<table>
<thead>
<tr>
<th>Grade</th>
<th>Course Number &amp; Title (units)</th>
<th>Need to Take</th>
<th>Prerequisites†</th>
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</table>

Complete **ALL** of the following core courses:

- KIN 300: Biomechanics of Human Movement (3)
  - BIOL 208 or HHS 401
- KIN 301: Exercise Physiology (3)
  - a ‘C’ or better in BIOL 207
- KIN 312: Motor Control & Learning (3)
  - BIOL 207; BIOL 208 or HHS 401; PSY 100
- KIN 332: Sociocultural Dimensions of Sport & Human Movement (3)
  - GE foundations; junior standing

Complete **ALL** of the following lower division courses:

- BIOL 207: Human Physiology (4)
  - GE foundations
- BIOL 208: Human Anatomy (4) - **effective Fall 2014, HHS 401 is an approved substitution**
  - GE foundations
- PSY 100: General Psychology (3)
  - GE A1 course (corequisite)
- KIN 149A: Self Defense (1)
  - none
- KIN 268: Techniques of Track & Field (1)
  - none
- KIN 250: Techniques of Basketball (1)
  - none
- KIN 253: Techniques of Soccer (1)
  - none
- KIN 255: Techniques of Softball (1)
  - none
- KIN 257: Techniques of Volleyball (1)
  - none
- KIN 261: Techniques & Analysis of Fundamental Rhythms (2)
  - none
- KIN 264: Techniques of Golf (1)
  - none
- KIN 265: Techniques of Gymnastics (1)
  - none
- KIN 266: Techniques of Badminton (1)
  - none
- KIN 267: Techniques of Tennis (1)
  - none
- KIN 270: Professional Practices in Public School Physical Education (3)
  - GE A1 course
- KIN 237: Techniques & Analysis of Aquatic Skills (2)
  - KIN 125A or instructor consent; American Red Cross Community First Aid and CPR certifications
- KIN 251: Techniques of Flag Football (1)
  - none

Complete **ALL** of the following upper division courses:

- KIN 315: Motor Development (3)
  - BIOL 207; BIOL 208 or HHS 401; PSY 100
- KIN 320: Adapted Physical Education (3)
  - BIOL 208 or HHS 401
- KIN 335: Historical & Cultural Foundations of Sport & Kinesiology in America (3)
  - junior standing
- KIN 343: Techniques & Analysis of Physical Fitness & Activity (2)
  - KIN 270
- KIN 370: Movement Theory & Practice of Elementary Physical Education (3)
  - KIN 270
  - KIN 149A, 237, 250, 251, 253, 255, 257, 261, 264, 265, 266, 267, 268, 343, 370; EDSS 300P (corequisite)
- KIN 387: Physical Activities for the Disabled (3)
  - KIN 320, 427; KIN 489A (corequisite)
- KIN 388: Program Planning & Instruction in Adapted Physical Education (3)
  - KIN 387; KIN 489A (corequisite)
- KIN 427: Physical & Motor Assessment (3)
  - KIN 315, 320, junior standing
- KIN 460: Applied Theory & Analysis of Non-Traditional Physical Education Games & Activities (2)
  - KIN 370; senior standing

†Prequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates

✓ A ‘C’ or better is required in all courses
✓ Total units required for APE option: 69