# BA in Kinesiology - Option in Adapted Physical Education-Teacher Education

## Major Requirements Worksheet

### 2015-2016 Catalog

<table>
<thead>
<tr>
<th>Grade</th>
<th>Course Number &amp; Title (units)</th>
<th>Need to Take</th>
<th>Prerequisites†</th>
</tr>
</thead>
</table>

**Complete ALL of the following core courses:**

- KIN 201: Introduction to Kinesiology (3)  
  - open to KIN and Pre-KIN majors only  
- KIN 300: Biomechanics of Human Movement (3)  
  - a ‘C’ or better in BIOL 208  
  - KIN 201 (corequisite)  
- KIN 301: Exercise Physiology (3)  
  - a ‘C’ or better in BIOL 207  
  - KIN 201 (corequisite)  
- KIN 312: Motor Control & Learning (3)  
  - a ‘C’ or better in all of the following: BIOL 207, 208; PSY 100  
  - KIN 201 (corequisite)  
- KIN 332: Sociocultural Dimensions of Sport & Human Movement (3)  
  - GE foundations; junior standing  
  - KIN 201 (corequisite)

**Complete ALL of the following lower division courses:**

- BIOL 207: Human Physiology (4)  
  - GE foundations  
- BIOL 208: Human Anatomy (4)  
  - a ‘C’ or better in one of the following: ART 372, BIOL 205, BIOL 207, BIOL 212, CHEM 140, DANC 261, or MICR 200  
- PSY 100: General Psychology (3)  
  - GE A1 course (corequisite)  
- KIN 149A: Self Defense (1)  
  - none  
- KIN 268: Techniques of Track & Field (1)  
  - none  
- KIN 250: Techniques of Basketball (1)  
  - none  
- KIN 253: Techniques of Soccer (1)  
  - none  
- KIN 255: Techniques of Softball (1)  
  - none  
- KIN 257: Techniques of Volleyball (1)  
  - none  
- KIN 261: Techniques & Analysis of Fundamental Rhythms (2)  
  - none  
- KIN 264: Techniques of Golf (1)  
  - none  
- KIN 265: Techniques of Gymnastics (1)  
  - none  
- KIN 266: Techniques of Badminton (1)  
  - none  
- KIN 267: Techniques of Tennis (1)  
  - none  
- KIN 270: Professional Practices in Public School Physical Education (3)  
  - GE A1 course  
  - American Red Cross Community First Aid and CPR certifications; see catalog for full details  
- KIN 237: Techniques & Analysis of Aquatic Skills (2)  
  - none  
- KIN 251: Techniques of Flag Football (1)  
  - none

**Complete ALL of the following upper division courses:**

- KIN 315: Motor Development (3)  
  - BIOL 207; BIOL 208; PSY 100  
- KIN 320: Adapted Physical Education (3)  
  - BIOL 208  
- KIN 343: Techniques & Analysis of Physical Fitness & Activity (2)  
  - KIN 270  
- KIN 370: Movement Theory & Practice of Elementary Physical Education (3)  
  - KIN 270  
- KIN 387: Physical Activities for the Disabled (3)  
  - KIN 320 recommended corequisite: KIN 489A  
- KIN 388: Program Planning & Instruction in Adapted Physical Education (3)  
  - KIN 387 recommended corequisite: KIN 489A  
- KIN 427: Physical & Motor Assessment (3)  
  - KIN 315, 320; junior standing  
- KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2)  
  - KIN 370; senior standing

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

- A ‘C’ or better is required in all courses
- Total units required for APE option: 69