### BA in Kinesiology - Option in K-12 Physical Education-Teacher Education  
**Major Requirements Worksheet**  
*2014-2015 Catalog*

**Name:** __________________________________________________________________________  
**Student ID:** __________________________________

<table>
<thead>
<tr>
<th>Grade</th>
<th>Course Number &amp; Title (units)</th>
<th>Need to Take</th>
<th>Prerequisites†</th>
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**Complete ALL of the specified core courses:**
- **KIN 300: Biomechanics of Human Movement (3)**  
  - BIOL 208 or HHS 401
- **KIN 301: Exercise Physiology (3)**  
  - a 'C' or better in BIOL 207
- **KIN 312: Motor Control & Learning (3)**  
  - BIOL 207; BIOL 208 or HHS 401; PSY 100
- **KIN 332: Sociocultural Dimensions of Sport & Human Movement (3)**  
  - GE foundations; junior standing

**Complete ALL of the following lower division courses:**
- **BIOL 207: Human Physiology (4)**  
  - GE foundations
- **BIOL 208: Human Anatomy (4)**  
  - GE foundations  
  - *effective Fall 2014, HHS 401 is an approved substitution*
- **PSY 100: General Psychology (3)**  
  - GE A1 course (corequisite)
- **KIN 149A: Self Defense (1)**  
  - none
- **KIN 268: Techniques of Track & Field (1)**  
  - none
- **KIN 250: Techniques of Basketball (1)**  
  - none
- **KIN 251: Techniques of Flag Football (1)**  
  - none
- **KIN 253: Techniques of Soccer (1)**  
  - none
- **KIN 255: Techniques of Softball (1)**  
  - none
- **KIN 257: Techniques of Volleyball (1)**  
  - none
- **KIN 261: Techniques & Analysis of Fundamental Rhythms (2)**  
  - none
- **KIN 264: Techniques of Golf (1)**  
  - none
- **KIN 265: Techniques of Gymnastics (1)**  
  - none
- **KIN 266: Techniques of Badminton (1)**  
  - none
- **KIN 267: Techniques of Tennis (1)**  
  - none
- **KIN 270: Professional Practices in Public School Physical Education (3)**  
  - GE A1 course
- **KIN 237: Techniques & Analysis of Aquatic Skills (2)**  
  - KIN 125A or instructor consent; American Red Cross Community First Aid and CPR certifications

**Complete ALL of the following upper division courses:**
- **KIN 315: Motor Development (3)**  
  - BIOL 207; BIOL 208 or HHS 401; PSY 100
- **KIN 320: Adapted Physical Education (3)**  
  - BIOL 208 or HHS 401
- **KIN 335: Historical & Cultural Foundations of Sport & Kinesiology in America (3)**  
  - junior standing
- **KIN 343: Techniques & Analysis of Physical Fitness & Activity (2)**  
  - KIN 270
- **KIN 370: Movement Theory & Practice of Elementary Physical Education (3)**  
  - KIN 270
  - KIN 149A, 237, 250, 251, 253, 255, 257, 261, 264, 265, 266, 267, 268, 343, 370; EDSS 300P (corequisite)
- **KIN 457: Applied Theory of Teaching Team Sports (3)**  
  - KIN 250, 251, 253, 255, 257, 270; senior standing
- **KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2)**  
  - KIN 370; senior standing
  - KIN 237, 264, 265, 266, 267, 268, 270
- **KIN 477: Measurement & Curriculum in Physical Education (3)**  
  - KIN 343, 370

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ A 'C' or better is required in all courses

✓ Total units required for K-12 option: 69