AM
Location: LW, clubhouse 3, room 3

Watercolor Workshop
This class is for beginners and intermediates. Basic watercolor techniques and color theory will be stressed. If you have supplies, bring them to the first meeting.
Class limit: 25
Class Leader: Roy Hubbs, Retired Art Teacher, MFA
Dates: Fridays, July 15 - September 2
Time: 10:00 AM - 12:00 PM
Location: CSULB, HS&D, room 105

Advanced Bridge
This class is for players who understand the basics: opening with a suit, no trump, overcalls and pre-emptive bidding. We will start with slams, explore other conventions, and also play duplicate bridge.
Class limit: 20
Class Leader: Inge Johnson, Retired Elementary Teacher
Dates: Fridays, July 15 - September 2
Time: 10:45 AM - 12:15 PM
Location: CSULB, HS&D, room 119

Writing for Wellness
The simple act of written expression is a miracle. Life-threatening illnesses and tragedies affect all of us. Words can help you heal. Through directed writing we can restore hope, compassion, and care. Subjects include choosing happiness, recapturing joy, and capturing nature’s power. This class will not focus on grammar or professional writing but will focus on expressing oneself, and will help the writer heal. The class will be based on techniques in the book, Writing for Wellness by Judy Davey. Books will be available for class use.
Class Leader: Joan Smith
Dates: Fridays, July 15 - September 2
Time: 2:30 - 4:00 PM
Location: LW, clubhouse 6, room B

Issues in Modern Spirituality
This will be an interactive, roundtable discussion class examining the various spiritual issues confronting our modern/post-modern society. Among the questions are: What is God, soul, spirit, consciousness, religion, philosophy, and psychology? We will discuss: How do the findings in modern science have bearing on the above issues and topics?
Class Leader: Mark Barnett, D.D., Ms.D.
Dates: Fridays, July 15 - September 2
Time: 11:45 AM - 1:15 PM
Location: CSULB, HS&D, room 101

Beginning Bridge
Everyone is welcome, even if you do not know a spade from a heart. Bridge is mentally stimulating and a lot of fun; but mainly this game will bring friendships for years to come. This class is designed for enjoyment and learning step by step.
Class Leader: Inge Johnson, Retired Elementary Teacher
Dates: Fridays, July 15 - September 2
Time: 1:00 - 2:30 PM
Location: CSULB, HS&D, room 119
Basic Conversational Spanish
The course is ideal for seniors who employ or work with non-English or limited-English speaking Spanish persons. In addition, it will help you if you are considering a vacation to Spain or South America. You may bring a tape recorder so you can practice your Spanish lessons at home. We will be using two textbooks that are available at the CSULB bookstore:

Class Leader: Don Freeman
Dates: Fridays, July 15 – September 2
Time: 3:15 – 4:45 PM
Location: CSULB, HS&D, room 119

CRANIAL CHALLENGE CORNER

Here's your first challenge—How many words can you compose from the letters in **SERENDIPITOUS**?

Rules:
- The words can contain no less than three letters
- No proper nouns
- Words must be in a current standard English dictionary

From the above word, an example is “dip.” The persons who make the most words from the challenge word will be noted in the next issue of the SUN. Judges will be selected from the SUN staff. Drop off or mail your answers to the OLLI office. Deadline for responses is August 19, 2011. All SUN readers are eligible to compete, except for SUN staff members.

OLLI Artists 2011

Pam Holloway
Sue Solt
Soo-Jan Wong
Betty Hutchens
Richard White 1928-2011

Richard Raleigh (Dick) White died at home in Huntington Beach on April 15, 2011. Dick was born in Bronx, New York. He moved to the West Coast in 1942. He served in the U.S. Navy on the U.S.S. Midway (CV 41) as an MR3. As a midshipman he attended the University of Mississippi where he became a Mason and a member of the Sigma Nu Fraternity. During a 37-year career with Douglas Aircraft he worked on many important projects including Project Mohole and various civilian and military programs. From 1977-79 he served in Germany as Logistics Support Consultant to the European Space Agency, Spacelab Project. Dick retired from McDonnell Douglas as Manager of Proposal Operations in 1989.

Dick was dedicated to improving our community. He founded Boy Scout Troop 560 in Fountain Valley, was president of the Citizens Emergency Response Team (CERT) in Huntington Beach (HB), the Council on Aging and the Senior Citizens Advisory Council for Orange County. He also served as a California Senior Legislator. In recognition of his service, the Huntington Beach CERT established the annual Dick White Partners in Preparedness award. Among his many awards he received the 1995 Good Samaritan Award from the HB Chamber of Commerce. Dick returned to “Ole Miss” in 1998 and received his bachelor’s degree.

Dick is survived by a loving family including wife Barbara White, Executive Director of OLLI at CSULB.

Georgia L. Whitlock 1917-2011

On February 15, 2011, Georgia Whitlock died at the age of 93. Georgia, an artist and art teacher, was born in Santa Barbara, CA.

She earned a B.A. in art at Fresno State. In 1974, after teaching for 20 years, she moved to Long Beach where she devoted her time to painting and her favorite hobby, golf.

She painted in various media, but watercolor was her favorite. Senior University’s (now OLLI) watercolor art class was initiated by Georgia. She taught until failing eyesight caused her to retire. Roy Hubbs, her colleague, took over the class and is still actively teaching the class. This year our annual Arts and Crafts Show was dedicated to her.

Claudia (Hoffer) Gosselin 1946-2011

Claudia Gosselin died on January 21, 2011 after a long battle with cancer. Claudia grew up in New York. She earned her doctorate in French literature. She moved to California and taught for 18 years at CSULB. Although she lived in California for 30 years, she was always a New Yorker at heart.

At OLLI, she volunteered as a teacher. Many of us learned a lot from her MARCEL PROUST’S MADELINES class.

Osher Lifelong Learning Institute at CSULB
Building HS&D, Rm100 MS-5609
1250 Bellflower Blvd.
Long Beach, CA 90840-5609
Phone: 562-985-8237
Fax: 562-985-8213
Email: olli@csulb.edu
You'll find the OLLI computer classroom, with its small classes and up-to-date software an ideal place to learn. Along with the instructors, there are coaches in each class who are there to help you, too.

That means that any time you have questions, there will be someone to answer them for you. And if you want to spend extra time working on class assignments, you can come to the computer lab. It's open all day Friday. Classes are held in CSULB campus HSD room #100.

- Classes will be filled on a first-come, first-served basis.
- Read the class description to get the class that best fits your skills.
- Each computer class has a limit of 10 students.

Please Note: Textbooks are not supplied in computer lab classes. In many cases you'll see the book the instructor will use listed just after the class description so you can buy a copy if you wish.

Some computer classes have a minimum enrollment. If enrollment is not met one week before the first week of class, the class may be canceled. If there is a cancellation, students will be notified.

Beginning Photoshop Elements 8 Part I (PC)
Adobe Photoshop Elements is one of the most versatile image enhancement programs available. First we will learn how to organize the pictures in your computer. This will provide you with a tool to easily retrieve your photos in a logical manner. We will enhance those pictures with hands-on use of the many quick fix options. Learning about pixels and resolution will help you email or prepare for right size prints.

Perquisite: Very First Computer
Textbook: (Purchase separately by students) Adobe Photoshop Elements One-on-One by Deke McClelland, Colleen Wheeler ISBN 9780596802394
Instructor: Harold Drab
Dates: Mondays, July 11 - August 29
Time: 10:45 am - 12:45 PM

Know your Internet
- Pressing Alt + D in any major Internet browser will move the cursor into the address bar.
- Hold down the Ctrl key and press the + or - to increase and decrease the size of text.
- Press the backspace key or hold down the Alt key + left arrow to go back a page.
- Press F5 to refresh or reload a web page.
- Press F11 to make the Internet browser screen full screen.
- Press Ctrl + B to open your Internet bookmarks.

OLLI Computer User Group (PC/Mac)
Free to all OLLI members
The computer lab's new user group is a place to share your computer experience and skills and learn something new from others. Come to the first part of the meeting and hear a short presentation led by Con Rader or other lab instructors. Topics can include new software, the latest operating system for the Mac or PC, trends in computing, options for storing your data, or a discussion about Web browsers. The second part of the meeting will feature a question and answer session to help you solve common PC and Mac problems or a discussion about what's new in computing technology, including the latest electronic devices. Sessions will be limited to 15 people, and seating will be first come, first served. Watch the video announcement board in the hall for the week's presentation or discussion topic.

Prerequisite: An interest in computers and how they can enhance your life.
Instructors: Computer Lab Instructors
Dates: Mondays, July 11 - August 29
Time: 1:00 - 4:00 PM
TUESDAY

PowerPoint 2010 (PC)
Learn how to plan, set up and deliver a great presentation with this new version of Microsoft's popular presentation program that has many new templates and improved graphics capability. You'll see how to build and save a simple presentation, create and edit slides, apply themes, insert transitions, place text, apply backgrounds and insert clip art or other images from your computer.
Prerequisite: Ability to use a mouse, find, open, save, and close files; navigate online to read books in the CSULB library where our textbooks are located.
Prerequisite: Basic PC skills.
Text: Information available the first day of class.
Instructor: Harold Drab
Dates: Tuesdays, July 12 - August 30
Time: 8:30 – 10:30 AM

Photoshop Elements 8 (Mac)
You've taken what you think is a great picture with your digital camera, but the horizon is a little tilted, some of the people in it have glowing red eyes, or that group of people is clustered in one corner of the shot. Learn how to straighten the horizon, get rid of red eye, crop the photo and other simple editing techniques such as whitening teeth and completely removing people from the photo. See how to enhance color and detail, apply filters and scan old photos. You'll learn how to easily move your pictures out of the camera, into your computer and onto CDs.
Prerequisite: Basic Mac skills.
Text: Photoshop Elements 8 for Mac OS X, Jeff Carlson
ISBN: 978-0321684103
Instructor: Barbara Kaye Cooper
Dates: Tuesdays, July 12 - August 30
Time: 10:45 am – 12:45 PM

Out of the Box (Mac)
If you're thinking of getting a new Mac computer, this 3-week class is for you. After students go to the university bookstore to see what kinds of Macs are available, they will learn what to do after they bring their new computers home. The class will cover how to transfer your information from your old computer, if you have one; what to do when you get your computer home; how to hook up all those wires; how to connect to the Internet; how to personalize your desktop; and then how to install the software you want to use.
3-week class $20.00
No Prerequisites.
Text: None
Instructor: Barbara Kaye Cooper
Dates: Tuesdays, July 12 - July 26
Time: 1:00 – 3:00 PM

iTunes, iPods and iPads (PC/Mac)
It's all about Music, Photos, Videos and Lectures That Have Become a Part of Your Life
Use the magic of iTunes to import your favorite music onto your computer so you can listen at any time. You can create your own mix of songs and transfer them to your iPod or iPad or burn them to a CD. Podcasts and lectures are just a click away. Tune into radio stations all over the world using iTunes Internet Radio. In the iTunes Store you can purchase movies, TV programs and audio books to play on your iPhone, iPod or iPad. Totally new to this class will be extensive discussions and demonstrations of the iPad - the magical product now entering our lives. Join us for an adventure into the world of mobile devices.
Prerequisite: Basic PC or Mac skills
Text: To be announced at first meeting
Instructor: Con Rader
Dates: Tuesdays, July 12 - August 30
Time: 3:15 - 5:15 PM

WEDNESDAY

Going Online to Shop and Get Ready to Travel (PC/Mac)
Love it or hate it, you have to shop, and more and more people are doing it sitting at their computers instead of heading to the mall. Whether you're looking for bargains or for that special item you can't find in the local stores, learn how to look for what you want, how to comparison shop online, how to order and how to pay for it. Travelers, both armchair and otherwise, will see how to compare and select transportation and lodging, where to find travel guides and blogs and get travel insurance.
Prerequisite: Basic PC or Mac skills
Text: Handouts
Instructor: Kathy Winkenwerder
Dates: Wednesdays, July 13 - August 31
Time: 8:30 – 10:30 AM

Intermediate Computer (PC)
You'll learn and practice these basic computer skills: save, print, cut and paste, drag and drop, how to delete an item, make a file or folder, and how to manage the windows on your desktop. You'll also learn the basics of email, including how to send and receive messages, how to attach documents and open documents that have been sent to you. The Internet section will include how to find Websites, as well as Internet safety tips. You'll also take a quick look at a word processing program, so you will be able to easily create your own documents, and even insert photos.
Prerequisite: Very First Computer class
Text: Handouts
Instructors: Computer Lab Instructors
Dates: Wednesdays, July 13 - August 31
Time: 10:45 AM – 12:45 PM
**WEDNESDAY**

**It's Your Mac. Do What You Want to Do (Mac)**
Are you a beginning Mac user? Join us for a real hands-on class where you will explore many of the applications that came with your Mac. Learn how to manage the dock, finder windows, menus and shortcuts. We will use the Apple email program, set up the Address Book, use Safari to browse the Internet, write and save documents, and more. Discover how to personalize your computer for the way you want to use it. Change your desktop, screen saver and views to reflect your interests and needs. There will be plenty of opportunities to get your questions answered.

*Prerequisites:* You own a Mac; you'd like to own a Mac
*Text:* *Little Mac Book (Snow Leopard Edition)*, Robin Williams
*ISBN:* 9780321646910
*Instructor:* Bonnie Elsten
*Dates:* Wednesdays, July 13 - August 31
*Time:* 1:00 - 3:00 PM

**Manage and Enhance Your Photos with Picasa (PC/Mac)**
Get your pictures from your camera to your computer and edit them with Picasa. Learn how to download your pictures to Picasa, and then using Picasa’s tools, enhance your photos by cropping them, adding text or removing red eye in your photos. Once you have edited your photos, you can make a slide show or video from selected pictures, or you can organize a set of photos into a collage. You can mail your pictures, print them, or have them printed commercially. The first session covers the basics of Picasa. Please bring your camera to class in the second session.

*Prerequisites:* Intermediate computer or instructor’s permission.
*Text:* Handouts.
*Instructor:* Reggie Gates
*Dates:* Thursdays, July 14 - September 1
*Time:* 8:30 - 10:30 AM

**I Took Pictures. Now What? (Mac)**
Learn how to get photos from your camera (digital or film) into a computer, order prints from an online service (Costco, PhotoWorks, etc.) and create photo books, slide shows, movies and DVDs. You’ll add photos to documents such as a family newsletter, to your email, cards, labels, T-shirts, and more. Find out how to use photos as a screen saver or desktop background, and organize your photos into albums in iPhoto.

*Prerequisite:* Basic Mac skills
*Text:* *iLife 11 Portable Genius*, Guy Hart-Davis
*Instructor:* Bonnie Elsten
*Dates:* Wednesdays, July 13 - August 31
*Time:* 3:15 - 5:15 PM

**THURSDAY**

**Manage and Enhance Your Photos with Picasa (PC/Mac)**
Get your pictures from your camera to your computer and edit them with Picasa. Learn how to download your pictures to Picasa, and then using Picasa’s tools, enhance your photos by cropping them, adding text or removing red eye in your photos. Once you have edited your photos, you can make a slide show or video from selected pictures, or you can organize a set of photos into a collage. You can mail your pictures, print them, or have them printed commercially. The first session covers the basics of Picasa. Please bring your camera to class in the second session.

*Prerequisites:* Intermediate computer or instructor’s permission.
*Text:* Handouts.
*Instructor:* Reggie Gates
*Dates:* Thursdays, July 14 - September 1
*Time:* 3:15 - 5:15 PM

**Introduction to Windows 7 (PC)**
Explore the features of Microsoft’s Windows 7 operating system. You’ll learn how to transfer settings and files from your old computer, how to rapidly find information on your computer, and get acquainted with the file system and how to best navigate and organize your files. You’ll get to know the desktop with its sidebar and gadgets and how to control your computer’s settings to please yourself. Also see the differences and similarities between Vista and the new Windows 7.

*Prerequisite:* Basic understanding
*Text:* *Windows 7 for Seniors in Easy Steps*
*ISBN:* 9781840783865
*Instructor:* Wesley Peck
*Dates:* Thursdays, July 14 - September 1
*Time:* 1:00 - 3:00 PM

**Google: Email & Lots More (PC/Mac)**
Learn to download and configure the program just the way you like it, and exchange mail with fellow students as you learn the features of Gmail. Other options for Web-based email will be offered if the class wishes. Other powerful and interesting Google programs will be explored, as well as other interesting and worthwhile Internet programs and Web sites. Internet security will be stressed throughout the course.

*Prerequisites:* Intermediate computer or instructor’s permission.
*Text:* Handouts.
*Instructor:* Reggie Gates
*Dates:* Thursdays, April 21 - June 9
*Time:* 10:45 am - 12:45 pm

**Getting Started with Windows PCs**
This class is for new and potential Windows PC users. Learn the basics of computers and the terminology. What to look for when purchasing, how to properly setup and maintain your computer, how to connect to the Internet and what else the computer can do to help you. You will get basic training in using the mouse, keyboard, and programs that come with your computer. You will also learn about other programs that you might want or need.

*Prerequisites:* None
*Text:* Any basic computer or Windows book
*Instructor:* Wesley Peck
*Dates:* Thursdays, July 14 - September 1
*Time:* 3:15 - 5:15 PM

**Friday - Open Computer Lab**
*9:00 AM - 5:00 PM*
Meet Bonnie Elsten, who teaches mainly Mac classes in the computer lab instructor. She teaches It’s Your Mac, Do What You Want to Do, an introduction to the Mac, every term. In addition, she teaches It’s Your Mac II, Click-Start Your Genealogy and I Took Photos, Now What? She also is half of the team that teaches the social media class, Facebook and Beyond.

How did you hear about OLLI?
I heard about it from a friend who had taken a class here.

How long have you been a member?
I joined almost six years ago when I signed up to take a Photoshop Elements class in the lab. After that I coached for several years.

Why did you start to volunteer in the lab?
It’s simple: I like teaching. I missed the challenge of learning new things, and it also keeps me current with the technology. I taught my first OLLI class the fall of 2007.

What did you do before you came to OLLI?
I was an elementary school teacher, and taught every grade from second to fifth. I did team teaching at one school and was a math specialist at another. About 14 years ago an elementary school in Long Beach got a grant to start a computer lab, and I was lucky enough to be chosen to run it. Not many of our teachers were experienced computer users, so the teachers were required to come to the computer lab along with the students. The idea behind the lab was to use technology to improve learning. The computer skills they learned helped keep the kids involved and interested in their academic activities. In addition, for about the last five years I taught at the elementary school, I also taught a class at Cal State Long Beach showing teachers how to use technology in the classroom.

What was your first computer?
It was an Apple II. We had a computer like it in the math lab where I worked and I wanted one of my own.

What do you do when you’re not teaching in the computer lab?
Now I work with photos a lot, getting them ready to go into scrapbooks and photo books. Currently I’m scanning some old slides to make a photo book for one of my sons, who is expecting his first child, who will be our first grandchild. Another interest is tracing the history of my family and my husband’s family. I also knit, periodically make jewelry, am part of a book club and write our club’s book blog. My husband and I travel in the U.S. in our motor home, and also visit other countries. Since we retired, we’ve been to England, Ireland, Scotland, New Zealand and Australia. We’re members of the Long Beach MG club and take part in organizing and participating in car rallies, and working at vintage auto races.

What do you like about teaching?
Seeing that aha! It’s watching people learn, all those signs that they get it. I like to share the enjoyment of having a computer with others and eliminate their frustrations.

What was your most memorable classroom experience?
One little boy stands out. He was a very bright elementary school student, a really amazing reader. He kept in touch with me over the years. He let me know when he graduated from high school and even told me when he was going to college. One day at school I was carrying a computer down the hall and I heard someone call my name. It was that student, who was enrolling his son in kindergarten. And my student was still learning: he was working on an advanced degree. It made me feel so good.
OLLI DownTown

Parking Options

- All day parking $3.00 on the South East corner of 7th Street and Pacific Avenue.
- Metered parking: 15 minutes for a quarter, 2-hour limit.
- Non-metered parking: North of 8th Street on Pacific Avenue and Pine Avenue, as well as neighborhood streets West of Pacific Avenue.
- (No parking on the South side of 8th Street on Wednesday for street sweeping.)

Long Beach Transit


OLLI Leisure World

Parking at Leisure World

Entry passes for non-Leisure World residents who are taking OLLI classes will be available at the second class meeting. The security office at the main gate will have the names of enrolled students and will admit them for the first and second classes.
OLLI at CSULB

Student Parking Passes

For the convenience of our students, parking passes are available through our office for $20.00 per session.

If you have a current DMV disabled persons placard, you may obtain a parking permit and key card for Lot 9. Students parked in disabled parking must display their DMV placard or license plate and their OLLI parking permit at all times when they are parked in that lot, whether or not they are in a designated disabled parking space. Students not displaying the appropriate placards or license plate will be subject to ticketing by Parking Services. Students are not allowed to park in areas marked for carpools or employee parking. Anyone who receives a ticket from CSULB Parking Services must go to the Parking Office (Merriam Way) to resolve the ticket.

Long Beach Transit Bus Schedules

Bus transportation to CSULB - OLLI at CSULB is easily available on Lines D, 81, 91, 92, 93, 94, 171 and 96 ZAP. Bus Line 60 may be used if you come from Leisure World (exit on 7th Street and transfer to CSULB Campus Connection shuttle to East Campus). For further information, please call Long Beach Transit at 562-591-2301 or OCTA at 714-636-7433.

CSULB Campus Connection Shuttle Routes

The blue and white Campus Connection Shuttles will not be in operation during the summer session.

Check out the CSULB website for complete campus maps
www.csulb.edu
Power to the People

by Judy Mednick

It is “the most wonderful work ever struck off at a given time by the brain and purpose of man.” This is how William E. Gladstone, four-time prime minister of Great Britain, described the United States Constitution. What makes it so “wonderful”? Answers await you in the U.S. CONSTITUTION, an unprecedented new course to be presented by Roger Lafontaine.

OLLI students who have taken Roger’s FRENCH FOR TRAVELERS know that he is a master of his profession. On the opening day of class, there was standing room only. That has continued to be true no matter what he teaches.

Roger grew up in Dracut, Massachusetts, an area immersed in the French culture. In the 1960’s he moved to California and earned his B.A. in French at Immaculate Heart College. In 1970 he received his teaching certificate from the Sorbonne in Paris.

Roger came to OLLI after forty years of teaching, a career he calls “the most rewarding career one can have.” Besides French, he has taught English as a Second Language (ESL), General Education Development classes (GED), and U.S. Citizenship classes. He has published two books and is working on a third about his involvement with the POW-MIA program.

All this rich, diverse experience Roger brings to his new class, the U.S. CONSTITUTION. His aim is to make students aware of the history and contents of the groundbreaking document that established a government created by and for “we the people.”

The course will begin with background about the framing of the Constitution and then proceed to the preamble, the seven articles and the twenty-seven amendments so that students will be exposed to the entire and final text of the Constitution. The class is not a forum for debate of issues; discussion will be mannerly, focusing on content, not issues. The only prerequisite, says Roger, is an open mind.

With today’s 24/7 media flood of information—and misinformation, it is especially important to separate fact from opinion. Find out for yourself what the U.S. Constitution really says and why it is so “wonderful.”

SUMMER 2011
Membership and Registration Meeting
Saturday, June 25 at 9:00 AM