Greetings!

The Forty Niner Shops, Inc. is pleased to welcome you to Residential Dining Services at CSULB! The Shops are a non-profit organization, and Dining Services units are committed to providing you delicious and nutritious food in a friendly environment that promotes learning and community building.

This booklet has been designed to give you an overview of our services. You may also visit us at www.ShopTheBeach.com to learn more about the dining options in your dining hall and at various campus locations.

Our registered dietitian has partnered up with the residential management team to create menus that meet your needs. These menus are based on a 5-week cycle and are complemented with a deli bar and salad bar. Fresh fruit, homemade soups, and desserts baked daily by a resident baker are just a few of the special amenities you will find daily in your dining room - your home away from home.

We value our employees and invest in their training and development. All of our staff members are California Food Handler certified and receive continuous culinary training from culinary professionals. They will be happy to meet you and learn about your dining needs.

Also, please mark your calendar to make sure you participate in the special celebrations, picnics, themed meals, and other exciting events that are sure to add exuberance to your dining experience. We are glad you are here!

Best Regards,

Your Residential Dining Services Team

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Residential Dining and Catering
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SR. MANAGER,
RESIDENT DIETITIAN
Parkside Dining Hall
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NOUMAN KHAWAJA
MANAGER
Beachside Dining Hall
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1. Present your student ID to the checker on duty to verify your meal plan and receive access to the Dining Hall. ID Cards cannot be shared with other students.

2. You may bring a guest to the dining room and pay by cash or Beach Club card. *Prices:
   1. Breakfast - $7.70
   2. Lunch - $9.35
   3. Dinner - $10.70
   4. Brunch - $9.35
   *Block plan can be used for up to 3 guests

3. If you lose your ID card, you must get a replacement in order to obtain access to the Dining Hall. The ID Card Services Office (562.985.7388) is located inside the University Bookstore. The fee is $5.00.

4. If the ID card office is closed, you can obtain a Lost Card Authorization form from the Dining Hall Supervisor. If you agree to the conditions, the manager on duty will approve it and you can use it as your ID to access the Dining Hall. Paying cash at the guest rate price is another option.

5. You must wear shoes and a shirt at all times in the Dining Hall. Bathing suits are not allowed in the Dining Halls.

6. California Department of Health prohibits residents to bring food, mugs, cups, sport bottles or containers of any kind into the Dining Hall for sanitary and health reasons.

7. Sick trays can be ordered for students who are not feeling well and are unable to attend a meal. You must obtain a sick tray request form from your Hall Office and submit the form with ID card to the manager on duty.

8. This is an "All You Care To Eat" meal program and you may eat as much as you like with the exception of steak. Please do not be wasteful. Please use a clean plate every time you get your food. All food must be consumed in the dining room, with the exception of one take-out item, which can be a fruit, a cookie or an ice cream.

9. You are permitted one entry per meal. If you wish to reenter the Dining Hall, you may do so by paying as a guest.

10. We ask that you pick up after yourself. Bussing your own dishes to the dish return is required. Your courtesy will be much appreciated.

11. Backpacks and large bags are not allowed in the Dining Halls. A rack is provided at the entrance. Dining Services will not be held responsible for any lost or stolen items.

Please do not bring anything of value to the dining hall.
STUDENT
Coffee Houses

If you are looking for a fun place to hang out with friends, you should consider your Coffee House. Yes, the residential area on campus has a fun and attractive Coffee House where you can enjoy a cup of coffee or something to eat late into the evening. We would like to hear from you as we build the options available at The Ground Floor and Central Park Coffee Houses.

GROUND FLOOR COFFEE HOUSE
GROUNDFLOOR IS LOCATED IN HILLSIDE
MONDAY - THURSDAY
7:00pm - 10:00pm

CENTRAL PARK COFFEE HOUSE
CENTRALPARK IS LOCATED IN PARKSIDE
MONDAY - THURSDAY
7:00pm - 10:00pm

STUDENT Employment

Work right next to where you live and the hours that work best with your class schedule and lifestyle. We offer flexible hours in a fun and upbeat environment. You may qualify for a scholarship or a promotion when you work with us.

APPLY ONLINE AT: www.49ersshopsjobs.com
GREEN BEACH TO-GO PROGRAM

All residential dining facilities offer a Green To-Go Box for students who are short on time or do not wish to eat in the dining hall.

1. Pick up your first (FREE) Green To-Go Box at your Residential Dining facility on move-in day.
2. You may begin to use the program immediately after you receive your box.

How it works:
1. Bring your Green To-Go Box to any of the residential dining halls, fill up with food, and go on your way.
2. When finished, bring your empty, rinsed Green To-Go Box back to the bin at the Residential cashier stand and receive a clean one in return.
3. If you choose to turn in your Green To-Go Box but do not want a meal to-go, we will give you a token to redeem a box at your next visit.
4. Repeat, over and over!!
5. Take out your food-guilt-free and enjoy!

MEALS TO-GO

If you are unable to make it to a meal during serving hours, you may prepare a meal to-go. The checker will deduct a meal swipe and you will use the Green To-Go box **Only one to-go box per meal period.**

MAIN CAMPUS RESIDENTIAL - HILLSIDE & PARKSIDE

**Dining Hours**

**MON - FRI**
- Breakfast
- Lunch
- Dinner

**SAT - SUN**
- Brunch
- Dinner

**HILLSIDE**
- 7:00am - 10:00am
- 11:00am - 2:30pm
- 4:00pm - 8:30pm

**PARKSIDE**
- 7:00am - 10:00am
- 11:00am - 2:30pm
- 4:00pm - 8:30pm

**Mon - Fri** 7:00am - 8:30pm  All Day Access and Block Plan, continuous dining available
**Sat & Sun** 9:30am - 7:30pm  All Day Access and Block Plan

BEACHSIDE

**Dining Hours**

**MON - FRI**
- Breakfast 6:30am - 9:00am
- Lunch 11:30am - 1:30pm
- Dinner 5:00pm - 8:00pm

**SAT - SUN**
- Brunch 11:30am - 1:30pm
- Dinner 5:00pm - 7:30pm

**Mon - Fri** 6:30am - 8:00pm
**Sat & Sun** 11:30am - 7:30pm

Continuous Dining for All Day Access & Block Plan Meals

**NOTE:**
- Only one Dining Hall is open during University holidays & campus closures.
Dining Menu

Our 5-Week Cycle menu offers a great variety of options and combinations. They also offer vegetarian and/or vegan entrees. In addition to the cycle menus you will find a list of items that are included in your menu every day.

Lunch + Dinner  OUR DAILY SELECTIONS

Cold Cereal
Assorted Breads
Fresh Fruits
Build Your Own Deli Sandwich
Salad Bar
Soft Serve Yogurt
Assorted Juices
Milk/ Soy Milk/ Lactaid Milk
Coffee/ Tea/ Hot Chocolate
Assorted Carbonated Beverages

*Daily Selections are available in the dining facilities everyday during both Lunch and Dinner.

*Daily selections may be subject to change

Environmental Statement

The Forty-Niner Shops are committed to doing our part in protecting our Environment. While you dine with us, please help us reduce waste by only taking what you can eat and only take the utensils and napkins that you will use. We do our part by supporting initiatives that preserve our Earth’s limited resources and we are continually researching and trying new products that support our commitment to the environment.
All students in Residence Halls are invited to join Our Diners’ Club. Neither membership nor dues are required. This club is a committe of student volunteers representing their residential locations. We meet every third Thursday at the Dining Halls on the main campus to discuss food service experiences and food offerings and every third Wednesday of the month for Beachside.

Students have the opportunity to give feedback, suggestions, concerns, and success stories. Club members also learn more about food service operations, including interactive presentations and fun food tasting events! Get involved and represent your fellow residents.

If you are interested in joining us or have an immediate concern or suggestion for the Diners’ Club, please do not hesitate to contact your Dining Hall Manager.

**Meeting Times**

**Every third Thursday of the Month**
5:30pm - Parkside Dining Hall

*Fall Meetings*
Sept 17, Oct 15, & Nov 19

*Spring Meetings*
Feb 18, Mar 17, Apr 21

**Every third Wednesday of the Month**
5:30pm - Beachside Dining Hall

*Fall Meetings*
Sept 16, Oct 14, & Nov 18

*Spring Meetings*
Feb 17, Mar 16, Apr 20

**A SPECIAL DINNER IN HONOR OF OUR Graduating Seniors**

As with every end of our Spring Semester, all graduating seniors currently living in the halls will be invited to a very special dinner celebrating their academic accomplishments. Our award winning chefs will plan a special menu to honor your upcoming graduation. Please be on the lookout for your invitation.
Meet Our Dietitian

Jenny Lew is our Registered Dietitian and Senior Manager at the Parkside Dining Hall. Jenny has experience in nutrition education and counseling for all ages.

Jenny counsels in a variety of areas including food allergies, food intolerances, chronic disease prevention and management. Her philosophy is to “eat well to live well” as she strives to improve lives through good nutrition within the Residential Dining Community. If you are a meal plan student with an individual dietary need (e.g., food allergies, lactose intolerance, gluten intolerance, vegan diet) or if you have a dietary need of religious or cultural nature, we’ll be glad to work with you to help meet your needs.

Please contact Jenny at jenny.lew@csulb.edu or give her a call at 562-985-8898 to get you started.