BS in Kinesiology - Option in Physical Education-Teacher Education  
Major Requirements Worksheet  
2016-2017 Catalog

Name: __________________________________________________________________________  
Student ID:  __________________________________

<table>
<thead>
<tr>
<th>Grade</th>
<th>Course Number &amp; Title (units)</th>
<th>Need to Take</th>
<th>Prerequisites†</th>
</tr>
</thead>
</table>

Complete **ALL** of the specified core courses:

- KIN 201: Introduction to Kinesiology (3)  
  KIN and Pre-KIN majors only

- KIN 300: Biomechanics of Human Movement (3)  
  a 'C' or better in BIOL 208; declared KIN majors only  
  corequisite: KIN 201

- KIN 301: Exercise Physiology (3)  
  a 'C' or better in BIOL 207; declared KIN majors only  
  corequisite: KIN 201

- KIN 312: Motor Control & Learning (3)  
  a 'C' or better in all of the following: BIOL 207, 208; PSY 100; declared KIN majors only  
  corequisite: KIN 201

- KIN 332: Sociocultural Dimensions of Sport & Human Movement (3) **GE AREA: F-WI**  
  GE foundations; junior standing; completion of GWAR  
  corequisite: KIN 201

Complete **ALL** of the following lower division courses:

- BIOL 207: Human Physiology (4) **GE AREA: B1a**  
  GE foundations

- BIOL 208: Human Anatomy (4)  
  a 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 212, CHEM 140, DANC 261, or MIRC 200

- PSY 100: General Psychology (3) **GE AREA: D2**  
  GE composition ready

- KIN 149A: Self Defense (1)  
  none

- KIN 237: Techniques & Analysis of Aquatic Skills (2)  
  American Red Cross Community First Aid and CPR certifications; see catalog for full details

- KIN 261: Techniques & Analysis of Fundamental Rhythms (2)  
  none

- KIN 270: Professional Practices in Public School Physical Education (3)  
  GE A1 course  
  corequisite: Community CPR/First Aid/Safety or current certification; see catalog for full details

- KIN 250: Techniques of Basketball (1)  
  none

- KIN 251: Techniques of Flag Football (1)  
  none

- KIN 253: Techniques of Soccer (1)  
  none

- KIN 255: Techniques of Softball (1)  
  none

- KIN 257: Techniques of Volleyball (1)  
  none

- KIN 264: Techniques of Golf (1)  
  none

- KIN 265: Techniques of Gymnastics (1)  
  none

- KIN 266: Techniques of Badminton (1)  
  none

- KIN 267: Techniques of Tennis (1)  
  none

- KIN 268: Techniques of Track & Field (1)  
  none

Complete **ALL** of the following upper division courses:

- KIN 315: Motor Development (3)  
  BIOL 207; BIOL 208; PSY 100

- KIN 320: Adapted Physical Education (3)  
  BIOL 208

- KIN 343: Techniques & Analysis of Physical Fitness (2)  
  KIN 270

- KIN 370: Movement Theory & Practice of Elementary Physical Education (3)  
  KIN 270

  KIN 149A, 237, 250, 251, 253, 255, 257, 261, 264, 265, 266, 267, 268, 270, 343, 370  
  recommended corequisite: EDSS 300P

- KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2)  
  KIN 370; senior standing
Choose & complete ONE concentration

### Concentration in Adapted Physical Education: Complete the following courses:

<table>
<thead>
<tr>
<th>Course Number &amp; Title (units)</th>
<th>Need to Take</th>
<th>Prerequisites†</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 387: Physical Activities for the Disabled (3)</td>
<td></td>
<td>KIN 320</td>
</tr>
<tr>
<td>KIN 387 recommended corequisite: KIN 489A</td>
<td></td>
<td></td>
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<tr>
<td>KIN 388: Program Planning &amp; Instruction in Adapted Physical Education (3)</td>
<td></td>
<td>KIN 387</td>
</tr>
<tr>
<td>KIN 387 recommended corequisite: KIN 489A</td>
<td></td>
<td></td>
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<tr>
<td>KIN 427: Physical &amp; Motor Assessment (3)</td>
<td></td>
<td>KIN 315, 320; junior standing</td>
</tr>
</tbody>
</table>

### Concentration in K-12 Physical Education: Complete the following courses:

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<th>Prerequisites†</th>
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<tr>
<td>KIN 457: Applied Theory of Teaching Team Sports (3)</td>
<td></td>
<td>KIN 250, 251, 253, 255, 257, 270; senior standing</td>
</tr>
<tr>
<td>KIN 461: Applied Theory of Teaching Individual &amp; Dual Sports (3)</td>
<td></td>
<td>KIN 237, 264, 265, 266, 267, 268, 270; senior standing</td>
</tr>
<tr>
<td>KIN 477: Measurement &amp; Curriculum in Physical Education (3)</td>
<td></td>
<td>KIN 343, 370</td>
</tr>
</tbody>
</table>

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at www.csulb.edu/ge

✓A ‘C’ or better is required in all courses

✓Total units required for PETE option: 69