### BA in Recreation - Option in Recreation Therapy

#### Major Requirements Worksheet

**2017-2018 Catalog**

<table>
<thead>
<tr>
<th>Name:</th>
<th>Student ID:</th>
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<table>
<thead>
<tr>
<th>Grade</th>
<th>Course Number &amp; Title (units)</th>
<th>Need to Take</th>
<th>Prerequisites†</th>
</tr>
</thead>
</table>

**Complete ALL of the following core courses:**

<table>
<thead>
<tr>
<th>REC 141: Introduction to Leisure Services (3) <em>GE AREA: D2</em></th>
<th></th>
<th>one GE foundation course (corequisite)</th>
</tr>
</thead>
<tbody>
<tr>
<td>REC 225: Programming Recreation Activities (3)</td>
<td></td>
<td>none</td>
</tr>
<tr>
<td>REC 341: Evaluation &amp; Research in Leisure Services (3)</td>
<td></td>
<td>'C' or better in REC 141 or 225</td>
</tr>
<tr>
<td>REC 351: Foundations of Inclusive Recreation &amp; Recreation Therapy (3)</td>
<td></td>
<td>'C' or better in REC 141 or 225</td>
</tr>
<tr>
<td>REC 480: Philosophy of Recreation &amp; Leisure (3)</td>
<td></td>
<td>'C' or better in REC 341, 351, and in three 400-level REC courses; department consent; must be taken the semester prior to REC 498</td>
</tr>
</tbody>
</table>

**Complete ALL of the following upper division courses:**

<table>
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<tr>
<th>REC 451: Management &amp; Administration of Recreation Therapy Services (3)</th>
<th></th>
<th>'C' or better in REC 351, 452</th>
</tr>
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<tbody>
<tr>
<td>REC 452: Assessment &amp; Documentation in Recreation Therapy (3)</td>
<td></td>
<td>'C' or better in REC 351</td>
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<tr>
<td>REC 453: Comprehensive Programming &amp; Evaluation in Recreation Therapy (3)</td>
<td></td>
<td>'C' or better in REC 351</td>
</tr>
<tr>
<td>REC 454: Counseling Techniques in Recreation Therapy (3) <em>course not currently offered; see CHHS advisor for assistance</em></td>
<td></td>
<td>'C' or better in REC 351</td>
</tr>
<tr>
<td>REC 455: Clinical Techniques in Recreation Therapy (3)</td>
<td></td>
<td>'C' or better in REC 351</td>
</tr>
<tr>
<td>REC 498: Internship in Leisure Services (6-12)</td>
<td></td>
<td>completion of all major requirements; REC 485 or 1000 hours of verified paid or volunteer leadership experience approved by faculty advisor; consent of internship coordinator</td>
</tr>
</tbody>
</table>

**Complete ALL of the following support courses:**

<table>
<thead>
<tr>
<th>HSC 150: Medical Terminology (1)</th>
<th></th>
<th>none</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSY 100: General Psychology (3) <em>GE AREA: D2</em></td>
<td></td>
<td>GE composition ready</td>
</tr>
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</table>

**ONE (1) of the following:**

- □ PSY 370: Abnormal Psychology (3) *GE AREA: D2 or E*  
- □ Any other college level Abnormal Psychology course: ______________________

| ANTH 319: Human Growth & Development (3) |  | none |

**ONE (1) of the following options:**

- □ BIOL 207: Human Physiology (4) *GE AREA: B1a AND*  
- □ BIOL 208: Human Anatomy (4)

**OR**

- □ An approved physiology & anatomy course: ______________________ (min 4 units)

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207: GE foundations  
208: 'C' or better in one of the following: ART 372, BIOL 201, BIOL 205, BIOL 207, BIOL 212, BIOL 311, CHEM 140, DANC 261, or MICR 200
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<th>Need to Take</th>
<th>Prerequisites†</th>
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Complete 9 units from the following courses:

- □ ANTH 351: Sex Roles & Culture (3)
- □ ANTH 353: Health & Healing (3) **GE AREA: E; GI**
- □ ANTH 412: Culture & Communication (3) **GE AREA: D2 or F; GI**
- □ ANTH 454: Culture & Aging (3)
- □ BIOL 301: Biology of Human Aging (3)
- □ COMM 330: Intercultural Communication (3)
- □ COMM 358: Speech Arts for Children (3)
- □ COMM 400: Nonverbal Communication (3)
- □ DANC 373: Nonverbal Communication: Interaction of Mind & Body (3) **GE AREA: C1 or D2 or E or F**
- □ EDP 301: Child Development & Learning: A Cross Cultural Perspective (3)
- □ EDP 302: Early & Late Adolescent Development & Learning: A Cross Cultural Perspective (3)
- □ EDP 350: Introduction to Teaching the Exceptional Individual (3)
- □ GERN 400: Perspectives on Gerontology (3) **GE AREA: F-WI; HD**
- □ GERN 430: Aging & Dementia (3)
- □ GERN 439/NUTR 439: Nutrition & Aging (3)
- □ GERN 469/REC 469: Disability, Culture & Society: Issues & Intervention (3)
- □ HSC 420: International Health (3) **GE AREA: D2 or F; GI**
- □ HSC 421: Health Behavior (3)
- □ HSC 425: Human Sexuality & Sex Education (3) **GE AREA: E or F; HD**
- □ HSC 427: Drugs & Health (3) **GE AREA: E**
- □ HDEV 300: Death & Dying (3) **GE AREA: D2 or E or F**
- □ HDEV 307: Approaches to Childhood (3) **GE AREA: D2 or E or F; GI**
- □ HDEV 357: Approaches to Adulthood Through Aging (3) **GE AREA: D2 or E or F; HD**
- □ PSY 331: Sensation & Perception (3)
- □ PSY 336: Psychology of Emotion (3)
- □ PSY 340: Physiology of Behavior (3)
- □ PSY 346: Evolutionary Psychology (3) **GE AREA: D2 or F**
- □ PSY 351: Social Psychology (3) **GE AREA: D2; HD**
- □ PSY 361: Psychology of Child & Adolescent Development (3) **GE AREA: D2; HD**
- □ PSY 362: Autism Spectrum Disorders (3)
- □ PSY 363: Developmental Psychopathology (3)
- □ PSY 365: Psychology of Adult Development & Aging (3)
- □ PSY 378: Health Psychology (3)
- □ PSY 379: Psychology of Stress (3)
- □ SW 330: Human Behavior & Social Environment: Birth through Adolescence (3) **GE AREA: E**
- □ SW 331: Human Behavior & Social Environment: Young Adulthood through Old Age (3) **GE AREA: E**
- □ SOC 335: Social Psychology (3) **GE AREA: D2 or F**
- □ SOC 342: Critical Criminology (3) **GE AREA: D2 or F**
- □ SOC 345: Youth, Policing, & Justice (3)
- □ SOC 440: Sociology of Deviance (3)
- □ SOC 462: Sociology of Health & Medicine (3) **GE AREA: E**
- □ SOC 463: Mental Health & Society (3)
- □ SOC 464: Aging & Society (3)
- □ SOC 466: AIDS & Society (3) **GE AREA: D2 or E; HD**

†Prerequisites are subject to change; consult the University Catalog (www.csulb.edu/catalog) for the most recent updates.

✓ GE credit is granted based on the term you take the course and is subject to change; see the current GE course list at www.csulb.edu/ge

✓ Total units required for REC Therapy major: 63-69