



SPRING 2017 April 3 - May 27

Lecture/Activity Classes

MONDAYS, April 3 - May 22	
8:15-9:45	Foundations of Investing
8:15-9:45	Our Body-Health,Disease
9:45-11:15	Learn Bridge - Beg - Adv LBBC
10:00-11:30	Chinese for Travelers
10:00-11:30	Longevity Stick PA
11:45-1:15	Ukulele for All levels
1:30-3:00	Islam: Faith, Civilization,Values
2:30-4:00	Short Stories LW
3:15-5:00	Recorder Consort (Adv)
10:30-12:30	Archery Lab start 1/30 ARCH
1:00-2:50	Bowling Lab start 1/30 USU
10:30-12:30	Archery Beginners start 4/3
1:00-2:50	Bowling Beginners start 4/3

TUESDAYS, April 4 - May 23	
8:30-9:30	Passage Meditation
8:30-9:30	Longevity Stick LFC*
9:00-10:30	Korean Memoir Writing
10:15-11:45	Eastern Practices for Wellness
10:45-12:15	Classy Short Stories
12:00-1:30	LA Opera (4/25 & 5/16)
12:00-1:30	Prevent Heart Disease (5/2-9)
12:30-2:30	Plants of the South Bay 4/4-18
1:00-3:00	Pencil Play @ Pine PA
1:00-3:00	Art Since the Renaissance LW
1:45-3:15	Modern Communication Sys
2:30-4:00	Playreading with Alice LW
3:00-4:30	Fall Prevention TU start 3/7
3:15-5:00	Intro to Gourd Art LW
3:15-5:00	Write, Edit,Publish Non-Fiction
3:30-5:00	Conversational French

WEDNESDAYS, April 5 - May 24	
8:15-9:45	Elem. Japanese 101
8:30-9:50	Stand Tall LFC*
10:00-11:30	Gospel Music Workshop
10:00-12:00	Guided Autobiography PA
11:45-1:15	2017 Total Solar Eclipse
11:45-2:45	Social Realism in Art & Film
1:00-3:00	Beg. Watercolor Painting LW
1:30-3:30	Layman's Look at Libel
1:30-3:00	8 Stories, 8 Weeks PA
3:15-4:45	Communicate w/Self & Others

THURSDAYS, April 6 - May 25	
8:15-9:45	Crime Scene Investigation
8:30-9:30	Longevity Stick LW
8:30-10:00	Memoir Writing



Learn More ~ Age Less

**Registration Starts
 Saturday Feb. 25**

at CSULB OLLI 12:30 - 3:30

Class Locations

CSULB Campus (C) - Lower Campus
 HS&D Building, Rooms 101, 105, 119,
 Computer Lab 100
 LifeFit Center (LFC)
 KIN Building, Rooms 107 and 110 B
 University Student Union (USU)
 Archery Fieldhouse (ARCH)
 Alpert Jewish Community Center (JCC)

OLLI Pine Avenue (PA) 737 Pine Ave Suite 202 LB Park Pacific Tower (PA-To)
OLLI Leisure World (LW) 13533 Seal Beach Blvd Seal Beach, CA 90740 Clubhouse 3 - 6 - 4 (Art Studio)

THURSDAYS, April 6 - May 25	
10:00-11:30	Copy Cat Art: Drawing
9:00-10:00	Tai Chi Chih @ Pine Beginning
10:00-11:00	Tai Chi Chih @ Pine Advanced
10:15-11:45	Fear Not, Shakespeare Poems
11:45-12:15	Taking Better Photos (5 wks)
12:00-1:30	Current Events and Issues
1:00-3:00	Beginning Painting @ Pine PA
1:00-3:00	Beg. Watercolor Painting LW
1:30-3:00	Financial Rules of the Road
1:45-3:15	Learn the Guitar
2:00-2:45	Tai Chi Chih LFC*
3:00-4:30	Fall Prevention TH start 3/7
3:00-4:30	Shall We Dance? LFC*
3:15-5:00	Heritage Cooking (6 wks)
3:30-5:00	Catch the Spirit Chorus
6:30-8:00	Heritage Cooking (6 wks) JCC

Computer Classes

MONDAYS, April 3 - May 22		
10:15-11:45	Beg Photoshop Elements I	PC
12:00-1:30	Intro to Windows PC	PC
1:45-3:15	Samsung Smartphones	And
3:30-5:00	Social Media (6 weeks)	All

TUESDAYS, April 4 - May 23		
8:30-10:00	Beginning iPhone	iOS
10:15-11:45	Beg Photoshop Element 2	PC
12:00-1:30	Access Database 2 (6 wks)	PC
1:45-3:15	Computer Drawing	PC/Mac

WEDNESDAYS, April 5 - May 24		
8:30-10:00	Intermediate iPhone	iOS
10:15-11:45	Adv. Windows 10 (6 wks)	PC
12:00-1:30	Working with Word	PC
1:45-3:15	It's Your Mac - Beginning	Mac
3:30-5:00	I Took Pictures-Now What	Mac

THURSDAYS, April 6 - May 25		
8:30-10:00	Basic Photo Comp (4 wks)	All
8:30-10:00	Windows Skills Review (4 wks)	PC
12:00-1:30	Intermediate Computer	PC
1:45-3:15	Intro to iPad	iOS
3:30-5:00	Advanced iPad	iOS

FRIDAYS, April 7 - May 26		
10:00-5:00	Open Computer Lab	ALL

FRIDAYS, April 7 - May 26		
8:15-9:30	Not Your Daughter's Yoga	LFC*
8:30-10:00	The Present Moment (5 wks)	
8:30-10:00	Beginning Bridge	
10:00-11:30	Reiki I Energy Healing	LW
10:15-11:45	How to Look at Architecture	
10:15-11:45	Intermediate Bridge	
12:15-2:15	Jewelry Making A-Z	
1:00 - 3:00	SEE SPECIAL EVENTS LIST	
2:30-4:00	Writing for Wellness	LW
2:30-4:00	Estate Planning (4 wks)	
3:15-4:45	Conversational Spanish	

SATURDAYS, April 8 - May 27		
8:30-12:00	Adv. Watercolor Workshop	
9:00-12:00	Walt Disney: Genius	
1:00-3:00	Cardmaking Studio	

The Osher Lifelong Learning Institute

OLLI @ the Beach is located in the HS&D building on the California State University, Long Beach campus.

Visit the LifeFit Center @CSULB

- Open to all 50+ seeking healthy activity
- Gym is located in Kinesiology Building
- OLLI LFC* classes are FREE for LFC members!
- Drop in for a free day pass and a tour.
- With an **OLLI annual membership** the LFC membership price is reduced.

Contact LFC for details **562 / 985 - 2015**



NEW!! PARKING IS NOW ONLINE!

Buy a Community Permit for **\$31 per month**
Go to <http://parking.csulb.edu>

or visit the Parking Cashier at Brotman Hall if you have questions about OLLI permits

SPRING SPECIAL EVENTS - FREE		
April 10	CSU Sustainability	8:30-9:30
April 11	Unclutter Your Life	12:00-1:30
April 18	LB Public Library prints	12:00-1:30
April 28	Explore KOREA	12:30-2:30
May 5	Maestra in Cuba	1:00-2:30
May 12	Social Security Tips	12:00-1:30
May 19	Medicare Beginners	12:00-1:30

FREE EVENTS are a good way to spread the word about OLLI. Bring a friend!

Visit the CSULB campus office (HSD 100) to enroll in OLLI or mail in a Registration form with check payable to CSULB Foundation.

For additional information or to be added to the mailing list
please call 562-985-8237 or Email: olli@csulb.edu
The current class schedule is also available on our website!
www.csulb.edu/olli

OLLI classes are held at JCC, Pine Avenue and Leisure World

